

ENJOY YOURSELF

Choreographers: Mary and Bob Townsend-Manning
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Record: Enjoy Yourself Artist: Billy Currington
 Album: Enjoy Yourself 2:59 @ 45 rpm
Footwork: Opposite, except where noted
Rhythm/Level: Rumba III + 1 (Aida) Released Sept 2021
Sequence: Intro A B Intld1 A B Intld2 C Ending

INTRODUCTION

1---3 **{BFLY WALL} WAIT PICKUP NOTES AND 2 MEAS ; ; NY ;**
 1-2 In BFLY WALL wait pickup notes and 2 meas;;
 3 Thru L with straight leg, rec R, sd L, -;
4---8 **SHLDR-SHLDR 2X ; ; UNDRM TRN TO A LRT ; ; ;**
 4-5 XRif, rec L, sd R, - (W XLib, rec R, sd L, -); XLif, rec R, sd L, - (W XRib,
 rec L, sd R, -);
 6-8 XIB R, rec L, sd R, - (W Swvl on R fwd L under ld hnds trng ½ RF, rec R
 trng ½ RF, sd L, -); Sd L, rec R, cl L, - (W Around M fwd R, fwd L, fwd R, -); Sd
 R, rec L, cl R, - (W Cont around M fwd L, fwd R, fwd L trng to fc M, -) to
 BFLY WALL;

PART A

1---4 **BAS ; ; NY ; SPT TRN ;**
 1-2 Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -;
 3-4 Thru L with straight leg, rec R, sd L, -; Thru R trng ½ LF, rec L cont LF trn,
 sd R, - to fc ptr in BFLY WALL;
5---8 **FNC LINE ; THRU SERPIENTE ; ; CRB WLK 3 ;**
 5 XLif with bent knee (W XRif), rec R, sd L, -;
 6-7 Thru R, sd L, XRib, fan L to pt LOD; XLib, sd R, thru L, fan R to pt RLOD;
 8 XRif, sd L, XRif, -;

PART B

1---4 **TWRL VIN 3 ; CRB WLK 3 ; TWRL VIN 3 ; FNC LINE ;**
 1-2 Sd L, XRib, sd L, - (W Fwd & sd R trng RF, bk L cont trng RF, sd R, -) to
 BFLY WALL; Repeat meas 8 of Part A;
 3-4 Repeat meas 1 of Part B; XRif with bent knee (W XLif), rec L, sd R, -;
5---8 **CRB WLK 3 RLOD ; REV TWRL VIN 3 ; CRB WLK 3 ; REV TWRL**
VIN 3 ;
 5-6 XLif, sd R, XLif, -; Sd R, XLif*, sd R, - (W Fwd & sd L trng LF, bk R cont
 trng LF, sd L, -) to BFLY WALL;
 7-8 Repeat meas 5-6 of Part B;;

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PART B CONTINUED

- 9--12** **FNC LINE ; CUCA ; TIM STP 2X ; ;**
9-10 XLif with bent knee (W XRif), rec R, sd L, -; Sd R, rec L, cl R, -;
11-12 With no hnds jnd XIB L, rec R, sd L, -; XIB R, rec L, sd R, -;

*Man may cross in back on the REV TWRL VIN 3.

INTERLUDE 1

- 1---8** **CHS PEEK DBL ; ; ; ; ; ; ; ; ; ;**
1-2 Fwd L trng ½ RF, rec R, fwd L, - (W Bk R, rec L, fwd R, -); Sd R, rec L, cl R,
-;
3-4 Sd L, rec R, cl L, -; Fwd R trng ½ LF, rec L, fwd R, - (W Fwd L trng ½ RF,
rec R, fwd L, -);
5-6 Sd L, rec R, cl L, -; Sd R, rec L, cl R, -;
7-8 Fwd L, rec R, bk L, - (W Fwd R trng ½ LF, rec L, fwd R, -); Bk R, rec L,
fwd R, -;

REPEAT PARTS A AND B

INTERLUDE 2

- 1---3** **CHS PEEK ; ; ;**
1-3 Fwd L trng ½ RF, rec R, fwd L, - (W Bk R, rec L, fwd R, -); Press sd R, rec
L, cl R, -; Press sd L, rec R, cl L, -;
- 4---6** **W TRN TO FIN A CHS ; ; ;**
4-6 Fwd R trng ½ LF, rec L, fwd R, -(W Fwd L trng ½ RF, rec R, fwd L, -);
Fwd L, rec R, bk L, -(W Fwd R trng ½ LF, rec L, fwd R, -); Bk R, rec L, fwd R, -
to BFLY WALL;

PART C

- 1---4** **OP BRK ; WHP TO COH ; OP BRK ; WHP TO WALL ;**
1-2 Rock apt L, rec R, sd L, -; Bk R comm ¼ LF trn, rec fwd L trng ¼ to comp
trn, sd R, -(W Fwd L, fwd R trng ½ LF, sd L, -) to BFLY COH;
3-4 Repeat meas 1-2 of Part C to BFLY WALL;;
- 5---8** **BRK TO OP ; PROG WLK 3 ; SLDG DR 2X ; ;**
5-6 Swvl ¼ LF on R bk L to OP LOD, rec R, fwd L, -; Fwd R, fwd L, fwd R, -;
7-8 Sd L, rec R, XLif passing bhd W, -; Sd R, rec L, XRif passing bhd W, -;
- 9--10** **CIRC AWY & TOG ; ;**
9-10 Circ LF fwd L, fwd R, fwd L, -; Cont circ LF fwd R, fwd L, fwd R, - to
BFLY WALL;

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ENDING

- 1---4** **REV UNDRM TRN ; UNDRM TRN TO TAMARA ; WHL ½ ;**
WHL & UNWRP BFLY WALL ;
1-2 XIF L, rec R, sd L, -(W Swvl on L LF fwd R trng ½ LF under joined ld hands, rec L, sd R, -); Join tr hnds XIB R, rec L, sd R, -(W Swvl on R fwd L under ld hands trng ½ RF, rec R trng ½ RF, sd L, -) to TAMARA WALL;
3-4 Whl fwd L, fwd R, fwd L, - to TAMARA COH; Raising ld arms whl fwd R, fwd L, fwd R, - (W Trng LF fwd L, fwd R, sip L, -) to BFLY WALL;
- 5---6** **SD WLK 3 ; AIDA ;**
5-6 Sd L, cl R, sd L, -; Thru R, sd L, bk R, - to AIDA LINE;

HEAD CUES

INTRO

BFLY WALL WT PU NOTES & 2 MEAS ; ; NY ; SHLDR-SHLDR 2X ; ;
UNDRM TRN TO A LRT ; ; ;

A

BAS ; ; NY ; SPT TRN ; FNC LINE ; THRU SERPIENTE ; ; CRB WLK 3 ;

B

TWRL VIN 3 ; CRB WLK 3 ; TWRL VIN 3 ; FNC LINE ; CRB WLK 3 RLOD ;
REV TWRL VIN 3 ; CRB WLK 3 ; REV TWRL VIN 3 ; FNC LINE ; CUCA ;
TIM STP 2X ; ;

INTLD 1

CHS PEEK DBL ; ; ; ; ; ; ; ; ; ; ; ; ;

A

BAS ; ; NY ; SPT TRN ; FNC LINE ; THRU SERPIENTE ; ; CRB WLK 3 ;

B

TWRL VIN 3 ; CRB WLK 3 ; TWRL VIN 3 ; FNC LINE ; CRB WLK 3 RLOD ;
REV TWRL VIN 3 ; CRB WLK 3 ; REV TWRL VIN 3 ; FNC LINE ; CUCA ;
TIM STP 2X ; ;

INTLD 2

CHS PEEK ; ; ; W TRN TO FIN A CHS ; ; ;

C

OP BRK ; WHP TO COH ; OP BRK ; WHP TO WALL ; BRK TO OP ; PROG WLK 3 ;
SLDG DR 2X ; ; CIRC AWY & TOG ; ;

END

REV UNDRM TRN ; UNDRM TRN TO A TAMARA ; WHL ½ ;
WHL & UNWRP BFLY WALL ; SD WLK 3 ; AIDA ;