

Chanel

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Music: Chanel - Alessandro Olivato (Only Ballroom Vol 1) 1:55
Avail for download from www.casa-musica-shop.de
Footwork: Opposite except where noted
Rhythm/Phase Waltz Phase VI Degree of Difficulty: Easy
Sequence: Intro – A – B – C Speed 44 rpm Release 1.1 August 2018

INTRO

- 1 - 4** **WAIT ; SLOW CROSS SWIVEL HOLD ; LINK TO SCP ; CHAIR & SLIP ;**
1 Wait 1 measure in BFLY/SCAR DRW lead foot free;
2 1-- XLIF(W XRIB), swivel LF to BFLY/BJO pointing trailing foot to sd, slightly stretch lead side;
3 1-3 XRIF(W XLIB), rise trng RF to CP tch L to R, cont body turn to SCP DW fwd L;
4 123 On soft L check thru to DW on R, rec L trng LF, small bk R to CP DC
(W on soft R check thru to DW on L, rec R turning LF to M keep head to L, fwd L to CP);

PART A

- 1 - 4** **REVERSE FALLAWAY SLIP ; REVERSE PIVOT TO THROWAWAY OVERSWAY ; ;
FALLAWAY RONDE & SLIP ;**
1 1&23 Fwd L comm LF turn/sd R twd DC, XLIB to DC rising & turning LF, slip bk R cont LF turn
(W bk R/bk & sd L, XRIB trng LF, fwd L trng LF to CP);
2 123 Cont LF turn fwd L LOD, fwd & sd R cont LF turn, sd & bk L LOD keep body to W
(W bk R, trng LF on R heel cl L, sd & fwd R LOD);
3 --- Turnng body LF bring W to CP DW, lower on L trng hips to L extending R foot bk to RLOD, extend;
(W trng LF on R bring L to R no weight, lower on R extend L bk to LOD keep head to L, extend);
4 123 Quickly rise small bk R ronde L CCW, bk L trng LF, small bk R to CP DC
(W quickly rise trng RF small bk L ronde R CW, bk R trng LF, slip fwd L to CP);
- 5 – 8** **OPEN REV TURN ; TUMBLE TURN ; OUTSIDE CHECK ; HESITATION CHNG W/SWAY ;**
5 123 Fwd L DC comm LF trn, fwd & sd R, bk L to LOD BJO
(W bk R trng LF, sd & bk L trng LF, fwd R BJO);
6 1&23 Bk R comm LF trn/sd & bk L cont trng, fwd R outsd ptrn in BJO to LOD with rt sd stretch trng LF,
fwd L lowering with LF swivel(W fwd L/trng LF sd & fwd R cont trng, bk L stretch L sd head to R,
Bk R trng LF);
7 123 Bk R, trng LF sd & fwd L, fwd R outsd ptrn BJO RLOD(W fwd L, sd & bk R, bk L);
8 12- Bk L, trng RF sd & fwd R, drw L to R no weight stretch rt sd left sd slightly fwd CP DC
(W fwd R, trn RF sd & bk L, drw R to L slight stretch left sd);

- 9 - 12 RUMBA CROSS 2X ; ; TRAVELING CONTRA CHECK ; RUNNING OPEN NATURAL ;**
 9 1&23 Fwd L with L sd lead & L sd stretch/XRIB of L trng RF, bk L trng RF, fwd R to CP LOD;
 (W Bk R trng RF R sd lead/XLIF, cont trng fwd R pivot RF, bk L);
 10 1&23 Fwd L with L sd lead & L sd stretch/XRIB of L trng RF, bk L trng RF, fwd R to CP LOD;
 (W Bk R trng RF R sd lead/XLIF, cont trng fwd R pivot RF, bk L);
 11 123 Lwr on R fwd L with R sd lead, cl R to L with L sd stretch rising trng woman RF to SCP,
 fwd L SCP LOD(W bk R with L sd lead, cl L to R trng RF, fwd R LOD);
 12 12&3 Fwd R LOD, fwd L across W trng RF/bk R, bk L(W fwd L, fwd R betw M's feet/fwd L, fwd R BJO);

- 13 - 16 BK CHASSE BJO ; CONTINUOUS HOVER CROSS ; ; ;**
 13 12&3 Bk R, trng LF to fc wall sd L/cl R, cont slight trn sd & fwd L BJO(W fwd L, trng LF sd R/cl L, sd R);
 14 123 Fwd R outsd W trng RF, sd L fc RLOD, cont trng sd & fwd R SCAR LOD
 (W bk L pull R past L trng RF, trng on L heel cl R to L cont on R, bk L);
 15 456 Fwd L SCAR, cl R stretch L sd & rotate body to R lead W across body, bk L BJO
 (W bk R behind L, sd L, fwd R BJO);
 16 789 Bk R, slight trn LF sd & fwd L DC, fwd R CBJO DC(W fwd L, trn LF sd & bk R, bk L);

PART B

- 1 - 4 DOUBLE TELESPIN ; ; TO SCP ; OPEN NATURAL ;**
 1 12- Fwd L trng LF, sd & fwd R to CP RLOD, point L bk partial weight beginning shift to L foot
 (123&) (W bk sd R pull L heel to R comm LF turn, cont trn cl L to R, fwd R LOD/fwd L);
 2 12- Cont shift to L take full weight & turn LF, sd & fwd R LOD cont LF turn fc RLOD, point L bk partial
 weight beginning shift to L foot
 (123&) (W trng LF fwd & sd R, cont trn cl L to R on toes, fwd R LOD/fwd L);
 3 123 Cont shift to L take full weight & turn LF, sd & fwd R LOD cont LF turn fc RLOD,
 cont LF turn sd & fwd L SCP DW
 (W trng LF fwd & sd R, cont trn cl L to R on toes, fwd R DW);
 4 123 Fwd R, fwd L across W trng RF, bk R bjo(W fwd L, fwd R betw M's feet, fwd L BJO);

- 5 - 8 OUTSIDE SPIN ; OVERTURN RIGHT TURNING LOCK 2X ; ; QUICK LK SLOW LK ;**
 5 123 Small bk R trng RF, fwd R outsd W, sd & bk L CP RLOD
 (W fwd R outsd M, cl L to R trng RF, fwd R to CP);
 6 1&23 Bring R sd bk bk R/XLIF of R, trn RF to step fwd R btwn W's ft pivot RF to CP, bk L CP RLOD
 (W fwd L with L shoulder lead/trng RF XRIB of L, sd & fwd L around M trn RF, fwd R in CP);
 7 1&23 Bring R sd bk bk R/XLIF of R, trn RF to step fwd R btwn W's ft pivot RF to CP, bk L CP RLOD
 (W fwd L with L shoulder lead/trng RF XRIB of L, sd & fwd L around M trn RF, fwd R in CP);
 8 1&23 Bk R with R sd lead/XLIF, bk R, XLIF(W fwd L to BJO L sd lead/XRIB, fwd L, XRIB);

- 9 - 12 BK TO SLOW HINGE ; , , LDY REC ; SYNC RT PIVOT TO WHISK ; QUICK OPEN REV ;**
 9 12- Bk R trng to LF, sd L trng LF, lower on L
 (123) (W fwd L trng LF, sd L, XRIB lower with head to left);
 10 --- Lower & cont stretch, -, rotate body lead W to recover to R
 (--6) (W lower & stretch, -, fwd R trng RF);
 11 12&3 Trng RF to RLOD fwd R pivoting RF ½/bk, bk L to RLOD/trng RF sd & bk R to DRW, XLIB to SCP
 (W cont RF trn bk L RLOD, trng RF on L cl R/cont trn sd L, XRIB);
 12 12&3 Fwd R DC, fwd L trng W to CP/trn LF sd R, bk L BJO
 (W fwd L, fwd R trng LF in front of M/sd L cont trng, fwd R BJO);

- 13 - 16** **HOVER CORTE ; BK WHISK ; M THRU CHASSE/W LF ROLL 3 TO SHAD ; FWD SD CL ;**
 13 123 Bk R to CP, bk & sd L to LOD rising & trng LF, rec bk R to RLOD BJO
 (W fwd L, fwd & sd R trng LF keep head to L, rec L);
 14 123 Bk L, trng RF sd R, XLIB to SCP
 (W fwd R outsd M, trng RF sd L, XRIB SCP);
 15 12&3 Fwd R, release W trn body RF sd L/cl R, sd L
 (123) (W fwd L comm LF roll, sd & bk R LOD, cont trng sd L);
 16 123 Both fwd R to LOD, sd L, cl R join L hands to shadow pos fc wall;

PART C

- 1 - 4** **SHADOW WHISK ; FWD CHASSE ; CURVED FEATHER ; BK HOVER TELEMAR ;**
 1 123 Same foot work for both next 8 measures fwd L, sd & fwd R, XLIB;
 2 12&3 Fwd R, trng slight RF sd L/cl R, sd L;
 3 123 Fwd R DW comm RF trn, sd & fwd L trn RF, fwd R DRW;
 4 123 Bk L trng RF, sd & fwd R, fwd L DW;
- 5 - 8** **RELEASE FOR SOLO WEAVE ; TO LOP ; SYNC VINE ; SLOW CROSS CHECK & EXT ;**
 5 123 Release all contact W staying to LOD of M fwd R, fwd L, trn LF sd R sweep L arm to RLOD;
 6 456 XLIB comm sweeping L arm down & fwd to LOD, cont LF trn bk R DC, trn to fc wall sd L to LOP;
 7 1&23 In LOP XRIF/sd L, XRIB, sd L;
 8 1-- Lower on L cross lunge R to LOD, extend trailing arms to sd, continue stretching;
- 9 - 12** **M REC, SD TRANS/W SYNC SPIN IN 5 TO BFLY SCAR ; CHK DEVELOPE ;
 BK CHASSE BJO ; CHECK NATURAL & SLIP ;**
 9 1--& Bk L, / trn RF sd R to BFLY SCAR DRW
 (12&3&) (W bk L comm RF spin, R/L, R/L 1 & ½ turns);
 10 1-- Chk fwd L in SCAR with R sd stretch, change to to LF stretch, -
 (W bk R, sway to L bring L foot up to knee, extend L ft fwd & down);
 11 12&3 Bk R, trng LF sd L/cl R, sd L slight LF turn to BJO;
 12 123 Fwd R comm RF trn, swing LF fwd chk fwd L DW, rec slip bk R trng LF CP DC
 (W bk L comm RF trn, small step sd & fwd trng head to R, rec fwd L trng LF to CP);
- 13 - 15** **DOUBLE REVERSE 2X ; TO DW ; SLOW CONTRA CHECK & EXTEND ; ,**
 13 12- Fwd L trng LF, sd R to CP RLOD, bring L to R cont trng LF on R to CP LOD
 (12&3) (W bk R pull L past R trng LF on R heel, cl L to R/fwd R past M trng LF, XLIF);
 14 12- Cont LF trn fwd L DC trng LF, sd R to CP RLOD, bring L to R cont trng LF on R to CP LOD
 (12&3) (W bk R pull L past R trng LF on R heel, cl L to R/fwd R past M trng LF, XLIF);
 15 1--- Lower on R slow fwd on L, with weight between feet trn body LF, continue stretch through last note
 (W lower on L with LF stretch slow bk on R, trn body LF head well to left, extend); ,