

# SHE'S A LADY

Composers: BOB & JACKIE SCOTT (706) 234-1030  
2597 Lakeridge Circle NW, Rome, GA 30163  
Record: Stardust 1241 "SHE'S A LADY" by Tom Jones  
Footwork: Opposite Unless Indicated Date: 06/15/95  
Rhythm: CHA/JIVE Phase: IV +1 (Op Hip Twist)  
Sequence: INTRO-A-B-C-A-D-ENDING SPEED: 44 rpm



**INTRO**

01-04 BFLY WAIT:: NEW YORKER: SPOT TURN:  
01-04 in BFLY pos wait 2 meas;; XLIFR (W XRIFL) trn 1/4 RF RLOD,  
rec R trn fc ptr blend BFLY, sd L/cl R trng LF (W RF), sd L  
to BFLY; XRIF step fwd LOD trng lf releasing hnds, fwd L cont  
trn, sd R/cl L, sd R;

**PART A**

01-06 (NO Hnds) TWIST VN 8:: FULL BASIC:: 1/2 CHASE (M TURNS)::  
01-06 no hnds sd L, XRIB (WXIF), sd L, XRIF (WXIB); sd L, XRIB  
(WXIF), sd L, XRIF (WXIB); rk fwd L, rec R, sd L/R,L; rk bk  
R, rec L, sd R/L,R; fwd L trng 1/2 RF to fc COH, rec fwd R,  
fwd L/cl R, fwd L (W rk bk R, rec fwd L, fwd R/cl L, fwd R);  
fwd R trng LF to fc WALL, rec fwd L, fwd R/cl L, fwd R (W rk  
fwd L, rec R, bk L/cl R, bk L);  
07-12 FULL BASIC:: VN 2/FC TO FC: VN 2/BK TO BK TO OP: FWD & BK BASIC::  
07-12 repeat meas 3-4 PART A;; BFLY wall vn sd L, XRIB, sd L/cl R,  
sd L release lead hnds trng lf to bk to bk pos; sd R, XLIB,  
sd R/cl L, sd R trng rf to op lod; rk fwd L, rec R, bk L/cl  
R, bk L; rk bk R, rec L, fwd R/cl L, fwd R;  
13-16 CIRCLE AWAY/TOG CHA:: TIME STEPS::  
13-16 circle away rf twd coh (W lf twd wall) L,R, L/R,L; tog twd  
wall (W twd coh) R,L, R/L,R; no hnds XLIB, rec R, sd L/R sd  
L; XRIB, rec L, sd R/L, sd R;

**PART B**

01-06 (NO Hnds) TWIST VN 8:: FULL BASIC:: OPEN BREAK: WHIP:  
01-06 repeat meas 1-4 PART A;;; maint jnd lead hnds rk apt L (brng  
free hand up palm in trng to palm out as it passes fc to full  
extend), rec R (brng hnd dwn to norm pos), sip L/cl R, L; bk  
R trng 1/4 LF (W fwd L outsd M to his L), rec fwd L trng 1/4  
LF (W fwd R trng LF 1/2), sd R/cl L sd R to BFLY;  
07-12 CUCARACHAS:: OPEN HIP TWIST: FAN: HOCKEY STICK::  
07-12 rk sd L, rec R, in pl L/R,L; rk sd R, rec L, in pl R/L,R; fwd  
L, rec R, bk L/cl R, bk L push arm fwd gently to trn W (W bk  
R, rec L, fwd R/fwd L, fwd R/swivel 1/4 RF on R); rk bk R,  
rec L (W sd & bk R trng LF 1/4), sd R/cl L, sd R (W bk L/lk  
RIF, bk L leaving R extended fwd with no wt); fwd L (W cl R),  
rec R (W fwd L), bk L/cl R, sml step bk L (W fwd R/cl L, fwd  
R twds M's L sd); bk R, rec L to fc DRW (W trn LF und jnd  
hnds L,R to fc COH) chasse fwd R/L,R;  
13-16 NEW YORKER: WHIP: TIME STEPS::  
13-16 repeat meas 3 INTRO; repeat meas 6 PART B; repeat meas 15-16 PART A;;

**PART C (JIVE)**

01-05 CHG R TO L - LINK TO SCP:: RK REC/SWIVEL 2: JIVE WALKS:  
01-05 join lead hnds rk apt L, rec R, sd L/cl R, sd L trn 1/4 lf (W  
fwd R trn 3/4 und lead hnds); sd & fwd R/cl L, sd R (W sd &  
slightly bk L/cl R, sd & bk L), rk apt L, rec R; sd L/cl R,  
sd L, sd R/cl L, sd R SCP; rk bk L, rec R, fwd L,R; fwd L/R,L, R/L,R;  
06-11 SWIVEL 4: THROWAWAY: CHG L TO R BFLY-DBL ROCK-TWO SD CLOSES::  
06-11 fwd L,R,L,R; sd L/R,L (W pu R/L,R),sd R/l,R trng 1/4 to fc  
LOD in lop (W sd & bk L/R,L); rk apt L, rec R, chasse sd  
L/R,L trng to fc WALL; sd R/L,R BFLY/WALL (W fwd R/L,R trng  
lf und jnd lead hnds to lop fcg M and COH, sd L/R,L), rk bk  
L, rec R; rk bk L, rec R, twd LOD sd L, cl R; sd L, cl R,

>>>REPEAT A

**PART D**

01-04 NEW YORKER TO OP: FWD 2/CHA: SLIDING DOOR 2X::  
01-04 XLIFR (W XRIFL) trn 1/4 RF RLOD, rec R trn fc ptr blend BFLY,  
sd L/cl R trng LF (W RF), sd L releasing hndhold fc LOD; fwd  
R,L,R/cl L, fwd R; op lod rk apt L twd coh (W R twd wall),  
rec R, releasing hnds chg sds by sliding across W in front of  
M XLIF/sd R, XLIF (W XLIF) to lop lod; rk apt R twd wall (W  
twd coh), rec L, relasing hnds chg sds by sliding across W in  
front of M XRIF/sd L, XRIF (W XRIF) to op lod;  
05-10 RK SD REC/FWD CHA: FWD 2/CHA: FWD & BK BASIC:: SLIDING DOOR 2X::  
05-10 twd coh rk sd L, rec R, fwd L/cl R, fwd L; repeat meas 2 PART  
D; repeat meas 11-12 PART A;; repeat meas 03-04 PART D;;  
11-16 RK SD REC/FWD CHA: NEW YORKER: FULL CHASE::  
11-16 repeat meas 5 PART D; rk fwd R, rec L trng RF (W LF), sd R/cl  
L, sd R BFLY/WALL; release hnds fwd L trng 1/4 rf, rec fwd  
coh R trng 1/4 rf, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl  
L, fwd R); fwd coh R trng 1/4 lf, rec fwd wall L trng 1/4 lf,  
fwd R/cl L, fwd R (W fwd coh trng 1/4 rf, rec fwd wall R trng  
1/4 rf, fwd L/cl R, fwd L); fwd L, rec R, bk L/cl R, bk L  
(W fwd R trng 1/4 lf, rec L twd coh trng 1/4 lf, fwd R/cl L,  
fwd R); bk R, rec L, fwd R/cl L, fwd R (W fwd L, rec R, bk L/cl R, bk L);

**ENDING**

01-06 (NO Hnds) TWIST VN 8:: FULL BASIC:: STEP APT/POINT:  
01-06 repeat meas 01-04 PART A;;; bk L, -, raise lead hnds & pt R twd ptr.-;