

# BAHAMA MAMA

JULY 1997

CUE SHEET Magazine  
POB 52, Spring Valley, CA 91976  
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Record: Special Pressing. Flip "Jasmine" Contact choreographers or Palomino Records

Sequence: INTRO A B A INT A B A ENDING

Phase Rating: Cha Cha Phase IV & 2 (Op Hip Twist, Cuban Breaks) Recommended speed: 41-42 RPM's

## INTRO

### **1 - 4 WAIT; WAIT; MARCHESSI (MOD);;**

1-2. In VARS both fcg Wall with L free for both wait 2 meas;;

3-4. Press L heel fwd shifting weight to cause R ft to slightly release from floor, rec to R in place, press L toe bk shifting weight to cause R ft to slightly release from floor, rec to R in place; Repeat;

### **5 - 8 BASIC;; W LARIAT TO LH STAR;;**

5-6. Rk fwd Wall L, rec R, bk L/cl R, bk L; Rk bk COH R, rec L, fwd R/cl L, fwd R;

7-8. Keeping all hnds joined small rk sd LOD L, rec R, in place L/R, L (W fwd circle LF arnd M L, R, L/R,L passing L shoulders causing joined R hnds to pass over M's head to end with W behind M both fcg Wall); Releasing L hnds small rk sd RLOD R, rec L, in place R/L, R trng slightly RF to DWR (W cont LF circle arnd M R,L,R/L,R passing M's R shoulder & W's L shoulder to end with W fcg DC releasing R hnds and joining L hnds in a LH Star);

### **9 -12 PATTY CAKE; DO SIDO;; PATTY CAKE;**

9. Both rk fwd L outsd ptr, rec R, release hnds and step sd L/cl R, sd L sliding across front of ptr to end fcg Wall (W fcg COH) with W twd R sd of M and no hnds joined; [*Option: Either or both ptrs can spin LF over beats 3 & 4*]

10-11. Passing R shldrs both fwd R, fwd L, slide behind ptr stepping sd R/cl L, sd R; Passing L shldrs both bk L, bk R, slide in front of ptr stepping sd L/cl R, sd L joining R hnds in RH Star;

12. Both rk fwd R outsd ptr, rec L, release hnds and step sd R/cl L, sd R sliding across front of ptr to end fcg Wall (W fcg COH) with W twd L sd of M and no hnds joined; [*Option: Either or both ptrs can spin RF over beats 3 & 4*]

### **13-16 DO SIDO;; PATTY CAKE (2X) (W TRANS);;**

13-14. Passing L shldrs both fwd L, fwd R, slide behind ptr stepping sd L/cl R, sd L; Passing R shldrs both bk R, bk L, slide in front of ptr stepping sd R/cl L, sd R joining L hnds in LH Star;

15. Repeat meas 9 of INTRO ending in RH Star;

16. Both rk fwd R outsd ptr, rec L, release hnds and step sd R/cl L, sm sd R (W rk fwd R outsd ptr, rec L, sd LOD R, cl L) to Bfly Wall;

## PART A

### **1 - 4 FWD BASIC; FAN TO FC; NYER (W TRN TO MOD WRAP); CUCARACHA;**

1. In Bfly Wall rk fwd L, rec R, sd & bk L/cl R, sd & bk L;

2. Rk bk R, rec L trng LF to fc LOD, small sd & fwd R/cl L, small sd R (W fwd L twd M, sd LOD R trng LF to fc RLOD, bk & sd L/cl R, bk & sd L) to end in LOP fcg pos with M fcg LOD;

3. Trng RF (W LF) to LOP Wall rk fwd L, rec R trng LF to fc LOD (W commence RF trn), leaving joined hnds low step in place L/R, L (W trn 1/2 RF R/L, R) to end both fcg LOD with W in front of M and M's L & W's R hnds still joined across front of W and M's R hnd at W's R sd and W's L arm folded across body;

4. Rk sd R twd Wall (W rk sd L twd COH), rec L, step in place R/L,R;

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## **5 - 8 CUCARACHA (W ROLL TO COH); WALK 2 & CHA; NYER; U/A TRN;**

5. Rk sd L COH, rec R, step in place L/R,L (W rk sd R Wall, rec L commencing LF roll twd COH leaving M's L & W's R hnds joined, cont LF roll twd COH R/L,R) to end in LOP both fcg LOD;
6. Walk fwd LOD R,L, fwd R/lk LIB (both lk IB), fwd R;
7. Rk fwd L LOD, rec R trng LF (W RF) to fc ptr, sd RLOD L/cl R, sd L;
8. Rk bk R under body, rec L, sd R/cl L, sd R (W step thru RLOD L commencing to trn RF under joined M's L & W's R hnds, rec R cont trn to fc ptr, sd LOD L/cl R, sd L) to LOP fcg pos COH;  
*[Note: 2nd & 4th times thru PART A commence fcg COH instead of Wall. All facing directions are reversed. 2nd time thru PART A end in SCP LOD]*

## **PART B**

### **1 - 4 OP HIP TWIST; FAN; ALEMANA FROM FAN;;**

1. Lowering joined lead hnds to hip level rk fwd COH L, rec R, small bk L/cl R, step in place L (W rk bk R, rec L, small fwd R/cl L, fwd R trn 1/4 RF);
2. Bk R, rec L sd R/cl L, sd R (W fwd L RLOD, fwd R trn 1/2 LF, bk & sd L/cl R, bk & sd L);
- 3-4. Rk fwd L, rec R, in place L/R, L (W close R, fwd L, fwd R/L, R trng 1/4 RF to fc ptr); Rk bk R, rec L, small sd R/cl L, sd R (W fwd L crossing IF of R trng RF, fwd R cont trn to fc ptr, sd L/cl R, sd L) to LOP fcg pos COH;

### **5 - 8 OP BREAK TO BFLY; CRAB WALK WITH CUBAN BREAK; DBL CUBAN; SPOT TRN;**

5. Strong rk apt L raising free arms straight up with palms fcg LOD, rec R lowering free arms, sd RLOD L blending to Bfly/cl R, sd L;
6. Staying in Bfly XRIF of L (both XIF), sd RLOD L, XRIF of L (both XIF)/rec L, sd LOD R;
7. Staying in Bfly XLIF of R (both XIF)/rec R, rk sd RLOD L/rec R, XLIF of R (both XIF)/rec R, sd RLOD L;
8. XRIF of L commencing LF trn (W RF) releasing hnds, rec L cont trn to fc ptr, sd LOD R/cl L, sd R to Bfly COH;

## **INTERLUDE**

### **1 - 3 PRETZEL TRN;;;**

- 1-3. In SCP fcg LOD rk bk RLOD L, rec R commencing RF (W LF) trn in twd ptr, chasse sd & fwd L LOD/cl R, sd & bk LOD L leaving M's L & W's R hnds joined and releasing contact with other hnds to end both fcg RLOD; Cont RF trn (W LF) stepping bk & sd LOD R still leaving M's L & W's R hnds joined/cl L, sd & fwd LOD R to end both fcg LOD with M's L & W's R hnds joined low behind backs, rk fwd LOD L extending free M's R & W's L hnds thru twd LOD, rec R commencing to unwind trng LF (W RF); Sd RLOD L/cl R, sd L cont trn to fc ptr, sd RLOD R/cl L, sd R to Bfly Wall;

## **ENDING**

### **1 - 3 FWD BASIC (W WRAP); BK BASIC (W STAY WRAPPED); PRESS AND HIP BUMPS;**

1. In Bfly Wall rk fwd L, rec R (W rec L commencing to trn LF), step in place L/R, L (keeping all hnds joined W step fwd twd M R/L,R continuing LF trn under M's L & W's R) to Wrap pos both fcg Wall with W on M's R sd;
2. Staying in Wrap pos rk bk COH R, rec L, fwd Wall R/cl L, R;
3. Press ball of L fwd twd Wall lowering in bk leg, bump hips/swing hips away from ptr, bump hips,-;