I FALL TO PIECES V

RELEASED: September, 2023

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10,11

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MUSIC: "I Fall to Pieces" artist: Patsy Cline, CD: Run and Hide - YouTube link:

https://www.youtube.com/watch?v=HG-8uZg2uV0

RHYTHM: STS TIME @ MPM: 2.47 @ 28 mpm (speed as downloaded)

PHASE (+): V + 0 + 1 unphased - circular triple traveler

FOOTWORK: Opposite unless indicated (W's footwork in parentheses)

SEQUENCE: INTRO, A, B, INTERLUDE, A, B, END

MEAS. 1-4 1,2 3	INTRODUCTION IN LOW DOUBLE HANDHOLD\DLW - WAIT PU notes & 2 MEASURES;; 2 TRAVELING CROSS CHASSES TO BFLY/WALL;; in low double handhold/DLW wait PU notes & 2 measures;; {2 traveling cross chasses} trng slightly LF fwd L LOD,-, cont slight LF trn with R side lead sd & fwd R twd DLW, XLIF of R keeping R side lead (W bk R LOD,-, cont LF trn sd & bk L twd DLW, XRIF of L) to end low double handhold/DLC; trng slightly RF fwd R LOD,-, cont RF trn sd L twd LOD, XRIF of L (W bk L LOD,-, trng RF sd twd LOD, XRIF of L) blend to BFLY/WALL;
1-8	<u>PART A</u> 2 LUNGE BASICS TO CP;; BASIC;; TRAVELING RIGHT TURN;
1,2	ZIG ZAG 3; 1 LUNGE BASIC WITH REV RIFF TURN; 1 LUNGE BASIC; {2 lunge basics} BFLY/WALL lunge sd L,-, rec R, XLIF; lunge sd R,-, rec L,
,	XRIF to CP/WALL;
3,4	(basic) sd L,-, XRIB (both XIB), rec R; sd R,-, XLIB (both XIB), rec R preparing to manuver;
5	(traveling RT) turn RF crossing in front of W sd & bk L to CP/RLOD,-, hook right foot behind left, unwind RF 5/8 on both feet to fc DLW & shifting weight to L (W - fwd R LOD between M's feet,-, cont RF trn fwd L outsd partner twd WALL, cont RF trn fwd R twd RLOD checking) to end BJO/DLW;
6	{zig zag 3} fwd R twd LOD outsd ptr trng RF,-, cont RF trn sd L, bk R to
7	SDCR/DRW; {1 lunge basic with reverse riff trn} blending to BFLY/WALL sd L with slight lunge action,-, releasing trail hands & raising lead hnds to start W LF spin rec R, cl L (W sd R with slight lunge action,-, sd & fwd L comm LF spin one full trn, cl R) ending in BFLY/WALL;
8	<i>{1 lunge basic}</i> sd R with slight lunge action,-, rec L, XRIF (both XIF) end BFLY/WALL;
9-16 9	OPEN BASIC; TWDS RLOD ARM TO ARM 2X;; OPEN BREAK; CHANGE SIDES WITH INSIDE TURN & REV TWIRL; OPEN BREAK; CHANGE SIDES WITH INSIDE TURN & REV TWIRL; BASIC ENDING picking up; {open basic} sd L,-, trng to 1/2 LOP/RLOD break bk R, rec L;

{arm to arm 2x} facing RLOD fwd R leading W to cross in front,-, fwd & sd L, fwd & across R (W fwd L across in front of M sharply trng RF,-, fwd & sd R, fwd &

across L) to end V-shape 1/2 OP/RLOD;

- continue down RLOD fwd L leading W to cross in front,-, fwd R, fwd & across L (W fwd R across in front of M sharply trng LF,-, fwd & sd L, fwd & across R) to end V-shape LEFT 1/2 LOP/RLOD;
- 12 **{open break}** trng to fc ptr & WALL join lead hands sd R,-, apart L extend trail arms to sd. rec fwd R leading W to M's L sd:
- 13 **(change sides with inside turn & rev twirl)** fwd & sd L twds W's R sd trng RF & leading W to trn LF under jnd ld hnds,-, keeping jnd hnds raised and leading W to turn under cont trn to fc COH sd R, XLIF (W fwd & sd R twd M's R sd trng (may spiral) 1/2 LF under jnd ld hnds,-, cont LF trn sd L & fwd twd LOD, cont LF trn fwd R twd LOD trng under jnd ld hnds to fc ptr) to fc ptr & COH; [note: the lady may leave out the roll if she wants and dance the last 2 steps sd L, XRIF]
- 14 **{open break}** join lead hands sd R,-, apart L extend trl arms to sd, rec fwd R lead W to M's L sd:
- 15 **(change sides with inside turn & rev twirl)** fwd & sd L twds W's R sd trng RF & leading W to trn LF under jnd ld hnds,-, keeping jnd hnds raised and leading W to turn under cont trn to fc WALL sd R, XLIF (W fwd & sd R twd M's R sd trng (may spiral) 1/2 LF under jnd ld hnds,-, cont LF trn sd L & fwd twd RLOD, cont LF trn fwd R twd RLOD trng under jnd ld hnds to fc ptr) to fc ptr & WALL; [note: the lady may leave out the roll if she wants and dance the last 2 steps sd L, XRIF]
- 16 **(basic ending picking up)** sd R,-, XLIB (both XIB), rec R bringing W to PU position low double handhold/DLW;

PART B

- 1-8 TRAVELING CROSS CHASSE; PASSING CROSS CHASSE; 2 BACK
 TRAVELING CROSS CHASSES;; W PASSING CROSS CHASSE; CROSS
 CHASSE TO FACE WALL; UNDERARM TRN; BASIC ENDING;
 - 1 {traveling cross chasse} trng slightly LF fwd L LOD,-, cont slight LF trn with R side lead sd & fwd R twd DLW, XLIF of R keeping R side lead (W bk R LOD,-, cont LF trn sd & bk L twd DLW, XRIF of L) to end low double handhold/DLC;
 - 2 **(passing cross chasse)** trng RF fwd R LOD,-, fwd & sd L cont RF trn & passing W on her R side, XRIF of L (W trng RF sd & bk L slightly twd WALL,-, cont RF trn small sd & fwd R, XLIF of R) to end low double handhold/DRW;
 - 3,4 {2 back traveling cross chasses} sd & bk L twds LOD trng RF,-, cont slight RF trn sd & bk R twds DLC, XLIF of R (W trng RF fwd R twd LOD,-, cont RF trn sd & fwd L twd DLC, XRIF of L) to end low double handhold/DRC; sd & bk R twds LOD trng LF,-, cont LF trn sd & bk L twd DLW, XRIF of L (trng LF fwd L twd LOD,-, cont LF trn sd & fwd R DLW, XLIF of R) to end low double handhold/DRW;
 - W passing cross chasse} trng RF sd & bk L slightly twd WALL,-, cont RF trn small sd & fwd R, XLIF of R (W trng RF fwd R LOD,-, fwd & sd L cont RF trn & passing M on his R side, XRIF of L) to end low double handhold/DLC;
 - 6 {cross chasse to face wall} trng RF fwd R LOD,-, cont RF trn sd & fwd L twd LOD, XRIF of L (W trng RF bk L,-, cont trn sd R twd LOD, XLIF of R) blend to BFLY/WALL:
 - 7 {underarm trn} keeping only lead hnds joined sd L,-, XRIB trng W RF under jnd hnds, rec L (W sd R,-, fwd L trng RF under jnd hnds, cont trn to fc ptr rec R);
 - 8 {basic ending} sd R,-, XLIB (both XIB), rec R blending to CP/WALL;
- 9-16

 BASIC;; CIRCULAR TRIPLE TRAVELER;;;;; (BFLY/COH) BASIC ENDING;

 9,10

 (basic) in CP/WALL sd L,-, XRIB (both XIB), rec R; sd R,-, XLIB (both XIB), rec R

 preparing to fold the W in front;

1-4

1-8

9-16

1-8

9-16

1-4

<i>{circular triple traveler - 5 measures}</i> fwd L LOD raising lead hands lead W fwd,-, fwd & sd R, fwd & across L (W sd/fwd & across R spiral 7/8 LF,-, cont LF trn fwd & sd L, fwd R cont trng LF under joined lead hands) to end in L OPEN
POS V-SHAPE LOD; fwd & across R twd COH, like a slow spiral slowly trn LF on R, under joined lead hands, as you lead W like a lariat (W fwd & sd L shaping RF to M,-, strongly curving RF around M fwd R, fwd L) to end in L OPEN V-SHAPE RLOD; fwd & across L twd RLOD,-, raising joined lead hands to lead W under RF sd & fwd R, fwd & across L (W fwd & across R,-, fwd & sd L trng RF under joined lead hands, fwd R) still in V-shape L OPEN POS FCING RLOD;
fwd & across R twd WALL, like a slow spiral slowly trn LF on R, under joined lead hands, as you lead W like a lariat (W fwd & sd L shaping RF to M,-, strongly curving RF around M fwd R, fwd L) to end in L OPEN V-SHAPE LOD; fwd & across L LOD,-, raising joined lead hands to lead W under RF sd & fwd R, fwd & across L (W fwd & across R,-, fwd & sd L trng RF under joined lead hands, fwd R) still in V-shape L OPEN POS FCING LOD;
[*extra explanation & teaching tip for the circular triple traveler at the end of the full cuesheet]
{basic ending} fcg COH sd R,-, XLIB (both XIB), rec R preparing to fold the W in front;
INTER
LT INSIDE ROLL; BASIC ENDING; 2 TWISTY BASICS;;
<i>{LT inside roll}</i> fwd L start 1/4 LF trn,-, cont trn sd R raising lead hands to lead W to LF underarm trn, XLIF of R (W sd & bk R start LF trn,-, sd L trn LF under lead
hnds, cont trn LF sd R to fc ptr) to end fcg WALL; {basic ending} sd R,-, XLIB (both XIB), rec R blend to CP/WALL; {2 twisty basics} sd L with slight RF turn, -, XRIB (W XIF), rec L; sd R with slight LF turn, -, XLIB (W XIF), rec R;
REPEAT PART A
2 LUNGE BASICS TO CP;; BASIC;; TRAVELING RIGHT TURN; ZIG ZAG 3; 1 LUNGE BASIC WITH REV RIFF TURN; 1 LUNGE BASIC;
OPEN BASIC; TWDS RLOD ARM TO ARM 2X;; OPEN BREAK; CHANGE SIDES WITH INSIDE TURN & ROLL; OPEN BREAK; CHANGE SIDES WITH INSIDE TURN & ROLL; BASIC ENDING picking up;
REPEAT PART B TRAVELING CROSS CHASSE; PASSING CROSS CHASSE; 2 BACK TRAVELING CROSS CHASSES;; W PASSING CROSS CHASSE; CROSS CHASSE TO FACE WALL; UNDERARM TRN; BASIC ENDING;
BASIC;; CIRCULAR TRIPLE TRAVELER;;;;; (BFLY/COH) BASIC ENDING;
END LT INSIDE ROLL; BASIC ENDING; SWAY L & R; DIP BACK & HOLD; {LT inside roll} fwd L start 1/4 LF trn,-, cont trn sd R raising lead hands to lead W to LF underarm trn, XLIF of R (W sd & bk R start LF trn,-, sd L trn LF under lead hnds, cont trn LF sd R to fc ptr) to end fcg WALL; {basic ending CP} sd R,-, XLIB (both XIB), rec R blend to CP/WALL;

- 3 {swav L & R} step sd L & swav L.-. step sd R & swav R.-:
- 4 {dip back & hold} step bk & slightly sd L and hold,,,;

[*extra explanation & teaching tip for the *circular triple traveler*]

Let the dancers dance a full "normal" triple traveler to be sure they know what they are doing on each part - a LT inside roll - fwd 3 with a spiral for the man - an outside roll. Then you can relate this to the circular triple traveler.

- 1 The 1st measure is like a "normal" triple traveler.
- The 2nd measure is "almost" the same but the man dances only the first step with the spiral (only about 1/2 way) & does this slightly across the line of dancing, slowly, as he also raises the joined hands to go under his own hand and lead the lady around. The lady takes her 3 forward steps, but around her partner. At the end of this 2nd measure they are both facing the opposite direction of when they started.
- The 3rd measure is just like the 3rd measure of a "normal" triple traveler an outside roll.
- 4 & 5 The 4th and 5th measures are a repeat of measures 2 & 3, going the opposite direction.

<u>I FALL TO PIECES</u> ph. V+0+1 (circular triple traveler) STS

INTRO: Low double handhold/DLW - wait PU notes & ;; 2 traveling X chasses BFLY/WALL;;

PART A:

2 lunge basics to CP;; basic to a;; traveling RT; zig zag 3; BFLY/WALL - 1 lunge basic with reverse riff turn; 1 lunge basic; open basic; to RLOD arm to arm 2x;; open break; change sides with inside turn & rev twirl; open break; change sides with inside turn & rev twirl; basic ending picking up;

PART B:

traveling cross chasse; passing cross chasse; 2 back traveling cross chasses;; W passing cross chasse; cross chasse to face wall; underarm turn; basic ending; basic picking up;; circular triple traveler;; ;;; (BFLY/COH) basic ending picking up;

INTER:

LT inside roll; basic ending to CP; 2 twisty basics;;

REPEAT PART A:

REPEAT PART B:

END:

LT inside roll; basic ending to CP; sway L & R; dip back & hold;