

Rolling With The Flow

Choreographers:	Music: Rolling With The Flow – Charlie Rich - Available from Amazon and other online retailers as a MP3 File
Michael McDonald & Debbie McClain	Footwork: Opposite except where indicated (<i>W's footwork in parentheses</i>)
PO Box 1205	Rhythm: Rumba
Clayton, GA 30525	Phase: III+0+1 (New Yorker in 4)
Tel: 864-247-0073	Release date: July, 2008
Tel: 706-490-3610	Time & Speed: 2:40 @ 100 %
Dancestuffetc@yahoo.com	Sequence: Intro – A - B - A(1-8) - Bridge – B - A(1-8) - Ending

INTRODUCTION

	Wait PU Notes	BFLY WALL trl ft free wait 4 pu notes
1-2	Crab Walks;;	XRif, sd L, XRif, -; sd L, XRif, sd L (<i>W XLif, sd R, XLif, -; sd R, XLif, sd R</i>), -;
3	Spot Turn:	XRif trng LF, rec L contg LF trn to fc, sd R, -;
4	New Yorker in 4;	Thru L RLOD to LOP, rec R to fc, sd L to BFLY, cl R;

PART A

1	½ Basic;	Rk fwd L WALL, rec R, sd L, -;
2	Whip to COH;	Bk R comm LF trn, rec L cont trn, sd R to BFLY COH, -;
3	New Yorker;	Thru L to LOD, rec to fc, sd L, -;
4	R Cucaracha;	Rk sd R, rec L, cl R, -;
5	Side Walk 3;	Sd L, cl R, sd L, -;
6-7	Thru Serpiente;;	Thru R LOD, sd L, XRib (<i>W Xib</i>), fan L CCW; XLib (<i>W Xib</i>), sd R, thru L RLOD, fan R CCW;
8	Fence Line;	X lun R, rec L, sd R, -;
9	½ Basic;	Rk fwd L COH, rec R, sd L, -;
10	Whip to WALL;	Bk R comm LF trn, rec L cont trn, sd R to BFLY WALL, -;
11	New Yorker;	Thru L to LOD, rec to fc, sd L, -;
12	R Cucaracha;	Rk sd R, rec L, cl R, -;
13	Side Walk 3;	Sd L, cl R, sd L, -;
14-15	Thru Serpiente;;	Thru R RLOD, sd L, XRib (<i>W Xib</i>), fan L CCW; XLib (<i>W Xib</i>), sd R, thru L RLOD, fan R CCW;
16	Fence Line;	X lun R, rec L, sd R, -;

PART B

1-4	Chase Peek-a-Boo;;;;	Fwd L trng ½ RF, rec R, fwd L (<i>W bk R, rec, fwd</i>) to TAND COH, -; sd R lookg ovr L shldr, rec L, cl R (<i>W sd L, rec R, cl L</i>), -; sd L lookg ovr R shldr, rec R, cl L (<i>W sd R, rec L, cl R</i>), -; fwd R trng ½ LF, rec L, fwd R (<i>W fwd L, rec R, bk L</i>) to BFLY WALL, -;
5	Break Back to Open;;	XLib trng to OP LOD, rec R, fwd L, -;
6	Progressive Walk 6;;	Fwd R, L, R, -; fwd L, R, L, -;
7-8	New Yorker;	Thru R to LOD, rec L to fc, sd R, -;

Repeat PART A (1-8)

BRIDGE

1	½ Basic;	Rk fwd L COH, rec R, sd L,-;
2	Whip to WALL;	Bk R comm LF trn, rec L cont trn, sd R to BFLY WALL,-;

Repeat PART B**Repeat PART A (1-8)****ENDING**

1	½ Basic	Rk fwd L COH, rec R, sd L,-;
2	Whip to WALL	Bk R comm LF trn, rec L cont trn, sd R to BFLY WALL,-;
3	New Yorker to RLOD;	Thru L to RLOD, rec to fc, sd L, -;
4	R Cucaracha;	Sd R, rec L, cl R, -;
5-6	Shoulder to Shoulder 2 x;;	Fwd L to BFLY SCAR, rec R to fc, sd L-; fwd R to BFLY BJO, rec L to fc, sd R,
7-8	Sd Wlk 3 & Pt Rev;;	Sd L, cl R, sd L, -; point R toe to RLOD & hold;

Quick Cues – Rolling with the Flow***Intro*****Wait 4 PU notes.. Crab Walks LOD;; Spot Turn; NYER in 4;*****Part A*****1/2 Basic; Whip COH; Nyer; R Cucaracha; Sd Wlk 3; Thru Serpiente to Fenceline;;;****1/2 Basic; Whip to Wall; Nyer; R Cucaracha; Sd Wlk 3; Thru Serpiente to Fenceline;;;*****Part B*****Chase Peek-a-Boo;;; Brk Bk to Open; Prog Wlk 6;; Nyer;*****Part A(1-8)*****1/2 Basic; Whip COH; Nyer; R Cucaracha; Sd Wlk 3; Thru Serpiente to Fenceline;;;*****Bridge*****1/2 Basic; Whip to Wall;*****Part B*****Chase Peek-a-Boo;;; Brk Bk to Open; Prog Wlk 6;; Nyer;*****Part A(1-8)*****1/2 Basic; Whip COH; Nyer; R Cucaracha; Sd Wlk 3; Thru Serpiente to Fenceline;;;*****Ending*****1/2 Basic; Whip to Wall; NYER Rev; R Cucaracha; Shlder to Shlder Twice;; Sd Wlk 3; Pt Rev;**