

‘Fore She Was Mama

Chorographer: Sharon & Dennis Restorff
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Record: CURB (CD) D2-78963
SONG: ‘Fore She Was Mama (3:40) cd speed
ARTIST: Clay Walker
ALBUM NAME: Fall
TRACK: (1)

Phase: 2 Two-Step + 2(Fishtail & Strolling Vine)

Footwork: Opposite for women unless otherwise stated, (*Women in Parentheses*)
Speed: 41.2 (3:52 at dance speed)
Sequence: Intro, A, Break, A, B, Break, A, B, C, A, B, End (*this dance changes progression of line*)

INTRO

1-4 Wait ; ; apart point ; together to close ;

1-2 Open Facing Wall, Wait 2 Measures;;
3-4 Step apart L, -, Point R towards Partner, - ; Recover R to Close position Wall, -, Touch L to R;

5-8 Box to BFLY ; ; Twirl Vine ; Walk and Pickup;

5-6 Side step L, Close R, step forward Left, -; Side step R, Close L, Step back R, - ending in butterfly position;
7-8 Step to LOD with L,-, Behind with Right, side on left to open position,-, (ladies does a RF twirl under mans L and Her right hand in 3 steps ending in open position facing line of dance); Step R to LOD, -, -, (Fwd L stepping in front of man turning LF to CP facing ROD, -,-, -), Ending in Closed LOD ;

A

1-4 Broken Box ;;;;

1-2 Side L, Close R, Forward L, -; Rock Forward on Right, -, Recover on left, -;
3-4 Side R, Close L, Back R, -; Rock Back on Left, -, Recover on right,-;

5-8 Scissors Sidecar ; Walk 2; Scissors Banjo; Walk 2, check;

5-6 Side L, Close R, Cross L in Front, -(Side R, Close L, Cross Right in Back, -) Ending Diagonal LODW;
Forward R, -, Forward L, -;
7-8 Side R, Close L, Cross R in Front, -(Side L, Close R, Cross Right in Back, -) Ending Diagonal LODC;
Forward L, -, Forward R, -;

9-12 Fishtail; Walk & Face (BFLY); Traveling Door ;;

9-10 X LIB commencing turn RF, side R completing turn to LOD, fwd L, Lock RIB; Fwd L, -, Fwd R, turn to face Wall ending in BFLY;
11-12 Rock Side L, -, Recover R, -; XLIF(XRIF), Side R, XLIF(XRIF);

13-16 Traveling Door;;Lace Across; fwd 2 step to face BFLY;

13-14 Rock Side R, -, Recover L, -; XRIF(XLIF), Side L, XRIF(XLIF);
15-16 Lead With Man's L and woman's R hands joined and passing behind woman moving diagonally across line of progression ending in LOP facing line of Progression Fwd L, Close R, Fwd L, -(Passing in front of man under joined hands and moving diagonally across line of Progression FWD L, Close R, Fwd L,-; Fwd R, Close L, Fwd R, -, Turning to BFLY position;

Break.

1-2 Twirl 2; Walk & Pickup;

1-2 With partners facing man's left and woman's right hand joined Side and FWD L to face line of Progression, Close R, forward L, - (Side and FWD right turning ½ RF, side and Back L turning ½ R face, Side R, -);
Repeat Measure 8 of INTRO;

Repeat part A measures 1 - 16

B

1-4 Vine 3 & Touch; Wrap; Unwrap; Change Sides (open)(Reverse Line);

1-2 sd L, xrib (Wxlib), sd L, tch R; sd R, xlib, sd R tch L (W wrap LF L, R, L, tch R);
3-4 step in pl L, R, L, tch R (W unwrap RF L, R, L, tch L); drop lead hnds chg sds R, L, R, under jnd M's R & W's L to open;

5-8 Hitch 6;; Basketball Turn(BFLY)(Center hall);;

- 5-6 Fwd L, Close R, Back L, -; Back R, Close L, Fwd R, -;
 7-8 Fwd L & Check trng ¼ RF, -, Rec R Contg RF trn to fc ROL, -; Fwd L & check trng ¼ RF, -, Rec R contg RF trn to BFLY;

9-12 Vine 3; Wrap; Unwrap; Change Sides (open)(Line);

- 9-10 Repeat Measures 1-4 Part B in reverse direction;;;

13-16 Hitch 6;; Basketball Turn(bfly)(Wall);

- 13-16 Repeat Measures 5-8 Part B in reverse direction;;;

Repeat Break measures 1-2

Repeat Part A measures 1 – 16

Repeat part B measures 1 - 16

C

1-4 2 fwd 2 steps to face;;2 turning 2 steps;;

- 1-2 Fwd L, Close R, Fwd L, -; Fwd R, Close L, Fwd R, - to face;
 3-4 Side L, Close R, Step Diag L across line of progression and pivot ½ RF on L, -;Step Side R, Close L, Side R pivot ½ RF, -;

5-8 Open Vine 4(BFLY);; Twirl 2; Walk & Pickup;

- 5-6 Side R, -, XLIB, -; Side R, -, XLIF blending to BFLY;
 7-8 Repeat Measures 1-2 of Break ;

END

1-4 2 Fwd 2 Steps (close);; Traveling Box ;;

- 1-2 Repeat Measures 1-2 of Part C blending to a close position;;
 3-4 Side L, Close R, fwd L, -; Turning to rev RSCP Walk fwd R, -, fwd L, -;

5-8 (Finish)Traveling Box(semi);; 2 fwd 2-step (close);;

- 5-6 Blending to closed position Side R, Close L, Back R, -; Blending to SCP walk fwd L, -, fwd R, -;
 7-8 Repeat Measures 1-2 of part C and blend to a SCP;;

9-12 Strolling Vine ;;;

- 9-10 Sd L twd LOD, XRib (W xif),-; Sd L,cl R, sd L trng 1/2 LF to CP/COH;
 11-12 Sd R twd LOD, XLlib (W xif),-; Sd R,cl L, sd L trng 1/2 LF blending to BFLY/WALL;

13-14 Slow open vine and point on four ;;

- 13-14 Repeat Measures 5-6 of Part C but point down line of progression on four with inside foot;

SMILE !