

God Help the Outcasts

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RECORD: Song Name: God Help The Outcasts (From 'Hunchback Of Notre Dame') (SW 29)
Artist: Ivett Dyson CD: Standard Music 2
Time: 3:53 as Downloaded
Download from casa-musica.de Music Modifications: none

FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)

RHYTHM: Waltz Phase 3 + 1 (Diamond Turns) DIFFICULTY: Average

SEQUENCE: Intro, A, B, B (1-17), C, B (1-17), End Released: December 1, 2019

Intro

1-4 Wait 2 Measures ; ; Balance Left and Right ; ;

(1-2) BFLY WALL - wait ; ;

(3-4) sd L, XRib rising on toe , rec L ; sd R, XLib rising on toe , rec R ;

5-8 Twirl Vine ; Through Face Closed to CP WALL ; Canter ; Half Box ;

(5-6) sd L, XRib, sd L (sd and fwd R turning 1/2 RF under jnd hnds, sd and bk L turning 1/2 RF, sd R) to BFLY WALL ; thru R twd LOD, fwd and sd L trng twd ptr to CP WALL, cl R ;

(7-8) sd L, draw R to L, cl R ; fwd L, sd R, cl L ;

9 Box Finish ;

(9) bk R comm 1/4 LF trn, sd L, cl R to CP LOD ;

Part A

1-4 Forward Waltz Twice Checking ; ; Dip Back ; Maneuver to CP RLOD ;

(1-2) fwd L, fwd and slightly sd R, cl L ; fwd R, fwd and slightly sd L, cl R ;

(3-4) bk L (fwd R) with knee flexed leaving R fwd (bk L), -, - ; fwd R beg RF upr bdy trn, cont RF trn sd L, cl R (bk L beg RF upr bdy trn, sd R, cl L) to CP RLOD ;

5-8 Spin Turn to CP DLW ; Box Finish to CP DLC ; Turn Left and Chasse to BJO ; Back to a Back Lock Back ;

(5-6) comm RF upper bdy trn bk L toe pivoting 1/2 RF to fc LOD, fwd R between ptr feet heel to toe cont RF trn keeping L leg extended bk and sd, comp trn sd and bk L (comm RF upper bdy trn fwd R between ptr feet heel to toe pivoting 1/2 RF, bk L toe cont trn brush R to L, comp trn sd and fwd R) to CP DLW ; bk R comm 1/4 LF trn, sd L, cl R to CP DLC ;

(7-8) fwd L comm LF upper body trn, sd R cont trn/cls L, sd R comp trn to BJO DRC ; bk L, bk R/XLif, bk R ;

9-12 Impetus to SCP DLC ; Through Hover to BJO ; Back Hover to SCP ; Through Face Close to CP DLW;

- (9-10) comm RF upper body trn bk L , cl R cont RF heel turn 3/8 , comp trn fwd L (comm RF upper body trn fwd R between ptr's feet heel to toe pivoting RF 1/2 , sd and fwd L cont RF trn around ptr brush R to L , comp trn fwd R) to SCP DLC ; thru R , sd L with rise , rec R (thru L , comm trn LF fwd R with rise , rec fwd L) to BJO ;
- (11-12) bk L , comm trn RF bk and sd R with rise , rec sd and fwd L (fwd R , sd and fwd L with rise , rec fwd R) to SCP ; thru R twd DLC , fwd and sd L trng twd ptr to CP DLW , cl R ;

13-16 Left Turning Box ; ; ; ;

- (13-14) fwd L comm 1/4 LF trn , comp trn sd R to fc DLC , cl L ; bk R comm 1/4 LF trn , comp trn sd L to fc DRC , cl R ;
- (15-16) fwd L comm 1/4 LF trn , comp trn sd R to fc DRW , cl L ; bk R comm 1/4 LF trn , comp trn sd L to CP fc DLW , cl R ;

17-19 Canter to BFLY DLW ; Twirl Vine ; Pickup to CP DLC ;

- (17-18) sd L , draw R to L , cl R to BFLY DLW ; sd L , XRib , sd L (sd and fwd R turning 1/2 RF under jnd hnds , sd and bk L turning 1/2 RF , sd R) to BFLY WALL ;
- (19) thru R comm LF trn leading W to CP , sd and fwd L comp trn , cl R (thru L comm LF trn to CP , sd and bk R comp trn , cl L) to CP DLC ;

Part B

1-4 Diamond Turns ; ; ; ;

- (1-2) fwd L turning LF on the diagonal , cont LF trn sd R , bk L outside ptr in BJO ; trn LF bk R , sd L , fwd R outside ptr in BJO ;
- (3-4) fwd L turning LF on the diagonal , cont LF trn sd R , bk L outside ptr in BJO ; trn LF bk R , sd L , fwd R to BJO DLC ;

5-8 One Left Turn ; Back Turn and Chasse to BJO DLW ; Forward to a Forward Lock Forward ; Forward Face Close to CP DLW ;

- (5-6) blending to CP fwd L comm up to 1/4 LF trn , cont trn up to 1/8 sd R diag across LOD , cl L ; bk R comm LF trn , sd L/cl R , sd L to BJO DLW ;
- (7-8) fwd R , fwd L/XRib , fwd L ; fwd R , sd L to fc , cl R to CP DLW ;

9-12 Half Box ; Box Finish to CP DLC ; 2 Left Turns to CP DLW ;

- (9-10) fwd L , sd R , cl L ; bk R comm 1/4 LF trn , sd L , cl R to CP DLC ;
- (11-12) fwd L comm up to 1/4 LF trn , cont trn up to 1/8 sd R diag across LOD , cl L ; bk R comm up to 1/4 LF trn , cont trn up to 1/8 sd L twd LOD to CP DLW , cl R ;

13-16 Interrupted Box ; ; ; ;

- (13-14) fwd L , sd R , cl L ; leading ptr to trn under jnd ld hands bk R , sd L , cl R (fwd L comm RF trn , fwd R cont trn , fwd L) ;
- (15-16) fwd L , sd R , cl L (cont RF trn fwd R , fwd L , fwd R comp RF trn to CP) ; bk R , sd L , cl R ;

17-19 Canter ; Hover to SCP DLC ; Pickup to CP DLC ;

- (17-18) sd L , draw R to L , cl R ; fwd L , fwd and slightly sd R rising to ball of foot , sd and slightly L to tight SCP DLC ;
(19) thru R comm LF trn leading ptr to CP , sd and fwd L comp trn , cl R (thru L comm LF trn to CP , sd and bk R comp trn , cl L) to CP DLC ;

Part C

1-4 Whisk ; Wing ; Turn Left and Chasse to BJO ; Back to a Back Lock Back ;

- (1-2) fwd L , fwd and sd R comm rise to ball of foot , XLib of R cont to full rise on ball of foot to SCP ; thru R , draw L to R turning LF , tch L (thru L crossing in front of ptr comm LF trn , fwd R turning LF , fwd L around ptr turning LF) to tight SCAR DLC ;
(3-4) fwd L comm LF upper body trn , sd R cont trn/cls L , sd R comp trn to BJO DRC ; bk L , bk R/XLif , bk R ;

5-8 Impetus to SCP DLC ; Through Face Close to CP DLW ; Hover to SCP DLC ; Hover Fallaway ;

- (5-6) comm RF upper body trn bk L , cl R cont RF heel turn 3/8 , comp trn fwd L (comm RF upper body trn fwd R around ptr heel to toe pivoting RF 1/2 , sd and fwd L cont RF trn around ptr brush R to L , comp trn fwd R) to SCP DLC ; thru R twd DLC , fwd and sd L trng twd ptr to CP DLW , cl R ;
(7-8) fwd L , fwd and slightly sd R rising to ball of foot , sd and slightly L to tight SCP DLC ; thru R , fwd L rising to ball of foot and checking , rec R ;

9-12 Slip Pivot to BJO ; Maneuver to CP RLOD ; Spin Turn to CP DLW ; Box Finish to CP DLC ;

- (9-10) bk L , bk R comm LF trn keeping L leg ext , fwd L (bk R comm LF pivot , comp LF trn fwd L , bk R) to BJO ; fwd R beg RF upr bdy trn , cont RF trn sd L , cl R (bk L beg RF upr bdy trn , sd R , cl L) to CP RLOD ;
(11-12) comm RF upper bdy trn bk L toe pivoting 1/2 RF to fc LOD , fwd R between ptr feet heel to toe cont RF trn keeping L leg extended bk and sd , comp trn sd and bk L (comm RF upper bdy trn fwd R between ptr feet heel to toe pivoting 1/2 RF , bk L toe cont trn brush R to L , comp trn sd and fwd R) to CP DLW ; bk R comm 1/4 LF trn , sd L , cl R to CP DLC ;

End

1-4 Dip Back ; Maneuver to CP RLOD ; Backward Waltz Twice Checking ; ;

- (1-2) bk L (fwd R) with knee flexed leaving R fwd (bk L) , - , - ; fwd R beg RF upr bdy trn , cont RF trn sd L , cl R (bk L beg RF upr bdy trn , sd R , cl L) to CP RLOD ;
(3-4) bk L , bk and slightly sd R , cl L ; bk R , bk and slightly sd L , cl R ;

5-8 Left Turning Box Half to CP LOD ; ; 2 Left Turns to CP WALL ; ;

- (5-6) fwd L comm 1/4 LF trn , comp trn sd R to fc WALL , cl L ; bk R comm 1/4 LF trn , comp trn sd L to fc LOD , cl R ;
(7-8) fwd L comm up to 1/4 LF trn , cont trn up to 1/8 sd R diag across LOD , cl L ; bk R comm up to 1/4 LF trn , cont trn up to 1/8 sd L twd LOD to CP WALL , cl R ;

9-12 Hover to SCP LOD ; Through and Chasse to BJO ; Maneuver to CP RLOD ; Over Spin Turn to CP DRW ;

(9-10) fwd L , fwd and slightly sd R rising to ball of foot , sd and slightly L to tight SCP LOD ; thru R comm trn to fc , sd L/cl R , sd L to BJO ;

(11-12) fwd R beg RF upr bdy trn , cont RF trn sd L , cl R (bk L beg RF upr bdy trn , sd R , cl L) to CP RLOD ; comm RF upper bdy trn bk L toe pivoting 1/2 RF to fc LOD, fwd R between ptr feet heel to toe cont RF trn keeping L leg extended bk and sd, comp trn sd and bk L (comm RF upper bdy trn fwd R between ptr feet heel to toe pivoting 1/2 RF, bk L toe cont trn brush R to L, comp trn sd and fwd R) to CP DRW ;

13-16 Box Finish to CP DLW ; Twisty Vine 3 ; Forward Face Close to CP DLW ; Dip Back and Kiss ;

(13-14) bk R comm 1/4 LF trn , sd L , cl R to CP DLW ; sd L , XRib (XLif) , sd L ;

(15-16) fwd R , sd L to fc , cl R to CP DLW ; bk L (fwd R) with knee flexed leaving R fwd (bk L) , - , - ;

God Help the Outcasts (Head Cues)

Waltz Phase 3 + 1 (Diamond Turns)

Intro (9) BFLY WALL – Wait 2 Measures;; Balance Left and Right ;; Twirl Vine ;
Through Face Close ; Canter ; Half Box ; Box Finish ;

A (19) Forward Waltz Twice Checking ;; Dip Back ; Maneuver ; Spin Turn ; Box Finish ;
Turn Left and Chasse to BJO ; Back to a Back Lock Back ; Impetus to SCP ; Through Hover to BJO ;
Back Hover to SCP ; Through Face Close ; Left Turning Box ;;; Canter to BFLY ; Twirl Vine ; Pickup ;

B (19) Diamond Turns ;;; One Left Turn ; Back Turn and Chasse to BJO ;
Forward to a Forward Lock Forward ; Forward Face Close ; Half Box ; Box Finish ; 2 Left Turns ;;
Interrupted Box ;;; Canter ; Hover ; Pickup ;

B (1-17) Diamond Turns ;;; One Left Turn ; Back and Chasse to BJO ;
Forward to a Forward Lock Forward ; Forward Face Close ; Half Box ; Box Finish ; 2 Left Turns ;;
Interrupted Box ;;; Canter ;

C (12) Whisk ; Wing ; Turn Left and Chasse to BJO ; Back to a Back Lock Back ; Impetus to Semi ;
Through Face Close ; Hover to SCP ; Hover Fallaway ; Slip Pivot to BJO ; Maneuver ; Spin Turn ;
Box Finish ;

B (1-17) Diamond Turns ;;; One Left Turn ; Back Turn and Chasse to BJO ;
Forward to a Forward Lock Forward ; Forward Face Close ; Half Box ; Box Finish ; 2 Left Turns ;;
Interrupted Box ;;; Canter ;

End (16) Dip Back ; Maneuver ; Backward Waltz Twice Checking ;; Left Turning Box Half ;;
2 Left Turns ;; Hover ; Through and Chasse to BJO ; Maneuver ; Over Spin Turn ; Box Finish ;
Twisty Vine 3 ; Forward Face Close ; Dip Back and Kiss ;