## BANANA SPLIT

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Music: Banana Split (Quick Step) by Ballroom Diamond Orchestra From the CD album Grande Festa Party Time Available from iTunes Music Downloads
Rhythm/Phase: Quickstep \& Two Step Phase IV + 1 (Scoop)
Music Speed: As downloaded
Footwork: Opposite throughout directions for $M$ (and for $W$ where noted).
Sequence: Introduction A A B B A A C A Ending

INTRODUCTION (4 Measures) . . . . .<br>CP DLW W/ LEAD FEET FREE WAIT 2 MEAS;; SCOOP TWICE;;<br>[1 \& 2] In clsd pos fcng DLW with lead feet free wait 2 measures;; [3 \& 4] Slide L with left side stretch [long side step], -, with left side stretch cl R [approx $1 / 8$ If turn], -; Repeat;

.... PART A (16 Measures) . . . . .
1/4 TURNS W/ PROGRESSIVE CHASSE \& STEP FWD;i;i; RUNNING FWD LOCKS;; MANUV SD CL; PIVOT 2 CP LOD; WALK 2; VIENNESE TURNS;; WALK 2 TO BJO CHKNG; FISHTAIL; WALK \& FC; 2 SD CLOSES; WALK \& PKUP;
[1-4] Fwd $L$, -, fwd R turning rf, -; Sd L turning rf, continue slight turn $\mathrm{cl} R$, sd \& bk L DLC, -; Bk R DLC start If turn, --, sd L, cl R; Sd \& slightly fwd L, -, fwd R to CBMP DLW, -; [5 \& 6] Fwd L, lock R in back of left, fwd L, fwd $R$; Fwd $L$, lock $R$ in back of left, fwd $L$, -; [7] Commence rf turn fwd $R,-$, continue turn to fc partner sd $L$, complete turn cl R; [8] Bk L commence rf pivot up to $1 / 2$ turn, -, complete pivot to clsd pos LOD fwd R, -; [9] Fwd $L,-$, fwd $R,-;$ [10 \& 11] Fwd L commence If turn, -, sd R continue turn, XLIF of right; Bk R continue If turn, - , sd $L$ continue turn, $\mathrm{cl} R$ end clsd pos LOD; (W bk R commence If turn, - , sd L continue If turn, $\mathrm{cl} R$ to left; Fwd $L$ continue If turn, - , sd $R$ continue If turn, XLIF of right;) [12] Fwd $L,-$, fwd $R$ blnd bjo pos chkng forward movement, -; [13] XLIB of right but not tightly, as body commences to turn rf take small step sd R complete 1/4 rf body turn, fwd L with left shoulder lead, XRIB of left but not tightly; [14] Fwd L, -, fwd R turning rf to fc partner bInd clsd pos wall, -; [15] Sd L, cl R, sd L, cl R; [16] Toward LOD sd \& fwd L, -, fwd R picking up W clsd pos LOD, -;

## . . . . . PART B (16 Measures) . . . .

CHARLESTON POINTS TWICE;i; 2 FWD 2-STEPS BJO;; STEP/HOP 4;; FWD LK FWD; MANUV SD CL - STEP BACK; RUNNING BACK LOCKS; ; SLOW IMPETUS SEMI; THRU \& SEMI CHASSE; PKUP SD CL;
[1-4] In clsd pos LOD fwd $L,-$, point $R$ fwd, -; Bk R, -, point L bk, -; Repeat these two measures;;
[5 \& 6] Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R blnd bjo pos LOD, -; [7 \& 8] Step fwd $L$ with slight hopping action, -, step fwd $R$ with slight hopping action, -; Repeat; [9] Fwd L, lock R in back of left, fwd L, -; [10 \& $10 \frac{1}{2}$ ] Commence rf turn fwd $R,-$, continue turn to fc partner sd $L$, complete turn $c l ~ R ; B k L$ bjo pos, - , [10 $1 / 2-12 \frac{1}{2}$ ] Bk $R$, lock $L$ in front of right, bk $R$, bk $L$; $B k R$, lock $L$ in front of right, bk $R$, ; ;
[12 $1 / 2-14$ ] Commence rf upper body turn bk $L,-, c l R$ to left [heel turn] continue rf turn, -; Complete turn fwd $L$ tight semi-clsd pos LOD, -, [15] Toward LOD thru R, -, fwd L/cl R, fwd L; [16] Fwd R picking up W clsd pos LOD, -, sd L, cl R;

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kick L slightly to side; [7] Same as measure 3 of Part C; [8] Same as measure 4 of Part C; [9 \& 10] Same as measures 5 \& 6 of Part $C$; ; [11] Same as measure 3 of Part C; [12] Toward LOD fwd L, -, fwd R picking up W clsd pos LOD, -; [13] Fwd L, cl R, bk L, -; [14] Bk R, -, bk L, -; [15] Bk R, cl L, fwd R, -; [16] Fwd L, -, fwd R, -;

## . . . . ENDING (9 Measures) .. . . .

LEFT TURNING BOX W/ HOPS;;; 2 FWD 2-STEPS FC WALL;; 2 TURNING 2-STEPS;;
STEP APART \& POINT;
[1-4] Sd L, cl R, fwd L turn 1/4 If with slight hop on weighted foot, -; Sd R, cl L, bk R turn $1 / 4$ If with slight hop on weighted foot, -; $S d L, c l R$, fwd $L$ turn $1 / 4$ If with slight hop on weighted foot, -; $S d R, c l l, b k R$ turn $1 / 4$ If with slight hop on weighted foot, -; [5 \& 6] Same as measures $1 \& 2$ of Part C;; [7 \& 8] Sd L, cl R commence rf turn, sd \& bk L across line of progression complete $1 / 2$ rf turn, -; Sd R, cl L commence rf turn, fwd R complete $1 / 2$ rf turn, -; [9] Step apart L, -, point R toward partner, -;

