

# A DISTANCIA

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CD: MoviePlay Brasil, CD Title: "Plays Boleros" (Artist: Brazilian Tropical Orchestra) Track 12 "A Distancia" or download from internet site such as I Tunes

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 2:20

RHYTHM: Bolero RAL PHASE III

DEGREE OF DIFFICULTY: EASY

SEQUENCE: INTRO-A-B-B-ENDING

## MEAS:

## INTRODUCTION

### 1-4 OP-FCG WALL WAIT 2 MEAS;; APART POINT; TOGETHER TOUCH BFLY;

- 1-2 Wait in OP-FCG WALL w/ lead ft free;;
- 3 {**Apert Point**} OP-FCG WALL Apt L, -, pt R twd ptr, -;
- 4 {**Together Touch BFLY**} Tog R, -, tch L to BFLY WALL;

## PART A

### 1-4 BASIC;; NEW YORKER TWICE;;

- 1-2 {**Basic**} BFLY WALL Sd L w/ bdy rise, -, bk R w/ slipping action, fwd L (W sd R w/ bdy rise, -, fwd L w/ slipping action, bk R); Sd R w/ bdy rise, -, fwd L w/ slipping action, bk R (W sd L w/ bdy rise, -, bk R w/ slipping action, fwd L);
- 3 {**New Yorker**} BFLY WALL Sd L w/ bdy rise, -, fwd R w/ slipping action lowering & stg LF trn to OP LOD, bk L stg RF trn to BFLY WALL (W sd R w/ bdy rise, -, fwd L w/ slipping action lowering & stg RF trn to OP LOD, bk R stg LF trn to BFLY);
- 4 {**New Yorker**} BFLY WALL Sd R w/ bdy rise, -, fwd L w/ slipping action lowering & stg RF trn to LOP RLOD, bk R stg LF trn to BFLY WALL (W sd L w/ bdy rise, -, fwd R w/ slipping action lowering & stg LF trn to LOP RLOD, bk L stg RF trn to BFLY);

### 5-8 SPOT TURN TWICE;; HAND TO HAND TWICE;;

- 5 {**Spot Turn**} BFLY WALL Sd L w/ bdy rise stg LF bdy trn, -, XRif lowering & cont 1/2 LF trn on R, fwd L comp LF trn to fc W (W sd R w/ bdy rise stg RF bdy trn, -, XLif lowering & cont 1/2 RF trn on L, fwd R comp RF trn to fc M);
- 6 {**Spot Turn**} BFLY WALL Sd R w/ bdy rise stg RF bdy trn, -, XLif lowering & cont 1/2 RF trn on L, fwd R comp RF trn to fc W (W sd L w/ bdy rise stg LF bdy trn, -, XRif lowering & cont 1/2 LF trn on R, fwd L comp LF trn to fc M);
- 7 {**Hand to Hand**} BFLY WALL Sd L w/ bdy rise, -, bhd R lowering & stg RF trn to LOP RLOD, fwd L stg LF trn to BFLY WALL (W sd R w/ bdy rise, -, bhd L lowering & stg LF trn to LOP RLOD, fwd R stg RF trn to BFLY);
- 8 {**Hand to Hand**} BFLY WALL Sd R w/ bdy rise, -, bhd L lowering & stg LF trn to OP LOD, fwd R stg RF trn to BFLY WALL (W sd L w/ bdy rise, -, bhd R lowering & stg RF trn to OP LOD, fwd L stg LF trn to BFLY);

### 9-12 BASIC;; NEW YORKER; SPOT TURN;

- 9-10 {**Basic**} BFLY WALL Sd L w/ bdy rise, -, bk R w/ slipping action, fwd L (W sd R w/ bdy rise, -, fwd L w/ slipping action, bk R); Sd R w/ bdy rise, -, fwd L w/ slipping action, bk R (W sd L w/ bdy rise, -, bk R w/ slipping action, fwd L);
- 11 {**New Yorker**} BFLY WALL Sd L w/ bdy rise, -, fwd R w/ slipping action lowering & stg LF trn to OP LOD, bk L stg RF trn to BFLY WALL (W sd R w/ bdy rise, -, fwd L w/ slipping action lowering & stg RF trn to OP LOD, bk R stg LF trn to BFLY);
- 12 {**Spot Turn**} BFLY WALL Sd R w/ bdy rise stg RF bdy trn, -, XLif lowering & cont 1/2 RF trn on L, fwd R comp RF trn to fc W (W sd L w/ bdy rise stg LF bdy trn, -, XRif lowering & cont 1/2 LF trn on R, fwd L comp LF trn to fc M);

**PART A (cont.)**

**13-16 SPOT TURN; HAND TO HAND TWICE;; END BASIC:**

- 13 {**Spot Turn**} BFLY WALL Sd L w/ bdy rise stg LF bdy trn, -, XRif lowering & cont 1/2 LF trn on R, fwd L comp LF trn to fc W (W sd R w/ bdy rise stg RF bdy trn, -, XLif lowering & cont 1/2 RF trn on L, fwd R comp RF trn to fc M);
- 14 {**Hand to Hand**} BFLY WALL Sd R w/ bdy rise, -, bhd L lowering & stg LF trn to OP LOD, fwd R stg RF trn to BFLY WALL (W sd L w/ bdy rise, -, bhd R lowering & stg RF trn to OP LOD, fwd L stg LF trn to BFLY);
- 15 {**Hand to Hand**} BFLY WALL Sd L w/ bdy rise, -, bhd R lowering & stg RF trn to LOP RLOD, fwd L stg LF trn to BFLY WALL (W sd R w/ bdy rise, -, bhd L lowering & stg LF trn to LOP RLOD, fwd R stg RF trn to BFLY);
- 16 {**End Basic**} BFLY WALL Sd R w/ bdy rise, -, fwd L w/ slipping action, bk R (W sd L w/ bdy rise, -, bk R w/ slipping action, fwd L);

**PART B**

**1-4 1/2 BASIC; OPEN BREAK; UNDERARM TURN; END BASIC:**

- 1 {**1/2 Basic**} BFLY WALL Sd L w/ bdy rise, -, bk R w/ slipping action, fwd L (W sd R w/ bdy rise, -, fwd L w/ slipping action, bk R);
- 2 {**Open Break**} LOP-FCG WALL Sd & fwd R w/ bdy rise, -, bk L lowering, fwd R (W sd & bk L w/ bdy rise, -, bk R lowering, fwd L);
- 3 {**Underarm Turn**} LOP-FCG WALL Sd L w/ bdy rise, - XRif lowering, fwd L (W sd R w/ bdy rise stg RF trn under ld hnds, -, XLif lowering & cont 1/2 RF trn, fwd R comp RF trn to fc M);
- 4 {**End Basic**} BFLY WALL Sd R w/ bdy rise, -, fwd L w/ slipping action, bk R (W sd L w/ bdy rise, -, bk R w/ slipping action, fwd L);

**5-8 1/2 BASIC; OPEN BREAK; UNDERARM TURN; END BASIC:**

- 5-8 Repeat meas 1-4;;;;

**9-12 BASIC;; HAND TO HAND; HAND TO HAND TO OPEN;**

- 9-10 {**Basic**} BFLY WALL Sd L w/ bdy rise, -, bk R w/ slipping action, fwd L (W sd R w/ bdy rise, -, fwd L w/ slipping action, bk R); Sd R w/ bdy rise, -, fwd L w/ slipping action, bk R (W sd L w/ bdy rise, -, bk R w/ slipping action, fwd L);
- 11 {**Hand to Hand**} BFLY WALL Sd L w/ bdy rise, -, bhd R lowering & stg RF trn to LOP RLOD, fwd L stg LF trn to BFLY WALL (W sd R w/ bdy rise, -, bhd L lowering & stg LF trn to LOP RLOD, fwd R stg RF trn to BFLY);
- 12 {**Hand to Hand to OP**} BFLY WALL Sd R w/ bdy rise, -, bhd L lowering & stg LF trn to OP LOD, fwd R (W sd L w/ bdy rise, -, bhd R lowering & stg RF trn to OP LOD, fwd L); [you could also cue this figure break to open or back break to open]

**13-16 BOLERO WALKS;; CIRCLE AWAY & TOGETHER TO BFLY;;**

- 13-14 {**Bolero Walks**} OP LOD Fwd L (W fwd R) w/ bdy rise, -, fwd R, fwd L; Fwd R w/ bdy rise, -, fwd L, fwd R;
- 15-16 {**Circle Away & Together**} OP LOD Drop hnds circle away from ptr fwd L w/ bdy rise trn LF, -, fwd R trn LF, fwd L to fc DRC (W fwd R w/ bdy rise trn RF, -, fwd L trn RF, fwd R to fc DRW): Cont LF circle twds ptr fwd R w/ bdy rise, -, fwd L trn LF, fwd R to BFLY WALL (W cont RF circle twds ptr fwd L w/ bdy rise, -, fwd R trn RF, fwd L to BFLY);

**END**

**1 APART POINT;**

- 1 {**Apart Point**} OP-FCG WALL Apt L, -, pt R twd ptr, -;

ABB

WAIT  
APART POINT

WAIT  
TOGETHER TOUCH BFLY

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A BASIC  
NEW YORKER TWICE  
SPOT TURN TWICE  
HAND TO HAND TWICE

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BASIC  
NEW YORKER  
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SPOT TURN TWICE  
HAND TO HAND TWICE  
END BASIC

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B 1/2 BASIC  
UNDERARM TURN  
1/2 BASIC  
UNDERARM TURN

OPEN BREAK  
END BASIC  
OPEN BREAK  
END BASIC

.....  
BASIC  
HAND TO HAND TWICE  
BOLERO WALKS  
CIRCLE AWAY

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END OPEN  
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TOGETHER TO BFLY

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END APART & POINT

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3-2 A DISTANCIA (ROSS) 5704  
(STANDARD INTRO TO BFLY WALL)