

ROCKS IN YOUR SHOES

Choreographers: Birgit & Martin Haltmayer
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Email: birgit@haltmayer.com
Music: Dance Live Studio/CD: Rock Universe Orchestra
Time: 2:57 min/slow for comfort
Download-Track 3-from Casa Musica
Rhythm: JIVE
Phase: IV+1+1
(Stop & Go)+(Shuffling Doors)
Footwork: Woman opposite except as noted
Difficulty: Average
Sequence: INTRO ABC AB D Bmod B Ending

INTRO (4 meas)

1-4 WAIT 2 ;; KICK BALL CHANGE 2x ; SWIVEL WALK TOGETHER IN 4 JOIN LEAD HANDS :

1-2 FCG POS-M FC WALL 4 ft apart wait 2 meas ;; kick L ft fwd/take wt on ball of L ft, take wt on R ft, repeat;
3-4 swivel fwd L, swivel fwd R, swivel fwd L, swivel fwd R; to LOP FCG WALL

PART A (16 meas)

1-5 STOP & GO ;; LINK ROCK ;; CHANGE RIGHT TO LEFT ;;:

1-2 rk bk L, rec R, fwd L/cl R, fwd L catch woman w/R hand on woman's L shoulder blade at end of triple to stop her movement;
rk fwd R, rec L, small bk R/cl L, bk R; *(rk bk R, rec L, fwd R comm ½ LF trn/cl L, bk R complete ½ LF trn under joined hnds to end at man's R sd; rk bk L, rec R, fwd L comm ½ RF trn/cl R, bk L comp ½ RF trn under joined hnds to LOP FCG WALL;)*
3-5 rk bk L, rec R, small triple fwd L/R L; sd R/L R to CP FCG WALL, rk bk L to SCP, rec R; sd L/cl R, sd L comm ¼ LF trn; sd & fwd R/cl L, sd R; to LOP FCG LOD *(rk bk R to SCP, rec L, sd R/cl L, fwd R comm ¾ RF trn under joined ld hnds; sd & bk L/cl R, sd & bk L,)*

6-8 ROCK RECOVER KICK BALL CHANGE ; CHANGE LEFT TO RIGHT WITH A CONTINUOUS CHASSE ;;

6 rk bk L, rec R, kick L ft fwd/take wt on ball of L ft, take wt on R ft;
7-8 rk bk L, rec R, sd L/cl R, sd L comm ¼ RF trn; sd R/cl L, sd R/cl L, sd R/cl L, sd R; to LOP FCG WALL *(rk bk R, rec L, fwd R/cl L, fwd R comm ¾ LF trn under joined ld hnds; sd L/cl R, sd L comp LF trn to LOP FCG WALL/cl R, sd L/cl R, sd L;)*

9-13 BASIC ROCK ;; CHANGE LEFT TO RIGHT OVERTURNED TO LOP LOD ;; SHUFFLING DOORS TO FC COH ;;

9-11 rk apt L, rec R, sd L/cl R, sd L; sd R/cl L, sd R, rk bk L, rec R, sd L/cl R, sd L comm ½ RF trn, sd R/cl L, sd R; to LOP FCG LOD *(rk apt R, rec L, sd R/cl L, sd R; sd L/cl R, sd L, rk bk R, rec L, fwd R/cl L, fwd R comm ¾ LF trn under joined ld hnds; sd L/cl R, sd L comp LF trn to LOP FCG LOD;)*
12-13 XLib, rec R, sd L/cl R, sd L travel bhd W to OP LOD; XRib, rec L, sd R/cl L, R travel in front of W trn to LOP FCG COH; *(XRib, rec L, sd R/cl L, sd R travel in front of M; XLib, rec R; sd L/cl R, sd L travel bhd M trn to LOP FCG WALL;)*

14-16 DOUBLE ROCK INTO CHANGE LEFT TO RIGHT OVERTURNED TO FC WALL WITH A CONTINUOUS CHASSE ;;... ROCK RECOVER TO BFLY ..

14-15.5 rk bk L, rec R, rk bk L, rec R; sd L/cl R, sd L comm ½ RF trn, sd R/cl L, sd R/cl L, sd R/cl L, sd R; to LOP FCG WALL *(rk bk R, rec L, rk bk R, rec L; fwd R/cl L, fwd R comm ½ LF trn under joined ld hnds, sd L/cl R, sd L comp LF trn to LOP FCG WALL/cl R, sd L/cl R, sd L;)*
15.5-16 rk bk L, rec R, to BFLY FCG WALL

PART B (8 Meas)

1-5 SAND STEPS (QQS) ;; CHANGE RIGHT TO LEFT ;;, SHOULDER SHOVE ;;:

1-2 Swivel slightly to R on the R ft rotate the L knee inward in order to tch the L toe to the instep of the R ft [no weight change], swivel slightly to L on the R ft rotate the L knee outward in order to tch the L heel to the floor [no weight change], swivel slightly to R on the R ft XLib,-; repeat with other ft; *(Swivel slightly to L on the L ft rotate the R knee inward in order to tch the R toe to the instep of the R ft [no weight change], swivel slightly to R on the L ft rotate the R knee outward in order to tch the R heel to the floor [no weight change], swivel slightly to L on the L ft XRif,-; repeat with other ft;)*
3-4.5 rk bk L to SCP, rec R, sd L/cl R, sd L comm ¼ LF trn; sd & fwd R/cl L, sd R, to LOP FCG LOD *(rk bk R to SCP, rec L, sd R/cl L, fwd R comm ¾ RF trn under joined ld hnds; sd & bk L/cl R, sd & bk L,)*
4.5-5 rk apt L, rec R trn RF, sd L/cl R, sd L toward partner bring man's L and woman's R shoulders together trn LF to fc partner, bk R/cl L, bk R;

6-8 ROCK RECOVER 2 SLOW CHICKEN WALKS ;; CHANGE LEFT TO RIGHT ;;:

6-7.5 rk bk L, rec R, bk L,-; bk R,- *(rk bk R, rec L, swivel fwd R,-; swivel fwd L,-)*
7.5-8 rk bk L, rec R; sd L/cl R, sd L comm ¼ RF trn, sd R/cl L, sd R; to LOP FCG WALL *(rk bk R, rec L; fwd R/cl L, fwd R comm ¾ LF trn under joined ld hnds, sd L/cl R, sd L compl LF trn;)*

PART C (4 meas)

1-4 CHANGE HANDS BEHIND THE BACK 2x ;;; SIDE TOUCH & RIGHT CHASSE :

1-3 rk apt L, rec R, fwd L start ¼ LF trn and place R hnd over W R hnd/cl R, fwd L release L hnd & comp ¼ LF trn to TANDEM Pos in front of W; sd & bk R start ¼ LF trn & place L hnd behind man's bk/cl L transfer W's R hnd to man's L hnd behind his bk, sd & bk R comp ¼ LF trn, to LOP FCG COH repeat,,; to LOP FCG WALL (rk apt R, rec L, fwd R start ¼ RF trn/cl L, fwd R comp ¼ RF trn to TANDEM Pos behind man; sd & bk L start ¼ RF trn/cl R, sd & bk L comp ¼ RF trn, repeat,,;)

4 sd L, tch R to L, sd R/cl L, sd R;

REPEAT PART A and PART B to BFLY

PART D (8 meas)

1-8 WINDMILL 2x ;;; VINE 4 ; SPANISH ARMS 2x ;;; DOUBLE ROCK :

1-3 rk bk L, rec R start ¼ LF trn, fwd Lif/cl R, fwd L comp ¼ L fc trn ; sd R start ¼ LF trn/cl L, sd R comp ¼ LF trn to BFLY FCG COH, repeat to BFLY FCG WALL,,;

4 sd L, XRib, sd L, XRif; (sd R, XLib, sd R, XLif;)

5-7 rk bk L, rec R, lead W LF under raised ld hnds fwd L/cl R, sd L trn ¼ RF wrap W; cont RF trn lead W to unwrap RF ¾ under lead hnds in pl R/cl L, R to BFLY FCG COH, repeat to BFLY FCG WALL,,; (rk bk R, rec L trn 1/4 LF to wrap pos, sd R/cl L, sd R trn ¾ RF unwrap; sd L/cl R, sd L, repeat,,;)

8 rk bk L, rec R, rk bk L, rec R;

PART B modified (8 meas)

1-5 SAND STEPS ;; CHANGE RIGHT TO LEFT ;.. SHOULDER SHOVE ..;

see Part B 1-5

6-8 ROCK RECOVER KICK BALL CHANGE ; CHANGE LEFT TO RIGHT ;; ROCK RECOVER TO BFLY.,

see Part A meas 6; see Part B meas 7.5-8 ;,, rk bk L, rec R,

REPEAT PART B

ENDING (9 meas)

1-5 STOP & GO ;; LINK ROCK ;.. CHANGE RIGHT TO LEFT ..;

see Part A 1-5,,,,;

6-8 ROCK RECOVER KICK BALL CHANGE ; CHANGE LEFT TO RIGHT WITH A CONTINUOUSE CHASSE ;;

see Part A 6-8,,;

9 DOUBLE ROCK & POINT TO LOD ;..

rk bk L, rec R, rk bk L, rec R; point L to LOD,,

Quick Cues ROCKS IN YOUR SHOES / JIVE IV+1+1 / Haltmayer

Intro FCG POS - MAN FC WALL - 4 Ft Apt - Lead Ft Free
Wait 2 ;; KK Ball Chg 2x ; Swivel Wik Tog in 4 join Ld Hds ;

Part A Stop & Go ;; Link Rk ;,, Chg R/L ;,,
Rk Rec-Kk Ball Chg ; Chg L/R w/Cont Chasse ;;
Basic Rk ;,, Chg L/R overtrnd both Fc LOD ;; Shuffling Doors to Fc COH ;;
Dbl Rk into Chg L/R overtrnd Fc WALL w/Cont Chasse ;,, Rk Rec to BFLY ,,

Part B Sand Stps (OQS) ;; Chg R/L ;,, Shldr Shove ;,, Rk Rec 2 S Chicken Wks ;,, Chg L/R ;,,

Part C Chg Hds beh bk 2x ;;; Sd Tch & R Chasse ; Repeat Part A + Part B to BFLY

Part D Windmill 2x ;;; Vine 4 ; Span Arms 2x ;;; Dbl Rk ;

Part Bmod Sand Stps ;; Chg R/L ;,, Shldr Shove ;,, Rk Rec KK Ball Chg ; Chg L/R ;,, Rk Rec to BFLY,, Repeat Part B

Ending Stop & Go ;; Link Rk ;,, Chg R/L ;,, Rk Rec-Kk-Ball Chg ; Chg L/R w/Cont Chasse ;; Dbl Rk & Pt to LOD ;,,