

A Trace Of Me

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MUSIC: "Sabor A Mi" Pure Ballroom - Rumba & Bolero by Andy Fortuna
SOURCE: i-Tunes , Amazon download **TOTAL TIME:** 2:51
RHYTHM: Rumba **DIFFICULTY:** Average
PHASE (+): III+2 (Fan, Hockey Stick) **SPEED:** 100% (MPM25)
FOOTWORK: Opposite unless indicated [*W: Woman's footwork in italics*]
SEQUENCE: **INTRO-A-A-B-A-C-B-A(1-6)-BRIDGE-END**

Introduction

1 - 8 2 MEASURES WAIT;; CUCARACHA L & R;; SIDE WALKS;; FENCE LINE; CUCARACHA;

1 - 4 {2 meas wait} Low BFLY WALL wait 2 meas;; {cuca L & R} sd L, rec R, cl L, -; sd R, rec L, cl R, -;
5 - 8 {sd wlks} sd L, cl R, sd L, -; cl R, sd L, cl R, -; {fnc line} X lunge thru L with bent knee looking in the direction of lunge, rec R trng to fc ptr, stp sd L, -; {cuca} sd R, rec L, cl R, -;

Part A

1 - 8 BASIC;; NEW YORKER to OP; PROGRESSIVE WALK 3; SLIDING DOOR 2X;; CHASE TURN (LOP RLOD); CUCARACHA with ARM to BFLY WALL;

1 - 4 {bas} Fwd L, rec R, sd L, -; bk R, rec L, sd R, -; {ny to OP} ck thru L RLOD, rec R trn LF (*W RF*), sd L, swvl 1/4 on L to LOP LOD; {prog wlk 3} fwd R, fwd L, fwd R, -;
5 - 8 {sldg dr 2X} Rk apt L, rec R rel hnds, XLif chg sds still fcg LOD as W crosses in front of M to LOP LOD, -; rk apt R, rec L rel hnds, XRif chg sds as W crosses in front of M to OP LOP, -; {chs trn} fwd L 1/2 RF trn, rec fwd R to LOP RLOD, fwd L, - (*W fwd R 1/2 LF trn, rec fwd L, fwd R, -*); {cuca w/arm} sd L trail arm circle CCW in frt of bdy, rec R swvl to fc, cl L to BFLY WALL, -;

Part B

1 - 8 NEW YORKER 2X;; OPEN BREAK; WHIP (fc COH); HAND TO HAND 2X;; OPEN BREAK; WHIP (fc WALL);

1 - 4 {ny 2X} Swvl on R ft bring L ft thru with straight leg to a side by side pos, rec R swvl to fc ptr, sd L, -; swvl on L ft bring R ft thru with straight leg to a side by side pos, rec L swvl to fc ptr, sd R, -; {op brk} rk apt strongly on L to LOP fcg pos while extending R arm sd with palm down, rec on R lowering R arm, sd L, -; {whip} bk R comm 1/4 LF trn, rec fwd L trng 1/4 to comp trn, sd R, - (*W fwd L outside M on his L side, fwd R comm 1/2 LF trn, sd L, -*);
5 - 8 {hnd to hnd 2X} Swvl sharply 1/4 on R stp bk L to OP RLOD, rec R trng 1/4 to fc ptr, sd L to BFLY, -; swvl sharply 1/4 on L stp bk R to LOP LOD, rec L trng 1/4 to fc ptr, sd R to BFLY COH; {op brk} repeat meas 3 of Part B {whip} repeat meas 4 of Part B to BFLY WALL;

Part C

1 - 8 1/2 BASIC; FAN; HOCKEY STICK;; 1/2 BASIC; THRU SERPIENTE;; FENCE LINE;

1 - 4 {1/2 bas} fwd L, rec R, sd L, -; {fan} bk R, rec L, sd R, - (*W fwd L, trng LF stp sd & bk R making 1/4 trn to left, bk L leaving R extended fwd with no weight*); {hky stk} fwd L, rec R, cl L, - , bk R, rec L, fwd R following the W -; (*W cl R, fwd L, fwd R, -; fwd L, fwd R trng LF to fv ptr, sd & bk L, -*) to LOP fcg DRLW;
5 - 8 {1/2 bas} Fwd L, rec R, sd L to BFLY WALL, -; {thru serp} thru R, sd L, bhnd R, fan L CCW; bhnd L, sd R, thru L, fan R CCW (*W thru L, sd R, bhnd L, fan R CW; bhnd R, sd L, thru R, fan L CW*); {fnc line} X lunge thru R with bent knee looking in the direction of lunge, rec L trng to fc ptr, stp sd R, -;

BRIDGE

1 - 2 *CHASE TURN 2 QUICK (LOP RLOD); NEW YORKER;

1 - 2 {chs trn 2 quick} fwd L 1/2 RF trn, rec fwd R to LOP RLOD; {ny} thru L with straight leg to a side by side pos, rec R swvl to fc ptr, sd L to BFLY WALL, -; *This measure has only 2 beats.

ENDING

1 - 4 FENCLINE & POINT; CRAB WALK 3; SIDE WALK 3; THRU SD LUNGE;

1 - 4 {fnc line} X lunge thru R with bent knee looking in the direction of lunge, rec L trng to fc ptr, pt sd R, -; {crb wlk 3} XRif, sd L, XRif, -; {sd wlk 3} sd L, cl R, sd L, -; {thru sd lunge} thru R, lunge sd L, - , -;