

## BON SOIR DAME

RELEASED: JUNE 2007

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**MUSIC:** Song: Bon Soir Dame Music Media Source: CD: My Cup Runneth Over  
Artist: Ed Ames Download available from [www.walmart.com](http://www.walmart.com)  
Music Modified: +7.8% 110 BPM/25.5 MPM TIME@BPM: 2:35@110 BPM

**FOOTWORK:** Opposite unless indicated (W's footwork in parentheses)

**RHYTHM:** Cha **RAL Phase:** IV+2 [Sweetheart, Cuddle]

**SEQUENCE:** INTRO A B A B C D

### MEAS:

### INTRODUCTION

#### 1-4 BFLY WALL WAIT 2 MEAS:: SHOULDER TO SHOULDER TWICE::

- 1-2 In BFLY M facing wall wait;;
- 3 {SHLDR-SHLDR} Fwd L to BFLY SCAR, rec R to fc, sd L/cl R, sd L (W bk R to BFLY SCAR, rec L to fc, sd R/cl L, sd R) BFLY WALL;
- 4 {SHLDR-SHLDR} Fwd R to BFLY BJO, rec L to fc, sd R/cl L, sd R (W bk L to BFLY BJO, rec R to fc, sd L/cl LR, sd L) BFLY WALL;

### PART A

#### 1-4 BASIC:: NEW YORKER: THRU TO AIDA:

- 1 {BAS} Fwd L, rec R, sd L/cl R, sd L (W Bk R, rec L, sd R/cl L, sd R BFLY COH) BFLY WALL;
- 2 Bk R, rec L, sd R/cl L, sd R (W Fwd L, rec R, sd L/cl R, sd L BFLY COH) BFLY WALL;
- 3 {NY} Trng RF stp thru w/ straight L leg to sd by sd position fcg RLOD, rec R to fc ptr, sd L/cl R, sd L to BFLY WALL (W Trng LF stp thru w/ straight R leg trng to sd by sd position fcg RLOD, rec L to fc ptr, sd R/cl L, sd R to BFLY COH) BFLY WALL;
- 4 {THRU TO AIDA} Trng LF 1/4 thru & fwd R to LOD trng RF 1/4, sd L continuing RF trn fc RLOD, bk R/lk L in front of R, bk R to "V" bk-bk pos (W Trng RF 1/4 thru & fwd L to LOD trng LF 1/4, sd R continuing LF trn to fc RLOD, bk L/lk R in front of L, bk L to "V" bk-bk pos);

#### 5-8 SWITCH CROSS: TO RLOD CRAB WALK 1/2; 1/2 BASIC; SPOT TURN TO LEFT HAND STAR FACE RLOD;

- 5 {SWCH X} On R foot trn LF to fc ptr BFLY WALL sd L ckg, rec R, XLif/sd R, XLif (W On L foot trn RF to fc ptr BFLY COH sd R ckg, rec L, XRif/sd L, XRif BFLY COH) BFLY WALL;
- 6 {RLOD CRB WALK 1/2} Sd R, XLif of R, sd R/cl L, sd R (W Sd L, XRif of L, sd L/cl R, sd L);
- 7 {1/2 BAS} Fwd L, rec R, sd L/cl R, sd L (W Bk R, rec L, sd R/cl L, sd R) BFLY WALL;
- 8 {SPT TRN TO L HND STAR FC RLOD} XRif trng on R foot 1/4 LF, rec L cont LF trn to fc ptr, sd R/cl L, sd R trng to fc RLOD and joining L hnds (W XLif trng on L foot 1/2 RF, rec R cont to trn RF to fc ptr, sd L/cl R, sd L trng RF 1/4 to fc LOD and joining L hnds) RLOD;

### PART B

#### 1-4 UMBRELLA TURN::: BFLY WALL:

- 1 {UMBR TRN} Fwd L, rec R, bk L/cl R, bk L (W Bk R, rec L, fwd R/cl L, fwd R LOD) RLOD;
- 2 Bk R, rec L, fwd R/cl L, fwd R (W Fwd L trng 1/2 RF under jnd hnds, rec R, fwd L/cl R, fwd L RLOD) RLOD;
- 3 Fwd L, rec R, bk L/cl R, bk L (W Fwd R trng 1/2 LF undr jnd hnds, rec L, fwd R/cl L, fwd R LOD) RLOD;
- 4 Bk R, rec L trn 1/4 LF to fc W, sd R/cl L, sd R BFLY WALL (W Fwd L trng 1/2 RF under jnd hnds, rec R continue RF turn to face M, sd L/cl R, sd L BFLY COH) BFLY WALL;

#### 5-9 BREAK BACK TO 3 FORWARD CHAS:: NEW YORKER TO BFLY; FENCE LINE TWICE::

- 5 {BRK BK TO 3 FWD CHAS} Trn LF keep trailing hnds in contact bk L to fc LOD, rec R,

trn body in twd ptr tch lead hnds, fwd L/lk RIB of L, fwd L (W Trn RF keep trailing hnds in contact bk R to fc LOD, rec L, trn body in twd ptr tch lead hnds, fwd R/lk LIB of R, fwd R);

- 6 Trn slightly away from ptr fwd R/lk LIB of R, fwd R, trn twd ptr tch lead hnds fwd L/lk RIB of L, fwd L (W Trn slightly away from ptr fwd L/lk RIB of L, fwd L, trn twd ptr tch lead hnds fwd R/lk LIB of R, fwd R);
- 7 {NY TO BFLY} Trng LF stp thru w/ straight R leg trng to sd by sd position fcg LOD, rec L to fc ptr, sd R/cl L, sd R to BFLY WALL (W Trng RF stp thru w/ straight L leg to sd by sd position fcg LOD, rec R to fc ptr, sd L/cl R, sd L to BFLY COH) BFLY WALL;
- 8 {FNC LINE} Cross lunge thru L with bent knee looking RLOD, rec R trng to fc ptr, sd L/cl R, sd L (W Cross lunge thru R with bent knee looking RLOD, rec L trng to fc ptr, sd R/cl L, sd R);
- 9 {FNC LINE} Cross lunge thru R with bent knee looking LOD, rec L trng to fc ptr, sd R/cl L, sd R (W Cross lunge thru L with bent knee looking LOD, rec R trng to fc ptr, sd L/cl R, sd L);

**REPEAT PART A****REPEAT PART B****PART C****1-4****BASIC;; FENCE LINE TWICE TO HANDSHAKE;;**

- 1 {BAS} In BFLY fwd L, rec R, sd L/cl R, sd L (W In BFLY bk R, rec L, sd R/cl L, sd R);
- 2 Bk R, rec L, sd R/cl L, sd R (W Fwd L, rec R, sd L/cl R, sd L);
- 3 {FNC LINE} Cross lunge thru L with bent knee looking RLOD, rec R trng to fc ptr, sd L/cl R, sd L (W Cross lunge thru R with bent knee looking RLOD, rec L trng to fc ptr, sd R/cl L, sd R);
- 4 {FNC LINE} Cross lunge thru R with bent knee looking LOD, rec L trng to fc ptr, sd R/cl L, sd R (W Cross lunge thru L with bent knee looking LOD, rec R trng to fc ptr, sd L/cl R, sd L);

**5-8****FLIRT;; SWEETHEART TWICE LADY TO FAN;;**

- 5 {FLIRT} Fwd L, rec R leading W to trn LF, cont leading W to trn LF to Varsouvienne position on M's right side during the cha sd L/cl R, sd L (W Bk R, rec L trng LF, continue turning LF to Varsouvienne position on M's right side during the cha sd R/cl L, sd R to fc WALL);
- 6 Bk R, rec L, sd R/cl L, sd R during cha lead W in front of M to L Varsouvienne on M's L side (W Bk L, rec R, sd L/cl R, sd L during cha move in front of M to L Varsouvienne on M's L sd);
- 7 {SWHRT} Ck fwd L w/ right sd lead into contra ck like action, rec R straightening body, sd L/cl R, sd L leading W to move in front of M to end in R VARS (W Bk R w/ left sd lead into contra ck like action, rec L straightening body, sd R/cl L, sd R move in front of M to end in R VARS);
- 8 {SWHRT LADY TO FAN} Ck fwd R w/ L sd lead into contra ck like action, rec L straightening body, sd R/cl L, sd R leading W to move in front of M change hnds to lead hnds joined end in fan position LOP WALL (W Bk L w/ R sd lead into contra ck like action, rec R straightening body, move in front of M change hnds to lead hnds joined sd L/cl R, sd L trng to fc RLOD end in fan position LOP RLOD);

**9-12****HOCKEY STICK TO FACE WALL TO HANDSHAKE;; CROSS BODY WITH REVERSE TWIRL;;**

- 9 {HKY STK FC WALL TO HNDSHK} Fwd L, rec R, cl L/R, L (W Cl R, fwd L, fwd R/L, R);
- 10 Bk R, rec L lead W to trn LF undr jnd lead hnds to fc M, fwd R/cl L, fwd R to HNDSHK WALL (W Fwd L, fwd R trng LF undr jnd lead hnds to fc ptr, bk L/cl R, bk L to HNDSHK COH);
- 11 {X BDY W/ REV TWRL} Fwd L, rec R trng LF, sd & bk L/cl R to L, sd & bk L toe pointing LOD (W Bk R, rec L, fwd R/lk LIB of R, fwd R twd M staying on R sd endg in an L shape);
- 12 Bk R rec L trng LF to fc COH, sd R/cl L to R, sd R (W Fwd L, fwd R trng LF 1/2 to fc

wall, continue LF trn undr handshake sd & fwd L/cl R to L, sd L completing 1 full LF twirl to end fcg ptr W fcg WALL w/ HNDSHK) end fcg ptr M fcg COH w/ HNDSHK;

**NOTE:** W's LF twirl can be omitted and replaced with sd cha.

**13-16****SHADOW NEW YORKER; UNDERARM TURN; SHADOW NEW YORKER WITH TWIRL; WHIP TO FACE WALL BFLY;**

- 13 {SHDW NY} In HNDSK trng RF fwd L LOD w/ L arm extended bhd W, rec R trng LF, cont LF trn to fc ptr sd L/cl R to L, sd L (W Trng LF fwd R LOD w/ L arm extended out to COH, rec L trng RF, cont RF trn to fc ptr sd R/cl L to R, sd R) to end facing ptr M fcg COH w/ HNDSHK;
  - 14 {UNDRM TRN} Bk R raising jnd R hnds, rec L, sd R/cl L, sd R (W XLif of R trng RF under jnd R hnds, rec R cont RF trn to fc ptr, sd L/cl R, sd L) to end facing ptr M fcg COH w/ HNDSHK;
  - 15 {SHDW NY W/ TWIRL} Trng RF fwd L LOD w/ L arm extended bhd W, rec R trng LF, cont LF trn to fc ptr sd L/cl R to L, trng slightly LF sd L toe pointing RLOD (W Trng LF fwd R LOD w/ L arm extended out to COH, rec L trng RF, cont RF trn to fc ptr twirl RF 1 full trn under handshake on cha sd & fwd R/cl L to R, sd R) to end facing ptr M fcg COH w/ HNDSHK;
- NOTE:** W's RF twirl can be omitted and replaced with sd cha.
- 16 {WHP} Bk R trng 1/4 LF, rec fwd L cont trn 1/4 to fc WALL, sd R/cl L, sd R (W Fwd L, fwd R trng 1/2 LF to fc COH, sd L/cl R, sd L);

**PART D****1-4****BASIC;; ALEMANA;;**

- 1 {BAS} Fwd L, rec R, sd L/cl R, sd L (W Bk R, rec L, sd R/cl L, sd R BFLY COH) BFLY WALL;
- 2 Bk R, rec L, sd R/cl L, sd R (W Fwd L, rec R, sd L/cl R, sd L BFLY COH) BFLY WALL;
- 3 {ALEMANA} Fwd L, rec R, sd L/cl R, sd L leading W to commence RF turn under lead hands (W Bk R, recover L, side R/close L, side R commence RF swivel);
- 4 Bk R, rec L, sd R/cl L, sd R leading W under lead arms to M's R side (W cont RF trn undr jnd lead hnds fwd L, cont RF trn fwd R, fwd L/cl R, fwd L to end M's R sd to commence lariat);

**5-8****LARIAT TO CP WALL;; CUDDLES THREE TIMES;;**

- 5 {LRT} Sd L, rec R, stp in place L/R, L while leading W around back with high lead hands joined throughout (W lead hands joined circle M clockwise fwd R, fwd L, fwd R/cl L, fwd R);
- 6 Sd R, rec L, stp in plc R/L, R leading W to CP WALL (W Continue circle fwd L, fwd R, fwd L/cl R trng to fc ptr, sd L to CP COH) CP WALL;
- 7 {CUDDLE} Giving W a slight L sd lead to open her out w/ slight R sd stretch sd L w/ L sd stretch, rec R, cl L w/ R sd stretch placing L hnd on W's R shoulder blade/stp in plc R, stp in plc L leading W to CP (W With slight L sd stretch trn 1/2 RF bk R w/ R sd stretch R arm out to sd, rec L w/ L sd stretch, fwd R place R w/ L sd stretch place R hnd on M's L shoulder trng 1/2 LF/cl L, sd R blending to CP);
- 8 {CUDDLE} Giving W a slight R sd lead to open her out with slight L sd stretch sd R w/ R sd stretch, rec L, cl R w/ L sd stretch placing R hnd on W's L shoulder blade/stp in plc L, stp in plc R leading W to CP (W With slight R sd stretch trn 1/2 LF bk L w/ L sd stretch L arm out to sd, rec R w/ R sd stretch, fwd L place L w/ R sd stretch place L hnd on M's R shoulder trng 1/2 RF/cl R, sd L blending to CP);

**9-12****[3rd CUDDLE]; TO A FAN; START A HOCKEY STICK; TUMMY CHECK TO FAN;**

- 9 {CUDDLE} Giving W a slight L sd ld to open her out w/ slight R sd stretch sd L w/ L sd stretch, rec R, cl L w/ R sd stretch placing L hnd on W's R shoulder blade/stp in plc R, stp in plc L leading W to CP (W With slight L sd stretch trn 1/2 RF bk R w/ R sd stretch R arm out to sd, rec L w/ L sd stretch, fwd R place R w/ L sd stretch place R hnd on M's L shoulder trng 1/2 LF/cl L, sd R blending to CP) CP WALL;
- 10 {TO FAN} Bk R, rec L, sd R/cl L, sd R (W Fwd L trng LF 1/4, stp sd & bk R, bk L/lk Rif

of L, bk L leaving R extended fwd w/ no weight) end M fcg WALL W fcg RLOD;

- 11 {START HKY STK} Fwd L, rec R, cl L/R, L (W Cl R, fwd L, fwd R/lk Lib of R, fwd R);
- 12 {TUMMY CK TO FAN} Placing R hnd on W's stomach to stop fwd progress XRif behind W, rec L leading W to fan, cl R/L, R (W Fwd L ckg extend arms out, rec R, bk L/lk Rif of L, bk L leaving R extended fwd w/ no weight ending in fan pos LOP RLOD) LOP WALL;

**13-16**

**HOCKEY STICK; TO BFLY WALL; NEW YORKER; FENCE LINE TO LOW BFLY;**

- 13 {HKY STK TO BFLY WALL} Fwd L, rec R, cl L/R, L (W Cl R, fwd L, fwd R/L, R);
- 14 Bk R, rec L lead W to trn LF under joined lead hnds to fc M, fwd R/cl L, fwd R end BFLY WALL (W Fwd L, fwd R trng LF undr joined lead hnds to fc ptr, bk L/cl R, bk L end BFLY COH);
- 15 {NY} Trng RF stp thru w/ straight L leg to sd by sd position fcg RLOD, rec R to fc ptr, sd L/cl R, sd L to BFLY WALL (W Trng LF stp thru w/ straight R leg trng to sd by sd position fcg RLOD, rec L to fc ptr, sd R/cl L, sd R to BFLY COH) BFLY WALL;
- 16 {FNC LINE} Cross lunge thru R with bent knee looking LOD, rec L trng to fc ptr, sd R/cl L, sd R (W Cross lunge thru L with bent knee looking LOD, rec R trng to fc ptr, sd L/cl R, sd L to low BFLY COH) end in low BFLY WALL;

**17-18**

**1/2 BASIC LADY WRAP; HIP ROCK 3 AND HOLD;**

- 17 {1/2 BAS LADY WRP} Fwd L, rec R raising lead hnds, while doing cha sd L/cl R sd L lead W to wrap undr lead hnds retaining M's R and W's L handhold at waist level (W bk R, rec L raising lead hnds, while doing cha fwd R/lk Lib of R, fwd R turn LF 1/2 to fc wall wrapping W's arms in front of her waist w/ R arm over L arm);
- 18 {HIP RK 3 & HOLD} Sd R tch hips, rec L, rec R tch hips, - (W Sd L tch hips, rec R, rec L tch hips, -);

**QUICK CUES**

SEQUENCE: INTRODUCTION    A B    A B    C D

**INTRODUCTION**

**BFLY WALL WAIT 2 MEAS;; SHOULDERS TO SHOULDERS TWICE;;**

**PART A**

**BASIC;; NEW YORKER; THRU TO AIDA;**

**SWITCH CROSS; TO RLOD CRAB WALK 1/2; 1/2 BASIC; SPOT TURN TO LEFT HAND STAR FC RLOD;**

**PART B**

**UMBERELLA TURN;;; BFLY WALL;**

**BREAK BACK TO 3 FORWARD CHAS;; NEW YORKER TO BFLY; FENCE LINE TWICE;;**

**REPEAT PART A****REPEAT PART B****PART C**

**BASIC;; FENCE LINE TWICE TO HANDSHAKE;;**

**FLIRT;; SWEETHEART TWICE LADY TO FAN;;**

**HOCKEY STICK TO FACE WALL TO HANDSHAKE;; CROSS BODY WITH REVERSE TWIRL;;**

**SHADOW NY; UNDERARM TURN; SHADOW NY WITH TWIRL; WHIP TO FACE WALL BFLY;**

**PART D**

**BASIC;; ALEMANA;;**

**LARIAT TO CP WALL;; CUDDLES THREE TIMES;;**

**[3rd CUDDLE]; TO A FAN; START A HOCKEY STICK; TUMMY CHECK TO FAN;**

**HOCKEY STICK; TO BFLY WALL; NEW YORKER; FENCE LINE TO LOW BFLY;**

**1/2 BASIC LADY WRAP; HIP ROCK 3 AND HOLD;**