ANGEL ON MY SHOULDER

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MUSIC: Angel on My Shoulder, Shelby Flint, *Shelby Flint, the Quiet Girl*, track 12 available as download from Napster, etc.
RHYTHM: Foxtrot, Phase IV
FOOTWORK: Opposite, unless otherwise noted (W's footwork in parentheses)
SEQUENCE: INTRO A B A MOD B A MOD ENDING

INTRO

1-4 LOP DLW WAIT:: TOGETHER TOUCH SHAPING: FEATHER FINISH DLC:
1-2  [Wait] LOP DLW Lead hnds joined wait 2 meas;;
3  [Tog tch] Fwd L slightly trng RF, -, tch R to CP, -;
4  [Feath fin] Bk R comm. LF trn, -, sd & fwd L outside ptr, fwd R (W fwd L comm. LF trn, -, sd & bk R, bk L) to BJO DLC;

PART A

1-4 REVERSE TURN:: WHISK; WING;
1-2  [RevTurn] Fwd L trng LF, -, sd & fwd R cont LF trn, bk L (W bk R trng LF, -, cl L cont LF trn, fwd R) to CP RLOD; Bk R trng LF, -, sd & fwd L, fwd R (W fwd L trng LF, -, sd & bk R, bk L) to BJO DLW;
3  [Whisk] Fwd L, -, sd & slightly fwd R, to SCP DLC;
4  [Wing] Fwd R comm LF trn, -, cont rotation dr & tch L leading W to SCAR DLC, - (W fwd L, -, R, L, to SCAR w/sway to keep head in CP);

9-12 HOVER TELEMARK; IN & OUT RUNS:: SLOW SIDE LOCK:
9  [HovTele] Fwd L, -, fwd R between W's feet rising & trng RF, sd & fwd L to SCP DLW;
10  [Start In & Out Run] Trn RF fwd R (W fwd L), -, sd & bk L to CP (W fwd R between M's feet), bk R to CBJO DRC (W fwd L);
11  [Fin In & Out Run] Trn RF bk L (W trn RF fwd R), -, sd & fwd R between W's feet cont trn RF (W fwd & sd L cont trn RF brush R to L), fwd L to SCP DLC (W fwd R);
12  [Sl Sd Lk] Thru R, -, Sd & fwt L CP, XLIB trng LF to DC (Thru L, -, Sd & bk R, XLIF);

13-16 REVERSE WAVE:: CLOSED IMPEUS; FEATHER FINISH:
13-14  [Rev Wave] Fwd L comm LF trn, -, fwd & sd R cont turn, bk L to CP DRC (W start LF trn bk R, -, cl L heel trn, fwt R); Bk R w/LF trn to fe RLOD, -, bk L, bk R CP RLOD;
15  [C l Imp] Bk L trng RF, -, cont trn cl R, bk and sd L to CP DLW (W fwrdr btwn M's ft, -, fwt L trng RF, brush R to L then fwrdr on R betwn M's feet);
16  [Feath Fin] Bk R comm. LF trn, -, sd & fwd L outside ptr, fwrdr R (W fwd L comm. LF trn, -, sd & bk R, bk L) to BJO DLC;

PART B

1-4 DIAMOND TURN ½:; QUICK DIAMOND 4; DIP & RECOVER:
1-2  [Diamond Turn 1/2] Fwd L trng on diag, -, sd R cont trng LF, bk L CBJO;
Bk R trng LF, -, sd L, fwd R CBJO;
3  [Ok Diam 4] Fwd L trng LF, sd R, bk L to BJO DLW, bk R to CP LOD;
4  [Dip & Rec] Bk L, -, rec R, -;

9-12 HOVER TELEMARK; IN & OUT RUNS:: SLOW SIDE LOCK:
9  [HovTele] Fwd L, -, fwd R between W's feet rising & trng RF, sd & fwd L to SCP DLW;
10  [Start In & Out Run] Trn RF fwd R (W fwd L), -, sd & bk L to CP (W fwd R between M's feet), bk R to CBJO DRC (W fwd L);
11  [Fin In & Out Run] Trn RF bk L (W trn RF fwd R), -, sd & fwd R between W's feet cont trn RF (W fwd & sd L cont trn RF brush R to L), fwd L to SCP DLC (W fwd R);
12  [Sl Sd Lk] Thru R, -, Sd & fwt L CP, XLIB trng LF to DC (Thru L, -, Sd & bk R, XLIF);

13-16 REVERSE WAVE:: CLOSED IMPEUS; FEATHER FINISH:
13-14  [Rev Wave] Fwd L comm LF trn, -, fwd & sd R cont turn, bk L to CP DRC (W start LF trn bk R, -, cl L heel trn, fwt R); Bk R w/LF trn to fe RLOD, -, bk L, bk R CP RLOD;
15  [C l Imp] Bk L trng RF, -, cont trn cl R, bk and sd L to CP DLW (W fwrdr btwn M's ft, -, fwt L trng RF, brush R to L then fwrdr on R betwn M's feet);
16  [Feath Fin] Bk R comm. LF trn, -, sd & fwt L outside ptr, fwrdr R (W fwd L comm. LF trn, -, sd & bk R, bk L) to BJO DLC;

PART A MOD

1-4 OPEN TELEMARK; NAT HOVER FALLAWAY; SLIP PIVOT; FORWARD SIDE CLOSE:
1  [Op Tele] Fwd L to CP comm LF trn, -, sd R cont trn, sd & fwr L (W bk R comm LF trn, -, cl L to R for heel trn, sd & fwt R) to SCP DLW;
2  [Nat Hov Fallaway] Fwd R with RF trn, fwd L trng RF w/rise, rec bk R;
3  [Slip Piv Bjo] Bk L, -, bk R trng LF, fwd L (W bk R piv LF, -, cont trn fwrdr L, bk R) to BJO;
4  [Fwd Sd Cl] Fwd R trng RF, -, sd L, cl R to CP DLW;

5-8 Repeat meas 1-4 PART B

5-9 DIAMOND TURN ½:; QUICK DIAMOND 4; DIP & RECOVER; CHANGE OF DIRECTION:
5-8 Repeat meas 1-4 PART B
9  [Chg of Dir] Fwd L, -, fwd R trng LF, draw L to R CP DLW;

PART A MOD

1-4 OPEN TELEMARK; NAT HOVER FALLAWAY; SLIP PIVOT; FORWARD SIDE CLOSE:
1  [Op Tele] Fwd L to CP comm LF trn, -, sd R cont trn, sd & fwr L (W bk R comm LF trn, -, cl L to R for heel trn, sd & fwt R) to SCP DLW;
2  [Nat Hov Fallaway] Fwd R with RF trn, fwd L trng RF w/rise, rec bk R;
3  [Slip Piv Bjo] Bk L, -, bk R trng LF, fwd L (W bk R piv LF, -, cont trn fwrdr L, bk R) to BJO;
4  [Fwd Sd Cl] Fwd R trng RF, -, sd L, cl R to CP DLW;
5-8  HOVER TELEMARK; IN & OUT RUNS;; SLOW SIDE LOCK;
   
   5  [HovTele] Fwd L, -, fwd R between W’s feet rising & trng RF, sd & fwd L to SCP DLW;
   6  [Start In & Out Run] Trn RF fwd R (W fwd L), -, sd & bk L to CP (W fwd R between M’s feet), bk R to 
      CBJO DRC (W fwd L);
   7  [Fin In & Out Run] Trn RF bk L (W trn RF fwd R), -, sd & fwd R between W’s feet cont trn RF (W 
      fwd & sd L cont trn RF brush R to L), fwd L to SCP DLC (W fwd R);
   8  [Sl Sd Lk] Thru R, -, sd & fwd L CP, XRIB trng LF to DC (Thru L, -, sd & bk R, XLIF);

   9-11  REVERSE WAVE;; HESITATION CHANGE;
   9-10  [Rev Wave] Fwd L comm LF turn, -, fwd & sd R cont turn, bk L to CP DRC (W start LF trn bk R, -, cl 
         L heel trn, fwd R); Bk R w/ LF trn to fc RLOD, -, bk L, bk R CP RLOD;
   11  [Hesit Chg] Start RF trn bk L, -, sd R cont trn, drw L to R to CP DLC;

REPEAT B
REPEAT A MOD

ENDING

1-4  DIAMOND TURN ½;; QK DIAMOND 4; TO A CUDDLE CORTE & HOLD;
   1-3  Repeat meas 1-3 PART B
   S  4  [Cuddle Corte] Bk L leaving R leg extended dropping hnds to W’s waist (W fwd R, -, hnds on M’s 
        shoulders), -, hold, -;

HEAD CUES

ANGEL ON MY SHOULDER

INTRO:  LOP DLW WAIT;; TOG TCH SHAPING;
        FEATH FIN;

A
REV TRN;; WHISK; WING; OP TELE;
NAT HOV FALLAWAY; SLIP PIV;
FWD SD CL; HOV TELE; IN & OUT RUNS;;
SL SD LK; REV WAVE;; CL IMP; FEATH FIN;

B
DIAM TRN ½;; QK DIAM 4; DIP & REC;
DIAM TRN ½;; QK DIAM 4; DIP & REC;
CHG OF DIR;
A MOD
OP TELE; NAT HOV FALLAWAY; SLIP PIV;
FWD SD CL; HOV TELE; IN & OUT RUNS;;
SL SD LK; REV WAVE;; HESIT CHG;

B
DIAM TRN ½;; QK DIAM 4; DIP & REC;
DIAM TRN ½;; QK DIAM 4; DIP & REC;
CHG OF DIR;
A MOD
OP TELE; NAT HOV FALLAWAY; SLIP PIV;
FWD SD CL; HOV TELE; IN & OUT RUNS;;
SL SD LK; REV WAVE;; HESIT CHG;
END
DIAM TRN ½;; QK DIAM 4; TO A CUDDLE CORTE & HOLD;