ROCK THE BOAT

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MUSIC: “Rock The Boat” – Album: ‘Rockin’ Soul’ by The Hues Corporation - Source: iTunes download

FOOTWORK: Opposite unless noted (Woman’s footwork in parentheses)

RHYTHM: Cha Cha RAL PHASE III

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-INTER-A-B-INTER-C-ENDING

Version 1.1

MEAS: INTRODUCTION

1-4 BFLY WALL WAIT 2 MEAS; SPOT TURN; CUCARACHA;
1-2 Wait in BFLY WALL w/ lead ft free;
3 {Spot Turn} XLIft (W XRif) trn 1/2 RF (W LF), rec R cont trn to fc ptr, sd L/cl R, sd L to BFLY WALL;
4 {Cucaracha} Sd R, rec L, cl R/sip L, sip R (w sd L, rec R, cl L/in plc R, L);

PART A

1-4 HALF BASIC; CRAB WALK HALF; CIRCLE AWAY & TOGETHER;
1 {Half Basic} BFLY WALL fwd L, rec R, sd L/cl R, sd L;
2 {Crab Walk Half} BFLY WALL XRif (W XLIft), sd L, XRif/sd L, XRif;
3-4 {Circle Away & Together to BFLY} Circle away to COH (W to WALL) fwd L, fwd R, fwd L/cl R, fwd L to fc RLOD; cont circle tog fwd R, fwd L, fwd R/cl L, fwd R to BFLY WALL;

5-8 CHASE PEEK-A-BOO;..
5-8 {Chase Peek-a-boo} Fwd L comm RF trn 1/2, rec fwd R, fwd L/cl R, fwd L (bk R, rec L, fwd R/cl L, fwd R); sd R looking over left shldr, rec L, cl R/sip L, sip R (sd L, rec R, cl L/sip R, sip L); sd L looking over right shldr, rec R, cl L/sip R, sip L (sd R, rec L, cl R/sip L, sip R); fwd R comm LF trn 1/2, rec fwd L, fwd R/cl L, fwd R (fwd L, rec R, bk L/cl R, bk L);

9-10 SHOULDER TO SHOULDER TWICE;..
9 {Shoulder to Shoulder} Fwd L (W rk bk R) to BFLY SCAR, rec R to fc, sd L/cl R, sd L to BFLY WALL;
10 {Shoulder to Shoulder} Fwd R (W rk bk L) to BFLY BJO, rec L to fc, sd R/cl L, sd R to BFLY WALL;

PART B

1-4 NEW YORKER TO OPEN LOD; WALK 2 & CHA; SLIDING DOOR; RK APT, REC, FWD CHA;..
1 {New Yorker} Trng ¼ RF (W LF) jn ld hnds and rk thru L RLOD, rec R trng LF (W RF) to OP LOD, fwd L/cl R, fwd L;
2 {Wk 2 & Cha} Fwd R, fwd L, fwd R/cl L, fwd R;
3 {Sliding Door} OP LOD rk apt L, rec R release hnds, crossing in bk of W XLIft (W XRif)/sd R, XLIft to LOP LOD;
4 {Rk Apt, Rec, Fwd Cha} LOP LOD sd R, rec L, fwd R/cl L, fwd R;

5-8 FWD BASIC; SLIDING DOOR; RK SD, REC, FACE CHA; BACK BASIC;..
5 {Forward Basic} LOP LOD fwd L, rec R, bk L/cl R, bk L;
6 {Sliding Door} LOP LOD apt R, rec R release hnds, crossing in bk of W XRif (W XLIft)/sd L, XRif to OP LOD;
7 {Rock Side, Rec, Face Cha} Sd L, rec R comm RF Trn to Fc Ptr, sd L/cl R, sd L to BFLY WALL;
8 {Back Basic} Bk R, rec L, sd R/cl L, sd R;

9 SIDE CLOSE TWICE;..
9 {Side, Close Twice} In BFLY sd L, cl R, sd L, cl R;

INTERLUDE

1-4 CHASE;..
1-4 {Chase} BFLY WALL fwd L trn 1/2 RF, rec fwd R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R); fwd R trn 1/2 LF, rec fwd L, fwd R/cl L, fwd R (W fwd L trn 1/2 RF, rec fwd R, fwd L/cl R, fwd L); fwd L, rec R, bk L/cl R, bk L (W fwd R trn 1/2 LF, rec fwd L, fwd R/cl L, fwd R); bk R, rec L, fwd R/cl L, fwd R to BFLY WALL (W fwd L, rec R, bk L/cl R, bk L);

5-6 NEW YORKER; NEW YORKER IN 3;..
5 {New Yorker} Releasing M’s R & W’s L hnds trn ¼ RF (W LF) and rk thru L RLOD, rec R trng LF (W RF) to BFLY WALL, sd L/cl R, sd L;
6 {New Yorker in 3} Releasing M’s L & W’s R hnds trn ¼ LF (W RF) and rk thru R LOD, rec R trng LF (W RF) to BFLY WALL, sd L;
PART C

1-4  **HALF BASIC; WHIP; SHOULDER TO SHOULDER, TWICE;;**
1  {Half Basic} BFLY WALL fwd L, rec R, sd L/cl R, sd L;
2  {Whip} Bk R comm ½ LF Trn, cont Trn ½ rec fwd L, sd R/cl L, sd R (fwd L outs M on his L Sd, fwd R comm LF Trn ½, sd L/cl R, sd L) BFLY COH;
3  {Shoulder to Shoulder} Fwd L (W rk bk R) to BFLY SCAR, rec R to fc, sd L/cl R, sd L to BFLY WALL;
4  {Shoulder to Shoulder} Fwd R (W rk bk L) to BFLY BJO, rec L to fc, sd R/cl L, sd R to BFLY WALL;

5-8  **HALF BASIC; WHIP; SAND STEP, TWICE;;**
5  {Half Basic} BFLY COH fwd L, rec R, sd L/cl R, sd L;
6  {Whip} Bk R comm ½ LF Trn, cont Trn ½ rec fwd L, sd R/cl L, sd R (fwd L outs M on his L Sd, fwd R comm LF Trn ½, sd L/cl R, sd L) BFLY WALL;
7  {Sand Step} BFLY WALL svwl slightly to L on L rotate R knee inward tch R toe to instep of L, svwl slightly to R on L rotate R knee outward to tch R heel to floor, svwl slightly to L on the L XRif/sd L, XRif (W svwl slightly to R on R rotate L knee inward tch L toe to instep of R, svwl slightly to L on R rotate L knee outward to tch L heel to floor, svwl slightly to R on the R XLif/sd R, XLif);
8  {Sand Step} BFLY WALL svwl slightly to L on L rotate R knee inward tch R toe to instep of L, svwl slightly to R on L rotate R knee outward to tch R heel to floor, svwl slightly to L on the L XRif/sd L, XRif (W svwl slightly to R on R rotate L knee inward tch L toe to instep of R, svwl slightly to L on R rotate L knee outward to tch L heel to floor, svwl slightly to R on the R XLif/sd R, XLif);

9-12  **CHASE PEEK-A-BOO;;**
9-12  {Chase Peek-a-boo} Fwd L comm RF trn 1/2, rec fwd R, fwd L/cl R, fwd L (bk R, rec L, fwd R/cl L, fwd R); sd R looking over left shldr, rec L, cl R/sip L, sip R (sd L, rec R, cl L/sip R, sip L); sd L looking over right shldr, rec R, cl L/sip R, sip L (sd R, rec L, cl R/sip L, sip R); fwd R comm L face trn 1/2, rec fwd L, fwd R/cl L, fwd R (fwd L, rec R, bk L/cl R, bk L);

ENDING

1-4  **HALF BASIC; UNDERARM TURN; LARIAT;;**
1  {Half Basic} BFLY WALL fwd L, rec R, sd L/cl R, sd L;
2  {Underarm Turn} Raising joined lead hnds trn body slightly RF & XRIB, rec L squaring body to fc ptr, sip R/sip L, sip R (XLIF under joined lead hands commence ½ RF trn, rec R complete RF trn to fc ptr, sd L/cl R, sd L to M’s rt sd);
3-4  {Lariat} sd L, rec R, cl L/sip R, sip L (comm RF circ arnd M fwd R, fwd L, fwd R/cl L, fwd R); sd R, cl L, sip R/sip L, sip R (cont RF circ arnd M fwd R, fwd R, fwd L/cl R, fwd L to BFLY WALL);

5-8  **NEW YORKER TO OPEN LOD; WALK 2 & CHA; CIRCLE AWAY & TOGETHER;;**
5  {New Yorker} Trng ½ RF (W LF) jn ld hnds and rk thru L RLOD, rec R trng LF (W RF) to OP LOD, fwd L/cl R, fwd L;
6  {Walk 2 & Cha} Fwd R, fwd L, fwd R/cl L, fwd R;
7-8  {Circle Away & Together to BFLY} Circle away to COH (W to WALL) fwd L, fwd R, fwd L/cl R, fwd L to fc RLOD; cont circle tog fwd R, fwd L, fwd R/cl L, fwd R to BFLY WALL;

9-12  **HALF BASIC; CRAB WALK;; FENCE LINE;;**
9  {Half Basic} Fwd L, rec R, sd L/cl R, sd L;
10-11 {Crab Walk} XRif (W XLif), sd L, XRif/sd L, XRIF; Sd L, XRIF, sd L/cl R, sd L;
12  {Fence Line} BFLY X lunge R, rec L, sd R/cl L, sd R;

13-16  **SHOULDER TO SHOULDER TWICE;; BASIC;;**
13  {Shoulder to Shoulder} Fwd L (W rk bk R) to BFLY SCAR, rec R to fc, sd L/cl R, sd L to BFLY WALL;
14  {Shoulder to Shoulder} Fwd R (W rk bk L) to BFLY BJO, rec L to fc, sd R/cl L, sd R to BFLY WALL;
15-16 {Basic} Fd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;

17  **LUNGE SIDE;;**
17  {Lunge Side} Lunge sd L twd LOD & HOLD;-;
ROCK THE BOAT
Head Cues

Sequence: INTRO, A, B, INT, A, B, INT, C, END

INTRODUCTION
1-2  WAIT 2 MEAS;;
3-4  SPOT TURN; CUCARACHA;

PART A
1-4  HALF BASIC; CRAB WALK HALF; CIRCLE AWAY AND TOGETHER;;
5-8  CHASE PEEK-A-BOO;;;
9-10  SHOULDER TO SHOULDER TWICE

PART B
1-4  NEW YORKER TO OPEN; WALK 2 CHA; SLIDING DOOR; ROCK APT, REC, FWD CHA;
5-8  FWD BASIC; SLIDING DOOR; ROCK APT, REC, FACE CHA; BACK BASIC;
9    SIDE CLOSE TWICE;

INTERLUDE
1-4  CHASE;;;;
5-6  NEW YORKER; NEW YORKER IN 3;

PART A
1-4  HALF BASIC; CRAB WALK HALF; CIRCLE AWAY AND TOGETHER;;
5-8  CHASE PEEK-A-BOO;;;
9-10  SHOULDER TO SHOULDER TWICE

PART B
1-4  NEW YORKER TO OPEN; WALK 2 CHA; SLIDING DOOR; ROCK APT, REC, FWD CHA;
5-8  FWD BASIC; SLIDING DOOR; ROCK APT, REC, FACE CHA; BACK BASIC;
9    SIDE CLOSE TWICE;

INTERLUDE
1-4  CHASE;;;;
5-6  NEW YORKER; NEW YORKER IN 3;

PART C
1-4  HALF BASIC; WHIP; SHOULDER TO SHOULDER TWICE;;
5-8  HALF BASIC; WHIP; SAND STEP TWICE;;
9-12  CHASE PEEK-A-BOO

ENDING
1-4  HALF BASIC; UNDERARM TURN; LARIET;;
5-8  NEW YORKER TO OPEN LOD; WALK 2 CHA; CIRCLE AWAY AND TOGETHER;;
9-12  HALF BASIC; CRAB WALK;; FENCE LINE;
13-16  SHOULDER TO SHOULDER TWICE;; BASIC;;
17    LUNGE SIDE AND HOLD