

RETURN TO MY HAWAII

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CD: Na Leo – "I Miss You, (My Hawaii)" – Track #1 **SPEED:** Slow 32 to 30 **RELEASED:** Jan. 2021
SEQUENCE: Intro, A, Br, B, C, Br, B, C (1-6), Ending **E-Mail:** cworlock@tampabay.rr.com
RHYTHM: Slow Two-Step **PHASE:** VI **FOOTWORK:** Described for M - Woman opposite (or as noted)

INTRO

- 1 - 4** **WAIT; WAIT; CROSS HOVER TO FACE DRW; SLOW FWD & RAISE ARMS TO:**
1 - 2 - Wait 2 measures in SIDE BY SIDE POS FCING DLW with all hands joined low R over L & R ft free for both pointed sd & bk twd RLOD;;
3 - XRIF of L LOD,-, trng slightly RF rk sd L LOD, cont RF trn rec R to fc DRW;
4 - Fwd L,-, raise L arms so L hands are at M's shoulder height & R arms over W's head so that R hands are high above & to the R of W's head (with wgt remaining on L ft raise R ft to end about 6 inches in front of L knee with toe pointed down & leg upward diagonally to R from toe) to end in mod VARSOUV POS FCING DRW;
- 5 - 8** **BALLERINA WHEEL 6 TO FACE WALL;; SLOW FWD TOUCH LADY WALK OUT 2;**
RIGHT HANDS LADY SWIVEL POINT W/L ARM SWEEP;
sqg 5 - 6 - With good tone through arms walk around W trng 7/8 RF in an even tight circle fwd R,-, fwd L, fwd R; Cont (----) fwd L,-, fwd R, fwd L (hold position as M walks you around) to end in mod VARSOUV POS FCING WALL;
S-- 7 - Fwd R twd WALL,-, tch L to R releasing L hands (fwd R twd WALL,-, fwd L twd WALL) to end both FCING (SS) WALL w/R hands joined about shoulder height now;
---- 8 - Sharply drop R hands to lead W as you pt L ft sd to LOD & sweep L arm up in front of face wrist leading,-, hold while you cont to sweep L arm out to sd (sharply swvl RF on L as you pt R ft sd to LOD & sweep L arm up in front of fc wrist leading,-, hold while you cont to sweep L arm out to sd) to end M FCING WALL in handshake;

PART A

- 1 - 4** **UNDERARM TRN TO; FALLAWAY RONDE & VINE; THRU LADY SPIRAL & ROLL 2;**
REVERSE UNDERARM TRN TO;
1 - Sd L,-, bk R, rec L (Sd R,-, fwd & across L trng RF under joined R hands, fwd R RLOD cont RF trn to fc M);
2 - Keep handshake low sd R trng LF and ronde L ft CCW sd & bk,-, bk L RLOD, trng RF sd R toe pting DRW (sd L trng RF and ronde R ft CW sd & bk,-, bk R RLOD, trng LF sd L toe pting DRC);
3 - Raising R hands to lead W fwd & across L,-, fwd R, fwd & across L (under R hands fwd & across R spiral 7/8 LF,-, fwd L cont LF trn under R hands, bk R cont LF trn to fc M);
4 - Still w/handshake high fwd R,-, fwd & across L, rec R trng LF lowering R hands (fwd L,-, fwd & across R trng LF under joined R hands, fwd L LOD cont LF trn to fc M);
- 5 - 8** **CROSS BODY; SHADOW NEW YORKER TO STACK HANDS; UNDERARM TRN &;**
BREAK BACK W/M'S HEAD LOOP TO ½ OPEN REV;
5 - Cont LF trn sd L toe pting DLW,-, bk R cont LF trn leading W across, fwd L cont LF trn almost foing ptr & COH (sd R LOD,-, fwd L DLC outsd ptr, fwd R changing sides & trng ½ LF to fc WALL);
6 - Sd & slightly fwd R LOD,-, trng RF (LF) fwd L, rec R trng LF (RF) joining L hands low under R hands;
7 - Sd L RLOD,-, bk R, rec L (Sd R,-, fwd & across L trng RF under joined R hands, fwd R LOD cont RF trn under joined L hands to fc M);
8 - Sd R LOD trng slightly LF looping joined L hands over head to release while scooping up ptr w/R arm,-, XLIB of R, rec R to end in ½ OPEN POS FCING RLOD;
- 9 - 12** **2 SWITCHES;; OPEN BASIC TO HANDSHAKE; OPEN BREAK;**
9 - Fwd & across L DRC changing sides & sharply trng RF scooping ptr up w/L arm,-, fwd R, fwd L (fwd R,-, fwd L, fwd R) to end in LEFT ½ OPEN POS FCING RLOD;
10 - Fwd R leading W across & scooping ptr up w/R arm,-, fwd L, fwd R (fwd & across L DRC changing sides & sharply trng RF,-, fwd R, fwd L) to end in ½ OPEN POS FCING RLOD;
11 - Fwd L trng RF (LF) scooping ptr up w/L arm to brief LEFT ½ OPEN POS FCING LOD,-, XRIB of L, rec L trng LF (RF) to fc ptr and release;
12 - Sd R joining R hands,-, apart L extending L arm out to sd, rec R to end M FCING COH in handshake;
- 13-16** **UNDERARM TRN TO; FALLAWAY RONDE & VINE; THRU LADY SPIRAL & ROLL 2;**
REV UNDERARM TRN TO;
13-16 - Repeat Measures 1 thru 4 of Part A with M on the outside of circle dancing twd LOD now;;;;

PART A (Con't)**17-20 CROSS BODY; SHADOW NEW YORKER; ALTERNATING CROSS BODIES 3:**

17-18 - Repeat Measure 5 & 6 of Part A but to RLOD and end M FCING WALL,;

- 19 - Cont LF trn sd L toe pting DLW,-, bk R cont LF trn leading W across, fwd L (sd R LOD,-, fwd L DLC outsd ptr, fwd R changing sides & trng ½ LF to fc WALL) to end in L-SHAPE POS M FCING LOD & W FCING WALL;
 20 - Fwd R LOD,-, fwd L DLC, fwd R changing sides & trng ½ LF to fc WALL (sd L toe pting DLW,-, bk R trng LF assisting M across, fwd L) to end in L-SHAPE POS M FCING WALL & W FCING LOD;

21-24 3rd ONE LADY 4 OK TO VARSOUVIENNE LOD; FWD 3; (R HANDS) ROLL HER OUT 3; & IN 2 SLOW TO SKATERS:

sqq (qqqq) 21 - Cont LF trn sd L toe pting DLW leading W stronger to move fwd quickly,-, bk R cont LF trn leading W fwd to spiral, rec L cont LF trn joining L hands (fwd R, fwd L, fwd R/spiral 7/8 LF, complete 1 full LF trn fwd L LOD) to end in VARSOUVIENNE POS FCING LOD; **NOTE:** Now same footwork for the remainder of the dance.

22 - Fwd R,-, fwd L, fwd R;

23 - Fwd L releasing L hands & lowering R hands behind W's back,-, fwd R, fwd L (fwd L, spiral 7/8 RF, complete 1 full turn RF fwd R, fwd L) to end R hands joined in front of W and both fcng LOD;

ss 24 - Fwd R bringing R hands behind W again,-, fwd L joining L hands in front of M & joined R hands now at W's R hip (fwd R, spiral 7/8 LF, complete 1 full LF trn fwd L LOD) to end in SKATERS POS FCING LOD,-;

BRIDGE**1 HORSE & CART 4 (FC LINE):**

---- (qqqq) 1 - Soften L knee keeping head to L & R ft sd & bk w/leg straight inside edge of toe skimming floor as W takes you around (keeping your bk to the man and trng LF fwd & across R, sd & fwd L, not allowing L sd to move towards M fwd & across R, sd & fwd L making 7/8 LF trn) to end in SKATERS POS FCING DLW;

PART B**1 - 4 FWD 3; VINE 3; FWD 3; CHASE TURN W/LADIES HEAD LOOP;**

- 1 - Cont slight LF trn fwd & across R,-, fwd L, fwd R still in SKATERS POS now FCING LOD;
 2 - Trng RF sd L to fc WALL,-, XRIF of L to fc DRW, trng slightly LF sd L to fc DLW;
 3 - Cont slight LF trn fwd & across R,-, fwd L, fwd R still in SKATERS POS FCING LOD;
 4 - Fwd L trng ½ RF as you raise L arms to loop over W's head and back down again,-, fwd R to RLOD, fwd L to end both facing RLOD side by side W slightly in front & L hands joined over R low in front of you;

5 - 9 FORWARD 3 M CHECK; LADY FWD SPIRAL & ROLL R TO OPEN WALL; SIDE WALK W/ARMS; X-LUNGE TO 6 QUICK VINE 3; & SIDE ROCKS LADY ROLL LEFT TO WRAP LOD;

- 5 - Fwd R,-, fwd L, fwd R M only check;
 6 - Bk L leading W in front to spiral & release hands,-, rec R fcng DRW, fwd & across L join trailing hands (fwd & across L in front of M, releasing hands spiral RF 7/8 to fc RLOD, fwd R roll ½ RF, bk L cont roll 1/4 RF) to end OPEN POS FCING WALL;
 7 - Sd & slightly fwd R toe pting DRW sweep free lead arm up,-, cl L to R comm lowering arm in front of face, sd & slightly fwd R cont to bring arm down to chest level still in OPEN POS FCING WALL/DRW;
 8 - Lower on R as you XLIF of R cont sweeping arm out to side,-, rec R, trng slightly LF sd L toe pting DLW;
 9 - Fwd & across R, sd L checking, leading W to roll L rec R, rec L (fwd & across R, fwd L, fwd R/spiral 7/8 LF, fwd L) to join lead hands in front of W to WRAP POS FCING DLW;

10-14 SWEETHEART RUN 3: SWEETHEART SWITCH; LUNGE BASIC & RELEASE FACE REVERSE; VERY SLOW FWD LUNGE & EXTEND LEFT ARMS:

- 10 - Fwd & across R,-, fwd L, fwd R stronger moving up next to W preparing for switch in next measure;
 11 - Fwd L twd DLW trn sharply RF to brief TANDEM WRAP POS fcng COH,-, cont RF trn small sd R twd LOD, cont RF trn small fwd & across L completing ¾ RF trn allowing W in front of you to end having changed sides now in LEFT WRAP POS FCING DLC;
 12 - Trng slightly LF sd R LOD flexing R knee to fc COH,-, rec L, XRIF of L as you release hand hold but place R hand on W's R hip & W's R hand on top of M's to end both fcng DRC;
 13 - Lower on R as you lunge fwd L RLOD toe pting DRC,-, keeping R ft bk leg straight comm to raise L arms extending them straight out to RLOD palm up,-;
 ---- 14 - Cont to raise L arms up until arm matches shoulder line,-, push L hip fwd slightly as you soften L knee just a little further to get final extension to this line ending with both looking up to RLOD over raised L arms,-;

PART B (Con't)**15-18 BACK UP 3; BACK FACE COH SIDE CLOSE; 2 SLOW CUDDLE SIDE ROCKS; M ROCKS 3 LADY SPOT TRN AWAY TO FACE;**

- 15 - Bk R joining L hands,-, bk L, bk R still in SKATER POS FCING RLOD;
- 16 - Bk L trng RF,-, cont RF trn sd R LOD, cl L to R to end in close TANDEM POS FCING COH M behind W;
- ss 17 - Placing hands around front of W's hips cuddle rock sd R,-, sd L,-;
- 18 - Sd R release W,-, sd L trng slightly RF, rec R fcng DLC (sd R,-, fwd & across L trng RF, rec R fcng DRW);

19-20 BOLERO WHEEL 6; FACE DLW;

- 19-20 - Blending quickly to BOLERO POS M's R hand around W's R side and W's R hand on M's L shoulder both w/L arms extended out to sd wheel making 1 1/4 RF trn fwd L,-, fwd R, fwd L; Cont wheel fwd R,-, fwd L, fwd R to end BOLERO POS M FCING DLW (DRC);

PART C**1 - 4 TRN IN RONDE & VINE TO DOUBLE HAND HOLD; PASSING HOVER TO FACE;****WHEEL LADY WRAP DRC; WHEEL FC LOD;**

- 1 - Fwd L DLW (DRC) trng 1/2 RF as you ronde R ft CW sd & bk and release ptr to low double hand hold,-, XRIB of L, small sd & slightly fwd L to end low double hand hold M fcng DRC and W fcng DLW;
- 2 - Fwd R DRC (DLW) passing R shoulders comm RF trn,-, cont trng RF sd L, cont RF trn rec fwd R to end low double hand M fcng DLW and W fcng DRC;
- 3 - Fwd L DLW (DRC) passing R shoulders comm RF trn as you raise joined lead hands,-, wheeling RF around W fwd R, fwd L as you lower joined lead hands in front of W (fwd L,-, fwd R, cl L to R) to WRAP POS FCING DRC;
- 4 - Wheel 3/8 RF fwd R,-, fwd L, fwd R LOD (very small back almost in place R,-, L, fwd R LOD) in WRAP POS FCING LOD;

5 - 8 PARALLEL CHASE; RELEASE TO OPEN LOD; SOLO TURN LEFT IN 6; TO SHADOW LOD;

- 5 - Fwd L LOD trng 1/2 RF,-, fwd R, fwd L to LEFT WRAP POS FCING RLOD;
- 6 - Fwd R RLOD trng 1/2 LF releasing ptr,-, fwd L, fwd R to OPEN SD BY SD POS FCING LOD nothing touching;
- 7 - Fwd L,-, fwd R comm LF trn, cont slight LF trn bk L to fc RLOD;
- 8 - Bk R LOD,-, trng LF sd L, cont slight LF trn fwd R to SHADOW POS LOD;

9-14 FWD 3; 2 SHADOW UNDERARM RIGHT TURNS; TO VARSOUVIENNE; FWD 3; (R HANDS) ROLL HER OUT 3; & IN 2 SLOW TO SKATERS;

- 9 - Fwd L,-, fwd R, fwd L;
- 10 - Fwd R,-, fwd L comm RF trn loop L arms over W's head, cont slight RF trn bk R lower L hands in front of W;
- 11 - Bk L joining R hands behind M's back & releasing L hands,-, trng RF sd R taking R arms over W's head, cont slight RF trn fwd L joining L hands to VARSOUVIENNE POS FCING LOD;
- 12-14 - Repeat meas 22-24 of Part A;;;

BRIDGE**PART B****PART C (1-6) ***

- 1 - 5 - Repeat meas 1-5 of Part C;;;
- * 6 - Repeat meas 6 of Part C but end in SHADOW POS FCING LOD L hands joined & M's R hand on W's bk;

ENDING**1 - 4 HOLD LADY CARESS; SLOW FWD SPIRAL w/LADIES HEAD LOOP;****SLOW FWD SWIVEL POINT FACE WALL; LOWER TO CUDDLE RIGHT LUNGE;**

- 5 - Hold in Shadow Pos and look at ptr as W sweeps R hand up & down to caress L side of M's face;
- S-- 6 - Fwd L, spiral 7/8 RF as L arm loops over W's head, cont RF spiral on L, as L arms lower behind M to end BOTH FCING DLC;
- S-- 7 - Releasing L hands fwd R LOD swvl 1/4 RF to fc WALL,-, pt sd L to LOD in close TANDEM POS FCING WALL,-;
- 8 - Lower on R wrapping arms around W and then W places her arms on top of M's allowing L ft to slide straight to LOD and hold as music continues to fade;

NOTE: Timing on side of measure is reflective of actual weight changes only. Unless noted, timing is SQQ.