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Record: Roper 145B "Manuela"

Footwork: Opposite, Woman's special instructions in parenthesis

Rhythm: EZ Level Waltz, Roundalab Phase II

Sequence: Intro-A-B-A-B-A(1-6)-Tag



Meas: INTRO

1-4 WAIT;; TWRL VINE 3; THRU TO BFLY;

1-4 bfly wall wait 2 meas;; sd lod L, xRib, sd L(W rf twrl R, L, R under ld hds); thru lod R, fc L, cl R bfly wall;

A

1-4 WZ AWY; W WRAP; FWD WZ; PU LOD;

1-2 bring jnd trailing hds thru horizontally while moving slightly awy from ptr fwd lod L, fwd R, cl L; fwd R, L, R(trailing hds jnd at W's waist W wraps lf L, R, L to sweetheart wrap pos both fcg lod);

3-4 fwd L, R, cl L; fwd R pu W, sml sd L, cl R fcg lod;

5-8 2 LF TRNS;; WZ BOX;;

5-6 fwd L, fwd R trng lf, cont trn cl L fcg drc; cont lf trn bk R, sml stp sd & bk L, cl R cp wall;

7-8 fwd L, sd R, cl L; bk R, sd L, cl R blndg bfly;

9-12 TWSTY BAL L & R;; TWST VINE 3; FWD TO BFLY;

9-10 sd L, xRib(W xLif), rec in pl L; sd R, xLib(W xRif), rec in pl R;

11-12 sd L, xRib(W xLif), sd L; fwd lod R, fwd & sd L to fc ptr & wall, cl R in bfly;

13-16 TWSTY BAL L & R;; TWSTY VINE 3; FWD TO SCAR;

13-16 repeat meas 9, 10 & 11;;; fwd R, fwd L, cl R blendg to scar pos M fcg dw;

B

1-4 3 PROG TWINKLS;;; TWINKL TO FC WALL;

1-4 fwd dw xLif(W xRib), sd & fwd R, cl L trng $\frac{1}{4}$ lf to bjo M fcg dc; fwd dc xRif(W xLib), sd & fwd L, cl R trng $\frac{1}{4}$ rf scar M fcg dw; repeat meas 1; fwd xRif(W xLib) begin rf trn, sd L, cl R endg cp wall;

5-8 DIP CTR; MANUV; 2 RF TRNS;;

5-6 dip bk coh on L, -, -; fwd R trng rf to fc rlod, sd L, cl R in cp;

7-8 bk L beg rf trn, sd R cont trn, cl L fcg dc; fwd R trng rf, sd L cont trn, cl R in cp fcg wall;

9-12 LF TRNG BOX;;;;

9-12 fwd L trng $\frac{1}{4}$ lf, sd R, cl L; bk R trng $\frac{1}{4}$ lf, sd L, cl R; repeat meas 9&10;;;

13-16 SOLO TRN 6;; CANTER TWICE;;

13-14 releasing hds solo trn fwd L lod trng $\frac{3}{8}$ lf(W rf), sd R, cl L; cont lf trn bk R, sd L, cl R blndg bfly wall;

15-16 sd L, draw R to L, cl R; repeat meas 15;

TAG CANTER; DIP & TWIST

in cp sd L, draw R to L, cl R; dip bk coh on L, twist hold & smile!