

HOLD ON FOREVER II

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Music: Hold on Forever, Rob Thomas, Album: The Great Unknown
Available at Amazon, download time 3:34

Music link: <https://www.youtube.com/watch?v=xCLN6JuXfpE>

Rhythm: Two Step Phase II

Speed: as downloaded

Footwork: Opposite unless indicated (W's footwork in parentheses)

Difficulty: Average

Timing: QQS unless otherwise indicated, reflects actual weight changes

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Sequence: Intro AB Int ABC B End

Intro

1-4 Wait;; Apt Pt; Tog Tch BFLY;

1-2 Op fcg WALL wait 2 meas w/lead feet free;;

3-4 Apt L, -, pt R twd ptr, - ; tog R, -, tch L to R to BFLY WALL, - ;

Part A

1-8 Trvlg Dr;;; Bsktbl Trn;; Sd Draw Cl Twice CP;;

1-4 {Trvlg door} Rk sd L, -, rec R, - ; XLif, sd R, XLif, - ; Rk sd R, -, rec L, - ; XRif, sd L, XRif, - ;

5-6 {Bsktbl trn} Lunge sd L twd LOD trng RF, -, rec R cont trn to fc RLOD, - ; cont RF trn lunge sd L twd RLOD, -, rec R cont trn to BFLY, - ;

7-8 Sd L, draw R to L, cl R, - ; repeat meas 7 to CP;;

9-16 Trvlg Box SCP;;; Fwd Hitch; Bk Wk 2; Bk Hitch; Wk 2 BFLY;

9-12 {Trvlg box} Sd L, cl R, fwd L, - ; trng to look RLOD in RSCP fwd R, -, fwd L blending to fc, - ; sd R, cl L, bk R, - ; trng to SCP LOD fwd L, -, fwd R to SCP, - ;

13-14 {Fwd hitch} Fwd L, cl R, bk L, - ; bk R, -, bk L, - ;

15-16 {Bk hitch} Bk R, cl L, fwd R, - ; fwd L, -, fwd R trng to fc ptr BFLY, - ;

17-22 Fc - Fc; Bk - Bk; Op Vine 4;; Scoot; Wk 2 SCP;

17-18 {Fc to fc} Sd L, cl R, sd & fwd L trng LF (*RF*) to a BK-TO-BK pos, - ; {Bk to bk} Sd R, cl L, sd R trng RF to fc, - ;

19-20 {Op vine 4} Sd L, -, trng RF (*LF*) to LOP RLOD bk R, - ; trng LF (*RF*) to fc ptr sd L, -, XRifL (*XLifR*) trng to SCP LOD, - ;

21-22 {Scoot} Fwd L, cl R, fwd L, cl R; fwd L, -, fwd R, - ;

Part B

1-8 2 Fwd 2-Stps;; Scis SCAR; Scis BJO; Fwd Hitch; Hitch Scis; Lace Across; 2-Step to Fc;

1-2 {2 fwd 2-stps} Fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;

3-4 Sd L, cl R comm. trng RF, comp trng fwd L to SCAR DRW, - ; sd R, cl L comm. trng LF, comp trng fwd R to BJO DLW, - ;

5-6 {Fwd Hitch} Fwd L, cl R, bk L, - ; {Hitch Scis} Bk R leading W to trn RF, cl L, fwd R to SCP LOD (*W sd L twd RLOD, cl R trng RF, thru L to SCP LOD, -*), - ;

7-8 {Lace across} Lead W under jnd lead hnds fwd L, cl R, fwd L to LOP LOD, - ; fwd R, cl L, fwd R to fc ptr BFLY, - ;

9-16 BFLY Box;; Hitch Apt; Scis Thru; 2 Fwd 2-Stps [To Rev];; Lace Across; 2-Step to BFLY;

[2ND & 3RD time thru ends OP LOD]

9-10 {Box} Sd L, cl R, fwd L, - ; sd R, cl L, bk R, - ;

11-12 {Hitch apt} Bk L (*R*), cl R, fwd L, - ; sd R, cl L, thru R to SCP RLOD, - ;

13-14 {2 fwd 2-stps} [to rev] Fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;

15-16 {Lace across} Lead W under jnd lead hnds fwd L, cl R, fwd L to LOP RLOD, - ; fwd R, cl L, fwd R to BFLY, - ;
[2nd & 3rd time thru ends OP LOD]

Interlude

1-4 Vine 3 Tch Both Ways;; Apt Pt; Tog Tch BFLY WALL;

1-2 {Vine 3 tch} Sd L, XRib, sd L, tch R; sd R, XLib, sd R, tch L;

3-4 Apt L, -, pt R twd ptr, - ; tog R, -, tch L to R to BFLY WALL, - ;

Part A

1-8 Trvlg Dr;;; Bsktbl Trn;; Sd Draw Cl Twice CP;;

- 1-4 {Trvlg door} Rk sd L, -, rec R, -; XLif, sd R, XLif, -; Rk sd R, -, rec L, -; XRif, sd L, XRif, -;
5-6 {Basketball trn} Lunge sd L twd LOD trng RF, -, rec R cont trn to fc RLOD, -; cont RF trn lunge sd L twd RLOD, -, rec R cont trn to BFLY, -;
7-8 Sd L, draw R to L, cl R, -; repeat meas 7 to CP;;

9-16 Trvlg Box SCP;;; Fwd Hitch; Bk Wk 2; Bk Hitch; Wk 2 BFLY;

- 9-12 {Trvlg box} Sd L, cl R, fwd L, -; trng to look RLOD in RSCP fwd R, -, fwd L blending to fc, -; sd R, cl L, bk R, -; trng to SCP LOD fwd L, -, fwd R to SCP, -;
13-14 {Fwd hitch} Fwd L, cl R, bk L, -; bk R, -, bk L, -;
15-16 {Bk hitch} Bk R, cl L, fwd R, -; fwd L, -, fwd R trng to fc ptr BFLY, -;

17-22 Fc - Fc; Bk - Bk; Op Vine 4;; Scoot; Wk 2 SCP;

- 17-18 {Fc to fc} Sd L, cl R, sd & fwd L trng LF (RF) to a BK-TO-BK pos, -; {Bk to bk} Sd R, cl L, sd R trng RF to fc, -;
19-20 {Op vine 4} Sd L, -, trng RF (LF) to LOP RLOD bk R, -; trng LF (RF) to fc ptr sd L, -, XRifL (XLifR) trng to SCP LOD, -;
21-22 {Scoot} Fwd L, cl R, fwd L, cl R; fwd L, -, fwd R, -;

Part B

1-8 2 Fwd 2-Stps;; Scis SCAR; Scis BJO; Fwd Hitch; Hitch Scis; Lace Across; 2-Step to Fc;

- 1-2 {2 fwd 2-stps} Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
3-4 Sd L, cl R comm. trng RF, comp trng fwd L to SCAR DRW, -; sd R, cl L comm. trng LF, comp trng fwd R to BJO DLW, -;
5-6 {Fwd Hitch} Fwd L, cl R, bk L, -; {Hitch Scis} Bk R leading W to trn RF, cl L, fwd R to SCP LOD (W sd L twd RLOD, cl R trng RF, thru L to SCP LOD, -), -;
7-8 {Lace across} Lead W under jnd lead hnds fwd L, cl R, fwd L to LOP LOD, -; fwd R, cl L, fwd R to fc ptr BFLY, -;

9-17 BFLY Box;; Hitch Apt; Scis Thru; 2 Fwd 2-Stps [To Rev];; Lace Across; 2-Step to BFLY; [2ND & 3RD time thru ends OP LOD]

- 9-10 {Box} Sd L, cl R, fwd L, -; sd R, cl L, bk R, -;
11-12 {Hitch apt} Bk L (R), cl R, fwd L, -; sd R, cl L, thru R to SCP RLOD, -;
13-14 {2 fwd 2-stps} [to rev] Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;
15-16 {Lace across} Lead W under jnd lead hnds fwd L, cl R, fwd L to LOP RLOD, -; fwd R, cl L, fwd R to BFLY, -;
[2nd & 3rd time thru ends OP LOD]

Part C

1-8 Circ Chase BFLY;;; Box;; Rev Box;;

- 1-4 {Circ chase} Trvlg in a LF circular pattern fwd L, cl R, fwd L to tandem COH, -; cont curve fwd R, cl L, fwd R to sd by sd fcg RLOD, -; cont curve fwd L, cl R, fwd L to tandem wall, -; complete circular pattern fwd R, cl L, fwd RF to BFLY, -;
5-6 Sd L, cl R, fwd L, -; sd R, cl L, bk R, -;
7-8 Sd L, cl R, bk L, -; sd R, cl L, fwd R, -;

9-14 Fc - Fc; Bk - Bk; Op Vine 4;; Scoot 4; Wk 2 SCP;

- 9-14 Repeat Part A meas 17-22;;;;;

Part B

1-8 2 Fwd 2-Stps;; Scis SCAR; Scis BJO; Fwd Hitch; Hitch Scis; Lace Across; 2-Step to Fc;

- 1-2 {2 fwd 2-stps} Fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;
- 3-4 Sd L, cl R comm. trng RF, comp trng fwd L to SCAR DRW, - ; sd R, cl L comm. trng LF, comp trng fwd R to BJO DLW, - ;
- 5-6 {Fwd Hitch } Fwd L, cl R, bk L, - ; {Hitch Scis} Bk R leading W to trn RF, cl L, fwd R to SCP LOD (*W sd L twd RLOD, cl R trng RF, thru L to SCP LOD, -*), - ;
- 7-8 {Lace across} Lead W under jnd lead hnds fwd L, cl R, fwd L to LOP LOD, - ; fwd R, cl L, fwd R to fc ptr BFLY, - ;

9-18 BFLY Box;; Hitch Apt; Scis Thru; 2 Fwd 2-Stps [To Rev];; Lace Across; 2-Step to BFLY; [2ND & 3RD time thru ends OP LOD]

- 9-10 {Box} Sd L, cl R, fwd L, - ; sd R, cl L, bk R, - ;
- 11-12 {Hitch apt} Bk L (*R*), cl R, fwd L, - ; sd R, cl L, thru R to SCP RLOD, - ;
- 13-14 {2 fwd 2-stps} [to rev] Fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;
- 15-16 {Lace across} Lead W under jnd lead hnds fwd L, cl R, fwd L to LOP RLOD, - ; fwd R, cl L, fwd R to BFLY, - ; [2nd & 3rd time thru ends OP LOD]

End

1-8 Circ Chase BFLY;;; Box;; Rev Box;;

- 1-8 Repeat Part C meas 1-8,,,,,;

9-17 Fwd Hitch; Hitch Scis SCP; 2 Fwd 2-Stps;; Hitch Dbl;; Slo Twrl 2; Wk 2; Step Apt,

- 9-10 {Fwd Hitch } Fwd L, cl R, bk L, - ; {Hitch Scis} Sd R leading W to trn RF, cl L trng slightly LF, fwd R to SCP LOD (*W sd L twd RLOD, cl R trng RF, thru L to SCP LOD, -*), - ;
- 11-12 {2 fwd 2-stps} Fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;
- 13-14 {Hitch Dbl} Fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ;
- 15-16 {Twrl 2} [ss; ss] Sd & fwd L raising jnd lead hnds leading W to begin twirl (*W sd & fwd R comm RF trn under jnd lead hnds*), - , fwd R cont leading W to comp twirl to OP LOD (*W sd & bk L completing RF trn to SCP*), - ; fwd L, - , fwd R, - ;
- 17 Bk L (*R*),

Quick Cues: (Op fcg wall, 2 meas wait)

Intro Wait;; Apt Pt; Tog Tch BFLY;

A Trvlg Dr;;; Bsktbl Trn;; Sd Draw Cl Twice CP;; Trvlg Box SCP;;; Fwd Hitch; Bk Wk 2; Bk Hitch; Wk 2 BFLY; Fc - Fc; Bk - Bk; Op Vine 4;; Scoot 4; Wk 2 SCP;

B 2 Fwd 2-Stps;; Scis SCAR; Scis BJO; Fwd Hitch; Hitch Scis; Lace Across; 2-Step to Fc; BFLY Box;; Hitch Apt; Scis Thru; (To Rev) 2 Fwd 2-Stps;; Lace Across; 2-Step to BFLY;

Int Vine 3 Tch Both Ways;; Apt Pt; Tog Tch BFLY WALL;

A Trvlg Dr;;; Bsktbl Trn;; Sd Draw Cl Twice CP;; Trvlg Box SCP;;; Fwd Hitch; Bk Wk 2; Bk Hitch; Wk 2 BFLY; Fc - Fc; Bk - Bk; Op Vine 4;; Scoot 4; Wk 2 SCP;

B 2 Fwd 2-Stps;; Scis SCAR; Scis BJO; Fwd Hitch; Hitch Scis; Lace Across; 2-Step to Fc; BFLY Box;; Hitch Apt; Scis Thru; (To Rev) 2 Fwd 2-Stps;; Lace Across; 2-Step to Op LOD;

C Circ Chase BFLY;;; Box;; Rev Box;; Fc - Fc; Bk - Bk; Op Vine 4;; Scoot 4; Wk 2 SCP;

B 2 Fwd 2-Stps;; Scis SCAR; Scis BJO; Fwd Hitch; Hitch Scis; Lace Across; 2-Stp to Fc;
BFLY Box;; Hitch Apt; Scis Thru; (To Rev) 2 Fwd 2-Stps;; Lace Across; 2-Stp to Op LOD;

End Circ Chase BFLY;;; Box;; Rev Box;; Fwd Hitch; Hitch Scis SCP; 2 Fwd 2-Stps;; Hitch Dbl;;
Slo Twrl 2; Wk 2; Step Apt,