B O L E R O   D E   L U N A

Choreographers: BOB & SALLY NOLEN   **Tel:** 505-231-8952

Address: 790 Camino Encantado, Los Alamos, NM 87544   **email:** bob@dreamarounds.com

Rhythm & Phase: BOLERO, PHASE IV + 2 (HORSESHOE TRN+CUDDLES)   **Website:** dreamarounds.com

Music: BALLROOM & ORCHESTRA SINGERS,   **Level of DIficulty:** MODERATE

PURO LATINO (DCD068) -DANCELIFE - **Amazon Music -**   **Release Date:** NOV. 2021 R3 changed source of music

Bolero De Luna (Rumba / 25 Bpm) by Ballroom Orchestra & Singers on Amazon Music - AmazonSmile   to Amazon & changed Phase IV b to Phase IV

Speed: REDUCE SPEEED TO 42 RPM   **Footwork:** Ladies opposite man

Sequence: INTRO A B A C D A END   except where noted

INTRO

1   **Wait Low BFLY/WALL LEAD FT FREE PK UP NOTES ;**

1   *{Wait}* Low BFLY/WALL *;*

Part A

1-4   **HIP RK 3 TO CP/WALL ; FWD BAS ; XROSS BDY W/ARMS W/BAS ENDING ; ;**

1   *{Hip Rock 3 to CP/WALL}* BFLY/WALL - sd L,-, rec R, rec L; (sd R, -, rec L, rec R;)

2   *{Fwd Basic}* CP/WALL sd & fwd R,-, fwd L undr bdy, bk R; (sd & bk L,-, bk R acrs bdy, fwd L;)

3-4   *{Cross Body w/Arms * w/Forward Basic Ending}* CP/WALL - sd & bk L trng LF 1/8, -, slip R in bk comm LF trn, fwd L comp 3/8 LF trn; sd & fwd R,-, fwd L chckng, rec R; (sd & fwd R, -, fwd L comm LF trn, sd & bk R; sd & bk L, -, bk R chckng, rec L;) **As the man steps sd & bk he raises his right arm straight up lifting the woman's left arm with his wrist & when the arms reach the highest peak the man brings his arm down in a clockwise circle & replaces his hand on the woman's back as he steps sd & fwd with his left foot)*

5-8   **TRNING BAS ; ; SL BK CORTE W/LEG CRAWL ; HLD, HLD, RK 2,,;**

5-6   *{Turning Basic}* CP/COH sd L 1/8 rt fc trn,-, slp R in bk stg lft fc trn, fwd L comp 5/8 LF trn; sd R, -, fwd L acrs bdy, bk R; (sd R,-, fwd L stg lft fc trn, bk R comp 5/8 lft fc trn; sd & bk L undr bdy, fwd R, rec L;)

7   *{Slow Back Corte w/Leg Crawl}* CP/WALL - sd & bk L lower into knee keeping R leg extended, man must rise into lft leg to lead woman to rise -, (fwd & sd R lower into knee, lift lft leg up along M's outer thigh with toe pointed to floor, as man rises;)

8   *{Hold, Hold, Rock 2}* Continue holding after leg crawl,, rk fwd R, rec bk L; (hold, hold, rk bk L, rec R;)

PART B

1-4   **LNG BRK ; LFT SD PASS ; HORSESHOE TRN ; ;**

1   *{Lunge Break}* LOP/WALL - Sd & fwd R, -, hold, hold; (sd & bk L, -, ck bk R in CBMP, fwd L;)

2   *{Left Side Pass}* LOP/WALL - Sd & bk L rt fc bdy trn, -, slip R bk w/LF trn, fwd L comp 3/8 lft fc trn; (fwd R trn bdy RF, -, L fwd comm lft fc trn, bk R comp 1/2 lft fc trn;)

3-4   *{Horseshoe Turn}* LOP/COH/LOD sd & fwd R, -, xross LIF checking and releasing man's right and lady's left hands, rec R; fwd L trng lft fc 1/8 leading lady under joined lead hand, -, fwd R cont lft fc trn to fc, fwd L comp lft fc trn to face COH and ptr in BFLY; (sd L, -, cross RIF checking and releasing man's right hand, rec L; fwd R going under joined hands, -, fwd L, fwd R to fc ptr & BFLY/WALL;)

5-8   **AIDA TO AIDA LINE W/SWITCH RK ; ; HAND TO HAND ; SPOT TURN ;**

5-6   *{Aida to Aida Line w/Switch Rock}* LOP/WALL - sd R trng rt fc 1/8, -, thru L strtng rt fc trn, sd R comp 3/8 LF trn jn M's L & W's R hnd; switch to fc bk L trng ft fc 1/8 to fc,-, to LOW/BFLY/WALL & rk sd R, rec L; (sd L trng lft fc 1/8,-, thru R strtng RF trn, sd L comp 3/8 RF trn jn W's L & M's R hnd; bk R to v pos,-,switch to fc bk L-, sd R, to LOW/BFLY;)

7   *{Hand to Hand}* LOP fc lady & WALL - sd R strtng lft fc trn, -, ck bk L comp 1/4 lft fc trn, fwd R trng rt fc 1/4 fc WALL; (sd L strtng rt fc trn, -, ck bk R comp 1/4 rt fc trn, fwd L trng lft fc 1/4 fc BFLY;)

8   *{Spot Turn}* BFLY/WALL - sd L trng lft fc 1/8, -, xross RIF L trng 5/8 lft fc, fwd L trng lft fc 1/4 fc WALL; (sd R trng rt fc 1/8, -, xross LIFR trng 5/8 rt fc, fwd R trng rt fc 1/4 to fc;)

9   **CLS TRLNG FT & EXPLODE THE ARMS TO LOW BFLY/WALL ;**

9   *{Close Trailing Feet & Explode the Arms Up & Down to Low BFLY/WALL}* Both man and woman close both training feet & explode both arms starting crossed wrists & move both arms up & then out when reach their peak and then down in a circle to LOWBFLY/WALL taking no weight for both;

PART C

1-4   SHLDR TO SHLDR 2X ; ; REV UNDRM TRN ; UNDRM TRN ;

1-2   *{Shoulder to Shoulder 2X}* BFLY/WALL - sd R strtng rt fc trn to BFLY/BJO/LOD/WALL,-, ck fwd L comp 1/8 rt fc trn, rec bk R trng lft fc 1/8 to BFLY/WALL; sd L strtng lft fc trn to BFLY/BJO/LOD/WALL,-, ck fwd R comp 1/8 LF trn, rec bk L trng rt fc 1/8 to BFLY/WALL; (sd L strtng rt fc trn,-, ck bk R comp 1/8 rt fc trn, rec fwd L trng lft fc 1/8; sd R strtng lft fc trn,-, ck bk L comp 1/8 lft fc trn, rec fwd R trng rt fc 1/8;)

3   *{Reverse Underarm Turn}* BFLY/Wall sd R,-, xross LIF of R ck fwd L fc partner & wall, rec bk R fc partner; (sd L trng lft fc 1/8, -, xross RIF of L trng lft fc 5/8, fwd L trng lft fc 1/4 to fc man;)

4   *{Underarm Turn}* BFLY/WALL sd L trng RF 1/8, -, ck bk R under bdy, fwd L trng lft fc 1/8 fc Wall; (sd R trng RF 1/8, -, xross LIF trng rt fc 5/8 fc LOD, fwd R trng rt fc 1/4;)

5-8   TIME STP 2X ; ; OPN BRK ; CRB WLK 3 ;

5-6   *{Time Step 2X}* Sd R,-, xross L in bk of R, rec R; Sd L,-, xross R in bk of L, rec, L; (Sd L,-, X R in bk of L, rec, L; Sd R,-, xross L in bk of R, rec, R;)

7   *{Open Break}* BFLY/WALL - sd R, -, bk L, fwd & sd R; (sd L, -, bk R, fwd L;)

8   *{Crab Walk 3}* BFLY/WALL sd L,-, X R IF of L, sd L; (sd R,-, XL IF of R, sd R;)

9-12   CRB WLK 3 ; SHLDR TO SHLDR LOD/WALL ; REV UNDRM TRN ; UNDRM TRN ;

9   *{Crab Walk 3}* BFLY/WALL xross R IF of L,-, sd L, xross R IF of L; (xross L IF of R,-, sd R, XL IF of R;)

10   *{Shoulder to Shoulder LOD/WALL}* BFLY/WALL - sd L strtng LF trn to BFLY BJO,-, ck fwd R, rec bk L trng rt fc 1/8 to BFLY; (sd R,-, ck bk L, rec fwd R trng rt fc 1/8;)

11   *{Reverse Underarm Turn}* BFLY/Wall sd R,-, xross L IF of R ck fwd, rec bk R; (sd L trng lft fc 1/8, -, xross RIF of L trng LF 5/8, fwd L trng lft fc 1/4 to fc man;)

12   *{Underarm Turn}* BFLY/WALL sd L trng rt fc 1/8, -, ck bk R under bdy, fwd L trng lft fc 1/8 fc Wall; (sd R trng rt fc 1/8, -, xross LIF trng rt fc 5/8 fc LOD, fwd R trng rt fc 1/4;)

13-16   TIME STP 2X ; ; OPN BRK ; CRAB WLK 3 ;

13-14   *{Time Step 2X}* Sd R,-, xross L in bk of R, rec, L; sd L,-, xross R in bk of L, rec, L; (sd L,-, xross R in bk of L, rec, R; R,-, Sd xross L in bk of R, rec, R;)

15   *{Open Break}* BFLY/WALL - sd R, -, bk L, fwd & sd R; (sd L, -, bk R, fwd L;)

16   *{Crab Walk 3}* BFLY/WALL sd L,-, X R IF of L, sd L; (sd R,-, X L IF of R, Sd R;)

PART D

1-4   CRAB WLK 3 CP/WALL W/MANUV ACTION ; PIVOT 3 TO CP/WALL ; CUDDLE 2X ; ;

1   *{Crab Walk 3 Closed/Wall With Manuvering Action}* BFLY/WALL xross RIF of L,-, sd L, xross RIF of L & WALL/RLOD to CP/WALL preparing for a pivot; (xross L IF of R,-, sd R, xross L IF of R;)

2   *{Pivot 3 CP/WALL}* Fwd L,-, across lady twds WALL/RLOD pivoting rt fc 1/2 to WALL continuing to pivot on R stepping between lady's feet to face back to COH, cl L to R CP/WALL; (fwd R,-, beginning to pivot fwd L contin piv, sd R;)

3-4   *{Cuddle 2X}* CP/WALL w/wt on L ft - small sd R and rise leading W to right side,-, fwd and sd L & lower, rec R stay lowered; cl L and rise leading W to left side,-, fwd and sd R and lower, rec L stay lowered; (sd L to M's right side and rise, -, bk R, rec L trning to fc ptr; sd R to M's left side,-, bk L, rec R trng to face ptr;)

5-9   LNG BRK ; TRNING BAS ; ; START TRNING BAS ; FWD RT LNG W/ARM SWP END ;

5   *{Lunge Break}* LOP/WALL Sd & fwd R, -, hold, hold; (sd & bk L, -, ck bk R, fwd L;)

6-7   *{Turning Basic}* CP/WALL sd L 1/8 rt fc trn, -, slp R in bk starting lft fc trn, fwd L comp 5/8 lft fc trn; sd R,-, fwd L acrs bdy, bk R; (sd R 1/8 rt fc trn,-, fwd L w/lft fc trn, bk R comp 5/8 LF trn; sd L,-, bk R undr bdy, fwd L;)

8   *{Start Turning Basic}* CP/COH sd L 1/8 rt fc trn, -, slp R in bk stg lft fc trn, fwd L comp 5/8 lft fc trn; (sd R 1/8 rt fc trn,-, fwd L stg lft fc trn, bk R comp 5/8 lft fc trn;)

9   *{Forward Right Lunge w/Arm Sweep Ending}* Sd & fwd R to lunge pos while raising right right arm up in a circular CW motion bk down to LOW BFLY/WALL; (sd & bk L to lunge pos while man raises wom's left arm up in a CCW motion & bk down;)

Repeat PART A

PART END

1-3 ### REC, PIVOT 2 CP/WALL ; TWST VIN 4 TO PROMENADE SWAY ; REC TO BK CUDDLE CORTE;

1 ***{Rec, Pivot 2 to CP/WALL}*** Rec R,-, begin RF upper body turn bk L toe turning on ball of ft approximately 1/2 RF, fwd R between woman's feet heel to toe continuing rt fc turn to end in CP/WALL; (Rec L,-, begin rt fc upper body turn fwd R between man's ft heel to toe turning approximately 1/2 RF, bk L toe turning on ball of ft continuing rt fc turn;)

2 ***{Twist Vine 4}*** Start slght RF upper body turn sd & bk L, xross R in bk of L,comm slght lft fc upper body turn sd & fwd L, xross RIF of L CP/WALL; (sd R, xross LIF of R, sd R, XLIB of L;)

3 ***{to Promenade Sway, Rec to Back Cuddle Collapse Corte}*** Sd & fwd L turning to SCP/LOD & stretching L sd of body slghtly upward to look over jned lead hnds SCP/LOD,-, rec R, to cuddle collapse position and dip bk L, & extend;

'HEAD CUES

INTRO
(LOW BFLY/WALL) WAIT PU NOTES ;

PART A
HIP ROCKS CP/WALL;
½ BASIC ; CROSSBODY WITH ARMS AND BASIC ENDING ; ;
TURNING BASIC ; ;
SLOW CORTE WITH LEG CRAWL ; HLD, HLD RK 2 ;

PART B
RT LNG ; LEFT SIDE PASS ;
HORSESHOE TURN ; ;
AIDA TO AIDA LINE WITH SWITCH ROCK ; ;
HAND TO HAND ; SPOT TURN ; EXPLODE ALL ARMS TO LOW BFLY/WALL ;

PART A
HIP ROCKS CP/WALL;
½ BASIC ; CROSSBODY WITH ARMS AND BASIC ENDING ; ;
TURNING BASIC ; ;
SLOW CORTE WITH LEG CRAWL ; HLD, HLD RK 2 ;

PART C
SHOULDER TO SHOULDER ; ;
REVERSE UNDERARM TRN ; UNDERARM TRN ;
TIME STEP 2X ; ;
OPEN BREAK ; CRABWALK 6 ; ;
SHOULDER TWD LOD/WALL ;
REVERSE UNDERARM TRN ; UNDERARM TRN ;
TIME STEP 2X ; ;
OPEN BREAK ; CRABWALK 3 ;

PART D
CRABWALK 3 TO CP/WALL ; PIVOT 3 (CP/WALL) ;
CUDDLE 2X ; ; LUNGE BREAK ;
TURNING BASIC ; ;
TURNING BASIC WITH BOTH RT LUNGE WITH ARM SWEEP ; ;

PART A
HIP ROCKS CP/WALL;
½ BASIC ; CROSSBODY WITH ARMS AND BASIC ENDING ; ;
TURNING BASIC ; ;
SLOW CORTE WITH LEG CRAWL ; HLD, HLD RK 2 ;

ENDING
REC, PIVOT 2 ;
TWIST VINE 4 ; TO PROMENADE SWAY, RECOVER TO BK CUDDLE CORTE ;