

IF I COULD BOTTLE THIS UP JIVE

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 Music: If I Could Bottle This Up Artist: George Jones feat. Shelby Lynn
 Album: Friends In High Places, Track 5
 Available as a single download from Amazon.com
 Time/Speed: Time @ MPM: 3:11 @ 29 MPM/116 BPM
 Footwork: Opposite unless indicated (Woman's footwork in parentheses)
 Rhythm/Phase: Jive Phase 4+2 [Stop & Go, Chasse Roll]
 Degree of Difficulty: AVG
 Sequence: INTRO A B Interlude A B Mod A Mod END

MEAS:**INTRODUCTION**

- 1-4** **WAIT ; WAIT ; SIDE TOUCH & RIGHT CHASSE TO SCP ; DOUBLE ROCK ;**
- 1-2 {WAIT} [CP WALL lead feet free wait pickup notes & 2 meas] -, -, -, - ; {WAIT} -, -, -, - ;
 3 {SD TCH & R CHASSE} Sd L, tch R to L, sd R/cl L, sd R to SCP LOD (**WSd R, tch L to R, sd L/cl R, sd L to SCP LOD**) ;
 4 {DBL RK} Rk bk L, rec R, rk bk L, rec R SCP LOD (**WRk bk R, rec L, rk bk R, rec L SCP LOD**) ;
- PART A**
- 1-4** **TWO FORWARD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; START CHANGE LEFT TO RIGHT ;**
- 1 {2 FWD TRPLS} Fwd L/cl R, fwd L, fwd R/cl L, fwd R (**WFwd R/cl L, fwd R, fwd L/cl R, fwd L**) SCP LOD ;
 2 {SWVL WLK 4} Swvl wlk fwd L, plc Rif of L, plc Lif of R, plc Rif of L (**WSwvl wlk fwd R, plc Lif of R, plc Rif of L, plc Lif of R**) SCP LOD ;
 3 {THRWY} Fwd & sd L/cl R, fwd & sd L leading W to trn 1/2 LF, sd & fwd R/cl L, sd & fwd R LOP-FCG LOD (**WFwd R/fwd L, fwd R trng 1/2 LF, sd & bk L/cl R, sd & bk L LOP-FCG RLOD**) ;
 4 {START CHG L TO R} Rk bk L, rec R, raise jnd lead hnds lead W to LF trn undr hnds sd L/cl R, sd L trng 1/4 RF to LOP-FCG WALL (**WRk bk R, rec L, fwd R/cl L, fwd R trng 3/4 LF undr jnd lead hnds LOP-FCG COH**) ;
- 5-8** **WITH GLIDE TO THE SIDE ; STOP & GO TO LOW BFLY ; ; PROGRESSIVE ROCK 4 INTO ;**
- 5 {W/ GLIDE TO THE SD} Sd R, lowering [on R] XLif of R, sd R/cl L, sd R LOP-FCG WALL (**WSd L, lowering [on L] XRif of L, sd L/cl R, sd L to LOP-FCG COH**) ;
 6 {STOP & GO TO LOW BFLY} Rk bk L, rec R, fwd L/cl R, fwd L [M's R hnd on W's L shldr blade] (**WRk bk R, rec L, fwd R begin 1/2 LF trn/cl L, bk R comp 1/2 LF trn undr jnd hnds to end at M's R sd fcg WALL**) ;
 7 Ck fwd R [as W rks bk man catches W with R hnd on W's L shldr blade to stop her movement], rec L, small bk R/cl L, bk R to low BFLY WALL (**WRk bk L [man catches W with man's R hnd on her shldr blade to stop her movement], rec R, fwd L begin 1/2 RF trn/cl R, bk L comp 1/2 RF trn undr jnd hnds to low BFLY COH**) ;
 8 {PROG RK 4 INTO} Rk apt L, rec slightly XRif of L, rk apt L, rec slightly XRif of L BFLY WALL (**WRk apt R, rec slightly XLif of R, rk apt R, rec slightly XLif of R BFLY COH**) ;
 [NOTE: Last two beats of PROG RK replaces the first two beats of CHASSE ROLL]
- 9-13** **CHASSE ROLL ~ RLOD CHASSE ROLL ~ AMERICAN SPIN ; ; ; ;**
- 9 {CHASSE ROLL} Sd L/cl R, sd L trng 1/2 RF to Bk-Bk Pos, sd R/cl L, sd R trng 1/2 RF to fc WALL no hnds jnd (**WSd R/cl L, sd R trng 1/2 LF to Bk-Bk Pos, sd L/cl R, sd L trng 1/2 LF to fc COH no hnds jnd**) ;
 10 Sd L/cl R, sd L to end fcg WALL no hnds jnd (**WSd R/cl L, sd R to end fcg COH no hnds jnd**) , {RLOD CHASSE ROLL} Rk bk R to 1/2 LOP RLOD, rec L to fc WALL no hnds jnd (**WRk bk L to 1/2 LOP RLOD, rec R to fc COH no hnds jnd**) ;
 11 Sd R/cl L, sd R trng 1/2 LF to Bk-Bk Pos, sd L/cl R, sd L trng 1/2 LF to fc ptr & WALL no hnds jnd (**WSd L/cl R, sd L trng 1/2 RF to Bk-Bk Pos, sd R/cl L, sd R trng 1/2 RF to fc ptr & COH no hnds jnd**) ;
 12 Sd R/cl L, sd R LOP-FCG WALL (**WSd L/cl R, sd L LOP-FCG COH**) , {AMER SPN} Rk apt L, rec R (**WRk apt R, rec L**) ;
 13 Sd L/cl R, sd L, sd R/cl L, sd R BFLY WALL (**WSd R/cl L, sd R spinning RF 1 full trn, sd L/cl R, sd L to BFLY COH**) ;
- 14-16** **SPANISH ARMS TWICE ; ; ;**
- 14 {SPAN ARMS} Rk bk L, rec R trng RF, sd L/cl R, sd L cont RF trn (**WRk bk R, rec L trng 1/4 LF, sd R/cl L, sd R trng 3/4 RF**) ;
 15 Sd R/cl L, sd R BFLY COH (**WSd L/cl R, sd L BFLY WALL**) , {SPAN ARMS} Rk bk L, rec R trng RF (**WRk bk R, rec L trng 1/4 LF**) ;
 16 Sd L/cl R, sd L trng RF, sd R/cl L, sd R BFLY WALL (**WSd R/cl L, sd R trng 3/4 RF, sd L/cl R, sd L BFLY COH**) ;

PART B1-5LINDY CATCH ; ; SHOULDER SHOVE ~ WINDMILL ; ; ;

- 1 {LINDY CATCH} Rk apt L, rec R releasing hnds, fwd L/R, L catching W with M's R hnd at her waist moving RF around W [M is in bk of W w/ R arm around her waist] (*W Rk apt R, rec L, fwd R/L, R [W in front of M]*) ;
- 2 Cont arnd W fwd R, fwd L trng RF 1/2, chasse R/L, R to LOP-FCG WALL (*W Bk L, bk R still fcg same direction [no trn], bk L/R, L to LOP-FCG COH*) ;
- 3 {SHLDR SHOVE} Rk apt L, rec R, trpl fwd L/cl R, fwd L trng 1/4 RF leaning L shldr twd ptr bringing M's L & W's R shoulders together end LOP RLOD (*W Rk apt R, rec L, trpl fwd R/cl L, fwd R trng 1/4 LF leaning R shldr twd ptr bringing M's L & W's R shoulders together LOP RLOD*) ;
- 4 Chasse sd R/cl L, sd R trng 1/4 LF to BFLY WALL (*W Chasse sd L/cl R, sd L trng 1/4 RF to BFLY COH*), {WINDMILL} Stay in BFLY rk bk L, rec R start trng LF (*W Stay in BFLY rk bk R, rec L start trng LF*) ;
- 5 Cont trng chasse L/cl R, sd L comp 1/4 LF trn, sd R/cl L, sd R comp 1/4 LF trn end BFLY COH (*W Cont trng chasse sd R/cl L, sd R comp 1/4 LF trn, sd L/cl R, sd L comp 1/4 LF trn end BFLY WALL*) ;

6-8CHANGE HANDS BEHIND BACK ~ LINK ROCK TO SCP LOD ; ; ;

- 6 {CHG HNDS BHD BK} Rk apt L, rec R, fwd L starting 1/4 LF trn & placing R hnd over W's R hnd/cl R, fwd L releasing L hnd & comp 1/4 LF trn to Tandem Pos in front of W to Tandem LOD (*W Rk apt R, rec L, fwd R/cl L, fwd R trng 1/4 RF trn to Tandem Pos bhd M to Tandem LOD*) ;
- 7 Sd & bk R starting 1/4 LF trn & placing L hnd bhd M's bk/cl L transferring W's R hnd to M's L hnd bhd his bk, sd & bk R comp 1/4 LF trn to LOP-FCG WALL (*W Sd & bk L starting 1/4 RF trn/cl R, sd & bk L comp 1/4 trn to LOP-FCG COH*), {LINK RK TO SCP LOD} Rk bk L, rec R (*W Rk bk R, rec L*) LOP-FCG WALL ;
- 8 Small trpl fwd L/R, L to CP, sd R/L, R to SCP (*W Small trpl fwd R/L, R to CP, sd L/R, L to SCP*) SCP LOD;

9-12PRETZEL TURN WITH DOUBLE ROCK ~ TO HANDSHAKE ROCK TO ; ; ;

- 9 {PRTZL TRN WITH DBL RK} Rk bk L, rec R trng RF to fc ptr, sd L/cl R, sd L trng 1/2 RF keeping M's L & W's R hnds jnd to Bk-Bk pos fcg COH] (*W Rk bk R, rec L trng L to fc ptr, sd R/cl L, sd R trng 1/2 LF keeping M's L & W's R hnds jnd to Bk-Bk pos fcg WALL*) ;
 - 10 Sd R/cl L, sd R trng 1/8 RF [ptrs in Bk-Bk "V" Pos w/ M's L & W's R hnds jnd bhd bks], rk fwd L crossing in front of R to LOD w/ R hnd extended fwd, rec R (*W Sd L/cl R, sd L trng 1/8 LF [ptrs in Bk-Bk "V" Pos w/ M's L & W's R hnds jnd bhd bks], rk fwd R crossing in front of L to LOD w/ L hnd extended fwd undr M's hnd, rec L*) ;
 - 11 Rk fwd L crossing in front of R to LOD w/ R hnd extended fwd, rec R trng 1/8 LF, sd L/cl R, sd L trng 1/2 LF to fc ptr lead hnds jnd LOP-FCG WALL (*W Rk fwd R crossing in front of L to LOD w/ L hnd extended fwd undr M's hnd, rec L trng 1/8 RF, sd R/cl L, sd R trng 1/2 RF to fc ptr lead hnds jnd LOP-FCG COH*) ;
 - 12 Sd R/cl L, sd R (*W Sd L/cl R, sd L*), {TO HNDSHK RK TO} Join R hnds rk apt L, rec R trng 1/4 RF HNDSHK RLOD (*W Join R hnds rk apt R, rec L trng 1/4 LF HNDSHK DRW*) ;
- [NOTE: Last 2 beats of this meas are the first 2 beats of TRIPLE WHEEL 3 TO COH]**

13-16TRIPLE WHEEL 3 TO COH ; ; STOP & GO ; ;

- 13 {TRPL WHL 3 TO COH} Start RF wheel touching W's bk w/ M's L hnd sd L/cl R, sd L trng awy from ptr to DLW, cont RF wheel sd R/cl L, sd R trng twd ptr & DRC (*W Start RF wheel sd R/cl L, sd R trng twd ptr & DLW, cont RF wheel touching M's bk w/ W's L hnd sd L/cl R, sd L trng awy from ptr to DRC*) ;
- 14 Cont RF wheel touch W's bk w/ M's L hnd sd L/cl R, sd L lead W to spn RF, sd R/cl L, sd R end LOP-FCG COH (*W Cont RF wheel sd R/cl L, sd R spin RF on R ft to fc ptr, sd L/cl R, sd L end LOP-FCG WALL*) ;
- 15 {STOP & GO} Rk bk L, rec R, fwd L/cl R, fwd L [M's R hnd on W's L shldr blade] (*W Rk bk R, rec L, fwd R commence 1/2 LF trn/cl L, bk R comp 1/2 LF trn undr jnd hnds to end at M's R sd fcg COH*) ;
- 16 Ck fwd R [as W rks bk man catches W with R hnd on W's L shldr blade to stop her movement], rec L, small bk R/cl L, bk R to LOP-FCG COH (*W Rk bk L [man catches W with man's R hnd on her shldr blade to stop her movement], rec R, fwd L begin 1/2 RF trn/cl R, bk L comp 1/2 RF trn undr jnd hnds to end LOP-FCG WALL*) ;

INTERLUDE1-2CHANGE HANDS BEHIND BACK ~ ROCK RECOVER SCP ; ;

- 1 {CHG HNDS BHD BK} Rk apt L, rec R, fwd L starting 1/4 LF trn & placing R hnd over W's R hnd/cl R, fwd L releasing L hnd & comp 1/4 LF trn to Tandem Pos in front of W to Tandem RLOD (*W Rk apt R, rec L, fwd R/cl L, fwd R trng 1/4 RF trn to Tandem Pos bhd M to Tandem RLOD*) ;
- 2 Sd & bk R starting 1/4 LF trn & placing L hnd bhd M's bk/cl L transfer W's R hnd to M's L hnd bhd his bk, sd & bk R comp 1/4 LF trn to LOP-FCG WALL (*W Sd & bk L start 1/4 RF trn/cl R, sd & bk L comp 1/4 trn to LOP-FCG COH*), {RK REC SCP} Rk apt L, rec R trng to SCP LOD (*W Rk apt R, rec L to SCP LOD*) ;

REPEAT PART A

- 1-4 **TWO FORWARD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; START CHANGE LEFT TO RIGHT ;**
 1-4 Same as Part A meas 1 - 4 ; ; ; ;
- 5-8 **WITH GLIDE TO THE SIDE ; STOP & GO TO LOW BFLY ; ; PROGRESSIVE ROCK 4 INTO ;**
 5-8 Same as Part A meas 5 - 8 ; ; ; ;
- 9-13 **CHASSE ROLL ~ RLOD CHASSE ROLL ~ AMERICAN SPIN ; ; ; ;**
 9-13 Same as Part A meas 9 -13 ; ; ; ;
- 14-16 **SPANISH ARMS TWICE ; ; ;**
 14-16 Same as Part A meas 14 -16 ; ; ;

PART B MOD

- 1-5 **LINDY CATCH ; ; SHOULDER SHOVE ~ WINDMILL ; ; ;**
 1-5 Same as Part B meas 1 - 5 ; ; ; ;
- 6-8 **CHANGE HANDS BEHIND BACK ~ LINK ROCK TO SCP LOD ; ; ;**
 6-8 Same as Part B meas 6 - 8 ; ; ; ;
- 9-12 **PRETZEL TURN ~ WITH DOUBLE ROCK ~ TO HANDSHAKE ROCK TO ; ; ;**
 9-12 Same as Part B meas 9 - 12 ; ; ; ;
- 13-16 **TRIPLE WHEEL 3 TO COH ; ; LINK ROCK TO SCP LOD ~ ROCK RECOVER ; ;**
 13-14 Same as Part B meas 13 - 14 ; ;
 15 {LINK RK SCP LOD} Rk bk L, rec R, RF trng trpl 3/8 L/R, L (*W Rk bk R, rec L, RF trng trpl 3/8 R/L, R*) ;
 16 Trpl fwd R/L, R trng 3/8 RF to SCP LOD (*W Trpl fwd L/R, L trng RF3/8 to SCP LOD*), {RK REC} Rk bk L, rec R SCP LOD (*W Rk bk R, rec L SCP LOD*) ;

PART A MOD

- 1-4 **TWO FORWARD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; START CHANGE LEFT TO RIGHT ;**
 1-4 Same as Part A meas 1 - 4 ; ; ; ;
- 5-8 **WITH GLIDE TO THE SIDE ; STOP & GO TO LOW BFLY ; ; PROGRESSIVE ROCK 4 INTO ;**
 5-8 Same as Part A meas 5 - 8 ; ; ; ;
- 9-13 **CHASSE ROLL ~ RLOD CHASSE ROLL ~ AMERICAN SPIN ; ; ; ;**
 9-13 Same as Part A meas 9 -13 ; ; ; ;
- 14-16 **SPANISH ARMS ~ CHANGE LEFT TO RIGHT TO LOD ; ; ;**
 14 {SPAN ARMS} Rk bk L, rec R trng RF, sd L/cl R, sd L cont RF trn (*W Rk bk R, rec L trng 1/4 LF, sd R/cl L, sd R trng 3/4 RF*) ;
 15 Sd R/cl L, sd R BFLY COH (*W Sd L/cl R, sd L BFLY WALL*), {CHG L TO R TO LOD} Rk bk L, rec R (*W Rk bk R, rec L*) ;
 16 Raise jnd lead hnds lead W to LF trn undr hnds sd L/cl R, sd L trng 1/4 RF, chasse R/cl L, sd R end LOP-FCG LOD (*W Fwd R/cl L, fwd R trng 3/4 LF undr jnd lead hnds, chasse L/cl R, sd L to LOP-FCG RLOD*) ;

END

- 1-4 **CHICKEN WALKS 2 SLOW ; 4 QUICK ; STOP & GO ; ;**
 1 {CHKN WLKS 2 SLO} Bk L leading W fwd w/ slight swvlg action of her foot on each stp, -, bk R LOP-FCG LOD, - (*W Swvlg on ball of L foot fwd R, -, swvlg on ball of R foot fwd L LOP-FCG RLOD, -*) ;
 2 {4 QK} Bk L lead W fwd w/ slight swvlg action of her foot on each stp, bk R, bk L, bk R (*W Swvlg on ball of L foot fwd R, swvlg on ball of R foot fwd L, swvlg on ball of L foot fwd R, swvlg on ball of R foot fwd L*) ;
 15 {STOP & GO} Rk bk L, rec R, fwd L/cl R, fwd L [M's R hnd on W's L shldr blade] (*W Rk bk R, rec L, fwd R begin trng 1/2 LF/cl L, bk R comp 1/2 LF trn undr jnd hnds to M's R sd fcg LOD*) ;
 16 Ck fwd R [as W rks bk M catches W with R hnd on W's L shldr blade to stop her movement], rec L, small bk R/cl L, bk R to LOP-FCG LOD (*W Rk bk L [M catches W with M's R hnd on her shldr blade to stop her movement], rec R, fwd L begin 1/2 RF trn/cl R, bk L comp 1/2 RF trn undr jnd hnds end LOP-FCG RLOD*) ;
- 5-6 **ROCK RECOVER BOTH POINT FORWARD : HOLD ;**
 5 {RK REC PT FWD} Rk apt L, rec R, pt L fwd, raise R arm (*W Rk apt R, rec L, pt R fwd, raise L arm*) ;
 6 {HOLD} -, -, -, - ;

QK CUES

CP WALL LEAD FEET FREE WAIT PICKUP NOTES & 2 MEAS SD TOUCH & R CHASSE

INTRO WAIT ; WAIT ; SIDE TOUCH & RIGHT CHASSE TO SCP ; DOUBLE ROCK ;

PART A TWO FORWARD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; START CHANGE LEFT TO RIGHT ; WITH GLIDE TO THE SIDE ; STOP & GO TO BFLY ; ; PROGRESSIVE ROCK 4 INTO ; CHASSE ROLL ~ RLOD CHASSE ROLL ~ AMERICAN SPIN ; ; ; ; SPANISH ARMS TWICE ; ; ;

PART B LINDY CATCH ; ; SHOULDER SHOVE ~ WINDMILL ; ; ;
CHANGE HANDS BEHIND BACK ~ LINK ROCK TO SCP LOD ; ; ;
PRETZEL TURN ~ WITH DOUBLE ROCK ~ TO HANDSHAKE ROCK TO ; ; ; ;
TRIPLE WHEEL 3 COH ; ; STOP & GO ; ;

INTERLUDE CHANGE HANDS BEHIND BACK ~ ROCK RECOVER SCP ; ;

PART A TWO FORWARD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; START CHANGE LEFT TO RIGHT ; WITH GLIDE TO THE SIDE ; STOP & GO TO BFLY ; ; PROGRESSIVE ROCK 4 INTO ; CHASSE ROLL ~ RLOD CHASSE ROLL ~ AMERICAN SPIN ; ; ; ; SPANISH ARMS TWICE ; ; ;

PART B Mod LINDY CATCH ; ; SHOULDER SHOVE ~ WINDMILL ; ; ;
CHANGE HANDS BEHIND BACK ~ LINK ROCK TO SCP LOD ; ; ;
PRETZEL TURN ~ WITH DOUBLE ROCK ~ TO HANDSHAKE ROCK TO ; ; ; ;
TRIPLE WHEEL 3 COH ; ; LINK ROCK TO SCP LOD ~ ROCK RECOVER ; ;

PART A Mod TWO FORWARD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; START CHANGE LEFT TO RIGHT ; WITH GLIDE TO THE SIDE ; STOP & GO TO BFLY ; ; PROGRESSIVE ROCK 4 INTO ; CHASSE ROLL ~ RLOD CHASSE ROLL ~ AMERICAN SPIN ; ; ; ; SPANISH ARMS ~ CHANGE LEFT TO RIGHT TO LOD ; ; ;

END CHICKEN WALKS 2 SLOW ; 4 QUICK ; STOP & GO ; ;
ROCK RECOVER BOTH POINT FORWARD ; HOLD ;