

LOVELY LOUGH CONN

CHOREO.: Susan Healea
ADDRESS: 2803 Louisiana St., Longview, WA 98632
MUSIC: "Lovely Lough Conn" by Isla Grant
ALBUM: "The Best of Country & Irish" [Jan 2005]
DOWNLOAD: Available at several Internet download sites
FOOTWORK: Opposite, dir to man, unless noted in parentheses and italics
SEQUENCE: INTRO-A-A-B-C-A-B-END

PHONE: 360-423-7423
EMAIL: mscue@hotmail.com
RHYTHM: Waltz
RAL PHASE: II + 1 [Side Corte]
DIFFICULTY: Easy
TIME@100%: 3:17
SUG. SPEED: 104%
REL. DATE: March, 2019

MEAS.

INTRODUCTION

1-4 2 MEAS WAIT OP-FCG WALL ; ; APART POINT ; TOGETHER TO BFLY TOUCH ;

- 1-2 [1-2] {Wait 2 Meas} In OP-FCG WALL wait 2 meas with lead foot free ; ;
3 [3] {Apart Point} From OP-FCG WALL apart L, point R toward partner, - ;
4 [4] {Together Touch} Tog R to BFLY WALL, tch L, - ;

PART A

1-4 WALTZ AWAY AND TOGETHER ; ; BALANCE LEFT AND RIGHT ; ;

- 1-2 [1] {Waltz Away & Together} From BFLY WALL blending to only trail hands jnd and trng slightly away from ptr fwd L, fwd R, cl L ; [2] Fwd R comm RF trn (*W LF trn*), fwd L cont RF trn (*W LF trn*) to BFLY WALL, cl R ;
3-4 [3] In BFLY WALL sd L, XRib, rec L ; [4] Sd R, XLib, rec R ;

5-8 WALTZ AWAY ; BOTH ROLL ACROSS ; THRU TWINKLE ; THRU FACE CLOSE [CP COH] ;

- 5 [5] {Waltz Away} From BFLY WALL blending to only trail hands jnd and trng slightly away from ptr fwd L, fwd R, cl L ;
6 [6] {Both Roll Across} Sd and fwd R trng RF and crossing in front of W [closer to LOD] and releasing partner contact, sd and bk L cont RF trn and changing sds with W, comp RF trn to LEFT OPEN LOD cl R (*W sd and fwd L comm LF trn and crossing behind M [closer to RLOD], sd and bk R cont LF trn, comp LF trn cl L*) ;
7 [7] {Thru Twinkle} From LEFT OPEN LOD fwd L comm LF trn (*W RF trn*), sd R cont LF trn (*W RF trn*) toward ptr and changing to OPEN RLOD, cl L ;
8 [8] {Thru Face Close} Thru R comm RF trn (*W LF trn*), fwd and sd L comp RF trn (*W LF trn*) to CP COH, cl R ;

9-12 FORWARD TOUCH ; BACK HALF BOX ; LEFT TURNING BOX HALF [CP WALL] ; ;

- 9 [9] {Forward Touch} In CP COH fwd L, tch R to L, - ;
10 [10] {Bk Half Box} Bk R, sd L, cl R ;
11-12 [11] {Left Turning Box Half} From CP COH fwd L comm ¼ LF trn, comp LF trn sd R to fc RLOD, cl L ;
[12] Bk R comm ¼ LF trn, comp LF trn sd L to CP WALL, cl R ;

13-16 SWAY LEFT AND RIGHT ; ; TWIRL VINE ; THRU FACE CLOSE [BFLY WALL]* ;

- 13-14 [13] {Sway Left and Right} In CP WALL sd L taking partial weight while stretching the L sd of the body [with the head swaying twd the R], cont to transfer weight to the L ft and comm straightening body, comp transfer of weight to L ft with body upright over L ft drawing R ft slightly to L ;
[14] Sd R taking partial weight while stretching the R sd of the body [with the head swaying twd the L], cont to transfer weight to the R ft and comm straightening body, comp transfer of weight to R ft with body upright over R ft drawing L ft slightly to R ;
15 [15] {Twirl Vine} From CP WALL releasing trail side sd L comm slight RF trn, XRib, sd L comm slight LF trn (*W sd and fwd R comm RF trn under joined lead hands, sd and bk L cont RF trn, sd and fwd R comp RF trn*) ;
16 [16] {Thru Face Close} Thru R comm RF trn (*W LF trn*), fwd and sd L comp RF trn (*W LF trn*) to BFLY WALL, cl R ;
16* [16 - 2nd & 3rd time through Part A] {Pickup [CP LOD]} Maintaining lead hands joined and releasing trail hands fwd R [leading woman to CP LOD], sd and fwd L, cl R (*W fwd L comm LF trn to CP LOD, sd and bk R comp trn, cl L*) ;

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PHASE II + 1 WALTZ [Easy] BY SUSAN HEALEA

PART B

1-4 LEFT TURNING BOX TO SCAR [DLW] ; ; ; ;

- 1-2 [1] {**Left Turning Box**} From CP LOD fwd L comm ¼ LF trn, comp LF trn sd R to fc COH, cl L ;
 [2] Bk R comm ¼ LF trn, comp LF trn sd L to fc RLOD, cl R ;
 3-4 [3] From CP RLOD fwd L comm ¼ LF trn, comp LF trn sd R to fc WALL, cl L ;
 [4] Bk R comm approx 1/8 LF trn, comp LF trn sd L to SCAR DLW, cl R ;

5-8 PROGRESSIVE TWINKLE 3 TIMES ; ; ; MANEUVER ;

- 5-7 [5] {**Progressive Twinkle 3 Times**} From SCAR DLW fwd L with slight crossing action, fwd and sd R trng LF to BJO DLC, cl L (*W bk R, bk and sd L trng LF, cl R*) ; [6] Fwd R with slight crossing action, fwd and sd L trng RF to SCAR DLW, cl R (*W bk L, bk and sd R trng RF, cl L*) ; [7] From SCAR DLW fwd L with slight crossing action, fwd and sd R trng LF to BJO DLC, cl L (*W bk R, bk and sd L trng LF, cl R*) ;
 8 [8] {**Maneuver**} Comm RF trn fwd R (*W bk L comm RF trn*), cont RF trn to fc ptr sd L (*W sd and fwd R cont RF trn to fc partner*), comp trn to CP RLOD cl R ;

9-12 2 RIGHT TURNS [CP LOD] ; ; PROGRESSIVE BOX ; ;

- 9-10 [9] {**2 Right Turns**} From CP RLOD bk L comm RF trn, cont trn sd R toward LOD, cl L ;
 [10] Fwd R comm RF trn, cont trn sd L to CP LOD, cl R ;
 11-12 [11] {**Progressive Box**} In CP LOD fwd L, sd R, cl L ; [12] Fwd R, sd L, cl R ;

13-16 2 LEFT TURNS [CP WALL] ; ; CANTER TWICE ; ;

- 13-14 [13] {**2 Left Turns**} From CP LOD fwd L comm LF trn, cont trn sd R diag across LOD, cl L ;
 [14] Bk R comm LF trn, cont trn sd L toward LOD to CP WALL, cl R ;
 15-16 [15] {**Canter Twice**} In CP WALL sd L, draw R twd L, cl R ; [16] Sd L, draw R twd L, cl R ;

PART C

1-4 LACE ACROSS ; FORWARD WALTZ ; OPEN BOX ; ;

- 1 [1] {**Lace Across**} From CP WALL releasing trail side and retaining joined lead hands and passing behind W moving diagonally across Line of Progression fwd L, fwd R, cl L ;
 2 [2] {**Forward Waltz**} Fwd R, fwd and slightly sd L to LEFT OPEN LOD, cl R ;
 3-4 [3] {**Open Box**} In LEFT OPEN LOD fwd L, sd R, cl L ; [4] Bk R, sd L, cl R ;

5-8 BACK DRAW TOUCH ; FORWARD WALTZ ; LACE BACK ; FORWARD FACE CLOSE [BFLY WALL] ;

- 5 [5] {**Back Draw Touch**} In LEFT OPEN LOD bk L, draw R to L, tch R ;
 6 [6] {**Forward Waltz**} Fwd R, fwd and very slightly sd L, cl R ;
 7 [7] {**Lace Back**} From LEFT OPEN LOD releasing lead hands and joining trail hands and passing behind W moving diagonally across Line of Progression fwd L, fwd R, cl L ;
 8 [8] {**Forward Face Close**} Fwd R comm RF trn (*W LF trn*), fwd and sd L comp RF trn (*W LF trn*) to BFLY WALL, cl R ;

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**PHASE II + 1 WALTZ [Easy]
BY SUSAN HEALEA**

ENDING

1-5 TWIRL VINE ; PICKUP [CP LOD] ; SWAY LEFT AND RIGHT ; ; HOLD ;

- 1 **[1] {Twirl Vine}** From CP WALL releasing trail side sd L comm slight RF trn, XRib, sd L comm slight LF trn (*W sd and fwd R comm RF trn under joined lead hands, sd and bk L cont RF trn, sd and fwd R comp RF trn*) ;
- 2 **[2] {Pickup}** Maintaining lead hands joined and releasing trail hands fwd R [leading woman to CP LOD], sd and fwd L, cl R (*W fwd L comm LF trn to CP LOD, sd and bk R comp trn, cl L*) ;
- 3-4 **[3] {Sway Left and Right}** In CP LOD sd L taking partial weight while stretching the L sd of the body [with the head swaying twd the R], cont to transfer weight to the L ft and comm straightening body, comp transfer of weight to L ft with body upright over L ft drawing R ft slightly to L ;
- [4]** Sd R taking partial weight while stretching the R sd of the body [with the head swaying twd the L], cont to transfer weight to the R ft and comm straightening body, comp transfer of weight to R ft with body upright over R ft drawing L ft slightly to R ;
- 5 **[5] {Hold}** -, -, - ;

6-9 LEFT TURNING BOX $\frac{3}{4}$ [CP WALL] ; ; ; BACK AND SIDE CORTE ;

- 6-8 **[6] {Left Turning Box $\frac{3}{4}$ }** From CP LOD fwd L comm $\frac{1}{4}$ LF trn, comp LF trn sd R to fc COH, cl L ;
- [7]** Bk R comm $\frac{1}{4}$ LF trn, comp LF trn sd L to fc RLOD, cl R ;
- [8]** From CP RLOD fwd L comm $\frac{1}{4}$ LF trn, comp LF trn sd R to fc WALL, cl L ;
- 9 **[9] {Back and Side Corte}** In CP WALL Bk R, sd L with slight lowering and relaxation of supporting leg and both dancers looking RLOD, - ; **SMILE** ☺

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QUICK CUES

- I 2 MEAS WAIT OP-FCG WALL ; ; APART POINT ; TOGETHER TO BFLY TOUCH ;
- A WALTZ AWAY AND TOGETHER ; ; BALANCE LEFT AND RIGHT ; ;
WALTZ AWAY ; BOTH ROLL ACROSS ; THRU TWINKLE ; THRU FACE CLOSE [CP COH] ;
FORWARD TOUCH ; BACK HALF BOX ; LEFT TURNING BOX HALF [CP WALL] ; ;
SWAY LEFT ; SWAY RIGHT ; TWIRL VINE ; THRU FACE CLOSE [BFLY WALL] ;
- A WALTZ AWAY AND TOGETHER ; ; BALANCE LEFT AND RIGHT ; ;
WALTZ AWAY ; BOTH ROLL ACROSS ; THRU TWINKLE ; THRU FACE CLOSE [CP COH] ;
FORWARD TOUCH ; BACK HALF BOX ; LEFT TURNING BOX HALF [CP WALL] ; ;
SWAY LEFT ; SWAY RIGHT ; TWIRL VINE ; PICKUP ;
- B LEFT TURNING BOX TO SCAR [DLW] ; ; ; ;
PROGRESSIVE TWINKLE 3 TIMES ; ; ; MANEUVER ;
2 RIGHT TURNS [CP LOD] ; ; PROGRESSIVE BOX ; ;
2 LEFT TURNS [CP WALL] ; ; CANTER TWICE ; ;
- C LACE ACROSS ; FORWARD WALTZ ; OPEN BOX ; ;
BACK DRAW TOUCH ; FORWARD WALTZ ; LACE BACK ; FORWARD FACE CLOSE [BFLY WALL] ;
- A WALTZ AWAY AND TOGETHER ; ; BALANCE LEFT AND RIGHT ; ;
WALTZ AWAY ; BOTH ROLL ACROSS ; THRU TWINKLE ; THRU FACE CLOSE [CP COH] ;
FORWARD TOUCH ; BACK HALF BOX ; LEFT TURNING BOX HALF [CP WALL] ; ;
SWAY LEFT ; SWAY RIGHT ; TWIRL VINE ; PICKUP ;
- B LEFT TURNING BOX TO SCAR [DLW] ; ; ; ;
PROGRESSIVE TWINKLE 3 TIMES ; ; ; MANEUVER ;
2 RIGHT TURNS [CP LOD] ; ; PROGRESSIVE BOX ; ;
2 LEFT TURNS [CP WALL] ; ; CANTER TWICE ; ;
- E TWIRL VINE ; PICKUP [CP LOD] ; SWAY LEFT ; SWAY RIGHT AND HOLD ; ;
LEFT TURNING BOX $\frac{3}{4}$ [CP WALL] ; ; ; BACK AND SIDE CORTE ;