

It's A Miracle

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Music: It's A Miracle – Barry Manilow (Cut at 3:29 and fade out)
Avail for download from Amazon.com
FootworkTiming: Opposite except where noted /QQQ&Q except where noted
Rhythm/Phase Cha Phase 3+1 (Triple Cha) Speed 43 rpm (30 mpm)
Sequence: Intro –A–B–Int–A–B–Int–C–D–B(1-10)–End Release 1.0 July 2021

INTRO

1-4 WAIT ; ; CHASE ½ ; ;

- 1-2 BFLY fc wall wait 2 measures ; ;
3 Fwd L trng ½ RF, rec R COH, fwd L/XRIB, fwd L(W bk R, rec L, fwd R/XLIB, fwd R);
4 Fwd R trng ½ LF, rec L, fwd R/XLIB, fwd R(W fwd L trng ½ RF, rec R, fwd L/XRIB, fwd L);

5-8 PEEK A BOO 2X INTO ; ; CHASE WITH FULL TURNS ; ;

- 1 Sd L extend R arm up look at W, rec R bring arm down , in place L/R, L
(W sd R extend L arm up look at M, rec L, in plc R/L, R);
2 Sd R extend L arm up look at W, rec L, in plc R/L, R
(W sd L extend R arm up look at M, rec L, in plc R/L, R));
3 Fwd L trng ½ RF, rec R trng ½ RF, bk L/XRIF, bk L
(W fwd R trng ½ LF, rec L, fwd R/XLIB, fwd R);
4 Bk R, rec L, fwd R/XLIB, fwd R BFLY(W fwd L trng ½ RF, rec R trng ½ RF, bk L/XRIF, bk L);

9-12 HALF BASIC ; UNDERARM TURN TO A ; LARIAT ; ;

- 1 In BFLY fwd L, rec R, sd L/cl R, sd L raise lead hands(W bk R, rec L, sd R/cl L, sd R);
2 Bk R beh L, rec R, sd R/cl L, in plc R
(W trng RF fwd L under lead hands trng ½ RF, rec R trng RF to fc M, sd L/cl R, sd L);
3 Sd L, rec R, in plc L/R, L(W around M fwd R, fwd L, fwd R/XLIB, fwd R);
4 Sd R, rec L, in plc R/L, sd R(W cont around M fwd L, fwd R fc M, sd R/cl L, sd R);

PART A

1-4 BASIC ; ; OPEN BREAK ; WHIP ;

- 1 BFLY Fwd L, rec R, sd L/cl R, sd L(W bk R, rec L, sd R/sd L, sd R);
2 Bk R, rec L, sd R/cl L, sd R(W bk L, rec R, sd L/cl R, sd L);
3 Apart L extend R arm up, rec R, sd L/cl R sd L to BFLY;
4 Trng LF bk R fc LOD lead W to COH with trailing arm thru, rec L trng fc COH ,
sd R/cl L, sd R(W fwd L across M twd COH, fwd R trn LF ½, sd L/cl R, sd L);

5-8 NEW YORKER ; SPOT TURN ; TIME STEP 2X ; ;

- 5 Trng RF fwd L LOP LOD, rec R trng LF, sd L/cl R, sd L;
6 Trng LF fwd R trng LF, rec L LOD trn LF fc W, sd R/cl L, sd R;
7 XLIB extend both arms to sd, rec R bring arms in, sd L/cl R, sd L;
8 XRIB extend both arms to sd, rec L bring arms in, sd R/cl L, sd R;

Cont Part A

9-12 START CHASE WITH UNDERARM PASS ; CUCARACHA 2X ; ; FINISH UNDERARM PASS ;

- 9 Join lead hands low fwd L trng ½ RF, rec R keep lead hands joined beh back, fwd L/XRIB, fwd L
(W bk R, rec L, fwd R/XLIB, fwd R);
- 10 Sd R, rec L, in plc R/L, R
- 11 Sd L, rec R, in plc L/R, L;
- 12 Sd & Bk R lead W fwd under lead arms, rec L, sd R/cl L, sd R
(W fwd L under lead arms, fwd R trng ½ LF, sd L/cl R, sd L);

13-16 CRAB WALKS REV ; ; REVERSE UNDERARM TURN ; UNDERARM TURN ;

- 13 XLIF, sd R, XLIF/sd R, XLIF;
- 14 Sd R, XLIF, sd R/cl L, sd R;
- 15 XLIF lead W to turn under lead hands, rec R, sd L/cl R, sd L
(W trng LF fwd R RLOD under lead hands, rec L trng LF fc M, sd R/cl L, sd R);
- 16 XRIB lead W to turn under lead hands, rec L, sd R/cl L, sd R
(W trng RF fwd L LOD under lead hands, rec R trng RF fc M, sd L/cl R, sd L);

PART B

1-4 BREAK BK TO OPEN ; WALK & CHA ; SLIDING DOOR ; ROCK SD REC FWD CHA ;

- 1 Trng LF bk L to OP, rec R, fwd L/XRIB, fwd L;
- 2 Fwd R, fwd L, fwd R/XLIB, fwd R;
- 3 Sd L COH, rec R, beh W XLIF/sd R, XLIF(W sd R wall, rec L, in front of M XRIF/sd L, XRIF);
- 4 Sd R, rec L, fwd R/XLIB/fwd R;

5 – 8 FWD TURN IN & BK TRIPLE CHA ; ; ROCK BK REC TO FWD TRIPLE CHA ; ;

- 5 Fwd L, fwd R trng LF ½, bk L/XRIF, bk L:
- 6 Bk R/XLIF, bk R, bk L/XRIF, bk L:
- 7 Bk R, rec L, fwd R/XLIB, fwd R;
- 8 Fwd L/XRIB, fwd L, fwd R/XLIB, fwd R;

9 -12 SLIDING DOOR ; CUCARACHA TO FACE ; SHOULDER TO SHOULDER 2X ; ;

- 9 Sd L wall, rec R, beh W XLIF/sd R, XLIF(W sd R COH, rec L, in front of M XRIF/sd L, XRIF);
- 10 Sd R, rec L trng LF fc W, in plc R/L, R to BFLY:
- 11 Slight RF trn fwd L outsd ptrn, rec R, sd L/cl R, sd L;
- 12 Slight LF trn fwd R outsd ptrn , rec L, sd R/cl L, sd R;

13 -15 HAND TO HAND 2X ; ; MERENGUE 4 ;

- 13 Trng LF (W RF) bk L to OP, rec R trng RF, sd L/cl R, sd L;
- 14 Trng RF bk R to LOP, rec R trng LF, sd R/cl L sd R;
- QQQQ 15 Sd L on inside of foot, roll to to L foot cl R, sd L on inside of foot, roll to L cl R;

INTERLUDE

1-4 SIDE TAP WITH ARMS & CHA ; ROCK APT REC SD CL ; SIDE TAP W/ARMS & CHA ; ROCK APT REC SD CL BFLY ;

- Q-Q&Q 1 Sd L, tap R beh L swinging arm down & up to LOD look LOD, sd R/cl L, sd R;
 QQQQ 2 Rk apt L, rec R, sd L, cl R;
 Q-Q&Q 3 Sd L, tap R beh L swinging arm down & up to LOD look LOD, sd R/cl L, sd R;
 QQQQ 4 Rk apt L, rec R, sd L, cl R to BFLY;

Part C

1-4 OPEN BREAK ; WHIP ; CRAB WALKS ; ;

- 1 Apart L extend R arm up, rec R, sd L/cl R sd L to BFLY;
 2 Trng LF bk R fc LOD lead W to COH with trailing arm thru, rec L trng fc COH, sd R/cl L, sd R
 (W fwd L across M twd COH, fwd R trn LF ½, sd L/cl R, sd L); to BFLY
 3 XLIF, sd R, XLIF/sd R, XLIF;
 4 Sd R, XLIF, sd R/cl L, sd R;

5 – 8 NEW YORKER ; SPOT TURN ; OPEN BREAK ; WHIP ;

- 5 Trng RF fwd L LOP LOD, rec R trng LF, sd L/cl R, sd L;
 6 Trng LF fwd R trng LF, rec L LOD trn LF fc W, sd R/cl L, sd R;
 7 Apart L extend R arm up, rec R, sd L/cl R sd L to BFLY;
 8 Trng LF bk R fc LOD lead W to COH with trailing arm thru, rec L trng fc COH , sd R/cl L, sd R(W fwd L across M twd COH, fwd R trn LF ½, sd L/cl R, sd L);

PART D

1-4 SAND STEP 2X ; ; VINE 2 FC TO FC ; VINE 2 BK TO BK ;

- Q&Q 1 Swiv RF on R tch L toe to R instep, swiv LF tch L heel to R instep, swiv RF XLIF/sd R, XLIF;
 --Q&Q 2 Swiv LF on L tch R toe to L instep, swiv RF tch R heel to L instep, swiv LF XRIF/sd L, XRIF;
 3 Sd L, XRIB, sd L/cl R, sd L trn LF away from W;
 4 In bk to bk pos sd R, cl L, sd R/cl L, sd R trng RF twd W to BFLY Wall;

5-8 TRAVELING DOORS ; ; START FIGURE 8 ; ;

- 5 Sd L, rec R, XLIF/sd R, XLIF;
 6 Sd R, rec L, XRIF/sd L, XRIF;
 7 Trng LF away from W (W RF) fwd L, fwd R, fwd L/XRIB, fwd L fc RLOD;
 8 Trng LF twd W fwd R, fwd L, fwd R/XLIB, fwd R to pass R shoulders;

9-12 CONT CIRCLE 8 TO BFLY COH ; ; NEW YORKER ; WHIP ;

- 9 Trng RF (W LF) fwd L, fwd R, fwd L/XRIB, fwd L fc RLOD;
 10 Circle to W fwd R, fwd L, fwd R/XLIB, fwd R to BLFY COH;
 11 Trng RF fwd L, rec R trng LF, sd L/cl R, sd L;
 12 Trng LF bk R fc LOD lead W to COH with trailing arm thru, rec L trng fc COH , sd R/cl L, sd R(W fwd L across M twd COH, fwd R trn LF ½, sd L/cl R, sd L);

PART B(1-10)**1 - 4 BREAK BK TO OPEN ; WALK & CHA ; SLIDING DOOR ; ROCK SD REC FWD CHA ;**

1-4 Repeat part B measures 1 – 4 ; ; ;

5 – 8 FWD TURN IN & BK TRIPLE CHA ; ; ROCK BK TO FWD TRIPLE CHA ; ;

5-8 Repeat part B measures 5 – 8 ; ; ;

9 -10 SLIDING DOOR ; CUCARACHA TO FACE ;

9-10 Repeat part B measures 9 & 10 ; ;

END**1-2 1 TRAVELING DOOR ; SIDE LUNGE ;**

1 Sd L, rec R, XLIF/sd R, XLIF;

2 Lower on L lunge sd R extend arms to side;

Head Cues

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BFLY WALL WAIT 2 MEASURES

- I: WAIT ; ; CHASE ½ ; ; PEEK A BOO 2X INTO ; ; CHASE W/FULL TURNS ; ; ½ BASIC ; UNDERARM TURN TO ; LARIAT ; ;
- A: BASIC ; ; OPEN BREAK ; WHIP ; NYKR ; SPOT TURN ; TIME STEP 2X ; ; START CHASE W/UNDERARM PASS ; CUCARACHA 2X ; ;
FINISH UNDERARM PASS ; CRAB WALKS ; ; REV UNDERARM TURN ; UNDERARM TURN ;
- B: BREAK BK TO OPEN ; WALK & CHA ; SLIDING DOOR ; RK SD REC FWD CHA ; TURN IN TO BK TRIPLE CHA ; ;
BRK BK TRIPLE CHA FWD ; ; SLIDING DOOR ; OPEN CUCARACHA FC ; SHOULDER TO SHOULDER 2X ; ; HAND TO HAND 2X ; ;
MERENGUE 4 ;
- In: SD TAP W/ARMS & CHA ; RK APT REC SD CL ; SD TAP W/ARMS & CHA ; RK APT REC SD CL BFLY ;
- A: BASIC ; ; OPEN BREAK ; WHIP ; NYKR ; SPOT TURN ; TIME STEP 2X ; ; START CHASE W/UNDERARM PASS ; CUCARACHA 2X ; ;
FINISH UNDERARM PASS ; CRAB WALKS ; ; REV UNDERARM TURN ; UNDERARM TURN ;
- B: BREAK BK TO OPEN ; WALK & CHA ; SLIDING DOOR ; RK SD REC FWD CHA ; TURN IN TO BK TRIPLE CHA ; ;
BRK BK TRIPLE CHA FWD ; ; SLIDING DOOR ; OPEN CUCARACHA FC ; SHOULDER TO SHOULDER 2X ; ; HAND TO HAND 2X ; ;
MERENGUE 4 ;
- In: SD TAP W/ARMS & CHA ; RK APT REC SD CL ; SD TAP W/ARMS & CHA ; RK APT REC SD CL BFLY ;
- C: OPEN BREAK ; WHIP ; CRAB WALKS ; ; NEW YORKER ; SPOT TURN ; OPEN BREAK ; WHIP ;
- D: SAND STEP 2X ; ; VINE 2 FC TO FC ; VINE 2 BK TO BK FC ; TRAVELING DOORS ; ; FIGURE 8 ; ; (PASS RT SHLDRS) ; FC ; NEW YORKER ;
WHIP ;
- Bm: BREAK BK TO OPEN ; WALK & CHA ; SLIDING DOOR ; RK SD REC FWD CHA ; TURN IN TO BK TRIPLE CHA ; ;
BRK BK TRIPLE CHA FWD ; ; SLIDING DOOR ; OPEN CUCARACHA FC ;
- E: 1 TRAVELING DOOR ; SIDE LUNGE HOLD ;