

A "ROUND DANCER" magazine service

## CAPE COD WALTZ

Composers--Larry & Thelma Jessen, Redwood City, Calif.

Record---- WINDSOR #4695 -- Music by the Pete Lofthouse Band

Position--- INTRO - Open - Facing -- DANCE - Closed-pos M facing RLOD

Footwork-- Opposite throughout, steps described are for the M

Measures

### INTRODUCTION

1---4 WAIT; WAIT; BAL APART, POINT, -; MANEUVER, 2, 3 to CP;

Wait 2 meas in Open-Facing pos; step bwd twd COH on L ft, point R ft fwd, hold 1 ct; start R ft maneuver 1/4 R in 3 steps R, L, R to end in CP M facing RLOD;

### DANCE

1---4 (R) TURN WALTZ; (R) TURN WALTZ (to Sidecar); BWD WALTZ; (L) TURN WALTZ (to Bjo); Starting bwd in LOD on L ft do 2 RF turning waltzes (1 full turn) blending into closed SCar pos M facing RLOD; start L ft do 1 waltz bwd in LOD; step bwd in LOD on R ft, do 1 LF turning waltz (1/2 turn) blending into closed bjo-pos M facing LOD;

5---8 FWD WALTZ; WALTZ 1/4 (to CP); (Box) FWD, SIDE, CLOSE; THRU, MANUV, 2 (to CP); In bjo-pos do 1 fwd waltz down LOD; do a 1/4 RF turning waltz blending into CP end M facing wall; step fwd twd wall on L ft, swd in RLOD on R ft, close L ft to R; adjusting to SCP step thru twd LOD on R ft (W thru on L ft), manuv 1/2 RF in 2 steps L, R as W steps R, L almost in place ending in CP M facing RLOD;

9--12 REPEAT ACTION OF MEAS 1-4.

13-16 FWD WALTZ; WALTZ 1/4.R (to CP); (Box) FWD, SIDE, CLOSE; THRU, SIDE, CLOSE (to CP); Repeat action of meas 5-7; turning to SCP step thru in LOD on R ft (W on L), swd in LOD on L ft, close R ft to L ending in Loose-CP M facing wall;

17-20 (SCP) FWD WALTZ; FWD, LADY to CP; L TURN WALTZ; L TURN WALTZ; Turning to SCP do 1 fwd waltz down LOD; M start R ft do 1 more fwd waltz (short steps) as he leads W 1/2 L turn to CP; start L ft do 2 LF turning waltzes (3/4) turn to end in Loose-CP M facing wall;

21-24 (Vine) SIDE, BEHIND, SIDE; THRU, MANUV, 2 (to CP); R TURN WALTZ; TWIRL, 2, 3; In Loose-CP step swd in LOD on L ft, step on R ft XIB of L (W XIB also), step swd L; step thru on R ft (W on L) in LOD, step L, R maneuvering to CP M facing RLOD; start bwd on L ft, do 1 RF turning waltz (1/2 turn); M does 1 fwd waltz down LOD as W starts bwd on L & does 1 RF twirl in 3 steps (LRL) under lead hands (M's L & W's R) to end in open-facing pos M's R & W's L hands joined;

25-28 WALTZ AWAY; TURN IN, 2, 3; BWD WALTZ; TURN IN, 2, 3; Starting M's L ft & swinging joined hands thru waltz fwd & very slightly away from ptr; still moving down LOD & turning in twd ptr (M 1/2 RF & W 1/2 LF) swinging same joined hands bk thru twd RLOD & releasing, join M's L & W's R hands to end in L open pos both facing RLOD; do 1 waltz bwd in LOD; start bwd in LOD on R ft turning in twd ptr (M 1/4 LF & W 1/4 RF) swinging joined hands bwd & thru twd LOD & releasing, join new inside hands (M's R & W's L) to end in Open-Facing pos;

29-32 SOLO WALTZ TURN; ON AROUND, SIDE, CLOSE (to CP); (Box) FWD, SIDE, CLOSE; THRU, MANUV, 2 (to CP);

Starting M's L ft & swinging joined hands thru twd LOD then releasing do 1 solo waltz turn: LOD (M LF & W RF) completing 1/2 turn to end facing RLOD & joining new inside hands (M L & W's R) at about shoulder height; retain these hands as you lead bwd on M's R turning in to face ptr & wall, step swd twd LOD on L, close R to L assuming CP M facing wall; Repeat action of meas 7-8;

PERFORM ENTIRE ROUTINE FOR A TOTAL OF THREE TIMES-----

ENDING: During meas 32 of final sequence step thru twd LOD on R ft, swd in LOD on L ft, close R ft to L in CP M facing wall; step apart & acknowledge.

