

Calm After The Storm (released March 2016)



Choreographers: Klaus & Marion Völkl, Rübezahlstr. 48a, 81739 München, Germany
e-mail: kundmv@t-online.de

Music: Calm After The Storm by The Common Linnets
(Several sources: e.g. Bravo Hits 86, The Common Linnets,
Eurovision Song Contest 2014 Copenhagen-CD2 and other sources)

Rhythm/Phase: RB PH III

Footwork: Opposite throughout, directions for M unless otherwise stated

Sequence: **Intro-ABC-ABC-CD-AC-End**

INTRO

1-2 WAIT 2 MEAS IN FCG POS::

1-2 FCG Pos M fcg WALL and ptr ld ft free for both wt 2 meas;;

Part A

1-8 TIME STEP; THRU SERPIENTE;; FENCE LINE; THRU SERPIENTE;;

CRAB WALKS 3; CUCARACHA;

- 1 {Tim Stp} XLIB, rec R, sd L,- to BFLY POS;
- 2-3 {Thru serp} Thru R, sd L, bhd R, fan L CCW; bhd L, sd R, thru L, fan R CCW;
(W thru L, sd R, bhd L, fan R CW; bhd R, sd L, thru R, fan L CW;)
- 4 {Fnc Line} X LUN R w/ bent knee looking twd LOD, rec L to fc ptr, sd R,-;
- 5-6 {Thru serp} Thru L, sd R, bhd L, fan R CW; bhd R, sd L, thru R, fan L CW;
(W thru R, sd L, bhd R, fan L CCW; bhd L, sd R, thru L, fan R CCW;)
- 7 {Crb Wlks} XLIF of R, sd R, XLIF of R,-;
- 8 {Cuca} Sd R w/ partial wgt, rec L, cl R,-;

Part B

1-8 CHASE WITH UNDERARM PASS;; TURN & TIME; NEW YORKER-TWICE;; TIME & TURN;

CHASE WITH UNDERARM PASS;;

- 1-2 {Chs w/ Undrm pass} Fwd L comm ½ RF trn keeping ld hnds jnd, rec fwd R, fwd L,-;
Bk R raising jnd ld hnds, rec L, sd R,-;
(W Bk R keeping ld hnds jnd, rec L, fwd R twd M's L sd,-; Fwd L, fwd R trng ½ LF undr jnd ld hnds,to fc ptr, sd L,-;)
- 3 {Trn & Tim} M Spt Trn: Swvl ¼ RF on ball of R ft stp fwd L trng ½ RF, rec trng ¼ RF to fc ptr, sd L,- to BFLY Pos; (W Time Step: XRIB, rec L, sd R,-;)
- 4-5 {NY-twice} Swvl on L ft bring R ft thru with straight leg to a sd by sd pos, rec L swvl to fc ptr, sd R,-; Repeat second New Yorker in the opposite Dir;
- 6 {Tim & Trn} M Time Step: XRIB, rec L, sd R,- to LOP fcg ptr; (W Spt Trn: Swvl ¼ RF on ball of R ft stp fwd L trng ½ RF, rec trng ¼ RF to fc ptr, sd L,-;)
- 7-8 {Chs w/ Undrm pass} repeat meas 1-2 of Part B in the opposite DIR;;

Part C**1-8 CHASE PEEK-A-BOO;;; FORWARD BASIC; UNDERARM TURN; LARIAT;;**

- 1-4 {**Chs peek-a-boo**} Fwd L trng sharply $\frac{1}{2}$ RF to Tandem [M in front], rec R, fwd L,-; sd R looking ovr L shldr, rec L, cl R,-; Sd L looking ovr R shldr, rec R, cl L,-; Fwd R trng sharply $\frac{1}{2}$ LF, rec L, fwd R,-; (*W Bk R, rec L, fwd R,-; sd L, rec R, cl L,-;*)
Sd R, rec L, cl R,-; Fwd L, rec R, bk L,-;)
 5 {**Fwd Bas**} Fwd L, rec R, sd L,-;
 6 {**Undrm Trn**} Raising jnd ld hnds trn bdy slightly RF bk R, rec L squaring bdy to fc ptr, sd R,-; (*W Swvlg $\frac{1}{4}$ RF on ball of R ft stp fwd L turning $\frac{1}{2}$ RF, rec R trng $\frac{1}{4}$ RF to fc ptr, sd L,-;*)
 7-8 {**Lrt**} Push L sd w/ partial weight, rec R, cl L; Push R sd w/ partial weight, rec L, cl R; (*W Circle Man CW with jnd ld hnds fwd R, fwd L, fwd R to fc M, sd L,-;*)

Part D**1-8 BREAK BACK TO OPEN; PROGRESSIVE WALKS; SIDE WALK APART; SPOT TURN TO FC; PROGRESSIVE WALK TOGETHER; CUCARACHA CROSS-TWICE;; SIDE WALK 3;**

- 1 {**Brk bk to OP**} Swvlg sharply LF (*W RF*) on R ft to fc LOD bk L, rec R, fwd L,-;
 2 {**Prg Walks**} Fwd R, fwd L, fwd R,-;
 3 {**Sd wlks apt**} Sd L twd COH, cl R, sd L,-; (*W Sd R twd WALL, cl L, sd R,-;*)
 4 {**Spt trn to fc**} Swvl $\frac{1}{4}$ LF on ball of L ft stp fwd R trng $\frac{1}{2}$ LF, rec to fc ptr, fwd twd ptr R,-;
 5 {**Prog Wilks tog**} Tog L, tog R, tog L,-; (make small steps)
 6-7 {**Cuca X-twice**} Sd R, rec L, XRIF,-; Sd L, rec R, XLIF,-;
 8 {**Sd Wilk 3**} Sd R, cl L, sd R,-;

End**1-4 OPEN BREAK; WHIP; HAND TO HAND; WHIP; OPEN BREAK & FREEZE;**

- 1 {**Op brk**} Rk apt strongly on L to LOP fcg ptr while extending free arm to sd, rec R lowering free arm, sd L,-;
 2 {**Whp**} Bk R $\frac{1}{4}$ LF trn, rec fwd L trn $\frac{1}{4}$ to comp trn, sd R,- to fc COH; (*W fwd L outsd M on his L sd, fwd R $\frac{1}{2}$ LF trn, sd L,-;*)
 3 {**Hnd-hnd**} Swvlg sharply $\frac{1}{4}$ LF (*W RF*) bk L to OP, rec trn $\frac{1}{4}$ to fc ptr, sd L,-;
 4 {**Whp**} repeat meas 2 of End in the opposite DIR;
 5 {**Op brk-freeze**} Rk apt strongly on L to LOFP while extending free arm to sd & freeze,

Recommended Cues:**Sequence: Intro-ABC-ABC-CD-AC-End**

Intro:	Facing Pos M fcg Wall wait 2 meas;;
Part A:	Time Step; Thru Serpiente;; Fence Line; Thru Serpiente twd RLOD;; Crab Walk; Cucaracha;
Part B:	Chase W/ UA Pass;; Turn & Time; New Yorker-twice;; Time & Turn; Chase W/ UA Pass;;
Part C:	Chase Peek-a-boo;;; Fwd Basic; UA trn; Lariat;;
Part D:	Break bk to OP; Prog Walk; Sd Walk apt; Spot Turn apt to fc; Prog Walk tog; Cucaracha cross-twice;; Side Walk 3;
End:	Open Break; Whip; Hand To Hand; Whip; Open Break - one Step;