

RED-SUITED SUPER MAN



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RHYTHM: Slow Two Step **RAL PHASE:** IV+1(Trpl Traveler)

DIFFICULTY: Average

MUSIC: Red-Suited Super Man [feat. Trombone Shorty]

ARTIST: Rod Stewart

ALBUM: Merry Christmas, Baby **MUSIC PREVIEW:** [youtube.com](https://www.youtube.com)

DOWNLOAD: [amazon.com](https://www.amazon.com)

TIME: 2:56 @ 48 RPM **FOOTWORK:** Opposite, except where indicated

RELEASED: November 2022

SEQUENCE: INTRO AB A(MOD) B A(MOD) INTLD ENDING

MEAS:

INTRO

1-4 WAIT 2 MEAS; ; LUNGE BASIC; SPOT TURN;

1-2 BFLY WALL wt 2 meas; ;

3-4 Sd L w/ slight lun action, -, rec R, XLif (XRif); sd R comm RF (LF) bdy trn, -, XLif (XRif) & cont trn ½, fwd R comp trn ¼ to BFLY;

PART A

1-4 BASIC; ; UNDERARM TURN; BASIC ENDING;

1-2 Sd L, -, XRib, rec L; sd R, -, XLib, rec R;

3-4 Sd L to jn ld hnds palm-to-palm, -, XRib of L, rec L (sd R comm to trn RF undr jnd ld hnds, -, X L ovr R cont trn RF ½, rec fwd on R comp trn to fc ptr); sd R, -, XLib, rec R;

5-8 LEFT TURN w/ INSIDE ROLL; BASIC ENDING; LUNGE BASIC; SPOT TURN;

5-6 Fwd L ldg W to trn LF undr jnd ld hnds, -, sd R to fc COH, XLif (fwd R trng LF undr jnd ld hnds to momentarily fc RLOD, -, sd L to fc ptr & WALL, XRif); sd R, -, XLib, rec R;

7-8 Fcg COH repeat meas 3-4 INTRO; ;

9-14 [COH] BASIC; ; UNDERARM TURN; BASIC ENDING; LEFT TURN w/ INSIDE ROLL; BASIC ENDING;

9-14 Beg fcg COH repeat meas 1-6 PART A; ; ; ; ; ;

15-16 OPEN BASIC 2x; ;

15-16 Sd L & op bdy to L HALF OP, -, X R bhd L, rec L; sd R & op bdy to HALF OP, -, X L bhd R, rec R;

PART B

1-4 THE SQUARE; ; ; ;

1-2 Trng ¾ RF Xif of W sd L, -, sd R twd COH in a V-shaped L HALF OP, XLif; fwd R, -, sd L twd RLOD in a V-shaped HALF OP, XRif comm RF trn to Xif of W; (fwd R, -, sd L twd COH in a V-shaped L HALF OP, XRif comm RF trn to Xif of M; trng ¾ RF Xif of M sd L, -, sd R twd RLOD in a V-shaped HALF OP, XLif;)

3-4 Trng ¾ RF Xif of W sd L, -, sd R twd WALL in a V-shaped L HALF OP, XLif; fwd R, -, sd L twd LOD in a V-shaped HALF OP, XRif; (fwd R, -, sd L twd WALL in a V-shaped L HALF OP, XRif comm RF trn to Xif of M; trng ¾ RF Xif of M sd L, -, sd R twd LOD in a V-shaped HALF OP, XLif;)

5-8 TWISTY BASIC 2x; ; MERENGUE 2 SLOW ~ 4 QUICK; ;

5-6 In loose CP sd L w/ slight RF trn, -, XRib (XLif), rec L; sd R w/ slight LF trn, -, XLib (XRif), rec R;

ss 7 w/ merengue hip action sd L, -, cl R, -;

qqqq 8 w/ merengue hip action sd L, cl R, sd L, cl R;

PART A (mod)

1-6 BASIC; ; UNDERARM TURN; BASIC ENDING; LEFT TURN w/ INSIDE ROLL; BASIC ENDING;

1-6 Repeat meas 1-6 PART A; ; ; ; ; ;

7-8 RIGHT TURN w/ OUTSIDE ROLL; OPEN BASIC;

7-8 Xif of W sd & bk L end fcg LOD, -, sd & bk R almost Xib trng ¼ RF ldg W undr jnd ld hnds, XLif to fc ptr & WALL (fwd R comm RF twrl undr ld hnds, -, fwd L, fwd & sd R to fc ptr); sd R & op bdy to HALF OP, -, X L bhd R, rec R in HALF OP LOD;

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INTLD

1-4 SWITCHES; ; TWISTY VINE 8; ;

- 1-2 Fwd L chg sds & sharply trng RF plcg L arm arnd W, -, fwd & sd R, fwd XLif to V-shape L HALF OP ;
fwd R ldg W to Xif of M & plcg R arm arnd W, -, fwd & sd L, fwd XRif to V-shape HALF OP ;
(fwd R, -, fwd & sd L, fwd XRif to V-shape L HALF OP ; fwd L Xif of M & sharply trng RF, -, fwd &
sd R, fwd XLif to V-shape HALF OP ;)
- 3-4 Blend to BFLY sd L, XRib (XLif), sd L, XRif (XLib) ; repeat prev meas ;

ENDING

1-4 TWISTY BASIC; WRAP TO LOD; SWEETHEART RUNS 2x [PU]; ;

- 1-2 Sd L w/ slight RF trn, -, XRib (XLif), rec L ; sd R, -, XLib ldg W to trn LF, rec R trng LF to WRP LOD
(sd L, -, XRif trng LF, rec L to WRP LOD) ;
- 3-4 Fwd L, -, fwd R, fwd L ; fwd R, -, fwd L, fwd R to PU LOD ;

5-8 TRIPLE TRAVELER; ; ; BASIC ENDING;

- 5-6 Fwd L comm LF upper bdy trn to ld W to M's L sd raising ld hnds to start W into L trn, -, fwd R,
fwd L ; fwd R sprl LF undr jnd hnds, -, fwd L, fwd R ; (bk R trn 1/4 L, -, cont trn sd & fwd L trng
1/2 undr jnd ld hnds, sd & fwd R cont trn to fc LOD ; fwd L, -, R, L ;)
- 7-8 Fwd L bring jnd hnds down & bk in a cont circ motion to ld W into a RF trn, -, fwd & sd R to fc
ptr, XLif (fwd R comm RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr) ; sd R, -, XLib, rec
R ldg W ifo him fcg RLOD (sd L, -, XRib, rec on L stp ifo M trng LF to fc him) ;

9-12 LEFT TURN w/ INSIDE ROLL; BASIC ENDING; TWISTY BASIC; WRAP TO WALL (LADY TOUCH);

- 9-10 Fwd L ldg W to trn LF undr jnd ld hnds, -, sd R to fc WALL, XLif (fwd R trng LF undr jnd ld hnds to
momentarily fc LOD, -, sd L to fc ptr & COH, XRif) ; sd R, -, XLib, rec R ;
- 11 Sd L w/ slight RF trn, -, XRib (XLif), rec L ;
- (ss) 12 Sd R, -, XLib ldg W to trn LF, rec R to WRP WALL (sd L, -, XRif trng LF, tch L to WRP WALL) ;

13-14 SLOW ROCK LEFT & RIGHT; LEAN BACK;

- ss 13 [Same footwork] Rk sd L, -, rk sd R, - ;
- 14 Lean bk L, -, -, - ;

CUE CARD

SEQUENCE: INTRO AB A(MOD)B A(MOD) INTLD ENDING

INTRO (4 Meas)

BFLY WALL Wt 2 Meas ; ; Lun Bas ; Spt Trn ;

PART A (16 Meas)

Bas ; ; Undrm Trn ; Bas Ending ;

L Trn w/ Insd Roll [COH] ; Bas Ending ; Lun Bas ; Spt Trn ;

Bas ; ; Undrm Trn ; Bas Ending ;

L Trn w/ Insd Roll [WALL] ; Bas Ending ; Op Bas 2x ; ;

PART B (8 Meas)

The Square ; ; ;

Twsty Bas 2x ; ; Merengue 2 Slo ~ 4 Qk ; ;

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PART A (Mod)(8 Meas)

Bas ; ; Undrm Trn ; Bas Ending ;

L Trn w/ Insd Roll [COH] ; Bas Ending ; R Trn w/ Outsd Roll [WALL] ; Op Bas ;

PART B (8 Meas)

The Square ; ; ;

Twsty Bas 2x ; ; Merengue 2 Slo ~ 4 Qk ; ;

PART A (Mod)(8 Meas)

Bas ; ; Undrm Trn ; Bas Ending ;

L Trn w/ Insd Roll [COH] ; Bas Ending ; R Trn w/ Outsd Roll [WALL] ; Op Bas ;

INTLD (4 Meas)

Swchs BFLY ; ; Twsty Vin 8 ; ;

ENDING (14 Meas)

Twsty Bas ; Wrp LOD ; Swhrt Runs 2x [Pu] ; ;

Trpl Trav ; ; ; Bas Ending ;

L Trn w/ Insd Roll [WALL] ; Bas Ending ; Twsty Bas ; Wrp WALL (W Tch) ;

Slo Rk L & R ; Lean Bk ;