

DE NINA A MUJER

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MUSIC: "De Nina a Mujer", *Mis Quince Anos*, by Music Makers, available as a download from Amazon

RHYTHM: Rumba

PHASE IV+1 (cuddles) Average difficulty

FOOTWORK: Opposite (W's footwork in parentheses)

SPEED (slow 2-3%, or as desired)

SEQUENCE: INTRO A B A B B END

INTRODUCTION

- 1-4** BFLY COH;; SIDE WALKS 3; SPOT TURN TO CP;
 1-2 {wait} BFLY COH wait;;
 3 {sd walk 3} Sd L, cl R, sd L, -;
 4 {spot trn} Thru R RLOD trng ½ LF to fc LOD, rec L cont trn to fc ptr, sd R to CP, -;
- 4-8** CROSS BODY TO HANDSHAKE;; SHADOW NEW YORKER; R HAND UNDERARM TURN;
 5-6 {cross body} Fwd L, rec R trng ¼ LF to fc RLOD, sd L blending to "L" pos (Bk R, rec L, fwd R), -; Rk bk R, rec L trng ¼ LF to fc WALL, sd R to handshake WALL (Fwd L, fwd R trng ½ LF to fc COH, sd L), -;
 7 {shad NY} R/R hnds lunge thru L, rec R, sd L, -;
 8 {R hnd undarm trn} Keeping RR hnds bk R, rec L, sd R (W XLIF und R hnds trng ½ RF, rec R cont trn to fc ptr, sd L), -;

PART A

- 1-4** FLIRT; LADY TO FAN; ALEMANA FROM FAN TO BFLY;;
 1-2 {flirt to fan} R hnds joined fwd L, rec R, cl L leading W to trn ½ LF (Bk R, rec L fwd R trng ½ LF to VARSOU pos), -; Bk R, rec L, sd R (Bk L, rec R, sd L moving in front of M & trng 1/4 RF to fan pos), -;
 3-4 {alemana from fan} Fwd L, rec R, cl L leading W to trn RF (Cl R, fwd L, fwd R swiveling RF to fc ptr), -; Bk R, rec L, sd R (Fwd L trng RF und ld hnd, fwd R, sd L to BFLY), -;
- 5-8** NEW YORKER; THRU TO AIDA; SWITCH ROCK; SPOT TURN TO CP;
 5 {NY} Thru L RLOD (W thru R), rec R to fc, sd L, -;
 6 {aida} Thru R, sd L to fc ptr, trng RF bk R to aida line looking RLOD, -;
 7 {switch rk} Trng LF sd L to fc ptr, rec R, sd L (Trng RF sd R, rec L, sd R), -;
 8 {spot trn to CP} Thru R LOD trng ½ LF to RLOD, fwd L cont trn to fc ptr, sd R to CP, -;
- 9-13** CUDDLES;; BREAK BACK TO ½ OP; OPEN IN & OUT RUNS;;
 9-10 {cuddles} Push sd L, rec R, cl L (Trng RF on L rk bk R in M's R arm to fc LOD, rec L to fc ptr, sd R to momentary cuddle pos), -; Push sd R, rec L, cl R (Trng LF on R rk bk L in M's L arm to fc RLOD, rec R to fc ptr, sd L to momentary cuddle pos), -;
 11 {brk bk ½ OP} Bk L to ½ OP fcg LOD, rec R, fwd L (Rk bk R in M's R arm to fc LOD, rec L, fwd R), -;
 12-13 {op in & out runs} Fwd R toeing to ptr, fwd & acrs W L, cont trng to fc LOD fwd R in L ½ OP (Fwd LOD L, R, L), -; Fwd LOD L, fwd R between W's ft, fwd L to ½ OP (Fwd R toeing to ptr, fwd & acrs M L, cont trng to fc LOD fwd R), -;

- 14-16** OPEN FENCELINE BFLY; AIDA TO RLOD; SWITCH ROCK;
 14 {OP fenceline} Lunge thru R w/ bent knee in 1/2 OP, rec L joining ld hnds, sd R to momentary BFLY, -;
 15 {aida to RLOD} Thru L, sd R to fc ptr, trng LF bk L to aida line looking LOD, -;
 16 {switch rk} Trng RF sd R to fc ptr, rec L, sd R (Trng LF sd L, rec R, sd L), -;

PART B

- 1-4** NEW YORKER IN 2 & POINT; THRU TO SERPIENTE RLOD;; FENCELINE;
 1 {NY in 2 & pt} Thru L RLOD (Thru R), rec R to fc, pt L to BFLY, -;
 2-3 {serpiente} BFLY thru L, sd R, XLIB, fan R; XRIB, sd L, thru R, fan L;
 4 {fenceline} Lunge thru L w/ bent knee, rec R, sd L, -;

PART B (CONTINUED)

- 5-8 CRAB WALK 3; TWIRL VINE 3; FENCELINE; 2 SLOW ROCKS TO HANDSHAKE;
 5 {crab walk 3} Xrif, sd L, Xrif (Xrif, sd R, Xrif), -;
 6 {twirl vine 3} Sd L leading lady to twrl RF und ld hnds, XRib, sd L (W twirl RF R, L, R to BFLY), -;
 7 {fenceline} Lunge thru R w/ bent knee, rec L, sd R to lo BFLY, -;
 8 {2 sl rks to hndshk} Rk sd L, -, rk sd R joining R hnds, -; [2nd time to LO BFLY; 3rd time to CP]

REPEAT A

REPEAT B TO LO BFLY

REPEAT B TO CP

END

- 1-6 CUDDLES;; BREAK BACK TO ½ OP; OP IN AND OUT RUNS;; OPEN FENCELINE BFLY;
 1-6 Repeat Meas. 9-14, PART A
- 7-9 NEW YORKER RLOD; THRU SIDE CLOSE; LUNGE APART W/ SLOW ARM SWEEP;+
 7 {NY} Thru L Rlod (W thru R), rec R to fc, sd L, -;
 8 {thru sd cl} Thru R, sd L to fc ptr, cl R touching ld hnds, -;
 9 {lunge apt w/ sl arm sweep} Looking at ptr softly lunge apt starting arm sweep, -, finish slow arm sweep as music fades, -;

RB 4+2 DE NINA A MUJER

INTRO: BFLY COH;; SD WALK 3;
 SPOT TRN CP; X BODY TO HNDSHAKE;;
 SHAD NY; UNDARM TRN;
 A
 FLIRT; LADY TO FAN; ALEMANA TO BFLY;;
 NY; THRU TO AIDA; SWITCH RK;
 SPOT TRN CP; CUDDLES;; BRK BK TO ½ OP;
 OP IN & OUT RUNS;; OP FENCELINE;
 AIDA TO RLOD; SWITCH RK;
 B
 NY IN 2 & PT; SERPIENTE RLOD;;
 FENCELINE; CRAB WALK 3; TWRL VINE 3;
 FENCELINE LO BFLY; 2 SL RKS TO HNDSHAKE;
 A
 FLIRT; LADY TO FAN; ALEMANA TO BFLY;;
 NY; THRU TO AIDA; SWITCH RK;
 SPOT TRN CP; CUDDLES;; BRK BK TO ½ OP;
 OP IN & OUT RUNS;; OP FENCELINE;
 AIDA TO RLOD; SWITCH RK;
 B
 NY IN 2 & PT; SERPIENTE RLOD;;
 FENCELINE; CRAB WALK 3; TWRL VINE 3;
 FENCELINE LO BFLY; 2 SL RKS;
 B
 NY IN 2 & PT; SERPIENTE RLOD;;
 FENCELINE; CRAB WALK 3; TWRL VINE 3;
 FENCELINE; 2 SL RKS TO CP;
 END
 CUDDLES;; BRK BK ½ OP; OPEN IN & OUT RUNS;; OP FENCELINE; NY RLOD;
 THRU SD CL; LUNGE APT W/ SL ARM SWEEP;