

Evergreen Rumba

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Music: Evergreen (Gaby Goldberg) 3:29
Avail for download from www.casa-musica.com
Footwork: Opposite and QQS except where noted
Rhythm/Phase Rumba VI Degree of Difficulty: Average Speed 44 rpm (25 mpn)
Sequence: Intro – A – A – B – A(Mod) – B(Mod) Release 1.1 August 2021

INTRO

1 - 4 WAIT ; ; ADVANCED SLIDING DOOR ; UNDERARM SIT/LUNGE REC TO SHDW ;

- 1 In Shadow Skater facing wall lead foot free wait 2 measures ;
-- 2 Wait ;
3 Fwd L, rec R, XLIB under body, lead W to trn RF under L hands
(W bk R to COH, rec L, fwd R across M to LOD, swivel RF under L hands to fc RLOD);
4 Strong lunge sd R extend R arm to sd , rec L, small fwd R, -
(W bk L in sit line extend R arm up, rec R comm RF trn, sd L trng ½ RF, -);

5 - 8 ADVANCED SLIDING DOOR ; ; ADVANCED SLIDING DOOR LADY SPIRAL ; HOCKEY STICK END TO WALL ;

- S 5 Fwd L, rec R, XLIB under body, -(W Bk R to COH, rec L, fwd R across M to LOD, -);
(QQS) 6 Lower on L sweep R arm fwd, rise on L, small fwd R, -(W sd L on soft knee sweep R arm fwd,
rec R, bk L to shadow skaters, -)
7 Fwd L, rec R, XLIB under body, -(W Bk R to COH, rec L, fwd R to wall, spiral LF 7/8 on R);
8 Bk R, rec L, fwd R, -begin blending to CP(W fwd L, fwd R trng ½ LF, bk L, -);

PART A

1 - 4 ½ BASIC TO CONTINUOUS NATURAL TOP ; ; ; DOUBLE UNDERARM ENDING ;

- 1 Fwd L, rec R, sd & fwd L comm RF trn, -(W bk R, rec L, fwd R trng RF, -);
2 XRIB, sd L, XRIB cont trng, raise lead hands -(W sd L, XRIF, sd L cont trng, -);
3 Sd L lead W under lead hands, XRIB, sd L cont trn, -
(W XRIF spiral LF to CP, sd L, XRIF cont trn, -);
QQ&QQ 4 XRIF, sd L lead W under lead hands/sd R, cl L, sd R
(W sd L, XRIF spiral LF/sd L cont LF trn, cl R cont trn, sd L);

(Cont Part A)

- 5 – 8 OPEN HIP TWIST ; FACING FAN ; CURL ; LADY QUICK SWIVEL 4/MAN ROCKS ;**
- 5 Fwd L, rec R, cl L lead W to trn RF, -(W bk R, rec L, fwd R, swiv RF fc LOD);
- 6 Bk R, rec L trn ¼ LF fc LOD, fwd R, -(W fwd L, fwd R trng ½ LF, bk L to fan, -);
- 7 Fwd L, rec R, cl L, lead W to turn LF under lead hands
(W bk R, rec L, fwd R, turn LF under joined lead hands fc LOD);
- QQQQ 8 Keep lead hands joined up in front of W sd R, sd L, sd R, sd L
(W swivel LF on R fwd L COH, swiv RF on L fwd R to wall, swiv LF fwd L COH, swiv RF fwd R to wall);
- 9 - 12 LADY ROLL TO CENTER STORK LINE ; BOTH ROLL ACROSS ; OPPOS SPOT TURN TO BFLY DBLE RONDE ; SYCP INSIDE UNDERARM TURN FC COH ;**
- s 9 Hold on L, -, lunge sd R twd wall, -(W swivel LF on R fwd L COH, fwd R trng LF fc LOD, (QQS) sd L to COH, raise R foot up to R knee raise L arm hand turned out); end LOP fc LOD
- 10 Roll LF beh W L, R, sd L, -(W lower R foot roll RF twd wall R, L, sd R, -);
- 11 Trng LF fwd R to COH trn ½ LF, fwd L to wall, fwd R to BFLY, ronde L cw
(W trng RF fwd L to wall trn ½ RF, fwd R to COH, fwd L to BFLY, ronde R cw);
- QQ&S 12 Trng RF sd L, rec R fc COH lead W under joined lead hands/cl L, sd R, -
(W trng RF XRIB, sd L to DC trng LF under lead hands/cl R, sd L, -); end LOP fc ptr COH
- 13 - 15 NEW YORKER ; SPOT TURN ; ADVANCED ALEMANA ; ;**
- 13 Trng RF fwd L LOD, rec R trng to fc ptr, sd L, -;
- 14 Trng LF fwd R RLOD trng ½ LF, fwd L LOD trng to fc ptr, sd R, -;
- 15 Fwd L, rec R, sd & fwd L trng RF raise lead hands to lead W under hands, -
(W bk R, rec L, fwd R trng RF fc M, -);
- 16 Cont trng RF XRIB, sd L, cl R fc WALL CP, -
(W under lead hands fwd L DRC trn RF, fwd R to wall cont trn, fwd L to M to CP, -);

PART B

- 1 – 4 CIRCULAR HIP TWIST ; ; ; LADY FWD SWIVEL, SPIRAL WRAP ;**
- 1 Lead W to open RF fwd L, rec R, XLIB start LF rotation, -
(W turn RF ½ on L bk R, rec L trng ½ LF, fwd R outsd M, swivel RF twd LOD);
- 2 Sd R, XLIB cont LF trn, sd R, -(W fwd L/swiv LF fc M, cl R/swiv RF, fwd L, -);
- 3 Cont LF trn XLIB, sd R, cl L fc WALL, -
(W swiv LF/cl R, swiv RF fwd L, swiv LF cl R, swiv hips RF);
- SS 4 Sd R, rotate body LF, fwd L, wrap W LF under lead hands-;
(W fwd L LOD/swivel LF, -, fwd R RLOD/trn LF under lead hands to wrap pos, -);
- 5 - 8 FAN MAN/SPOT TURN W/HAND CHNG BEH BACK ; HOCKEY STICK OVRTRN FIGURE HEAD ; ; FWD BASIC/ LADY SWIVEL & FWD 2 ;**
- 5 Fwd R take W's rt hand with M's rt hand trn ½ LF, reach left hand Beh bk & take W's hand with lft hand fwd L, trn to fc wall sd R, -(W fwd L, fwd R trn ½ LF, bk L slight LF trn to fan pos, -);
- 6 Fwd L, rec R, cl L bring lead hands up to W head level, -(W cl R, fwd L, fwd R, -);
- 7 Bk R beh L, rec fwd L bring lead hands down leading W to trn, fwd R DRW, -
(W fwd L toe out to DRW, fwd R DRW spiral 7/8 LF under lead hands, fwd L lft arm out in figurehead line, -);
- QQ&S 8 Fwd L, rec R, cl L, -(W fwd R swivel ½ RF to fc M, fwd L, fwd R, -);

(Cont Part B)

9 - 12 **ALEMANA TURN TO CP ; NAT OPENING OUT LADY SLOW SPIRAL ; ;
HOCKEY STICK END TO WALL ;**

- 9 Bk R, rec L trng LF fc wall, cl R, -
(W fwd L to M lft sd trn ½ RF under lead hands, fwd R to wall trng RF to fc M, fwd L to CP);
- 10 Sd L trng body RF to lead W to turn out, rec R trng body LF, cl L, -
(W trng ½ RF sd & bk R, rec L trng LF fc M, sd R, -);
- 11 Lead W to slowly spiral LF over entire measure with lead hands over her head, -, -, -
(W slowly spiral LF under lead hands to fc wall, -, -, -);
- 12 Bk R, rec L, fwd R, -(W fwd L to wall, fwd R trng ½ LF, bk L, -);

13 - 16 **3 THREES ; ; ; ;**

- 13 Fwd L, rec R, cl L lead W to trn RF, -(W bk R, rec L, fwd R swivel ½ RF in front of M, -);
- 14 Hands on W shoulders bk R, rec L, cl R with slight pull pressure to W left shoulder then release, -
(W small step sd L, rec R, cl L spin LF full turn, -); stop the ladies spin with palm of L hand on back of ladies left shoulder end in tandem wall
- 15 Fwd & sd L slight RF body trn ext L arm fwd, rec R slight LF body turn, cl L, -
(W bk & sd R slight RF body turn, rec L slight LF body turn, fwd R swiv ½ RF, -);
- 16 Bk R, rec L, cl R tch both hands low
(W fwd L swiv ½ RF, fwd R swiv ½ RF, fwd L to M tch both hands low);

PART A(Mod)

1 - 4 **SUNBURST ; BFLY SIDE WALK 3 ; AIDA ; SYNC SWITCH CROSS ;**

- 1 Quickly lower (W tch R to L)extend body and arms up looking up
sweeping arms out to side to BFLY, -, -, -;
- 2 Sd L, cl R, sd L, -;
- 3 Bring trailing arms over thru R trng RF, sd L, bk R to inverted V pos, -;
- QQ&S 4 Bring lead foot & hand thru to fc chk sd L, rec R/XLIF, sd R, -;

5 – 8 **OPEN HIP TWIST ; FACING FAN ; CURL ; QUICK SWIVEL 4 ;**

9 - 12 **LADY ROLL TO CENTER STORK LINE ; ROLL ACROSS 3 ; OPPOS SPOT TURN TO
BFLY DBLE RONDE ; SYCP INSIDE UNDERARM TURN FC COH ;**

13 - 16 **NEW YORKER ; SPOT TURN ; ADVANCED ALEMANA ; ;**

Repeat Part A measures 5 – 16 ; ; ; ; ; ; ; ; ; ; ; ; ; ; ; ;

PART B(Mod - Omit Nat Opening Out, Slow Spiral & Hockey Stick End)

1 – 4 **CIRCULAR HIP TWIST ; ; ; LADY FWD SWIVEL, SPIRAL WRAP ;**

5 - 8 **FAN/SPOT TURN HAND CHNG BEH BACK ;
HOCKEY STICK OVRTRN FIGUREHEAD ; ; FWD BASIC/L SWIV FWD 2 ;**

9 - 13 **ALEMANA TURN TO FC ; 3 THREES ; ; ; JOIN LEAD HANDS ;**

- 9 Bk R, rec L trng LF fc wall, sd R, -(W fwd L trn ½ RF under lead hands, fwd R to wall trng RF to fc M, sd L, -) end LOP wall;
- 10-13 Repeat Part B measures 13 thru 16 except end with lead hands joined ; ; ; ;

14 **PASSING UNDERARM LUNGE, SWIVEL & EXTEND ;**

- s- 14 Fwd L twd wall passing R shoulders leading W under lead hands sharp swivel RF, lower & slowly extend trailing arms up over last measure of music(W fwd R under lead hands sharp swiv LF, lower & extend trailing arm up);