

A BEAUTIFUL DAY

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MUSIC "A Beautiful Day" Dave Sheriff – Nashville Collection – Track # 3 – 3:37 download
RHYTHM: Two-step PHASE II + 2 (fishtail, strolling vine) + 1 UP (left turning box w/rocks)
FOOTWORK: Opposite unless indicated
SEQUENCE: Intro., A, B, A, B, C, B, End

INTRO

1-4 WAIT 2;; TWIRL VINE 2; WALK PICKUP;
1-2 [Wait 2] in BFLY WALL M L & W R ft free Wait 2 ms;;
3 [Twirl vine 2] S S raise ld arm sd L, -, XRIB - ; (fwd R turn RF undr jnd hnds, -, bk L cont. trn to FC);
4 [Walk pick-up] SS fwd L, - ; fwd R, -; (fwd R, -; fwd L trng ½ LF, -;) to CL LOD

PART A

1-8 2 FWD TWO-STEPS;; 2 PROG. SCISS.;; FISHTAIL; WALK FACE; OPEN VINE 4;;
1-2 [2 fwd two-steps] fwd L, cl R, fwd L,-; fwd R, cl L, fwd R, -;
3-4 [2 prog. sciss.] sd L, cl R, XLIF, -; (sd R, cl L, XRIB, -;) sd R, cl L, XRIF, -; (sd L, cl R, XLIB), -;
5 [Fishtail] QQQQ XLIB twd CLW, sd R body trng slightly RF to fc DLW, fwd L to LOD, lk RIB;
(XRIF, sd L trng RF, bk R, lk LIF);
6 [Walk face] S S fwd L,-, fwd R trng 1/4 RF to fc ptrn, -; (bk R,-, bk L trng 1/4 RF, -);
7-8 [Open vine 4] S S; S S; Sd L, -, XRIB, -; Sd L, -, XRIF, -; (Sd R, -, XLIB, -; Sd R, -, XLIF, -;)BFLY

9-16 FC-FC; BK-BK; BASKETBALL TURN;; 2 FWD TWO-STEPS;; TWIRL VINE 2; WALK FACE;
9 [Fc -fc] Sd L, cl R, sd L trng 1/2 LF to a Bk-Bk pos, -; (Sd R, cl L, sd & trng ½ RF, -);
10 [Bk-bk] Sd R, cl L, sd R trng 1/2 to fc ptrn, -; (Sd L, cl R, sd L trng 1/2 LF, -;) BFLY WALL
11-12 [Basketball turn] S S; S S; fwd L trn rf, -, (fwd R trn lf, -), -, rec R cont trn, -; (rec. L cont
trn, -;) fwd L cont trn, -, (fwd R cont trn, -) rec. R fc ptrn, -; (rec L fc ptrn, -;) to SEMI
13-14 [2 fwd two-steps] Repeat ms 1-2 Part A
15 [Twirl vine 2] Repeat ms 3 Intro
16 [Walk face] Repeat ms 6 Part A

PART B

1-8 LEFT TURNING BOX;;; 2 SD CLS; SD & THRU; 2 FWD TWO-STEPS;;
1-4 [Left turning box] Sd L, cl R, fwd L trng LF to LOD, - ; (Sd R, cl L, bk R trng LF to RLOD, -);
Sd R, cl L, bk R trng LF to COH, -; (Sd L, cl R, fwd L trn LF to WALL, -;) Sd L, cl R, fwd L trng
LF to RLOD, - ; (Sd R, cl L, bk R trng LF to LOD, -;) Sd R, cl L, bk R trng LF to WALL, -; (Sd L,
cl R, fwd L trn LF to COH, - ;)
5 [2 sd cls] QQQQ Sd L, cl R, sd L, cl R; (Sd R, cl L, sd R, cl L);
6 [Side & thru] SS Sd L,-, XRIF trng to SEMI, -; (Sd R, -; XLIF trng to SEMI, -);
7-8 [2 fwd two-steps] Repeat ms 1-2 Part A

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- 9-16 FULL LACE UP;;;;; HITCH 6;; SCOOT 4; WALK PICKUP;
9-12 [Full lace up] under ld hnds diag. fwd L, cl R, fwd L, -; to LOD fwd R, cl L, fwd R, -; under trl hnds diag. fwd L, cl R, fwd L, -; to LOD fwd R, cl L, fwd R, -;
13-14 [Hitch 6] fwd L, cl R, bk L, -; bk R, cl L, fwd R, -;
15 [Scoot 4] QQQQ fwd L, cl R, fwd L, cl R, -;
16 [Walk pickup] rep. ms 4 Intro; 2nd and 3rd time [Walk face] rep. ms 6 Part A CP WALL

PART A

- 1-8 2 FWD TWO-STEPS;; 2 PROG. SCISS.;; FISHTAIL; WALK FACE; OPEN VINE 4;;
9-16 FC-FC; BK-BK; BB TURN;; 2 FWD TWO-STEPS;; TWIRL VINE 2; WALK FACE;

PART B

- 1-8 LEFT TURNING BOX;;;;; 2 SD CLS; SD & THRU; 2 FWD TWO-STEPS;;
9-16 FULL LACE UP;;;;; HITCH 6;; SCOOT 4; WALK FACE;

PART C

- 1-8 LEFT TURNING BOX WITH ROCKS;;;;; / ;;;;
1-8 [Left turning box with rocks] Sd L, cl R, fwd L trng LF to LOD, -; (Sd R, cl L, bk R trng LF to RLOD, -;) SS Rk fwd R, -, rec L, -; (Rk bk L, -, rec. R, -;) Sd R, cl L, bk R trng LF to COH, -; (Sd L, cl R, fwd L trn LF to WALL, -;) SS Rk bk L, -, rec R, -; (Rk fwd R, -, rec L, -;)] Sd L, cl R, fwd L trng LF to RLOD, -; (Sd R, cl L, bk R trng LF to LOD, -;) SS Rk fwd R, -, rec L, -; (Rk bk L, -, rec.R, -;) Sd R, cl L, bk R trng LF to WALL, -; (Sd L, cl R, fwd L trn LF to COH, -;) SS Rk bk L, -, rec R, -; (Rk fwd R, -, rec L, -;)
9-16 STROLLING VINE;;;;; CIRCLE AWAY 2 TWO-STEPS;; STRUT TOG. 4;;
9-12 [Strolling vine] S S; QQS; Sd L with slight RF trn, -, XRIB (XLIF), -; trng LF sd L, cont trn cl R, fwd L cont trn to CP COH, -; (trng LF sd R, cont trn cl. L, bk R cont trn, -;) S S; QQS; Sd R with slight LF trn, -, XLIB (XRIF), -; Trng RF sd R, cont trn cl L, fwd R cont trn to CP WALL, -; (trng RF sd L, cont trn cl R, bk L cont trn, -;)
13-14 [Circle away 2 two-steps] trng away from ptn fwd L, cl R, fwd L, -; fwd R, cl L, fwd R trng to fc ptn, -; (trng away from ptn fwd R, cl L, fwd R, -; fwd L, cl R, fwd L trng to fc ptn, -;)
15-16 [Strut tog. 4] SSSS fwd L, -, fwd R, -; fwd L, -, fwd R, -; (fwd R, -, fwd L, -; fwd R, -, fwd L, -;)

PART B

- 1-16 LEFT TURNING BOX;;;;; 2 SD CLS; SD & THRU; 2 FWD TWO-STEPS;;
FULL LACE UP;;;;; HITCH 6;; SCOOT 4; WALK FACE;

END

- 1-15 TRAVELING DOORS;;; BOX;; REVERSE BOX;; LEFT TURNING BOX WITH ROCKS;;; / ;;;
1-4 [Traveling doors] rk sd L, -, rec R, -; XLIF, sd R, XLIF, -; (rk sd R, -, rec L, -; XRIF, sd L, XRIF, -; rk sd R, -, rec L, -; XRIF, sd L, XRIF, -; (rk sd L, -; rec R, XLIF, sd R, XLIF, -;) CL WALL
5-6 [Box] Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -;
7-8 [Reverse box] Sd L, cl R, bk L, -; Sd R, cl L, fwd R, -;
9-15 [Left turning box with rocks] Repeat ms 1-7 Part C
- 16 ROCK BACK & HOLD;
16 [rock back & hold] Rk bk L, -, and hold, -; (Rk fwd R, -, and hold, -;)

INTRO

- 1-4 WAIT 2;; TWIRL VINE 2; WALK PICKUP;

PART A

- 1-8 2 FWD TWO-STEPS;; 2 PROG. SCISS.;; FISHTAIL; WALK FACE; OPEN VINE 4;;
9-16 FC-FC; BK-BK; BB TURN;; 2 FWD TWO-STEPS;; TWIRL VINE 2; WALK FACE;

PART B

- 1-8 LEFT TURNING BOX;;; 2 SD CLS; SD & THRU; 2 FWD TWO-STEPS;;
9-16 FULL LACE UP;;; HITCH 6;; SCOOT 4; WALK PICKUP;

PART A

- 1-8 2 FWD TWO-STEPS;; 2 PROG. SCISS.;; FISHTAIL; WALK FACE; OPEN VINE 4;;
9-16 FC-FC; BK-BK; BB TURN;; 2 FWD TWO-STEPS;; TWIRL VINE 2; WALK FACE;

PART B

- 1-8 LEFT TURNING BOX;;; 2 SD CLS; SD & THRU; 2 FWD TWO-STEPS;;
9-16 FULL LACE UP;;; HITCH 6;; SCOOT 4; WALK FACE;

PART C

- 1-8 LEFT TURNING BOX WITH ROCKS;;; / ;;;
9-16 STROLLING VINE;;; CIRCLE AWAY 2 TWO-STEPS;; STRUT TOG. 4;;

PART B

- 1-8 LEFT TURNING BOX;;; 2 SD CLS; SD & THRU; 2 FWD TWO-STEPS;;
9-16 FULL LACE UP;;; HITCH 6;; SCOOT 4; WALK FACE;

- 1-16 TRAVELING DOORS;;; BOX;; REVERSE BOX;; LEFT TURNING BOX WITH ROCKS;;; / ;;;
ROCK BACK & HOLD;