



Heavenly Sunshine One



Choreographer: Jim & Kathie Kline, 207 N. Mason Street, Smithfield, VA 23430

Email: jim@kallingkline.com; **Released:** April, 2019, v1.1

Artist: Kenny Rogers; **Album:** Love Lifted Me, Track 9 (1976)

Music Link: https://www.amazon.com/dp/B000T17PF8/ref=dm_ws_tlw_trk9

Preview: <https://www.youtube.com/watch?v=qZhjROIB2GQ>

Time: 2:45; **Speed:** 100% (Increase speed if desired)

Rhythm: Two Step; Phase I; **Difficulty:** Average

Footwork: Opposite unless noted (Woman's footwork in parenthesis)

Sequence: INTRO, A, B, A, B (MOD), END

INTRODUCTION

1-4 (OP FCG) WAIT 2 MEASURES ;; APART POINT ; TOGETHER TOUCH ;

1-2 {Wait 2} in OP fcg ptr & wall wait 2 meas;-;

3-4 {Apart Point} stp apt L,-, pt R,-; {Together Touch} fwd R,-,tch L to SCP LOD,-;

PART A

1-4 2 FORWARD TWO STEPS ;; STRUT 4 TO FACE (CP WALL) ;;

1-2 {Forward Two Steps} in SCP LOD fwd L, cl R, fwd L,-; fwd R, cl L, fwd R,-;

3-4 {Strut 4} w/poise fwd L,-, fwd R,-; fwd L,-, fwd R trng to fc ptr,-;

5-8 BOX ;; REVERSE BOX ;;

5-6 {Box} sd L, cl R, fwd L,-; sd R, cl L, bk R,-;

7-8 {Reverse Box} sd L, cl R, bk L,-; sd R, cl L, fwd R,-;

9-12 2 FORWARD TWO STEPS ;; STRUT 4 TO FACE (CP WALL) ;;

9-10 {Forward Two Steps} in SCP LOD fwd L, cl R, fwd L,-; fwd R, cl L, fwd R,-;

11-12 {Strut 4} w/poise fwd L,-, fwd R,-; fwd L,-, fwd R trng to fc ptr,-;

13-16 BOX ;; REVERSE BOX ;;

13-14 {Box} sd L, cl R, fwd L,-; sd R, cl L, bk R,-;

15-16 {Reverse Box} sd L, cl R, bk L,-; sd R, cl L, fwd R,-;

17 SLOW SIDE THRU ;

17 {Side Thru} sd L,-, thru R trng to OP LOD,-;

PART B

1-4 CIRCLE AWAY 2 TWO STEPS ;; (RLOD) WALK 4 ;;

1-2 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd COH (W twd WALL),-; fwd R, cl L, fwd R to fc RLOD,-;

3-4 {Walk 4} fwd L,-, fwd R,-; fwd L,-, fwd R,-;

5-8 CIRCLE TOGETHER 2 TWO STEPS ;; (LOD) TWIRL 2 ; WALK 2 ;

5-6 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd WALL (W twd COH),-; fwd R, cl L, fwd R to OP LOD,-;

7-8 {Twirl 2} fwd L,-,fwd R,- (W fwd R trng RF undr ld hnds,-,cont trn sd & bk L,-); {Walk 4} fwd L,-, fwd R,-; fwd L,-, fwd R,-;

9-12 CIRCLE AWAY 2 TWO STEPS ;; (RLOD) WALK 4 ;;

- 9-10 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd COH (W twd WALL),-; fwd R, cl L, fwd R to fc RLOD,-;
- 11-12 {Walk 4} fwd L,-, fwd R,-; fwd L,-, fwd R,-;

13-17 CIRCLE TOGETHER 2 TWO STEPS ;; (LOD) TWIRL 2 ; CROSS WALK 4 ;;

- 13-14 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd WALL (W twd COH),-; fwd R, cl L, fwd R to OP LOD,-;
- 15-17 {Twirl 2} fwd L,-,fwd R,- (W fwd R trng RF undr ld hnds,-,cont trn sd & bk L,-); {Cross Walk} w/swagger style fwd L placing ft in frnt & slightly outside the R ft,-, fwd R ,,-; w/swagger style fwd L placing ft in frnt & slightly outside the R ft,-; fwd L,-, fwd R,-;

REPEAT PART A

PART B (MODIFIED)

1-4 CIRCLE AWAY 2 TWO STEPS ;; (RLOD) WALK 4 ;;

- 1-2 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd COH (W twd WALL),-; fwd R, cl L, fwd R to fc RLOD,-;
- 3-4 {Walk 4} fwd L,-, fwd R,-; fwd L,-, fwd R,-;

5-8 CIRCLE TOGETHER 2 TWO STEPS ;; (LOD) TWIRL 2 ; WALK 2 ;

- 5-6 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd WALL (W twd COH),-; fwd R, cl L, fwd R to OP LOD,-;
- 7-8 {Twirl 2} fwd L,-,fwd R,- (W fwd R trng RF undr ld hnds,-,cont trn sd & bk L,-); {Walk 4} fwd L,-, fwd R,-; fwd L,-, fwd R,-;

9-12 CIRCLE AWAY 2 TWO STEPS ;; (RLOD) WALK 4 ;;

- 9-10 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd COH (W twd WALL),-; fwd R, cl L, fwd R to fc RLOD,-;
- 11-12 {Walk 4} fwd L,-, fwd R,-; fwd L,-, fwd R,-;

13-16 CIRCLE TOGETHER 2 TWO STEPS ;; (LOD) TWIRL 2 ; WALK 2 ;

- 13-14 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd WALL (W twd COH),-; fwd R, cl L, fwd R to OP LOD,-;
- 15-16 {Twirl 2} fwd L,-,fwd R,- (W fwd R trng RF undr ld hnds,-,cont trn sd & bk L,-); {Walk} fwd L,-, fwd R,-;lightly outside the R ft,-; fwd L,-, fwd R,-;

ENDING

1-4 CIRCLE AWAY 2 TWO STEPS ;; (RLOD) WALK 4 ;;

- 1-2 {Circle Away Two Steps} circling LF fwd L, cl R, fwd L twd COH (W twd WALL),-; fwd R, cl L, fwd R to fc RLOD,-;
- 3-4 {Walk 4} fwd L,-, fwd R,-; fwd L,-, fwd R,-;

5-8 STRUT TOGETHER 4 ;; SIDE TWO STEP LEFT & RIGHT ;;

- 5-6 {Strut 4} w/poise fwd L,-, fwd R,-; fwd L,-, to fc ptr,-;
- 7-8 {Side Two Steps} sd L, cl R, sd L,-; sd R, cl L, sd R,-;

9 APART POINT ;

- 9 {Apart Point} stp apt L,-, pt R,-;

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Jim & Kathie Kline; May 2018

Kenny Rogers; Love Lifted Me, Track 9 (1976)

Two Step; Phase I

Sequence: INTRO, A, B, A, B (MOD), END

INTRODUCTION

1-4 (OP FCG) WAIT 2 ;; APT PT ; TOG TCH ;

PART A

1-4 2 FWD TWO STPS ;; STRUT 4 TO FC ;;

5-8 BOX ;; REV BOX ;;

9-12 2 FWD TWO STPS ;; STRUT 4 TO FC ;;

13-17 BOX ;; REV BOX ;; SLO SD THRU ;

PART B

1-4 CIRC AWAY 2 TWO STPS ;; (RLOD) WALK 4 ;;

5-8 CIRC TOG 2 TWO STPS ;; (LOD) TWRL 2 ; WALK 2 ;

9-12 CIRC AWAY 2 TWO STPS ;; (RLOD) WALK 4 ;;

13-17 CIRC TOG 2 TWO STPS ;; (LOD) TWRL 2 ; CROSS WALK 4 ;;

PART A

1-4 2 FWD TWO STPS ;; STRUT 4 TO FC ;;

5-8 BOX ;; REV BOX ;;

9-12 2 FWD TWO STPS ;; STRUT 4 TO FC ;;

13-17 BOX ;; REV BOX ;; SLO SD THRU ;

PART B (MODIFIED)

1-4 CIRC AWAY 2 TWO STPS ;; (RLOD) WALK 4 ;;

5-8 CIRC TOG 2 TWO STPS ;; (LOD) TWRL 2 ; WALK 2 ;

9-12 CIRC AWAY 2 TWO STPS ;; (RLOD) WALK 4 ;;

15-17 CIRC TOG 2 TWO STPS ;; (LOD) TWRL 2 ; WALK 2 ;

ENDING

1-4 CIRC AWAY 2 TWO STPS ;; (RLOD) WALK 4 ;;

5-9 STRUT TOG 4 ;; SD TWO STP L & R ;; APT PT ;