

A GAL IN CALICO

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 RECORD: A Gal In Calico Artist: Ross Mitchell Orchestra, The Rainbow Collection (2:31)
 SOURCE: Casa Musica, [Casa musica - Single tracks \(casa-musica.com\)](https://www.casa-musica.com)
 RHYTHM: Foxtrot, RAL Phase 4, Average level of difficulty
 FOOTWORK Opposite (Woman's footwork or other explanation in parentheses)
 SEQUENCE: A, B, A, B (modified)
 SPEED: 45 rpm equivalent
 DATE: July 2023

INTRODUCTION	
Meas.	
1-4	(Man facing DLW, woman facing man, L foot free for both, no hands joined) MAN OFFER LEAD HAND TO LADY; LADY ACCEPT & STEP L to CP; HOVER; SLOW SIDE LOCK;
1	Man raises L arm & offers L hand to lady;
2	(Lady accepts & steps forward L to CP;)
3	(Hover) In Closed Position forward left, -, forward and slightly side right rising to ball of foot, side and slightly forward left to tight Semi-Closed Position-DLC; (Woman: In Closed Position back right, -, back and slightly side left rising to ball of foot, side and slightly forward right to tight Semi-Closed Position;)
4	(Slow side lock) Thru right, -, side and forward left to Closed Position, cross right in back of left turning slightly left face; (Woman: Thru left starting left face turn, -, side and back right continuing left face turn to Closed Position, cross left in front of right;) NOTE: Starts in Semi-Closed Position Diagonal Line of Dance and Center of Hall and ends Closed Position Diagonal Line of Dance and Center of Hall.

PART A	
Meas.	
1-5	REVERSE TURN;; HOVER TELEMAR; IN & OUT RUNS;;
1-2	(Reverse turn) Forward left starting left face body turn, -, side right continuing turn, back left Line of Dance to Closed Position; back right continuing left face turn, -, side and slightly forward left Diagonal Line of Dance and Wall, forward right to Banjo; (Woman: Back right starting left face turn, -, close left to right [heel turn] continuing turn, forward right to Closed Position; forward left continuing left face turn, -, side right to Diagonal Line of Dance and Wall, back left to Banjo Diagonal Line of Dance and Wall;) NOTE: Starts in Closed, goes to Closed Position at end of measure 1, Banjo at end of measure 2. Starts Diagonal Line of Dance and Center of Hall, ends Diagonal Line of Dance and Wall.
3	(Hover telemark) Forward left, -, diagonal side and forward right rising slightly

4-5	<p>[hovering] with body turning 1/4 right face, forward left small step on toes to Semi-Closed Position-DLW; (Woman: Back right, -, diagonal side and back left with hovering action and body turning 1/4 right face, forward right small step on toes to Semi-Closed Position;) NOTE: Starts in Closed Position and ends in Semi-Closed Position. (In & out runs) Forward right starting right face turn, -, side and back Diagonal Line of Dance and Wall on left to Closed Position, back right to Banjo Position; using CBM back left turning right face, -, side and forward right between woman's feet continuing right face turn, forward left to Semi-Closed Position-LOD; (Woman: Forward left, -, forward right between man's feet, forward left outside the man in Banjo Position; using CBM forward right starting right face turn, -, forward and side left continuing right face turn, forward right to Semi-Closed Position;)</p>
6-8	NATURAL TURN 1/2; SPIN TURN; BOX FINISH;
6	<p>(Natural turn 1/2) Commence right face upper body turn forward right heel to toe, -, side left across Line of Dance, back right; (Woman: Commence right face upper body turn back left, -, close right [heel turn] continue turn, forward left;) NOTE: Starts in Semi-Closed Position. Ends in Closed Position-RLD.</p>
7	<p>(Spin turn) Commence right face upper body turn back left toe pivoting 1/2 right face to face Line of Progression, -, forward right between woman's feet heel to toe continue right face turn keeping left leg extended back and side, complete turn side and back left; (Woman: Commence right face upper body turn forward right between man's feet heel to toe pivoting 1/2 right face, -, back left toe continue turn brush right to left, complete turn side and forward right;) Note: Starts CP-RLD and ends CP-DLW</p>
8	(Box finish) Back right turning left face, -, side left, close right to end CP-DLC;
9-13	REVERSE TURN;; HOVER TELEMAR to 1/2 OP; OPEN IN & OUT RUNS;;
9-10	Repeat Part A, Meas. 1-2;;
11	Repeat Part A, Meas. 3, except end in 1/2 OP-LOD;
12-13	<p>(Open In & Out Runs) Forward right starting right face turn in front of woman, -, side and back Diagonal Line of Dance and Wall on left crossing to woman's right side, back right continuing RF turn to Left Half-Open Position; fwd left, -, fwd right between woman's feet, fwd left to Half-Open Position; (Woman: fwd left, -, fwd right between man's feet, fwd left to Left Half-Open Position; fwd right starting right face turn in front of man, -, side and back on left crossing to man's right side, back right continuing RF turn to Open Position-LOD;)</p>
14-16	NATURAL TURN 1/2; SPIN TURN; BOX FINISH;
14	Repeat Part A, Meas. 6;
15	Repeat Part A, Meas. 7;
16	Repeat Part A, Meas 8;

PART B	
Meas.	
1-5	TURN L & R CHASSE to BJO; BACK, BACK/LOCK, BACK; OPEN IMPETUS; WEAVE 6 to SCP-DLW;;
1	(Turn L & R Chasse) Forward left commence left face upper body turn, -, side right continue turn left face/close left, side right complete turn to Banjo Position-Reverse

2	Center of Hall; (Bk, bk/lk, bk) In Banjo Position back left, -, back right/lock left in front of right, back right; (Woman: In Banjo Position forward right, -, forward left/lock right in back of left, forward left:)
3	(Open impetus) In Banjo Position soft or flexed knees throughout commence right face upper body turn back left, -, close right to left [heel turn] continue right face turn [a total of about 3/8 turn], complete turn forward left in tight Semi-Closed Position-DLC; (Woman: soft or flexed knees throughout commence right face upper body turn forward right outside man's feet heel to toe pivoting 1/2 right face, -, side and forward left continue turn around man brush right to left, complete turn forward right;) NOTE: When starting from Banjo her first step is forward on right outside man's feet.
4-5	(Weave 6 to SCP) Forward right Diagonal Line of Dance and Center of Hall, -, forward left commence left face turn, continue turn side and slightly back right to face Diagonal Reverse Line of Dance and Center of Hall; back left Line of Dance leading woman to step outside to CBMP, -, back right continue left face turn, side and forward left Diagonal Line of Dance and Wall to Semi-Closed Position; (Woman: Forward left Diagonal Line of Dance and Center of Hall commence left face turn, -, continue turn side and slightly back right to face Diagonal Reverse Line of Dance and Wall, continue turn side and forward left Line of Dance; forward right Line of Dance outside the partner to CBMP, -, forward left Line of Dance continue turn, side right Diagonal Line of Dance to Semi-Closed Position;) NOTE: Figure starts in Semi-Closed Position facing Diagonal Line of Dance and Center of Hall. There is no sway
6-8	CROSS PIVOT to SIDECAR-DLC; CROSS HOVER to BJO-RLD; CHECK FWD/DEVELOPE;
6	(Cross Pivot) From Semi-Closed Position forward right in front of woman beginning a right face turn, -, side left continuing right face turn, forward right to Sidecar Position; (Woman: From Semi-Closed Position forward left small step commence right face turn, -, forward right between man's feet heel to toe pivoting 1/2 right face, side and back left to Sidecar Position;) NOTE: Man makes a 3/4 right face turn. Woman makes 3/8 right face turn. The second step for the woman is between the man's feet.
7	(Cross hover to Bjo) From Sidecar Position forward left with slight crossing action commencing to rise and beginning a 1/4 left face turn, -, side and slightly forward right continuing to rise and completing the 1/4 left face turn, diagonally forward to Banjo Position lowering at end of step ending Reverse Line Center; (Woman: From Sidecar Position back right with slight crossing action commencing to rise in body and beginning a 1/4 left face turn, -, side and slightly back left continuing to rise and completing the 1/4 left face turn, diagonally back to Banjo Position lowering at end of step;)
8	(Develope) Forward right outside partner checking, -, -, -; (Woman: Back left, -, bring right foot up left leg to inside of left knee, extend right foot forward;) NOTE: Figure is executed on ball of foot with body stretched upward on Develope but knee remains flexed.
9-12	BACK, BACK/LOCK, BACK; OPEN IMPETUS; THRU, CHASSE SEMI; SLOW SIDE LOCK;
9	Repeat Part B, Meas. 2;

10	Repeat Part B, Meas. 3;
11	(Thru, chasse semi) Thru right, -, fwd left/close right, fwd left to Semi-Closed Position;
12	Repeat Intro, Meas. 4;
13-16	DIAMOND TURN;;;;
13-16	<p>(Diamond turn) Forward left turning left face on the diagonal, -, continuing left face turn side right, back left with the partner outside the man in Banjo; staying in Banjo and turning left face back right, -, side left, forward right outside partner in Banjo; forward left turning left face on the diagonal, -, side right, back left with the partner outside man in Banjo; back right continuing left face turn, -, side left, forward right to Banjo Position-DLC;</p> <p>(Woman: Back right turning left face on the diagonal, -, continuing left face turn side left, forward right outside partner; forward left turning left face, -, side right, back left; back right turning left face, -, side left, forward right outside partner; forward left turning left face, -, side right, back left;)</p> <p>NOTE: Turns 1 full turn left face in 4 measures. Each measure turns 1/4.</p>

PART B (Modified)	
Meas.	
1-5	TURN L & R CHASSE to BJO; BACK, BACK/LOCK, BACK; OPEN IMPETUS; WEAVE 6 to SCP-DLW;;
1-5	Repeat Part B, Meas. 1-5;;;;;
6-8	CROSS PIVOT to SIDECAR-DLC; CROSS HOVER to BJO-RLD; CHECK FWD/DEVELOPE;
6-8	Repeat Part B, Meas. 6-8;;;
9-12	BACK, BACK/LOCK, BACK; OPEN IMPETUS; THRU, CHASSE SEMI; SLOW SIDE LOCK;
9-12	Repeat Part B, Meas. 9-12;;;;;
13-16	DIAMOND TURN 1/2;; QUICK DIAMOND 4; DIP BACK & LEG CRAWL;
13-14	Repeat Part B, Meas. 13-14;;;
15	<p>(Quick diamond 4) Forward left on the diagonal commence left face turn, continue left face turn side right, back left, back right to Closed Position-DLW;</p> <p>(Woman: Back right on the diagonal commence left face turn, continue left face turn side left, forward right, forward left to Closed Position;)</p>
16	<p>(Dip back, leg crawl) Back left with relaxed knee, -, straighten left leg, - ;</p> <p>(Woman: Forward right remaining in CP, -, slide left leg with the toe pointed to the floor up along the man's right outer thigh as the man straightens his leg from a soft knee;)</p>

Head Cues

Intro

(Man facing DLW, lady facing man, no hands joined, lady trail foot free)

Man offer lead hand to lady; lady accept and step to CP;

Hover; slow side lock;

A

Reverse turn;; hover telemark; in & out runs;;

Natural turn 1/2; spin turn; box finish;

Reverse turn;; hover telemark to Open; open in & out runs;;

Natural turn 1/2; spin turn; box finish;

B

Turn L & R chasse Bjo; back, bk/lk, back; impetus; weave 6 to semi;;

Cross pivot to Sidecar; cross hover to Bjo-Rev; check forward/develope;

Back, bk/lk, back; impetus; thru, chasse semi; slow side lock;

Diamond turn;;;;

A

Reverse turn;; hover telemark; in & out runs;;

Natural turn 1/2; spin turn; box finish;

Reverse turn;; hover telemark to Open; open in & out runs;;

Natural turn 1/2; spin turn; box finish;

B (modified)

Turn L & R chasse Bjo; back, bk/lk, back; impetus; weave 6 to semi;;

Cross pivot to Sidecar; cross hover to Bjo-Rev; check forward/develope;

Back, bk/lk, back; impetus; thru, chasse semi; slow side lock;

Diamond turn 1/2;; quick diamond 4; dip back & slow leg crawl;