

GIRL CRUSH (revised)

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Music: Girl Crush by Little Big town
Available at Amazon.com or I-tunes. **Time:** 3:13 @ 45rpm

Footwork: Opposite except where noted (W's footwork in parentheses)

Rhythm: Slow Two Step

RAL Phase: IV+1 (Triple Traveler) +1 Unphased (Tunnel Exit)

Speed: As downloaded **Degree of Difficulty:** Average

Sequence: Intro, A, B, C, A, B, D, End

INTRO

1-4 WAIT; ; SD DRAW TCH L & R; ;
1-4 {WAIT} In CP M fcg ptr & WALL Wait; Wait;
{SD DRAW TCH L & R} Sd L, -, draw R to L, -; Sd R, -, draw L to R, -;

PART A

1-4 BASIC; ; UNDRM TRN; BAS ENDNG;
1-2 {BASIC} Sd L, -, XRIBL (XLIBR), rec L; Sd R, -, XLIBR (XRIBL), rec R;
3-4 {UNDRM TRN} Sd L comm ldng W undr jnd lead hnds, -, XRIBL, rec L (Sd R comm to trn RF undr jnd lead hnds, -, XLIFR to LOD cont trn RF ½, rec fwd on R comp trn to fc ptr);
{BAS ENDNG} Sd R, -, XLIBR (XRIBL), rec on R;

5-8 LUNGE BASIC 2X; ; RIGHT TURN w/OUTSIDE ROLL; BAS ENDNG;
5-6 {LUNGE BASIC 2X} Blending to BLY Sd L w/slight lunge action, -, rec R, XLIF (XRIF); Sd R w/slight lunge action, -, rec L, XRIF (XLIF);
7-8 {RIGHT TRN w/OUTSIDE ROLL} Crossng in front of W sd & bk L to fc RLOD, -, sd & bk R almost crossing in bk trng ¼ RF ldg W undr jnd ld hnds, XLIFR to fc ptr & COH (Fwd R comm RF twrl undr ld hnds, -, fwd L, fwd & sd R to fc ptr & WALL);
{BAS ENDNG} Repeat Part A meas 4:

9-12 BASIC; ; UNDRM TRN; BAS ENDNG;
9-12 Repeat Part A meas. 1-4; ; ;

13-15 LUNGE BASIC 2X; ; RIGHT TURN w/OUTSIDE ROLL; BAS ENDNG TO PU;
5-8 Repeat PART A meas. 5-7 to fc WALL; ; ; Sd R, -, XLIB, rec on R leadng W to trn LF in front of M (Sd L, -, XRIB, fwd L trng LF in front of M);

PART B

1-4 TRIPLE TRAVELER; ; ; BASIC ENDNG;
1-4 {TRIPLE TRAVELER} Fwd L comm LF upper bdy trn to ld W to M's L sd raising ld hnds to start W into L trn, -, fwd R, fwd L (Bk R trn ¼ L, -, cont trn sd & fwd L trng ½ undr jnd ld hnds, sd & fwd R cont trn to fc LOD); Fwd R sprl LF undr jnd hnds, -, fwd L, fwd R (Fwd L, -, R, L); Fwd L bring jnd hnds down &

bk in a continuous circ motion to ld W into a RF trn, -, fwd & sd R to fc ptr, XLIFR (Fwd R comm RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr); {BASIC ENDING} Sd R, -, XLIBR (XRIBL), rec R;

5-8 SD BASIC; SWEETHEART WRAP; SWEETHRT RUNS 2X TO PU; ;

5-6 {SD BASIC} Sd L, -, XRIBL (XLIBR), rec L ;
 {SWEETHEART WRAP} With both hnds jnd sd R raising lead hnds, -, XLIB, rec R (Sd L prepairng to trn LF undr jnd ld hnds, -, fwd & across R trng LF, rec L) to wrapped RLOD;

7-8 {SWEETHEART RUNS 2X TO PU} Fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R leadng W to turn LF in front of M (Fwd L, -, fwd R, fwd L trng LF in front of M);

9-12 TRIPLE TRAVELER RLOD; ; ; BASIC ENDNG;

9-12 Repeat PART B meas.1-3 to RLOD; ; ; Repeat PART B meas 4;

13-16 SD BASIC; SWEETHEART WRAP; SWEETHRT RUNS 2X TO FC WALL; ;

13-14 Repeat PART B meas. 5; Repeat PART B meas 6 to Wrapped LOD;

15-16 Repeat PART B meas 7; Fwd R, -, fwd L, fwd R trng to fc ptr & WALL;

PART C

1-8 OPEN BASICS; ; SWITCHES; ; OP BASICS; ; SWITCHES; ;

1-4 {OPEN BASICS} Stp sd L & op bdy to 1/2 LOP RLOD, -, XRIBL (XLIBR), rec L to end fcg ptr ; Stp sd R & op bdy to 1/2 OP LOD, -, XLIBR (XRIBL), rec R staying in 1/2 OP LOD;

{SWITCHES} Cross in front of W sd L to 1/2 OP LOD, -, fwd R, fwd L (Fwd R, -, fwd L, fwd R); Fwd R, -, fwd L, fwd R (Cross in front of M sd L to 1/2 OP LOD, -, fwd R, fwd L);

5-8 Repeat PART C meas. 1-4; ; ;

PART D

1-8 OPEN BASICS PCKNG UP TO LOW BFLY; ; TRAVELING CROSS CHASSES 4X TO WALL; ; ; ; BASIC TO PU; ;

1-2 {OP BASICS PCKNG UP} Stp sd L & op bdy to 1/2 LOP RLOD, -, XRIBL, rec L to end fcg ptr; Stp sd R & op bdy to 1/2 OP LOD, -, XLIBR, rec R ldng W in front of M (Stp sd L, -, XRIBL, fwd L trng LF in front of M) to LOW BFLY;

3-4 {TRAVELING CROSS CHASSES} Sd & fwd L trng LF twd DLC w/R shldr ld bth hnds jnd going down & in to hip level, -, sd R twd DLW, XLIFR (XRIFL); Sd & fwd R trng RF twd DLW w/L shldr ld, -, sd L twd DLC, XRIFL (XLIFR);

5-6 Repeat PART D meas 3-4 to fc WALL; ;

7-8 {BASIC TO PU} Sd L, -, XRIBL (XLIBR), rec L; Sd R, -, XLIBR (XRIBL), rec R ldng W to trn LF in front of M (fwd L trng LF in front of M);

ENDING

1-8 TRIPLE TRAVELER; ; ; TUNNEL EXIT RLOD; OUTSIDE ROLL;

BASIC ENDNG; SD TO PROM SWAY; CHG TO OVERSWAY;

Page 3

- 1-4 Repeat Part B meas. 1-3; ; ;
{TUNNEL EXIT} Fwd R chng leadng W around in front to wall, -, rec L, fwd R trng LF fc RLOD joint hnds over M's head (Fwd L around M, -, fwd R, fwd L) to LOP fc RLOD;
- 5-8 {OUTSIDE ROLL} Fwd L bringing jnd hnds down & bk, -, fwd R, fwd L bringing hnds up & around leadng W to roll RF (Fwd R comm RF trn, -, sd & bk L trng RF under jnd hnds, cont RF trn fwd R);
{BASIC ENDNG} Blendng to CP sd R, -, XLIB (XRIB), rec R;
{SD TO PROM SWAY} Sd & fwd L trng to SCP & stretching L sd of bdy slightly upward to look over jnd lead hnds, -, -, -;
{CHANGE TO OVERSWAY} Relax L knee while leaving R leg extended & stretching L sd of bdy looking to R over W's head (Relax R knee leaving L leg extended & stretching R sd looking well to the L), -, -, -;