

Composers: Bill & Helen Stairwalt, 602 N. Victoria Rd. MH#135, Donna, TX
Record: DMC 001-A 78537 (210)464-9207
Rhythm: Basic Slow Two-Step, Unphased
Sequence: INTRO, ABCD ABCD A TAG **FASTER TEMPO SIDE -45**

INTRO

1-4 WAIT 2 MEAS;; APART POINT; TOGETHER,TCH;

1-2 Wait 2 meas in OP FCG;;

3-4 APT L,-,POINT R,-; TOG To loose CP R,-,TCH L,-;

- A -



1-4 BASIC;; UNDERARM TURN; BASIC ENDING;

1-2 SD L,-,XRIB OF L (XIB),REC L; SD R,-,XLIB OF R (XIB),
REC R;

3-4 SD L to join lead hnds palm to palm,-,XRIB of L,REC L
(SD R comm to trn RF under lead arms,-,XL over R twd LOD
TRN RF to fc RLOD, REC FWD R to trn $\frac{1}{2}$ to fac ptr & COH);
SD R,-, X LIB of R (XIB) begin to open body away from ptr,
REC R (REC L like pickup action in front of M DC);

5-8 LEFT TRN INSIDE ROLL; BASIC ENDING; LEFT TRN INSIDE ROLL;
BASIC ENDING;

5-6 FWD L TRN LF $\frac{1}{2}$ to fc COH,-,SD R, XLIF of R twd LOD
(BK R trn LF $\frac{1}{2}$,-,SD L TRN LF under lead arms, cont trn LF
to fc ptr R) CP; SD R,-,XLIB of R (XIB) begin open body
away from ptr, REC R (REC L like pickup action in frt of
M DRW);

7-8 REPEAT A meas 5; REPEAT A meas 2 to BFLY;

- B -

1-4 LUNGE BASICS;; RIGHT TURN OUTSIDE ROLL; BASIC ENDING;

1-2 In BFLY SD L,-,REC R,XLIF of R (XIF); SD R,-,REC L,
XRIF of L (XIF) manuvng in frt of W;

3-4 Xng IF OF W SD & BK L stay fc RLOD,-,SD & BK R almost XB
trng RF to fc COH lead W under jnd lead arms, XLIB of R
fc COH (FWD R LOD comm RF TWIRL under lead arms,-,
TWIRL L,R to fc WALL); SD R,-,XLIB of R (XIB) begin to
open body away from ptr, REC R manuvng in frt of W
(SD L,-,XRIB of L,REC L);

5-8 RIGHT TURN OUTSIDE ROLL; BASIC ENDING; OPEN BASIC;;

5-6 REPEAT B meas 3; REPEAT A meas 2;

7-8 SD L to L $\frac{1}{2}$ OP,-,XRIB of L (XIB),REC L to fc ptr & wall;
SD R to $\frac{1}{2}$ OP,-,XLIB of R (XIB),REC R com to XIF of W;

- C -

1-4 TWO SWITCHES;; OPEN BASIC;;

1-2 XIF of W SD L trn to L $\frac{1}{2}$ OP,-,FWD R,FWD L (FWD R,-,FWD L,
FWD R comm to XIF of M);
FWD R (XIF of M SD L trn to $\frac{1}{2}$ OP),-,FWD L, FWD R fac ptr
loose CP;

3-4 REPEAT B meas 7 & 8;;

5-8 TWO SWITCHES;; OPEN BASIC;;

5-6 REPEAT C meas 1 & 2;;

7-8 REPEAT B meas 7; SD R to $\frac{1}{2}$ OP,--,XLIF of R (XIB) begin to
open body away from ptr, REC R (REC L like pickup action
in frt of M DC);
- D -

1-4 TRIPLE TRAVELER;:::

1. FWD L trn LF $\frac{1}{2}$ to fc COH,--,SD & FWD R, FWD & XLIF of R fc LOD
(BK R trn $\frac{1}{2}$ LF,--,SD L trn LF under lead arms, cont trn
LF to fc ptr & WALL R);
2. FWD R spiral LF under joined hands (W trn to fc LOD FWD L),
-,lower the hands out in frt of ptrs at waist level as
move FWD L,R;
3. FWD L begin to bring jnd hnds down between ptrs
(FWD R comm RF TWIRL),--,SD R to fc COH, XLIF of R
(TWIRL RF under lead arms L,R to fc ptr & WALL) CP COH;
4. REPEAT A meas 6;

5-8 TRIPLE TRAVELER TO RLOD;:::

1. Fwd L trn LF $\frac{1}{2}$ to fc WALL,--,SD & FWD R, FWD & XLIF OF R
fc RLOD (BK R trn $\frac{1}{2}$ LF,--,SD L trn LF under lead arms, cont
trn LF to fc PTR & COH R);
2. FWD R spiral LF under joined hands (W trn to fc RLOD FWD L),
-,lower the hands out in frt of ptrs at waist level as
move FWD L,R;
3. FWD L begin to bring jnd hnds down between ptrs
(FWD R comm RF TWIRL),--,SD R to fc WALL,XLIF of R
(TWIRL RF under lead arms L,R to fc ptr & COH) CP WALL;
4. REPEAT A meas 2,

TAG

1-2 UNDERARM TURN; SIDE,APART, POINT;

1-2 REPEAT A meas 3; SIDE R,--,APART L, POINT R twd ptr;

NOTE: TIMING WITH EXCEPTION OF INTRO IS SQQ.

RACHEL'S SONG

Composers: Bill & Helen Stairwalt, 602 N. Victoria Rd. MH#135, Donna, TX
Record: DMC 001-A 78537 (210)464-9207
Rhythm: Basic Slow Two-Step, Unphased
Sequence: INTO, ABCD ABCD A TAG FASTER TEMPO SIDE – 45

INTRO

- 1-4 WAIT 2 MEAS; ; APART POINT; TOGETHER,TCH;**
1-2 Wait 2 meas in OP FCG;;
3-4 APT L,-,POINT R,-; TOG To loose CP R,-,TCH L,-;

- A -

- 1-4 BASIC;; UNDERARM TURN; BASIC ENDING;**
1-2 SD L,-, XRIB OF L (XIB), REC L; SD R,-,XLIB OF R (XIB),
REC R;
3-4 SD L to join lead hnds palm to palm,-,XRIB of L, REC L
(SD R comm. To trn RF under lead arms,-,XL over R twd LOD
TRN RF to fc RLOD, REC FWD R to trn ¼ to fc ptr & COH);
SDR,-, XLIB of R (XIB) begin to open body away from ptr,
REC R (REC L like pickup action in front of M DC);
- 5-8 LEFT TRN INSIDE ROLL; BASIC ENDING; LEFT TRN INSIDE
ROLL;
BASIC ENDING;**
5-6 FWD L TRN LF ½ to fc COH,-, SD R, XLIF of R twd LOD
(BK R trn LF ½,-, SD L TRN LF under lead arms, cont trn LF
to fc ptr R) CP; SD R,-,XLIB of R (XIB) begin open body
away from ptr, REC R (REC L like pickup action in frt of M DRW);
7-8 REPEAT A meas 5; REPEAT A meas 2 to BFLY;

- B -

- 1-4 LUNGE BASIC; ; RIGHT TURN OUTSIDE ROLL; BASIC ENDING;**
1-2 In BFLY SD L,-,REC R,XLIF of R (XIF); SD R,-,REC L,
XRIF of L (XIF) manuvng in frt of W;
3-4 Xng IF of W SD & BK L stay fc RLOD,-,SD & BK R almost XB
Trng RF to fc COH lead W under jnd lead arms, XLIB of R
Fc COH (FWD R LOD comm. RF TWIRL under lead arms,-,
TWIRL L,R to fc WALL); SD R,-,XLIB of R (XIB) begin to
Open body away from ptr, REC R manuvng in frt of W
(SD L,-,XRIB of L,REC L);
- 5-8 RIGHT TURN OUTSIDE ROLL; BASIC ENDING; OPEN BASIC;;**
5-6 REPEAT B meas 3; REPEAT A meas 2;
7-8 SD L to L ½ OP,-,XRIB of L (XIB),REC L to fc ptr & wall;
SD R to ½ OP,-,XLIB of R (XIB),REC R com to XIF of W;

- C -

- 1-8 TWO SWITCHES; ; OPEN BASIC;;**
1-2 XIF of W SD L trn to L ½ OP,-, FWD R,FWD L (FWD R,-,FWD L,
FWD R comm. To XIF of M);
FWD R (XIF of M SD L trn to ½ OP),-,FWD L, FWD R fac ptr
Loose CP;
3-4 REPEAT B meas 7 & 8;;

- 5-8 TWO SWITCHES;; OPEN BASIC;;**
5-6 REPEAT C meas 1 & 2;;
7-8 REPEAT B meas 7; SD R to ½ OP,-,XLIF of R (XIB) begin to
Open body away from ptr, REC R (REC L like pickup action
In frt of M DC);

- D -

- 1-4 TRIPLE TRAVELER; ; ; ;**
1. Fwd L trn LF ½ to fc WCOH,-,SD & FWD R, FWD & XLIF of R
Fc LOD (BK R trn ½ LF,-,SD L trn LF under lead arms, cont
Trn LF to fc PTR & WALL R);
2. FWD R spiral LF under joined hands (W trn to fc LOD
FWD L),-,lower the hands out in frt of ptrs at waist level as
Move FWD L,R;
3. FWD L begin to bring jnd hnds down between ptrs
(FWD R comm. RF TWIRL),-,SD R to fc COH,XLIF of R
(TWIRL RF under lead arms L,R to fc ptr &WALL) CP COH;
4. REPEAT A meas 6.

- 5-8 TRIPLE TRAVELER TO RLOD; ; ; ;**
1. Fwd L trn LF ½ to fc WALL,-, SD & FWD R, FWD & XLIF of R
Fc RLOD (BK R trn ½ LF,-,SD L trn LF under lead arms, cont
Trn LF to fc PTR & COH R);
2. FWD R spiral LF under joined hnds (W trn to fc RLOD FWD L),
-,lower the hands out in frt of ptrs at waist level as
move FWD L,R;
3. FWD L begin to bring jnd hnds down between ptrs
(FWD R comm. RF TWIRL),-,SD R to fc WALL,XLIF of R
(TWIRL RF under lead arms L,R to fc ptr & COH) CP WALL;

TAG

- 1-2 UNDERARM TURN ; SIDE,APART, POINT;**
1-2 REPEAT A meas 3; SIDE R,-,APART L, POINT R twd ptr;

NOTE; TIMING WITH EXCEPTION OF INTRO IS SQQ.