

Fool Rumba

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RECORD: Song Name: Fool (If You Think It's Over) Artist: Chris Rea
CD: Whatever Happened to Benny Santini Time: 4:45 as downloaded
Download from iTunes Music Modifications: None

FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)

RHYTHM: Rumba Roundalab Phase 4 + 2 (Open Hip Twist, Stop and Go Hockey Stick)
DIFFICULTY: Average

SEQUENCE: Intro, A, B, C, A, C (1-8), B, C (9-16), A (1-8), C, End

RELEASED: June 14, 2023

Intro

1-4 LOP-FCG WALL – Wait 2 Meas;;

(1-2) LOP-FCG WALL – wait 2 meas ; ;

Part A

1-4 Open Hip Twist ; Fan ; Alemana ; ;

(1-2) ck fwd L, rec R, cl L to R, - (bk R, rec L, fwd R with tension in R arm which causes woman to swivel 1/4 RF on R, -) ; bk R, rec L, sd R, - (fwd L, fwd R trn LF 1/2, bk L, -) ;
(3-4) fwd L, rec R, cl L raising lead hands, - (cl R, fwd L, fwd R swivel to fc ptr, -) ; bk R, rec L, sd R, - (comm RF trn under joined ld hnds fwd L, cnt rf trn R, sd L, -) ;

5-8 Aida ; Switch and Cross ; Crab Walk Ending ; Fence Line to CP WALL [3rd time to HNDSHK] ;

(5-6) fwd L trng LF, sd R cont LF trn, bk L, - ; trn RF to fc ptr sd R checking bringing jnd hnd thru, rec L, XRif, - ;
(7-8) sd L, XRif, sd L, - ; XRif, rec L to fc ptr, sd R, - to CP WALL [3rd time to HNDSHK] ;

9-12 Cross Body to CP COH ; ; Latin Whisk ; Shoulder to Shoulder to CP COH ;

(9-10) fwd L, rec R, sd L trn LF, - (bk R, rec L, fwd R staying on R side of ptr, -) ending in an L-shaped position ; bk R cont LF trn, small fwd L, sd and fwd R, - (fwd L, fwd R trn LF 1/2, sd and bk L, -) to CP COH ;
(11-12) XLib, rec R, sd L; fwd R trn to BFLY BJO, rec L to fc ptr, sd R to CP COH, - ;

13-16 Cross Body to CP WALL ; ; Latin Whisk ; Spot Turn to HNDSHK;

(13-14) fwd L, rec R, sd L trn LF, - (bk R, rec L, fwd R staying on R side of ptr, -) ending in an L-shaped position ; bk R cont LF trn, small fwd L, sd and fwd R, - (fwd L, fwd R trn LF 1/2, sd and bk L, -) to CP WALL ;
(15-16) XLib, rec R, sd L; thru R trn LF to fc RLOD, fwd L trn to fc ptr to HNDSHK, sd R, - ;

Part B

1-4 (HNDSHK) Half Basic ; Right Hand Underarm Turn ; Break Back to HALF OP with a Headloop ; Progressive Walk 3 ;

- (1-2) fwd L , rec R , sd L , - ; raising jnd R hnds bk R , rec L , sd R , - (swivel 1/4 RF on ball of supporting foot fwd L trn 1/2 RF , rec R trn 1/4 RF to fc ptr , sd L , -) ;
(3-4) swivel sharply LF (RF) on weighted ft bk L M's R hnd over ptr's head , rec R , fwd L , - to HALF OP LOD ; fwd R , fwd L , fwd R , - ;

5-8 Sliding Door ; Cucaracha to Face ; Chase with an Underarm Pass to HNDSHK ;;

- (5-6) rk apart L , rec R , releasing hands XLif M crossing bhd ptr to LOP LOD , - ; sd R , rec L swvl to fc ptr , cl R , - ;
(7-8) fwd L trn 1/2 RF , keeping ld hnds jnd rec R , fwd L , - (bk R , rec L , fwd R , -) ; bk R , rec L , sd R to HNDSHK , - (fwd L , fwd R trn 1/2 LF , sd L , -) ;

Part C

1-4 Flirt to a FAN ; ; Hockey Stick ;;

- (1-2) fwd L , rec R , sd L , - (bk R , fwd L , fwd R trn LF to VARS , -) ; bk R , rec L , sd R , - (bk L , rec R , trn RF bk L to end in FAN , -) ;
(3-4) fwd L , Rec R , cl L , - (cl R , fwd L , fwd R , -) ; rk bk R , rec L , fwd R , - (fwd L , fwd R trn LF to fc ptr , sd & bk L , -) ;

5-8 Alemana ; ; Lariat to HNDSHK ;;

- (5-6) fwd L , rec R , sd L raising lead hands , - (bk R , rec L , sd R , -) ; bk R , rec L , cl R , - (comm RF trn under jnd ld hnds fwd L , cnt rf trn R , sd L , -) ;
(7-8) in plc L , R , L , - (circ RF around ptr R , L , R , -) ; In plc R , L , R to HNDSHK , - (cont RF around ptr L , R , L , -) ;

9-12 Trade Places Twice ; ; Start Trade Places to SKTRS RLOD ; Wheel 3 to SKTRS LOD ;

- (9-10) rk apart L , rec R trn 1/4 RF bhd ptr , trn 1/4 to fc ptr bk and sd L , - ; rk apart R , rec L trn 1/4 RF bhd ptr , trn 1/4 to fc ptr bk and sd L , - ;
(11-12) rk apart L , rec R trn 1/4 RF bhd ptr to SKTRS RLOD , cl L , - ; trn RF fwd R , fwd L , fwd R to SKTRS LOD , - ;

13-16 Progressive Walk 3 ; Spot Turn ; Reverse Underarm Turn ; Cucaracha ;

- (13-14) fwd L , fwd R , fwd L , - ; thru R trn LF to fc RLOD , fwd L trn to fc ptr ld hnd jnd fc WALL , sd R , - ;
(15-16) XLif , rec R to fc ptr , sd L , - (swiveling 1/4 LF on ball of supporting foot fwd R trn LF 1/2 , trn 1/4 LF to fc ptr , sd R , -) ; sd R , rec L , cl R , - ;

End

1-4 Half Basic ; Underarm Turn to LADY'S TAMARA ; WHEEL to fc COH ; Wheel and Unwrap to LOP-FCG WALL ;

- (1-2) fwd L , rec R , sd L , - ; raising jnd ld hnds bk R , rec L , sd R , - (swivel 1/4 RF on ball of supporting foot fwd L trn 1/2 RF , rec R trn 1/4 RF to fc ptr , sd L , -) to LADY'S TAMARA;
- (3-4) comm RF trn fwd L , fwd R , cl L , - ; raising L arm and guiding W to unwrap cont RF trn fwd R , fwd L , sd R , - (turning LF under M's L arm unwrap L , R , sd L , -) to LOP-FCG WALL ;

5-8 Open Hip Twist ; Fan ; Stop and Go Hockey Stick ; ;

- (5-6) ck fwd L , rec R , cl L to R , - (bk R , rec L , fwd R with tension in R arm which causes W to swivel 1/4 RF on R , -) ; bk R , rec L , sd R , - (fwd L , fwd R trn LF 1/2 , bk L , -) ;
- (7-8) ck fwd L , rec R , cl L to R raising L arm to lead ptr to a LF underarm trn , - (cl R , fwd L , fwd R trn LF 1/2 under joined hands to end at ptr's R sd , -) ; ck fwd R , rec L raising L arm to lead pto to a RF underarm turn , sd R , - (ck bk L , rec R , fwd L trn RF 1/2 under joined hands to end fcg ptr in FAN , -) ;

9-12 Hockey Stick ; ; Half Basic ; Aida ;

- (9-10) fwd L , rec R , cl L , - (cl R , fwd L , fwd R , -) ; rk bk R , rec L , fwd R , - (fwd L , fwd R trn LF to fc ptr , sd and bk L , -) ;
- (11-12) fwd L , rec R , sd L , - ; fwd R trng RF , sd L cont RF trn , bk R , - ;

13-14 Hip Rock 3 ; Step Back to an AIDA LINE and Hold ;

- (13-14) rk sd L rolling hip sd and bk , rec R with hip roll , rec L with hip roll , - ; bk R , - , - , - ;

The song's inspiration was the experience Rea's younger sister Paula had had some years previously of being devastated at losing her first boyfriend, "Fool..."'s lyrics being the advice (real or imagined) with which Rea had responded to his sister's experience.[\[1\]](#)

Fool Rumba (Head Cues)

Rumba Phase 4 + 2 (Open Hip Twist, Stop and Go Hockey Stick)

Intro: (2) LOP-FCG WALL – Wait 2 Measures;;

A: (16) Open Hip Twist to a Fan;; Alemana;; Aida to reverse; Switch and Cross; Crab Walk Ending; Fence Line to CP WALL; Cross Body to CP COH;; Latin Whisk; Shoulder to Shoulder to CP COH; Cross Body to CP WALL;; Latin Whisk; Spot Turn to HNDSHK;

B: (8) Half Basic; Right Hand Underarm Turn; Break Back to Half Open with a Lady's Headloop; Progressive Walk 3; Sliding Door; Cucaracha to Face; Chase with an Underarm Pass to HNDSHK WALL;

C: (16) Flirt to a Fan;; Hockey Stick;; Alemana;; Lariat to HNDSHK WALL;; Trade Places Twice;; Start a Trade Places to SKTRS RLOD; Wheel Three to LOD; Progressive Walk 3; Spot Turn; Reverse Underarm Turn; Cucaracha;

A: (16) Open Hip Twist to a Fan;; Alemana;; Aida to reverse; Switch and Cross; Crab Walk Ending; Fence Line to CP WALL; Cross Body to CP COH;; Latin Whisk; Shoulder to Shoulder to CP COH; Cross Body to CP WALL;; Latin Whisk; Spot Turn to HNDSHK;

C: (8) Flirt to a Fan;; Hockey Stick;; Alemana;; Lariat to HNDSHK WALL;;

B: (8) Half Basic; Right Hand Underarm Turn; Break Back to Half Open with a Lady's Headloop; Progressive Walk 3; Sliding Door; Cucaracha to Face; Chase with an Underarm Pass to HNDSHK WALL;

C: (8) Trade Places Twice;; Start a Trade Places to SKTRS RLOD; Wheel Three to LOD; Progressive Walk 3; Spot Turn; Reverse Underarm Turn; Cucaracha;

A: (8) Open Hip Twist to a Fan;; Alemana;; Aida to reverse; Switch and Cross; Crab Walk Ending; Fence Line to HNDSHK;

C: (16) Flirt to a Fan;; Hockey Stick;; Alemana;; Lariat to HNDSHK WALL;; Trade Places Twice;; Start a Trade Places to SKTRS RLOD; Wheel Three to LOD; Progressive Walk 3; Spot Turn; Reverse Underarm Turn; Cucaracha;

End: (12) Half Basic; Underarm Turn to LADY'S TAMARA; Wheel to face COH; Wheel and Unwrap to LOP-FCG WALL; Open Hip Twist to a Fan;; Stop and Go Hockey Stick;; Hockey Stick;; Half Basic; Aida to LOD; Hip Rock 3; Step Back to Aida Line and Hold;