

FEED THE BIRDS IV

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RECORD: A Celtic Melody - Star-234; Ross Mitchel Band and Singers (Feed the Birds)
 (<https://vndance.info/product/ross-mitchell-cfd-16-stage-screen/>)

RHYTHM: Waltz, RAL Phase 4+2 (Double Reverse Spin, Natural Hover Cross)
 Moderate level of difficulty

FOOTWORK Opposite (Woman's footwork or other explanation in parentheses)

SEQUENCE: A, B, C, A (mod), C, ending

SPEED: 45 rpm equivalent, may slow for comfort of dancing

DATE: March 2018 (corrected September 2018)

INTRODUCTION	
Meas.	
1-4	(SCP-LOD, trail feet free) WAIT 2 MEAS;; THRU, CHASSE SEMI; PICKUP w/SLOW SIDE LOCK;
1-2 3 4	In SCP-LOD, with trail feet free, wait 2 measures; Thru right, fwd left/close right, fwd left (in Semi-Closed Position throughout); Thru right, forward and side left with left face upper body turn leading woman to Closed Position-DLC, close right; (WOMAN: Thru left starting left face turn, side and back right continuing left face turn to Closed Position, cross left in front of right; Note: Man's LF body rotation causes woman to cross her left foot at end of figure)

PART A	
Meas.	
1-5	2 LF TURNS;; WHISK; WEAVE TO SEMI;;
1	(CP-DLC) Forward left commence left face turn, continue LF turn side right diagonally across Line of Progression turning left face (with R stretch), close left (to CP-RL0D);
2	Back right commence left face turn, continue turn side left toward Line of Progression turning left face (with L stretch), close right (end CP-DLW);
3	In Closed Position forward left, forward and side right commencing rise to ball of foot, cross left in back of right continuing to full rise on ball of foot ending in tight Semi-Closed Position-DLC;
4-5	Forward right Diagonal Line of Dance and Center of Hall, forward left commence left face turn, continue turn side and slightly back right to face Diagonal Reverse Line of Dance and Center of Hall; Back left Line of Dance leading woman to step outside to CBMP, back right continue left face turn, side and forward left Diagonal Line of Dance and Wall to Semi-Closed Position; (WOMAN: Forward left Diagonal Line of Dance and Center of Hall commence left face turn, continue turn side and slightly back right to face Diagonal Reverse Line of Dance and Wall, continue turn side and forward left Line of Dance; forward right Line of Dance

	outside the partner to CBMP, forward left Line of Dance continue turn, side right Diagonal Line of Dance to Semi-Closed Position;) NOTE: Figure starts in Semi-Closed Position facing Diagonal Line of Dance and Center of Hall and ends Semi-Closed Position facing DLW. There is no sway.
6-8	IN AND OUT RUNS;; WEAVE 3 TO BJO;
6-7	Forward right starting right face turn, side and back Diagonal Line of Dance and Wall on left to Closed Position, back right with right side leading to Banjo Position; back left turning right face, side and forward right between woman's feet continuing right face turn, forward left to Semi-Closed Position;
8	Same as Part A, meas. 4 (end in Bjo-RL0D);
9-12	BACK PASSING CHANGE; BK TO 3 VIENNESE TURNS (to DLW);;;
9	(in Banjo) Back left, back right, back left;
10	Back right commencing left face turn, side left continuing left face turn, close right to left (to CP-LOD);
11	Forward left continuing left face turn, side right continuing left face turn, cross left in front of right (to CP-RL0D);
12	Back right continuing left face turn, side left continuing left face turn, close right to left (to CP-DLW);
13-16	FWD WALTZ; NATURAL TURN 1/2; SPIN TURN; OPEN FINISH;
13	In Closed Position forward, forward and slightly side, close (end CP-DLW);
14	In Closed Position forward right commence right face upper body turn, continue right face turn to face partner side left, close right;
15	Commence right face upper body turn back left toe pivoting 1/2 right face to face Line of Progression, forward right between woman's feet heel to toe continue right face turn keeping left leg extended back and side, complete turn side and back left (to CP-DLW); (WOMAN: Commence right face upper body turn forward right between man's feet heel to toe pivoting 1/2 right face, back left toe continue turn brush right to left, complete turn side and forward right;)
16	Back right turning left face, side and forward left, forward right outside partner to Banjo-DLC; NOTE: 2 nd time through, change the Open Finish to a Box Finish

PART B	
Meas.	
1-4	DIAMOND TURN;;;
1	Forward left turning left face on the diagonal, continuing left face turn side right, back left with the partner outside the man in Banjo;
2	Staying in Banjo and turning left face back right, side left, forward right outside partner in Banjo;
3	Forward left turning left face on the diagonal, side right, back left with the woman outside the man in Banjo;
4	Back right continuing left face turn, side left, forward right to Bjo-DLC;
5-8	TURN L & R CHASSE TO BJO; BACK, BACK/LOCK, BACK; BACK HOVER TELEMARK; THRU, CHASSE SEMI;
5	Forward left commence left face upper body turn, side right continue turn/close left, side right complete turn to Banjo Position-DRC; (WOMAN: Back right commence left face upper body turn, side left continue turn /close

6	right, side left complete turn to Banjo Position;)
7	In Banjo Position back left, back right/lock left in front of right, back right; Commence right face upper body turn back left, continue turn side and forward right between woman's feet rising slightly [hovering] with body turning 1/8 to 1/4 right face, forward left small step on toe to Semi-Closed Position-DLC; (WOMAN: Commence right face upper body turn forward on right between man's feet pivoting 1/2 right face, side forward left continue right face turn rising slightly [hovering] with body turning 1/8 to 1/4 right face, forward right step on toe to Semi-Closed Position;)
8	Same as Intro, Meas. 3 but in Semi-closed Position-DLC;
9-12	WEAVE 6 TO BJO;; FWD, FWD/LOCK, FWD; NATURAL TURN 1/2;
9	Forward right Diagonal Line of Dance and Center of Hall, forward left commence left face turn, continue turn side and slightly back right to face Diagonal Reverse Line of Dance and Center of Hall;
10	Back left Line of Dance leading woman to step outside to CBMP, back right continue left face turn, side and forward left Diagonal Line of Dance and Wall to Banjo Position preparing to step outside partner; (WOMAN: Forward left Diagonal Line of Dance and Center of Hall commence left face turn, continue turn side and slightly back right to face Diagonal Reverse Line of Dance and Wall, continue turn side and forward left Line of Dance; forward right Line of Dance outside the partner to CBMP, forward left Line of Dance continue turn, side and slightly back right Diagonal Line of Dance and Wall to Banjo Position;)
11	In Banjo Position forward right, forward left/lock right in back of left, forward left;
12	In Banjo Position forward right (stepping outside partner) commence right face upper body turn, continue right face turn to face partner side left, close right (end CP-RL0D);
13-16	CLOSED IMPETUS; BOX FINISH; DOUBLE REVERSE SPIN; CHANGE OF DIRECTION;
13	Commence right face upper body turn back left, close right to left [heel turn] continue turn, side and back left to Closed Position-DLW; (WOMAN: Commence right face upper body turn forward right between man's feet heel to toe pivoting 1/2 right face, side and forward left continue right face turn around man and brush right to left, forward right between man's feet to Closed Position;)
14	Back right commence left face turn, side left, close right (end CP-DLC);
15	Forward left commence left face turn, side right [3/8 left face turn between steps 1 and 2], spin up to 1/2 left face between steps 2 and 3 on ball of right bringing left foot under body beside right no weight flexed knees (end CP-DLW); (WOMAN: Back right commence to turn left face, left foot closes to right heel turn turning 1/2 left face between steps 1 and 2/side and slightly back right continue left face turn, cross left in front of right;)
16	NOTE: Starts and ends in Closed Position. Man has only two changes of weight while woman has four. Woman's timing is 1, 2, & 3. Man has strong left face body turn between steps 1 and 2. Forward left Diagonally Line of Dance and Wall, forward right Diagonally Line of Dance and Wall right shoulder leading turning left face starting to draw left to right and continue drawing left to right over the remainder of the measure, - (end CP-DLC);

PART C	
Meas.	
1-3	DRAG HESITATION; BACK & CHASSE SIDECAR (DLC); CHECK FWD / LADY DEVELOPE;
1	Forward left beginning left face turn, side right continuing left face turn, draw left toward right over the remainder of the measure ending in Banjo Position-DRC; (WOMAN: Back right, beginning left face turn side left continuing left face turn draw right toward left over the remainder of the measure ending in Banjo Position, -;)
2	Back left turning right face to CP-COH, side R/close left, side R turning right face to Sidecar Position-DLC;
3	Forward left outside partner checking, -, -; (WOMAN: Back right, bring left foot up right leg to inside of right knee, extend left foot forward;) NOTE: Figure is executed on ball of foot with body stretched upward on Develope but knee remains flexed.
4-6	BACK & CHASSE BJO (DRC); CHECK FWD / LADY DEVELOPE; SLOW OUTSIDE SWIVEL;
4	Back right turning left face to CP-COH, side L/close R, side L turning left face to Banjo Position-DRC;
5	Forward right outside partner checking, -, -; (WOMAN: Back left, bring right foot up left leg to inside of left knee, extend right foot forward;)
6	Back left in CBMP, right foot remains in front of left with no weight, - (end SCP-DRC); (WOMAN: Forward right in CBMP, swivel right face on ball of right foot ending in Semi-Closed Position, -;)
7-11	THRU TO SYNCOPATED VINE; PICKUP w/ SLOW SIDE LOCK (to RLOD); DRAG HESITATION; BACK, BACK/LOCK, BACK; BACK WHISK;
7	Forward R turning right face to face partner, side left/cross behind right, side left to SCP-DRC;
8	Same in Intro, Meas. 4 (but to RLOD, ending CP-DRW);
9	Same as Part C, Meas. 1 (ending Banjo-DLW);
10	Same as Part A, Meas. 6 (ending Banjo-DLW);
11	Back left, back and side on right, cross left in back of right finishing in Semi-Closed Position-DLW; (WOMAN: Forward right, forward and side left, cross right in back of left finishing in Semi-Closed Position;)
12-16	NATURAL HOVER CROSS w/ SYNCOPATED ENDING;; DIAMOND TURN 1/2;; CHECKING FOR A HESITATION CHANGE (DLC);
12	Forward right Diagonal Line of Dance and Wall commence to turn right face, side left with left side stretch [1/4 right face turn between steps 1 and 2], continue right face turn side right [1/2 right face turn between steps 2 and 3 body turns less facing Diagonal Line of Dance and Center of Hall]/with right side stretch in Sidecar Position;
13	Forward left outside partner in CBMP on toes, recover right with slight left side lead/side and forward left, with left side stretch forward right on toes (to Banjo-DLC);
14-15	Same as Part B, Meas. 1 & 2 but checking the forward motion at the end of the second measure;;
16	Commence right face upper body turn back left, side right continuing right face turn starting to draw left to right and continue drawing left to right over the remainder of the

	measure, - (end in CP-DLC); (WOMAN: Commence right face upper body turn forward right, side left continuing right face turn starting to draw right to left and continue drawing right to left over the remainder of the measure, -;)
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ENDING	
Meas.	
1-6	2 LF TURNS;; WHISK; THRU, CHASSE SEMI; THRU to PROMENADE SWAY; SLOW CHANGE to an OVERSWAY;
1-3	Same as Part A, Meas. 1-3, ending SCP-DLC;;;
4	Same as Intro, Meas. 3;
5	Thru right, forward left in Semi-Closed Position and stretching left side of body slightly upward to look over joined lead hands, relax left knee (right toe remains pointed back);
6	While relaxing left knee leaving right leg extended and stretching left side of body make a slight left face turn to an oversway position; (WOMAN: While relaxing right knee leaving left leg extended and stretching right side - as slight left fact turn is made she closes head and looks well to her left;)

Head Cues

Intro

(Semi, trail foot free) 2 meas. wait;; thru, chasse semi;
Pickup, slow lock;

A

2 LF turns;; whisk; weave to semi;;
In and out runs;; weave 3 to Bjo;
Bk passing change; bk to 3 Viennese turns (to CP-DLW);;
Fwd waltz; natural turn 1/2; spin turn; open finish;

B

Diamond turn;;;
Turn L & R chasse; bk, bk/lk, bk; bk hover telemark;
Thru, chasse semi; weave to Bjo;; fwd, fwd/lk, fwd; natural turn 1/2;
Closed impetus; box finish; double reverse spin; change of direction;

C

Drag hesitation; bk & chasse SCar (DLC); check fwd & develope;
Bk & chasse Bjo; check fwd & develope; slow outside swivel;
Thru to syncopated vine; pickup, slow side lock (to RLOD);
Drag hesitation; bk, bk/lk, bk; bk whisk;
Natural hover cross with syncopated ending;;
Diamond turn 1/2;; checking for a hesitation change;

A (modified)

2 LF turns;; whisk; weave to semi;;
In and out runs;; weave 3 to Bjo;
Bk passing change; bk to 3 Viennese turns (to CP-DLW);;;
Fwd waltz; natural turn 1/2; spin turn; box finish;

C

Drag hesitation; bk & chasse SCar (DLC); check fwd & develope;
Bk & chasse Bjo; check fwd & develope; slow outside swivel;
Thru to syncopated vine; pickup, slow side lock (to RLOD);
Drag hesitation; bk, bk/lk, bk; bk whisk;
Natural hover cross with syncopated ending;;
Diamond turn 1/2;; checking for a hesitation change;

Ending

2 LF turns;; whisk; thru chasse semi;
Thru to a promenade sway; slow change to an oversway;