

# BIG BONED GAL

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**MUSIC MEDIA** Song: Big Boned Gal (LP Version) **Artist:** k. d. lang

**SOURCE:** CD: Absolute Torch And Twang, Track 4 available as single download from amazon.com  
Music Modified: No BPM/MPM: 154/38.5 TIME@BPM: 3:08 @ 154

**FOOTWORK:** Opposite unless indicated (Woman's footwork in parentheses)

**RHYTHM:** Two Step **RAL Phase:** III **Difficulty Level:** Average

**SEQUENCE:** INTRO A B C INTER B C MOD D E A C MOD D D

**MEAS:** INTRODUCTION

**1-4** MAN FACING PARTNER & WALL 4 FT APT WAIT 2 MEAS;; MAN WATCH LADY HIP LIFT 2X; LADY RUN 4 TO SCP;

- 1-2 Wait ; Wait ;
- 3 {M WATCH AS LADY HIP LFT 2X} -, -, -, - (W With slight pressure on R foot lift R hip, lower R hip, lift R hip, lower R hip) ;
- 4 {LADY RUN 4 TO SCP} -, -, -, - (W Fwd R, fwd L, fwd R, fwd L to SCP LOD) ;

**PART A**

**1-4** 2 FORWARD TWO STEPS;; CUT BACK 2X; ROCK BACK RECOVER FACE CP WALL;

- 1 {2 FWD TS} Fwd L, cl R, fwd L, - (W Fwd R, cl L, fwd R, -) ;
- 2 Fwd R, cl L, fwd R, - (W Fwd L, cl R, fwd R, -) ;
- 3 {CUT BK 2X} XLif of & beyond R taking wgt, stp bk R, XLif of & beyond R taking wgt, stp bk R (W XRif of & beyond L taking wgt, stp bk L, XRif of & beyond L taking wgt, stp bk L) ;
- 4 {RK BK REC FC} Stp bk L, -, rec R trng 1/8 RF to CP WALL, - (W Stp bk R, -, rec L trng 1/8 LF to CP COH, -) ;

**5-8** TRAVELING BOX;; PICKING UP TO CP LOD;

- 5 {TRAV BOX [OPTIONAL TWRL]} Sd L, cl R, fwd L, - (W Sd R, cl L, bk R, -) ;
- 6 Trng to RLOD SCP w/ M's L & W's R hnd jnd wlk fwd R, -, fwd L leading W to twrl undr jnd lead hnds, - (W Trng to RLOD SCP wlk fwd L, -, fwd R trng 3/4 LF undr jnd hnds, -) ;
- 7 Blending to CP wall sd R, cl L, bk R, - (W blending to CP COH sd L, cl R, fwd L, -) ;
- 8 Blend to SCP LOD wlk fwd L, -, fwd R [short step] to CP LOD, - (W blend to SCP wlk fwd R, -, fwd L stepping in front of M trng LF to end in CP fcg RLOD, -) ;

**PART B**

**1-4** 2 PROGRESSIVE SCISSORS BJO CHECKING;; FISHTAIL; WALK 2 TO BJO CHECKING;

- 1-2 {PROG SCIS} Sd L, cl R, XLif & slightly fwd to SCAR, - (W Sd R, cl L, XRib & slightly bk to SCAR, -) ; {PROG SCIS BJO CKG} Sd R, cl L, XRif & slightly fwd to BJO ckg, - (W Sd L, cl R, XLib & slightly bk to BJO ckg, -) ;
- 3 {FSHTL} XL bhd R but not tightly, as body commences to trn RF take a small stp to sd on R comp 1/4 RF body trn, fwd L w/ L shldr leading, XR bhd L but not tightly (W XRif of L but not tightly, as body commences to trn RF take a small stp to sd on L comp 1/4 RF body trn, bk R w/ R shldr leading, XLif of R but not tightly) ;
- 4 {WLK 2 BJO CKG} Fwd L, -, fwd R to BJO ckg, - (W Bk R, -, bk L to BJO ckg, -) ;

**5-8** WHALETAIL;; WALK & FACE WALL; SIDE DRAW CLOSE BFLY;

- 5 {WHTL} XL bhd R but not tightly, as body commences to turn RF take a small stp to sd on R comp 1/4 RF body trn, fwd L w/ L shoulder leading, XR bhd L but not tightly (W XRif of L but not tightly, as body commences to trn RF take a small stp to sd on L comp 1/4 RF body trn, bk R w/ R shoulder leading, XLif of R but not tightly) ;
- 6 Sd L commencing LF body trn, cl R comp 1/4 body trn LF, X L bhd R commencing RF body trn, sd R comp 1/4 body trn RF (W Sd R commencing LF body trn, cl L comp 1/4 body trn L, XRif of L commencing RF body trn, sd L comp 1/4 body trn RF) ;
- 7 {WLK & FC WALL} Fwd L, -, fwd R, trn to CP fcg WALL (W BK R, -, bk L, trn to CP COH) ;
- 8 {SD DRAW CL BFLY} Sd L, draw R to L, cl R blending to BFLY, - (W Sd R, draw L to R, cl L blending to BFLY, -) ;

**PART C**

**1-4** VINE 3 TOUCH; WRAP; UNWRAP; CHANGE SIDES TO OP RLOD;

- 1 {VIN 3 TCH} Sd L, XRib, sd L, tch R to L (W Sd R, XLib, sd R, tch L to R) ;
- 2 {WRP} Sd R keeping hnds jnd bring trailing hnds down to waist level between ptrs while

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bringing lead hnds up and between ptrs to start W into LF trn, cl L contg to lead W in LF trn, sd R bringing lead hnds down to chest level, tch L to R (W Sd L trng LF 1/4, cl R trng LF 1/8, sd L trng LF 1/8 to fc WALL, tch R to L) ;

- 3 {UNWRP} Sd L cont to hold trailing hnds while releasing lead hnds to start W into RF trn, cl R contg to lead W in RF trn, sd L, tch R to L blend to BFLY WALL (W Sd R trn 1/4 RF, cl L trn 1/8 RF, sd R trn 1/8 RF, tch L to R blend to BFLY COH) ;
- 4 {CHG SDS} Raising trailing hnds fwd R trng 1/4 RF crossing in bk of W, cl L, fwd R to OP RLOD, tch L to R (W Fwd L trng 1/4 LF under trailing hnds in front of M, cl R, fwd L to OP RLOD, tch R to L) ;

**5-8****STRUT 2; LACE ACROSS; SCISSORS THRU TO SCP LOD; WALK & PICKUP;**

- 5 {STRUT 2} Fwd L, -, fwd R, - (W Fwd R, -, fwd L, -) ;
- 6 {LC ACRS} With M's L & W's R hnds jnd & passing bhd W mvg DIAG acrs LOD ending in LOP RLOD fwd L, cl R, fwd L, - (W Passing in front of M undr jnd hnds & mvg DIAG acrs LOD fwd R, cl L, fwd R, -) ;
- 7 {SCIS THRU SCP} Fwd R trng to fc ptr, cl L, XRif of L to SCP LOD, - (W Fwd L trng to fc ptr, cl R, XLif of R to SCP LOD, -) ;
- 8 {WLK & PU} Fwd L, -, fwd R [short step], picking up lady to CP LOD (W Fwd R, -, fwd L stepping in front of M, trng LF to end in CP fcg RLOD) ;

**INTERLUDE****1-4****LEFT TURNING BOX:::**

- 1 {L TRNG BOX} Sd L, cl R, fwd L, trn 1/4 LF (W Sd R, cl L, bk R, trn 1/4 LF) ;
- 2 Sd R, cl L, bk R, trn 1/4 LF (W Sd L, cl R, fwd L, trn 1/4 LF) ;
- 3 Sd L, cl R, fwd L, trn 1/4 LF (W Sd R, cl L, bk R, trn 1/4 LF) ;
- 4 Sd R, cl L, bk R, trn 1/4 LF CP LOD (W Sd L, cl R, fwd L, trn 1/4 LF CP RLOD) ;

**REPEAT B****PART C MODIFIED****1-4****VINE 3 TOUCH; WRAP; UNWRAP; CHANGE SIDES TO OP RLOD;**

- 1-4 Same as Part C meas 1-4 ;;;;

**5-8****STRUT 2; LACE ACROSS; SCISSORS THRU TO OP LOD; STRUT 2;**

- 5-6 Same as Part C meas 5-6 ;;
- 7 {SCIS THRU TO OP LOD} Fwd R trng to fc ptr, cl L, XRif past L to OP LOD, - (W Fwd L trng to fc ptr, cl R, XLif past R to OP LOD, -) ;
- 5 {STRUT 2} Fwd L, -, fwd R, - (W Fwd R, -, fwd L, -) ;

**PART D****1-4****STEP HOP 2X; VINE APART & TOGETHER TO BFLY;; LUNGE SIDE RECOVER TO FC;**

- 1 {STP HOP 2X} Fwd L flexing knee, hop on L, fwd R flexing knee, hop on R (W Fwd R flexing knee, hop on R, fwd L flexing knee, hop on L) ;
- 2 {VIN APT & TOG BFLY} Sd L, XRib, sd L, tch R to L (W Sd R, XLib, sd R, tch L to R) ;
- 3 Sd R, XLib, sd R, trng to WALL BFLY (W Sd L, XRib, sd L, trng to COH BFLY) ;
- 4 {LUN SD REC FC} Sd L flexing knee, -, rec R to fc, - (W Sd R flexing knee, -, rec L to fc, -) ;

**5-8****SHAKE & WIGGLE; SKATE LEFT & RIGHT; SIDE TWO STEP LEFT & RIGHT TO BFLY;;**

- 5 {SHAKE & WIGGLE} Releasing contact w/ ptr both M & W shake and wiggle sd to sd, -, -, - ;
- 6 {SKATE L & R} Swvl LF on R & stp fwd on L/draw R to L [swinging arms to L], -, swvl RF on L & stp fwd on R/draw L to R [swinging arms to R], - (W Swvl RF on L & stp fwd on R/draw L to R [swinging arms to R], -, swvl LF on R & stp fwd on L/draw R to L [swinging arms to L]) ;
- 7 {SD TS L & R} Sd L, cl R, sd L, - (W Sd R, cl L, sd R, -) ;
- 8 Sd R, cl L, sd R, blend to BFLY (W Sd L, cl R, sd L, blend to BFLY) ;

**9-12****SIDE CLOSE 2X; SCISSORS THRU BFLY; TO RLOD VINE 4; SCISSORS THRU BFLY;**

- 9 {SD CL 2X} Sd L, cl R, sd L, cl R (W Sd R, cl L, sd R, cl L) ;
- 10 {SCIS THRU BFLY} Sd L, cl R, XLif to fc in BFLY, - (W Sd R, cl L, XRif to fc in BFLY, -) ;
- 11 {VIN 4} Sd R, XLib, sd R, XLif (W Sd L, XRib, sd L, XRif) ;
- 12 {SCIS THRU BFLY} Sd R, cl L, XRif to fc in BFLY, - (W Sd L, cl R, XLif to fc in BFLY, -) ;

**13-16****AWAY KICK FACE TOUCH 2X;; VINE 8 TO CP WALL::**

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- 13 {AWY KCK FC TCH 2X} Insd hnds jnd fwd L trng awy from ptr, kck Rif of L, rec R to fc ptr, tch L to R (W Insd hnds jnd fwd R trng awy from ptr, kck Lif of R, rec L to fc ptr, tch R to L) ;  
 14 Same as Part D meas 13 ;  
 15 {VIN 8} Sd L, XRib, sd L, XRif (W Sd R, XLib, sd R, XLif) ;  
 16 Sd L, XRib, sd L, XRif blend to CP WALL (W sd R, XLib, sd R, XLif blend to CP COH) ;

**PART E****1-4****STROLLING VINE TO BFLY;:::**

- 1 {STRLLG VIN} Commence slight RF upper bdy trn sd L, -, w/ slight LF upper bdy trn XRib of L, - (W Commence slight RF upper bdy trn sd R, -, w/ slight LF upper bdy trn XLif of R, -) ;  
 2 Cont LF trn sd L, cont trn cl R, cont trn sd L, end fcg COH (W cont LF trn sd R, cont trn cl L, cont trn sd R, end fcg WALL) ;  
 3 Commence slight LF upper bdy trn sd R, -, w/ slight RF upper bdy trn XLib of R, - (W Commence slight LF upper bdy trn sd L, -, w/ slight RF upper bdy trn XRif of L, -) ;  
 4 Cont RF trn sd R, cont trn cl L, cont trn sd R, ending BFLY WALL (W Cont RF trn sd L, cont trn cl R, cont trn sd L, blending to BFLY COH) ;

**5-8****TRAVELLING DOOR 2X;:: TO SCP LOD:**

- 5 {TRAV DR} Sd L, -, rec R, - (W Sd R, -, rec L, -) ;  
 6 XLif, sd R, XLif, - (W XRif, sd L, XRif, -) ;  
 7 {TRAV DR} Sd R, -, rec L, - (W Sd L, -, rec R, -) ;  
 8 XRif, sd L, XRif, blending to SCP LOD (W XLif, sd R, XLif, blending to SCP LOD) ;

**REPEAT A [End BFLY WALL]****REPEAT C MODIFIED****REPEAT D [End OP LOD]****REPEAT D****QK CUES**

Intro M FCG PTR & WALL 4 FT APT WAIT 2 MEAS;; M WATCH LADY HIP LIFT 2X; LADY RUN 4 SCP;

Part A SCP 2 FWD TS;; CUT BK 2X; RK BK REC FC CP WALL;  
 TRAV BOX;::; PICKING UP TO CP LOD;

Part B 2 PROG SCIS BJO CKG;; FSHTL; WLK 2 BJO CKG;  
 WHLTL;; WLK & FC WALL; SD DRAW CL BFLY;

Part C VIN 3 TCH; WRP; UNWRP; CHG SD OP RLOD;  
 STRUT 2; LC ACRS; SCIS THRU SCP; WLK & PU;

Inter L TRNG BOX;::;

Repeat Part B

Part C Mod VIN 3 TCH; WRP; UNWRP; CHG SD OP RLOD;  
 STRUT 2; LC ACRS; SCIS THRU OP LOD; STRUT 2;

Part D STP HOP 2X; VIN APT & TOG BFLY;; LUN SD REC TO FC;  
 SHAKE & WIGGLE; SKATE L & R; SD TS L & R BFLY;;  
 SD CL 2X; SCIS THRU BFLY; TO RLOD VIN 4; SCIS THRU BFLY;  
 AWY KCK FC TCH; 2X; VIN 8 TO CP WALL;;

Part E STRLLG VIN TO BFLY;:::  
 TRAV DR 2X;::;

Repeat Part A [End BFLY WALL]

Repeat Part C MODIFIED

Repeat Part D [End OP LOD]

Repeat Part D