#### **AMANTE DEL AMOR 4**

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Choreographer: Joe and Pat Hilton, 519 Great Hill Dr. Ballwin, MO, USA, 63021-6262

Phone: (636) 394-7380 Web Site: HiltonRounds.com Email: joehilton@swbell.net

Music: Amanté Del Amor Artist: Luis Miguel

Album: 20 Anos, Track 5

Available as a single download from Amazon.com

Time/Speed: Time @ MPM: 3:22 @ 21.5 MPM/86 BPM

Footwork: Opposite unless indicated (Woman's footwork in parentheses)

Rhythm/Phase: Bolero Phase 4 OPTIONS: SHADOW WORK IN PART B & RIFF TURN IN INTERLUDES & END
Degree of Difficulty: AVG NOTE: If OPTIONS are used, Riff turn will change Phase of dance to PH 4+1

Sequence: INTRO A B INTERLUDE 1 A 1-8 B INTERLUDE 2 B Mod END

#### MEAS: INTRODUCTION

#### 1-4 WAIT; HIP LIFT TWICE;; SIDE CLOSE TWICE;

- 1 **(WAIT)** CP M fcg WALL -, -, -, -;
- 2 **(HIP LIFT)** Sd L, bring R to L, w/ slight pressure on R lift hip, lower hip (**W** Sd R, bring L to R, w/ slight pressure on L lift hip, lower hip) CP WALL;
- 3 **{HIP LIFT}** Sd R, bring L to R, w/ slight pressure on L lift hip, lower hip (**W** Sd L, bring R to L, w/ slight pressure on R lift hip, lower hip) CP WALL;
- 4 **SD CL 2X**} Sd L, cl R, sd L, cl R (*W Sd R, cl L, sd R, cl L*) CP WALL;

#### PART A

## 1-4 BASIC;; UNDERARM TURN TO BFLY; BREAK BACK TO OP LOD;

- 1 {BAS} Sd L w/ bdy rise, -, bk R w/ slpg action, fwd L (W Sd R w/ bdy rise, -, fwd L w/ slpg action, bk R);
- 2 Sd R w/ body rise, -, fwd L w/ slipping action, bk R (*W Sd L w/ body rise, -, bk R w/ slipping action, fwd L blend to BFLY*) CP WALL;
- 3 **{UNDRM TRN TO BFLY}** Sd L w/ body rise, -, XRib of L lowering, fwd L (*W Sd R w/ body rise begin RF turn under jnd lead hnds, -, XLif lowering & cont trng 1/2 RF, fwd R comp RF turn to fc ptr ) BFLY WALL;*
- 4 {BRK BK TO OP LOD} Sd R with body rise, -, on R foot swivel LF 1/4 to OP LOD step bk L, fwd R (W Sd L with body rise, -, on L foot swivel RF 1/4 to OP LOD step bk R, fwd L) OP LOD;

#### 5-8 BOLERO WALKS; TO BFLY; TIME STEP TWICE; TO CP;

- 5 {BL WLKS} Fwd L w/ body rise, -, fwd R lowering, fwd L (W Fwd R w/ body rise, -, fwd L lowering, fwd R )
  OP LOD;
- Fwd R w/ body rise, -, fwd L lowering, fwd R turning to fc ptr in BFLY (*W Fwd L w/ body rise, -, fwd R lowering, fwd L turning to fc ptr in BFLY*) BFLY WALL;
- 7 {TIM STP} Stp sd L w/ body rise, -, XRib lowering, fwd L (W Stp sd R w/ bdy rise, -, XLib lowering, fwd R);
- 8 **{TIM STP TO CP}** Stp sd R w/ body rise, -, XLib lowering, fwd R to CP WALL (*W Stp sd L w/ body rise, -, XRib lowering, fwd L blend to CP COH*);

#### 9-12 1/2 BASIC; REVERSE UNDERARM TURN; FENCE LINE WITH ARM SWEEP; TWICE;

- 9 {1/2 BAS} Sd L with body rise, -, bk R with slipping action, fwd L (W Sd R with body rise, -, fwd L with slipping action, bk R) CP WALL;
- 10 {REV UNDRM} Sd R w/ bdy rise, -, XLif of R lowering, bk R BFLY WALL (W Sd L w/ bdy rise begin LF turn undr jnd lead hnds, -, XRif lowering & cont turning 1/2 LF, fwd L comp LF turn to fc ptr BFLY COH);
- 11 **{FNC LINE W/ ARM SWEEP}** Sd L w/ bdy rise, -, cross lun thru R w/ bent knee looking twd LOD & sweep R arm up & ovr twd LOD, bk L cont R arm sweep thru to BFLY (**W** Sd R w/ bdy rise, -, cross lun thru L w/ bent knee look twd LOD & sweep L arm up & over twd LOD, bk R cont L arm sweep thru to BFLY);
- 12 **{FNC LINE W/ ARM SWEEP}** Sd R w/ bdy rise, -, cross lun thru L w/ bent knee look twd RLOD & sweep L arm up & ovr twd RLOD, bk R cont L arm sweep thru to BFLY (**W** Sd L w/ bdy rise, -, cross lun thru R w/ bent knee look twd RLOD & sweep R arm up & ovr twd RLOD, bk L cont R arm sweep thru to BFLY);

### 13-16 CRAB WALKS;; SPOT TURN; OPEN BREAK TO BFLY;

- 13 {CRB WLKS} Sd L with body rise, -, XRif lowering, sd L (W Sd R with body rise, -, XLif lowering, sd R);
- 14 XRif, -, sd L lowering, XRif (W XLif, -, sd R lowering, XLif) BFLY WALL;
- 15 **{SPT TRN}** Sd L with body rise commence LF body trn, -, XRif lowering & cont turning on R 1/2, fwd L turning 1/4 to fc ptr (*W* Sd R with body rise commence RF body turn, -, XLif lowering & cont turning on L 1/2, fwd R turning 1/4 to fc ptr) LOP-FCG WALL;
- 16 **{OP BRK TO BFLY}** Sd & fwd R with body rise to LOP-FCG, -, bk L lowering, fwd R to BFLY (**W** Sd & bk L with body rise to LOP-FCG, -, bk R lowering, fwd L to BFLY) BFLY WALL;

#### PART B

### 1-4 NEW YORKER; LUNGE BREAK; HAND TO HAND TWICE; \*[TO HANDSHAKE];

- 1 {NY} Sd L w/ bdy rise, -, turning LF fwd R w/ slpg action lowering to sd by sd pos, bk L trng to fc ptr (W Sd R w/ bdy rise, -, turning RF fwd L w/ slpg action lowering to sd by sd pos, bk R trng to fc ptr ) BFLY WALL;
- 2 **{LUN BRK}** Sd & fwd R with body rise to LOP-FCG, -, commence slight RF body turn lowering on R leading W bk extend L to sd & bk, commence slight LF body turn rising on R to rec (W Sd & bk L with body rise to LOP-FCG, -, bk R with contra check like action, fwd L) BFLY WALL;
- 3 {HND-HND} Sd L w/ bdy rise, -, on L foot swvl 1/4 RF to LOP RLOD stp bk R lowering, fwd L trng to fc (W Sd R w/ bdy rise, -, on R foot swvl 1/4 LF to LOP RLOD stp bk L lowering, fwd R trng to fc ) BFLY WALL;
- 4 {HND-HND} Sd R w/ bdy rise, -, on R foot swivel 1/4 LF to OP LOD stp bk L lowering, fwd R trng to fc (W Sd L w/ bdy rise, -, on L foot swivel 1/4 RF to OP LOD stp bk R lowering, fwd L trng to fc ) BFLY WALL;

  \*Option end in HNDSHK if you choose to use HNDSHK X BDY & SHDW NY in Part B measures 5-6

  CROSS BODY TO COH: NEW YORKER \*ISHDW NYI : CROSS BODY TO WALL \*I JOIN LEAD.
- 5-8 CROSS BODY TO COH; NEW YORKER \*[SHDW NY]; CROSS BODY TO WALL \*[JOIN LEAD HNDS]; FORWARD BREAK TO BFLY;
  - 5 {X BDY TO COH} Sd & bk L turning LF, -, bk R w/ slipping action turning LF, fwd L turning LF (W Sd & fwd R, -, fwd L crossing in front of M turning LF, small sd R) BFLY COH \*[HNDSHK COH]; \*If option is used, HNDSHK will be maintained during this figure
  - {\*[SHDW] NY} Sd R with body rise, -, turning RF fwd L with slipping action lowering to sd by sd pos, bk R turning to fc ptr (W Sd L w/ body rise, -, turning LF fwd R with slipping action lowering to sd by sd pos, bk L turning to fc ptr) BFLY WALL; \*If option is used, HNDSHK will be maintained in SHDW NY
  - 7 {X BDY TO WALL} Sd & bk L turning LF, -, bk R with slipping action turning LF, fwd L turning LF (W Sd & fwd R, -, fwd L crossing in front of M turning LF, small sd R) LOP-FCG WALL; \*If option is used,
    HNDSHK is maintained during this figure, except at end of X BDY, drop HNDSHK & join Lead hnds
  - 8 **FWD BRK TO BFLY**} Sd & fwd R with body rise to LOP-FCG, -, fwd L with contra check like action, bk R (W Sd & bk L with body rise to LOP-FCG, -, bk R with contra check like action, fwd L) BFLY WALL;

#### **INTERLUDE 1**

## <u>OPENING OUT TWICE; TO CP; HIP ROCKS 2 SLOW; SIDE CLOSE TWICE \*[RIFF TURN TO CP];</u>

- 1 **{OPG OUT}** CI L with body rise commence LF body rotation, -, lower on L comp upper body turn & extend R foot to sd, rise & rotate in BFLY to fc (*W Sd & bk R with body rise commence LF body rotation to match ptr, -, XLib lowering, fwd R in BFLY turning RF to fc ptr) BFLY WALL;*
- 2 **{OPG OUT}** CI R w/ body rise commence RF bdy rotation, -, lower on R comp upper body trn & extend L foot to sd, rise & rotate in BFLY to fc blend to CP WALL (W Sd & bk L w/ body rise commence RF body rotation to match ptr, -, XRib lowering, fwd L in BFLY turning LF to fc ptr blend to CPCOH);
- 3 **(HIP RKS 2 SLO)** Rk sd L rolling hip sd & bk, -, rec sd R rolling hip sd & bk, (*W Rk sd R rolling hip sd & bk*, -, rec sd L rolling hip sd & bk, -) CP WALL;
- 4 {SD CL 2X} Sd L, cl R, sd L, cl R (W Sd R, cl L, sd R, cl L) CP WALL;
  \* Option use Riff Turn [not Sd cl 2X] to add interest & increase skill level— dance becomes PH 4+1 {\*RIFF TRN TO CP} Sd L raise lead hnds to start W into RF spn, cl R to L as W comp spn, sd L keep lead hnds up start W into RF spn, cl R to L as W comp spn blend to CP WALL (W Sd & fwd R spn RF 1 full trn undr jnd lead hnds, cl L to R, sd & fwd R spn RF 1 full trn undr jnd lead hnds, cl L to R blend to CP COH);

#### REPEAT PART A MEAS 1-8 [ENDS IN BFLY]

- 1-4 BASIC;; UNDERARM TURN TO BFLY; BREAK BACK TO OP LOD;
  - 1-4 Same as Part A meas 1 4;;;;
- 5-8 BOLERO WALKS; TO BFLY; TIME STEP TWICE; TO BFLY;
  - 5-8 Same as Part A meas 5-8 except meas 8 ends in BFLY;;;;

## **REPEAT PART B**

- 1-4 NEW YORKER; LUNGE BREAK; HAND TO HAND TWICE; \*[TO HNDSHK];
  - 1-4 Same as Part B meas 1 4;;;;
- 5-8 CROSS BODY TO COH; \*[SHDW] NEW YORKER; CROSS BODY TO WALL \*[JOIN LEAD HNDS]; FORWARD BREAK TO BFLY;
  - 5-8 Same as Part B meas 5 8;;;;

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#### **INTERLUDE 2**

# <u>OPENING OUT TWICE;</u>; SHOULDER TO SHOULDER TWICE;; SIDE CLOSE TWICE \*[RIFF TURN];

- 1-2 **{OPG OUT 2X}** Same as Interlude 1 meas 1 2 except **end in BFLY**;;
- 3 **{SHLDR-SHLDR}** Sd L with body rise, -, XRif to BFLY BJO lowering, bk L turning to fc ptr (**W** Sd R with body rise, -, XLib to BFLY BJO lowering, fwd R turning to fc ptr ) BFLY WALL;
- 4 **{SHLDR-SHLDR}** Sd R with body rise, -, XLif to BFLY SCAR lowering, bk R turning to fc ptr (**W** Sd L with body rise, -, XRib to BFLY SCAR lowering, fwd L turning to fc ptr ) BFLY WALL;
- 5 {SD CL 2X} Sd L, cl R, sd L, cl R (W Sd R, cl L, sd R, cl L) BFLY WALL;
  \*OPTION {\*RIFF TRN TO BFLY} Sd L raise lead hnds to start W into RF spn, cl R to L as W comp spn, sd L keep lead hnds up start W into RF spn, cl R to L as W comp spn end in BFLY (W Sd & fwd R spn RF comp 1 full trn undr jnd lead hnds, cl L to R, sd & fwd R spn RF comp 1 full trn undr jnd lead hnds, cl L to R end in BFLY) BFLY WALL;

#### PART B MOD

- <u>1-4</u> <u>NEW YORKER; LUNGE BREAK; HAND TO HAND TWICE; \*[TO HNDSHK];</u>
  - 1-4 Same as Part B meas 1 4;;;;
- 5-8 CROSS BODY TO COH; \*[SHDW] NEW YORKER; CROSS BODY TO WALL \*[JOIN LEAD HNDS]; FORWARD BREAK TO BFLY;
  - 5-8 Same as Part B meas 5 8;;;;
- 9 POINT SIDE [1 SLO]
  - 9 {PT SD} Pt L twd LOD, (W Pt R twd LOD, -) BFLY WALL, \*NOTE: Only 2 Beats

#### **END**

- 1-4 OPENING OUT TWICE; TO CP; SWAY LEFT & RIGHT; SIDE CLOSE TWICE \*[RIFF TURN CLOSE UP];
  - 1-2 {OPG OUT 2X} Same as Interlude 1 meas 1-2;
  - {SWAY L & R} Sd L incline body from the ankle upward away from the R foot, -, sd R incline body from the ankle upward away from the L foot, (W Sd R incline body from the ankle upward away from the L foot, -, sd L incline body from the ankle upward away from the R foot, -) CP WALL;
  - 4 {SD CL 2X} Sd L, cl R, sd L, cl R (W Sd R, cl L, sd R, cl L) CP WALL;
    \*OPTION {\*RIFF TRN TO CP} Sd L raise lead hnds to start W into RF spn, cl R to L as W comp spn, sd L keep lead hnds up start W into RF spn, cl R to L as W comp spn blending to CP (W Sd & fwd R spn RF comp 1 full trn undr jnd lead hnds, cl L to R, sd & fwd R spn RF comp 1 full trn undr jnd lead hnds, cl L to R blending to CP) CP WALL:
- <u>5-6</u> <u>SIDE PROMENADE SWAY; TO OVERSWAY;</u>
  - 5 **{SD PROM SWAY}** Sd & fwd L trng to SCP & stretching body upward to look over jnd lead hnds, -, relax L knee, (W Sd & fwd R trng to SCP & stretching body upward to look ovr jnd lead hnds, -, relax R knee, -);
  - **{TO OVRSWAY}** With weight on L & knee relaxed leave R leg extended & slowly stretch L sd of body, slowly rotate body slightly LF leading W to look well to her left, -, (W With weight on R & knee relaxed leave L leg extended & slowly stretch R sd, match M's body rotation to end looking well to left, -, -);

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#### **QUICK CUES**

- INTRO WAIT [CP M FCG WALL]; HIP LIFT TWICE;; SIDE CLOSE TWICE;
- PART A BASIC;; UNDERARM TURN TO BFLY; BREAK BACK TO OP LOD;

BOLERO WALKS; TO BFLY; TIME STEP TWICE; TO CP;

1/2 BASIC; REVERSE UNDERARM TURN; FENCE LINE WITH ARM SWEEP; TWICE;

CRAB WALKS;; SPOT TURN; OPEN BREAK TO BFLY;

PART B NEW YORKER; LUNGE BREAK; HAND TO HAND TWICE; \*[TO HNDSHK];

CROSS BODY TO COH; \*[SHDW] NEW YORKER; CROSS BODY TO WALL \*[JOIN LEAD HNDS];

FORWARD BREAK TO BFLY;

INTERL 1 OPENING OUT TWICE; TO CP; HIP ROCKS 2 SLOW; SIDE CLOSE TWICE \*[RIFF TURN

**CLOSING UP]**;

PART A  $_{1-8}$  BASIC;; UNDERARM TURN TO BFLY; BREAK BACK TO OP LOD;

BOLERO WALKS; TO BFLY; TIME STEP TWICE; TO BFLY;

PART B NEW YORKER; LUNGE BREAK; HAND TO HAND TWICE; \*[TO HNDSHK];

CROSS BODY TO COH; \*[SHDW] NEW YORKER; CROSS BODY TO WALL \*[JOIN LEAD HNDS];

FORWARD BREAK TO BFLY;

- INTERL 2 OPENING OUT TWICE;; SHOULDER TO SHOULDER TWICE;; SIDE CLOSE TWICE \*[RIFF TURN];
- PART B Mod NEW YORKER; LUNGE BREAK; HAND TO HAND TWICE; \*[TO HNDSHK];

CROSS BODY TO COH; \*[SHDW] NEW YORKER; CROSS BODY TO WALL \*[JOIN LEAD HNDS];

FORWARD BREAK TO BFLY; POINT SIDE,,

END OPENING OUT TWICE: TO CP: SWAY LEFT & RIGHT: SIDE CLOSE TWICE \*[RIFF TURN

**CLOSING UP1:** 

SIDE PROMENADE SWAY; TO OVERSWAY:

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