

## OLD FASHIONED GIRL LIKE YOU

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Music: Old Fashioned Girl Like You by Ronnie Milsap, Album: Lost in the Fifties, trk 3, download time 3:18  
Rhythm: Waltz Phase II + 2 (interrupted box, hover) Speed: As downloaded  
Footwork: Opposite unless indicated (W's footwork in parentheses) Difficulty: Average  
Timing: 123 unless otherwise indicated, reflects actual weight changes Released: Apr 9, 2020  
Sequence: Intro ABC AC End

### Intro

#### 1-8 Wait:: Bal Left & Rt:: Twrl Vine 3: Thru Twinkl Twice:: PU:

- 1-2 Wait 2 meas BFLY WALL;;  
3-4 {Bal L & R} Sd L, XRib, in plc L; sd R, XLib, in plc R;  
5 {Twrl Vine 3} Sd L twd LOD, XRib, sd L (*W sd & fwd R trng RF under jnd lead hands, sd & bk L cont trn, sd R*);  
6-7 {Thru twinkl twice} Thru R trng RF to fc ptr joining lead hnds, cont RF trn sd L, cl R to LOP RLOD; fwd L comm trn to fc ptr joining trailing hnds, cont LF trn releasing lead hnds sd R, cl L to OP LOD;  
8 {PU} Thru R leading W to trn LF, fwd & sd L, cl R (*W thru L comm trng LF, fwd & sd R in frnt of M cont left trn to CP, cl L*);

### Part A

#### 1-8 Left Trng Box::: Prog Box:: 2 Left Trns::

- 1-4 {Left trng box} Fwd L trng LF, sd R, cl L to fc COH; bk R trng LF, sd L, cl R RLOD; fwd L trng LF, sd R, cl L to fc WALL; bk R trng LF, sd L, cl R LOD;  
5-6 {Prog box} Fwd L, sd R, cl L; fwd R, sd L, cl R;  
7-8 {2 left trns} Fwd L trng LF, sd & bk R cont LF trn, cl L to CP DRC; bk R trng LF, sd & bk L cont LF trn, cl R to BFLY WALL;

#### 9-16 Bal Left: Rev Twrl: Thru Twinkl: PU SCAR DLW: Prog Twinkl 3x:: Fwd Fc Cl BFLY:

- 9-10 {Bal left} Sd L, XRib, in plc L; {Rev twrl} Sd & fwd R twds RLOD, fwd L, cl R (*W sd & fwd L trng ½ LF under jnd lead hnds, cont LF trn sd & bk R, sd L*);  
11-12 {Thru Twinkl} Thru L comm LF trn to fc ptr DLW, sd R, cl L; {PU SCAR} thru R trng LF to fc DLW, sd L, cl R;  
13-15 {Prog twinkl 3x} XLif, sd R, cl L to BJO; XRif, sd L, cl R to SCAR; XLif, sd R, cl L to BJO;  
16 Fwd R, fwd & sd L to fc, cl R BFLY WALL; [2<sup>ND</sup> time thru end in CP WALL]

### Part B

#### 1-8 Wltz Away: W Wrap: Fwd Wltz: Fwd Fc Cl: Bal Left & Rt:: Solo Trn 6::

- 1-2 {Waltz Away} Releasing lead hnds fwd L trng away from ptr, sd & fwd R DLC, cl L; fwd R trng to fc LOD, fwd L, fwd R (*W trng LF twd ptr joining both hnds fwd L, fwd R cont LF trn under jnd lead hnds, cont trn fwd L to fc same dir as M*) end in WRAPPED POS LOD;  
3-4 Fwd L, fwd R, cl L; {Fwd fc cl} Releasing trailing hnds fwd R, fwd & sd L to fc ptr, cl R to BFLY WALL;  
5-6 {Bal L & R} Sd L, XRib, in plc L; sd R, XLib, in plc R;  
7-8 {Solo Trn 6} Fwd L comm LF (*RF*) trn away from ptr, cont trn sd R, cl L to comp ¾ trn fcg RLOD; bk R comm LF trn, cont trn sd L to BFLY WALL, cl R;

#### 9-16 Lace Across: Fwd Wltz: Lace Bk: Fwd Wltz: Step & Swing: Spin Manv: 2 Rt Trns WALL::

- 9-10 {Lace up} Lead W under jnd lead hnds fwd L, fwd R, cl L to LOP LOD; fwd R, fwd L, cl R;  
11-12 {Lace bk} Leading W under jnd trail hnds fwd L, fwd R, cl L; fwd R, fwd L trng to fc ptr, cl R to BFLY WALL; 13-14 Sd L trng LF, swing R foot twd LOD, - ; {Spin manuv} Fwd R outsd ptr comm RF upper body turn, cont RF trn to fc ptr & RLOD sd L, cl R (*W spin LF in plc L, R, L to fc LOD*);  
15-16 {2 Rt trns} Fcg RLOD bk L trng RF, cont turn sd R twd LOD, cl L fcg DLC; fwd R trng RF, cont turn sd L twd LOD, cl R to CP WALL;

**Part C**

**1-8 Interrupted Box;;; Hover: Thru Fc Cl: Canter Twice::**

- 1-4 {Interrupted box} Fwd L, sd R, cl L; with slt RF upper body rotation bk R raising jnd lead hnds, sd L, cl R (*W fwd L starting RF upper body rotation, fwd trn R commencing RF circle undr jnd lead hnds, fwd L*); fwd L, sd R, cl L (*cont circle R, L, R to fc ptr*); bk R, sd L, cl R to CP WALL;
- 5-6 {Hvr} Fwd L, fwd & sd R with rise, sd & fwd L SCP LOD; fwd R, fwd & sd L to fc ptr, cl R to BFLY WALL; 7-8 {Canter twice} Sd L, draw R, cl L; sd L, draw R, cl L;

**9-16 Wltz Away: Trn In Fc RLOD: Bkup Wltz: Bk Fc Cl: Dip Bk & Hold: Manuv: 2 Rt Trns::**

- 9-10 {Waltz Away} Releasing lead hnds fwd L trng away from ptr, sd & fwd R, cl L; fwd R trng RF joining trailing hnds, cont trn sd & bk L to fc RLOD, cl R;
- 11-12 Bk L, bk R, cl L; bk R comm LF trn (*RF*) to fc ptr, bk & sd L to fc, cl R CP WALL;
- 13-14 Bk L, - , - ; {Manuv} Fwd R comm RF upper body turn, cont RF trn to fc ptr & RLOD sd L, cl R;
- 15-16 {2 Rt trns} Fcg RLOD bk L trng RF, cont turn sd R twd LOD, cl L fcg DLC; fwd R trng RF, cont turn sd L twd LOD, cl R to BFLY WALL;

**17-22 Drift Apt: Chg Sds: Drift Apt: Chg Sds: Twrl Vine 3: PU:**

- 17-18 {Drift apt} Retaining bfly hold bk L, cl R, in plc L; {Chg sd} Moving CW arnd ptr passing rt shoulders release trailing hnds & raise jnd lead hnds fwd R, fwd L to fc, cl R (*W fwd L comm. trng LF under jnd lead hnds, cont trng LF fwd R to fc, cl L*) bfly COH;
- 19-20 Repeat meas 17-18 to BFLY WALL;;
- 21 {Twrl Vine 3} Sd L twd LOD, XRib, sd L to SCP LOD (*W sd & fwd R trng RF under jnd lead hnds, sd & bk L cont trn, sd R to SCP*);
- 22 {PU} Thru R leading W to trn LF, fwd & sd L, cl R (*W thru L comm trng LF, fwd & sd R in frnt of M cont left trn to CP, cl L*);

**End**

**1 [CP LOD] Dip Bk, Twst & Hold (Opt: Kiss):**

- 1 Bk L, slight LF rotation of upper body, hold (kiss);

Quick Cues: (Bfly wall, 2 meas wait)

Intro Wait;; Bal Left & Rt;; Twrl Vine 3; Thru Twnkl 2x;; PU;

A Left Trng Box;;; Prog Box;; 2 Left Trns;; Bal Left; Rev Twrl; Thru Twnkl; PU SCAR; Prog Twnkl 3x;;; Fwd Fc Cl (Bfly);

B Wltz Away; W Wrap; Fwd Wltz; Thru Fc Cl; Bal Left & Rt;; Solo Trn 6;; Lace Across; Fwd Wltz; Lace Bk; Fwd Wltz; Step & Swing; Spin Manuv; 2 Rt Trns (Wall);;

C Interrupted Box;;;; Hov; Thru Fc Cl; Canter Twice;; Wltz Away; Trn In (Fc RLOD) Bkup Wltz; Bk Fc Cl; Dip Bk (Hold); Manuv; 2 Rt Trns;; Drift Apt; Chg Sds; Drift Apt; Chg Sds; Twrl Vine 3; PU;

A Left Trng Box;;;; Prog Box;; 2 Left Trns;; Bal Left; Rev Twrl; Thru Twnkl; PU SCAR; Prog Twnkl 3x;;; Fwd Fc Cl (CP);

C Interrupted Box;;;; Hov; Thru Fc Cl; Canter Twice;; Wltz Away; Trn In (Fc RLOD) Bkup Wltz; Bk Fc Cl; Dip Bk (Hold); Manuv; 2 Rt Trns;; Drift Apt; Chg Sds; Drift Apt; Chg Sds; Twrl Vine 3; PU;

End Dip Bk & Twst (Kiss);