

Be Bop 'n' Boogie

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Web Site:	www.DYCA.org	Rhythm:	Twostep
Music:	"Be Bop 'n' Boogie" by Ross Mitchell & Singers	RAL Phase:	II+1 [fishtail]
Album:	The Best of the Dansan Years Vol.2, Track 20	Difficulty:	Average
Download:	Download available	Time @ 100%:	1:41
Footwork:	Opposite, dir to man, unless noted in parentheses	Sug. Speed:	42 rpm
Sequence:	Intro – A – B – C – B – C – A – End	Rel. Date:	January 2024

Download: [Play The Best of the Dansan Years Vol.2 by Ross Mitchell, His Band & Singers on Amazon Music](#)

Intro

- 1 – 4** **Wait 2 meas BFLY Wall ;; Apt Pt ; Tog Tch OP LOD ;**
1-4 **[Wait 2 meas]** In BFLY WALL lead ft free wait 2 meas ;;
[Apt Pt] Apt L, -, pt R twd ptr, - ; **[Tog Tch]** Tog R to OP LOD, -, tch L, - ;

Part A

- 1 – 8** **2 Fwd Twosteps ;; Charleston ;; Hitch Dbl ;; Scoot ; Walk Pickup CP LOD ;**
1-4 **[2 Fwd Twosteps]** SCP LOD fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;
[Charleston] Fwd L to Half OP LOD, -, pt R fwd, - ; Bk R, -, pt L bk, - ;
5-8 **[Hitch Dbl]** Fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ; **[Scoot]** Fwd L, cl R, fwd L, cl R ;
[Walk Pickup] Fwd L, -, leading the W to pickup fwd R, - (*fwd R, -, fwd L trng LF picking up*) CP LOD ;
9 – 16 **2 Fwd Twosteps ;; Strut 4 ;; Prog Scissor Twice ;; Fishtail ; Walk & Fc Wall BFLY ;**
9-12 **[2 Fwd Twosteps]** CP LOD fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ; **[Strut 4]** Fwd L, -, fwd R, - ; fwd L, -, fwd R, - ;
13-16 **[Prog Scis 2X]** Sd L, cl R, blending to SCAR DLW XLif R (*XRif L*), - ; sd R, cl L, blending to BJO DLC XRif L (*XLif R*), - ;
[Fishtail] XLib R (*XRif L*), comm slight body trn RF sd R completing 1/4 RF body trn, fwd L with L shoulder lead, XRif L (*XLif R*) ; **[Walk & Fc WALL]** Fwd L, -, fwd R trng RF to fc ptr & WALL, - ;

Part B

- 1 – 8** **BFLY Face to Face & Back to Back ;; Basketball Turn to CP WALL; Traveling Box ;;;**
1-2 **[Fc-Fc & Bk-Bk]** BFLY WALL sd L, cl R, sd L trng 1/2 LF (*RF*), - ; Sd R, cl L, sd R trng 1/2 RF (*LF*), - to BFLY WALL ;
3-4 **[Basketball turn]** Lunge Sd L trng RF (*LF*), -, rec sd & fwd R cont trn to LOP fcg RLOD, - ; cont turn lunge fwd L trng RF (*LF*), -, rec R sd & fwd R cont trn to CP WALL, - ;
5-8 **[Traveling Box]** Sd L, cl R, fwd L, - ; trng to RSCP fwd R, -, fwd L, - ; blending to CP WALL sd R, cl L, bk R, - ; trng to SCP LOD fwd L, -, fwd R, - ;

Part C

- 1 – 4** **Lace Across ; 1 Fwd Twostep ; Hitch Double ;;**
1-4 **[Lace Across]** Releasing trail hands and passing bhd W with lead hnd jnd moving diag across Line of Progression fwd L, cl R, fwd L, - ; **[1 Fwd Twostep]** Fwd R, cl L, fwd R to OP LOD, - ; **[Hitch Dbl]** Fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ;
5 – 8 **Lace Back ; 1 Fwd Twostep ; Circle Walk 4 BFLY [2nd time to OP LOD] ;;**
5-8 **[Lace Back]** Releasing lead hands and passing bhd W with trail hnd jnd moving diag across Line of Progression fwd L, cl R, fwd L, - ; **[1 Fwd Twostep]** Fwd R, cl L, fwd R to OP LOD, - ; **[Circle Walk 4]** Releasing contact with partner and moving solo in a small CCW (*CW*) circle fwd L, -, fwd R, - ; fwd L, -, fwd R to BFLY WALL, - ; [2nd time end OP LOD]

Repeat Section B

Repeat Section C

Repeat Section A

Ending

1 – 2 Twirl Vine 2 ; Apt Pt ;

1-2 [Twirl Vine 2] Leading W to trn RF under jnd lead hnds sd L, -, XRib L, - (*trng RF under jnd lead hnds fwd R, -, sd & bk L cont RF trn to fc ptr, -*); [Apt Pts] Apt L, -, pt R twd ptr, - ;

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2 Fwd Twosteps ;; Strut 4 ;; Prog Scissor Twice ;; Fishtail ; Walk & Fc Wall BFLY ;

Part B

BFLY Face to Face & Back to Back ;; Basketball Turn to CP WALL; Traveling Box ;;;

Part C

Lace Across 2 Twosteps LOP LOD ; Hitch Double ;;
Lace Back 2 Twosteps OP LOD ; Circle Walk 4 BFLY ;;

Part B

BFLY Face to Face & Back to Back ;; Basketball Turn to CP WALL; Traveling Box ;;;

Part C

Lace Across 2 Twosteps LOP LOD ; Hitch Double ;;
Lace Back 2 Twosteps OP LOD ; Circle Walk 4 OP LOD ;;

Part A

2 Fwd Twosteps ;; Charleston ;; Hitch Dbl ;; Scoot ; Walk Pickup CP LOD ;
2 Fwd Twosteps ;; Strut 4 ;; Prog Scissor Twice ;; Fishtail ; Walk & Fc Wall BFLY ;

Ending

Twirl Vine 2 ; Apt Pt ;