

BIG GIRL – YOU ARE BEAUTIFUL

Choreography: Angela & Jochen Grob Release: August 2008
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Music: “Big Girl, you are beautiful” by MIKA, CD “Life in a Cartoon Motion”
or download from Itunes or others Time: 3:00 Speed: as on CD
(music shortened - start to fade out at 2:57, finish to fade out at 3:00)
Footwork: Opposite – except where noted
Rhythm: Twostep II + 1 + 1 (Cha Cha Sandsteps, Jitterbug)

Sequence : Intro - A B C D - A B (1-8) - C D - C D - end

Intro

1-4 Wait thru pickup notes and 2 meas;; Apart and point; Together touch to SCP;
1-2 [OP FCG] lead feet free wait 2 meas;;
3-4 [OP FCG] Apart L, -, point R twd partner, - ; Step tog R, -, touch L to R to SCP, - ;

Part A

1-4 2 Fwd Twosteps;; Open Vine 4;;
1-2 [SCP] Fwd L, close R, fwd L, - ; fwd R, close L, fwd R, - ;
3-4 [SCP] Side L, -, XRibL releasing trail hands to LOP RLOD, - ; side L, -, XRifL to face partner in CP wall, - ;
(W: Side R, -, XLibR releasing trail hands to LOP RLOD, - ; side R, -, XLifR to face partner in CP, - ;)
5-8 Two Turning Twosteps;; Twirl 2; Walk 2 to OP;
5-6 [CP wall] Side L, close R comm rf turn, side and back L compl ½ rf turn, - ; side R, close L comm rf turn, side and fwd R betw partner’s feet compl ½ rf turn to end in SCP, - ;
7 [SCP] Fwd L, -, fwd R, - ;
(W: rf twirl under joined lead hands R, -, L, - ;)
8 [SCP] Fwd L, -, fwd R to OP LOD, - ;
9-12 Slide the Doors;;;:
9-10 [OP LOD] Rock apart L, -, rec R releasing hands, - ; XLifR, side R, XLifR changing sides still facing the same direction as W crosses in front of M, - ;
11-12 [LOP LOD] Rock apart R, -, rec L releasing hands, - ; XRifL, side L, XRifL changing sides still facing the same direction as W crosses in front of M, - ;
13-16 Circle away in 2 + 1 Twostep;; Circle together in 2 + 1 Twostep;;
13-14 [OP LOD] Circling away lf twd COH (W rf twd wall) fwd L, -, fwd R, - ; fwd L, close R, fwd L, - ;
15-16 Circling twd partner fwd R, -, fwd L, - ; fwd R, close L, fwd R to Bfly, - ;

Part B

1-4 Sandsteps;;;:
1-2 [Bfly] touch L toe to the instep of R [no weight change], - , touch L heel to the instep of R [no weight change], - ; XLifR, side R, XLifR, - ;
3-4 [Bfly] touch R toe to the instep of L [no weight change], - , touch R heel to the instep of L [no weight change], - ; XRifL, side L, XRifL, - ;
5-8 Vine 2; Face to face; Vine 2; Back to back;
5-6 [Bfly] Side L, -, XRibL, - ; side L, close R, side L turning ½ lf to back to back position, - ;
(W: Side R, -, XLibR, - ; side R, close L, side R turning ½ rf to back to back position, - ;)
7-8 [bk to bk Pos] Side R, -, XLibR, - ; side R, close L, side R turning ½ rf to Bfly, - ;
(W: Side L, -, XRibL, - ; side L, close R, side L turning ½ lf to Bfly, - ;)
9-12 Traveling Doors;;;:
9-10 [Bfly] Rock side L, -, rec R, - ; XLifR, side R, XLifR, - ;
(W: Rock side R, -, rec L, - ; XRifL, side L, XRifL, - ;)
11-12 [Bfly] Rock side R, -, rec L, - ; XRifL, side L, XRifL, - ;
(W: Rock side L, -, rec R, - ; XLifR, side R, XLifR, - ;)
13-16 Circle away in 2 + 1 Twostep;; Circle together in 2 + 1 Twostep;;
13-14 [OP LOD] Circling away lf twd COH (W rf twd wall) fwd L, -, fwd R, - ; fwd L, close R, fwd L, - ;
15-16 Circling twd partner fwd R, -, fwd L, - ; fwd R, close L, fwd R to low Bfly, - ;

Part C

- 1-8** **Jitterbug:.....**
1-2 [low Bfly] side L, close R, in place L, - ; side R, close L, in place R, - ;
3 [low Bfly] rock apart L, - , rec R release trail hands, - ;
4 [LOP wall] passing right shoulder change sides in 3 steps lead woman to turn under joined lead hands man turns ½ rf (W turns ½ lf) to face COH L, R, L, - ;
5 [LOP COH] step side R turning ¼ rf (W turns ¼ lf) to LOP face LOD, close L, in place R, - ;
6 [LOP LOD] release hands roll across in 2 steps ¾ lf turning the back to the lady (W rolls ¾ rf in front of M turning her front to the man) L, - , R and join trail hands to end in OP LOD, - ;
7 [OP LOD] side L, close R, in place L, - ;
8 [OP LOD] side R turn to face partner, close L, in place R to low Bfly, - ;
- 9-16** **Jitterbug Lady transition to OP LOD:.....**
9-15 Repeat meas 1 – 7 of Part D:.....
16 [OP LOD] side R, close L, in place R to OP LOD no hands, - ;
 (W: side L, close R, touch L to R to OP LOD, - ;)

Part D

- 1-4** **Slow Vine 3 and swing twice:;;**
 with identical footwork both left foot free
1-2 [OP LOD] no hands side L twd COH, - ,XRibL, - ; side L, - , swing RifL and clap, - ;
3-4 [OP LOD] no hands side R, - XLibR, - ; side R, - , swing LifR and clap, - ;
- 5-8** **Step kick twice;; Charge turn; Walk 2;**
5-6 [OP LOD] no hands fwd L, - , kick R fwd and clap, - ; fwd R, - , kick L fwd and clap, - ;
7-8 [OP LOD] no hands fwd L turning ½ rf to face RLOD, - fwd R, - ; fwd L, - , fwd R, - ;
- 9-12** **Slow Vine 3 and swing twice:;;**
9-12 [OP RLOD] Repeat meas 1-4 of Part D Lady now on left side of M
- 13-16** **Step kick twice;; Charge turn; Walk 2 Lady transition;**
13-14 [LOP RLOD] no hands fwd L, - , kick R fwd and clap, - ; fwd R, - , kick L fwd and clap, - ;
15 [LOP RLOD] no hands fwd L turning ½ rf to face LOD, - fwd R, - ;
16 [OP LOD] Fwd L, - , fwd R to SCP, - ; [2nd to low Bfly]
 (W: Fwd L, - , touch R to L, - ;) back to opposite footwork

End

- 1-3** **Circle away 2 twosteps;; Point at partner and hold;**
1-2 [SCP] Circling away lf twd COH (W rf twd wall] fwd L, close R, fwd L, - ; fwd R, close L, fwd R to face partner, - ;
3 standing with straight legs feet slightly apart point twd partner with straight R arm - you are beautiful !!!

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Sequence: Intro - A B C D - A B (1-8)* - C D - C D - end

Intro: in op fcg wait pickup notes + 2 meas;; Apart + point; Tog. touch to SCP;

A: 2 fwd twosteps;; Open Vine 4;; 2 turning twosteps;; Twirl 2; walk 2 to OP;
Slide the Doors;;; Circle away in 2 + 1 Twostep;; Tog. in 2 + 1 Twostep;;

B: Sandsteps;;; Vine 2 + Face to face;; Vine 2 + Back to back;; *)
Traveling Doors;;; Circle away in 2 + 1 Twostep;; Tog. in 2 + 1 Twostep;;

C: Jitterbug;;;;;;
Jitterbug to OP LOD, Lady transition with a touch;;;;;;

D: OP LOD both left foot free
Slow vine 3 + swing, twice;;; Step kick, twice;; Charge turn; Walk 2;
Repeat, Lady transition with a touch to SCP [2nd to low Bfly];;;;;;

End: Circle away 2 twosteps;; Point at partner + hold