

### "HELLO POLKA"

Dance by Harmon & Betty Jorritsma, 13552 Redbird, Garden Grove, Ca. 92640

Record: HI-HAT 921 (Footwork opposite, directions for M except as noted) Joe Leahy Band

INTRO: (Apart & Facing) (1) WAIT; (2) TOG, 2, 3, 4 (to SCP);

1-2 Partners facing about six feet apart (M to wall) wait 1 meas (4 cts); Move twd partner in 4 steps L, R, L, R blending to SCP facing LOD;

#### PART A

(1)(SCP)HEEL, TOE, STEP/CLOSE, STEP (Rev SCP); (2)HEEL, TOE, STEP/CLOSE, STEP (to 1/2-Open); (3)FWD, 2, 3, KICK; (4)BACK, 2, FACE (CP), TCH;

- 1 In SCP place L slightly fwd LOD with heel touching floor, place L toe along side R instep, M steps L/R, L almost in place (W changes sides in front of M without changing hand hold R/L, R) ending in Rev-SCP both facing LOD;
- 2 In Rev-SCP place R heel fwd, place R toe along side of L instep, M R/L, R almost in place (W change sides in front of M L/R, L), blend to 1/2-Open fc LOD;
- 3 In 1/2-Open pos walk fwd LOD L, R, L, kick R slightly fwd;
- 4 Still in 1/2-Open backup R, L, face on R (to CP with M facing wall), touch L;

(5)(Turning two-steps) STEP/CL, STEP, STEP/CL, STEP; (6)STEP/CL, STEP, STEP/CL, STEP (to SCP); (7)(Chg sides) W UNDER, 2, 3, 4; (8)(Chg back) W UNDER, 2, 3, 4 (SCP);

- 5-6 In CP do 4 fast turning two-steps (polka style) down LOD L/R, L, R/L, R; L/R, L, R/L, R to end in SCP both facing LOD;
- 7 Progressing LOD change sides in 4 steps L, R, L, R with W moving under joined M's L hand & W's R hand;
- 8 Change hands and again progressing LOD change sides in 4 steps L, R, L, R with W moving under joined M's R hand & W's L hand & end in SCP facing LOD;

(9)(SCP)HEEL, TOE, STEP/CL, STEP; (10)(Rev-SCP)HEEL, TOE, STEP, CL, STEP (1/2 Open); (11)FWD, 2, 3, KICK; (12)BACK, 2, FACE (CP), TCH;

9-12 Repeat the action of Meas 1 thru 4;

(13)(Turning two-steps)STEP/CL, STEP, STEP/CL, STEP; (14)STEP/CL, STEP, STEP/CL, STEP (to SCP); (15)(Chg sides)W UNDER, 2, 3, 4; (16)(Chg back)W UNDER, 2, 3, 4 (to 1/2-Open);

13-16 Repeat the action of Meas 5 thru 8 except end in 1/2-Open pos facing LOD;

#### PART B

(1)(1/2-Open) FWD, TWO, THREE, KICK; (2)BACK, TURN, STEP/CL, STEP; (3) FWD, 2, 3, KICK; (4) BACK, TURN, STEP/CL, STEP;

- 1 In 1/2-Open pos move fwd LOD L, R, L, kick R; (Stay in 1/2-Open)
- 2 Backup on R, back on L turning 1/4 R-fc in 1/2-Open, complete the turn in 1 two-step R/L, R to end facing wall in 1/2-Open pos;
- 3 Fwd twd wall L, R, L, kick R;
- 4 Backup on R, back L turning 1/4 R-fc in 1/2-Open, complete the turn in 1 two-step R/L, R to end facing RLOD & still in 1/2-Open pos;

(5)(1/2-Open RLOD) FWD, TWO, THREE, KICK; (6)BACK, TURN, STEP/CL, STEP; (7) FWD, 2, 3, KICK; (8) BACK, TURN, (face)STEP/CL, STEP (to momentary Bfly);

- 5 In 1/2-Open move RLOD L, R, L, kick R;
- 6 Backup on R, back on L turning 1/4 R-fc in 1/2-Open, complete the turn in 1 two-step R/L, R to end facing COH still in 1/2-Open;
- 7 Fwd two COH L, R, L, kick R;
- 8 Backup on R, back L turning 1/4 R-fc in 1/2-Open, in 1 two-step R/L, R turn to face partner in momentary Bfly pos & M's back to COH;

(9)BK AWAY, 2, STAMP/STAMP, STAMP; (10) TOG, 2, STAMP/STAMP, STAMP; (11)BAL L/STEP, STEP, BAL R/STEP, STEP; (12) ROLL LOD, 2, 3, (Bfly) TCH;

- 9 From Bfly M facing wall back away from partner L, R, stamp in place L/R, L;
- 10 Tog twd partner R, L, stamp in place R/L, R;
- 11 Blend to Bfly & balance L LOD L/R, L, balance R RLOD R/L, R;
- 12 From Bfly release hands & solo roll LOD (M L-fc & W R-fc) L, R, L, touch R;

(13)BAL R/STEP, STEP, BAL L/STEP, STEP; (14)REV-ROLL, 2, 3, (Bfly)TCH; (15)BACK AWAY, 2, STAMP/STAMP, STAMP; (16) TOG, 2, STAMP/STAMP, STAMP (to SCP);

- 13 In Bfly pos balance RLOD R/L, R, balance LOD L/R, L;
- 14 Release hands & solo roll RLOD (M R-fc & W L-fc) R, L, R (to Bfly), tch L;
- 15 Back away from partner L, R, stamp in place L/R, L;
- 16 Tog twd partner R, L, stamp in place R/L, R & blend to SCP to repeat dance;

(Note: ... 2nd time thru dance end in momentary Bfly pos) DANCE GOES THRU TWICE

ENDING: (1) ROLL LOD, 2, 3, CLOSE; (2) HOLD, CHUG;

- 1 From Bfly M's back to COH release hands & roll a full turn LOD (M L-fc W R-fc) L, R, L (face), close R (take momentary Bfly pos & wt on both feet);
- 2 Hold 1 ct, release hands and "chug" away from partner on final note;

(A-B-A-B)