

A M A F I D I A

DANCE BY: Bob & Patsy Heath, 401 E Butler St, Mercer PA 16137

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RECORD: STAR-131A Amapola (Flip "The First Day of Spring")

FOOTWORK: Opposite unless noted (*Woman's footwork in parentheses*)

SEQUENCE: INTRO, AB, AB, A, ENDING

PHASE III+1 (ALEMANA) RUMBA

SUGGESTED SPEED: 45

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INTRO

MEAS

1 - 4

[OP FCG WALL LD HNDS JND] WAIT;; REV UA TRN; SPT TRN;

1-2

In OP fcg pos ld hnds jnd with M's L & W's R ft free wt 2 meas;;

3 QQS

[Rev UA Trn] Raise ld hnds & ld W inside trn LF fwd L DRW, Rec R to fc ptr & WALL, sd L LOD (*W XRIF of L trng 1/2 LF to fc LOD, rec L cont trn to fc ptr, sd R*) to BFLY/WALL,-;

4 QQS

[Spt Trn] Rel ld hnds thru R LOD trng 1/2 LF to fc RLOD, rec L cont trn to fc ptr & WALL, sd R to BFLY/WALL,-;

PART A

MEAS

1 - 8

ALEMANA;; HND TO HND; CRB WLKS;; SPT TRN; NEW YORKER IN 4;

NEW YORKER;

1-2 QQS 2X

[ALEM] BFLY fwd L, rec R, sd & bk L raising jnd hnds to ld W outside trn RF (*W bk R, rec L, sd & fwd R*),-; XRIB of L, rec L, sd R RLOD (*W XLIF of R commence RF trn, rec R cont trn to fc ptr, sd & bk L RLOD*) to BFLY/WALL,-;

3 QQS

[Hnd to Hnd] Rel ld hnds rk bk L trng 1/4 LF, rec R to fc ptr, sd L LOD to BFLY WALL (*W rk bk R trng 1/4 RF, rec L to fc ptr, sd R LOD*),-;

4 QQS

[Beg Crb Wlks] XRIF of L, sd L, XRIF of L (*W XLIF of R, sd R, XLIF of R*),-;

5 QQS

[Fin Crb Wlks] Sd L, XRIF of L, sd L (*W sd R, XLIF of R, sd R*),-;

6 QQS

[Spt Trn] Rpt meas 4 of Intro;

7 QQQQ

[New Yorker in 4] Rel trl hnds lower ld hnds thru L trng 1/4 RF twds RLOD extend trl arms to where ceiling meets wall (*W LF*), rec R to fc ptr, sd L LOD, rec R;

8 QQS

[New Yorker] Thru L trng 1/4 RF twds RLOD lower ld hnds extend trl arms to where ceiling meets wall (*W LF*), rec R to fc ptr, sd L LOD to BFLY WALL,-;

9 - 16

CRB WLKS;; NEW YORKER IN 4; NEW YORKER; OP BRK; WHP ACRS; OP BRK;

WHP ACRS;

9 QQS

[Beg Crb Wlks] Rpt meas 4 of Part A;

10 QQS

[Fin Crb Wlks] Rpt meas 5 of Part A;

11 QQQQ

[New Yorker in 4] Rel ld hnds thru R trng 1/4 LF twds LOD lower trl hnds extend ld arms to where ceiling meets wall (*W RF*), rec L to fc ptr, sd R RLOD, rec L;

12 QQS

[New Yorker] Thru R trn 1/4 LF twds LOD lower trl hnds extend ld arms to where ceiling meets wall (*W RF*), rec L to fc ptr, sd R RLOD to BFLY WALL,-;

13 QQS

[Op Brk] Rk apt L to LOP FCG extend M's R & W's L arms out to sd, rec R, sd L LOD to BFLY WALL,-;

PART A CONTINUED

- 14 QQS **[Whp Acrs]** Bk R trng 1/4 LF, rec & fwd L trng 1/4 LF, sd R LOD to BFLY COH (W fwd L to M's L sd, fwd R trng 1/2 LF, sd L LOD),-;
- 15 QQS **[Op Brk]** Rk apt L to LOP FCG extend M's R & W's L arms out to sd, rec R, sd L RLOD to BFLY COH,-;
- 16 QQS **[Whp Acrs]** Bk R trng 1/4 LF, rec & fwd L trng 1/4 LF, sd R RLOD to BFLY WALL (W fwd L to M's L sd, fwd R trng 1/2 LF, sd L RLOD),-;

PART B

MEAS

- 1 - 8 **START A CHASE, BTH FC WALL;; CUCA W/ARMS 2X;; FINISH THE CHASE;; SHLDR TO SHLDR 2X;;**
- 1 QQS **[Start a Chase]** Fwd & sd L trng 1/4 RF, rec R trng 1/4 RF, fwd L COH (W bk R, rec L, fwd R),-;
- 2 QQS **[Bth Fc Wall]** Fwd & sd R trng 1/4 LF, rec L trng 1/4 LF, fwd R WALL (W fwd & sd L trng 1/4 RF, rec R trng 1/4 RF, fwd L WALL),-;
- 3-4 QQS 2X **[Cuca w/arms 2x]** Sd L, rec R, cl L,-; Sd R, rec L, cl L,-;
- 5-6 QQS 2X **[Finish The Chase]** Fwd L, rec R, sd & bk L (W fwd & sd R trng 1/4 LF, rec L trng 1/4 LF, sd & fwd R COH),-; Bk R, rec L, sd R RLOD BFLY (W fwd L, rec R, sd L RLOD),-;
- 7 QQS **[Shldr to Shldr]** Fwd L to BFLY SCAR, rec R to fc ptr, sd L LOD (W XRIB of L to BFLY SCAR, rec L, sd R LOD),-;
- 8 QQS **[Shldr to Shldr]** Fwd R to BFLY BJO, rec L to fc ptr, sd R RLOD (W XLIB of R to BFLY BJO, rec R, sd L RLOD),-;
- 9 - 16 **BRK BK TO OP; PROG WLK 3; SLDG DOOR 2X;; CUCA W/ARMS TO FC; BK BAS; TIM STP 2X;;**
- 1 QQS **[Brk Bk to Op]** Rel ld hnds trng 1/4 LF rk bk L, rec R LOD, fwd L to OP (W trn 1/4 RF, rk bk R, rec L LOD, fwd R),-;
- 2 QQS **[Prog Wlk 3]** Fwd R, fwd L, fwd R (W fwd L, fwd R, fwd L),-;
- 3 QQS **[Sl dg Door]** Rk apt L, rec R, XLIF of R cross bhd W to LOP LOD (W rk apt R, rec L, XRIF L cross in frt of M),-;
- 4 QQS **[Sl dg Door]** Rk apt R, rec L, XRIF of L to OP LOD (W rk apt L, rec R, XLIF R),-;
- 5 QQS **[Cuca w/arms to Fc]** Sd L, rec R to fc ptr, cl L to BFLY WALL (W sd R, rec L, cl R),-;
- 6 QQS **[BK BAS]** Bk R, rec L, sd R RLOD (W fwd L, rec R, sd L),-;
- 7 QQS **[Tim Stp]** Rel hnds bring arms in XLIB of R, rec R, sd L LOD extend arms out (W XRIB of L, rec L, sd R LOD),-;
- 8 QQS **[Tim Stp]** Bring arms in XRIB, rec L, sd R RLOD extend arms out to BFLY WALL (W XLIB of R, rec R, sd L RLOD),-;

ENDING

MEAS

- 1 - 2 1/2 **HND TO HND TO BFLY; THRU TO AN AIDA LINE; WITH ARM SWEEP,-,**
- 1 QQS **[Hnd to Hnd]** Rel ld hnds trng 1/4 LF rk bk L, rec R to fc ptr, sd L LOD to BFLY WALL (W trn 1/4 RF, rk bk R, rec L to fc ptr, sd R LOD),-;
- 2 QQS **[Aida Line]** Thru R bring trl arms thru, sd L fc ptr, bk R LOD to slight bk to bk pos lower ld hnds (W thru L, sd R fc ptr, bk L),-;
- S **[Arm Sweep]** Extend trl hnds to where ceiling meets wall,-,