

SHOO FLY PIE

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CD: 2002 Joyful Heart Music, CD Title "The Rose Room" (Artist: Pete Jacobs Quintet) Track 4 "Shoo Fly Pie" or download from internet site such as I Tunes

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 2:46 slow to 95%

RHYTHM: Foxtrot RAL PHASE III

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-A(1-8)-C-B-C-A-ENDING

MEAS:

INTRODUCTION

1-4 OP-FCG DLW WAIT 2 MEAS;; APART POINT; PICKUP TOUCH;

- 1-2 Wait in OP-FCG DLW w/ 1d ft free;;
- 3 {**Apert Point**} OP-FCG DLW Apt L, -, pt R twd ptr, -;
- 4 {**Pickup Touch**} Tog R, -, tch L to CP LOD, -;

5-8 FWD & RUN 2 TWICE;; 2 LEFT TURNS FC WALL;;

- 5-6 {**Forward Run 2 Twice**} CP LOD Fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R;
- 7-8 {**2 Left Turns fc WALL**} CP LOD Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP DRC (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);

PART A

1-4 LEFT TURNING BOX;;;:

- 1-4 {**Left Turning Box**} CP WALL Fwd L stg LF upper bdy trn, -, cont trn fwd & sd R, cl L to CP LOD; Bk R stg LF upper bdy trn, -, cont trn bk & sd L, cl R to CP COH; Repeat to CP WALL;;

5-8 DIP BACK & HOLD; MANEUVER; 2 RIGHT TURNS FC WALL;;

- 5 {**Dip Back & Hold**} CP WALL Dip bk L w/ knee relaxed (W dip fwd R w/ knee relaxed), -, -, -;
- 6 {**Maneuver**} CP WALL Stg RF trn fwd R, -, cont trn sd L, cl R to CP RLOD (W stg RF trn bk L, -, cont trn sd R, cl L);
- 7-8 {**2 Right Turns fc WALL**} CP RLOD Bk L trn RF, -, cont trn sd R, cl L to CP DLC (W fwd R trn RF, -, cont trn sd L, cl R); Fwd R trn RF, -, cont trn sd L, cl R to CP WALL (W bk L trn RF, -, cont trn sd R, cl L);

9-12 HOVER TO SCP; HOVER FALLAWAY; SLIP PIVOT; CROSS HOVER TO SCAR;

- 9 {**Hover to SCP**} CP WALL Fwd L, -, fwd & sd R rise to ball of ft, rec L to tight SCP LOD (W bk R, -, bk & sd L trn to SCP & rise to ball of ft, rec R);
- 10 {**Hover Fallaway**} SCP LOD Stay in SCP fwd R, -, fwd L rise to ball of ft & checking, rec bk R;
- 11 {**Slip Pivot**} SCP LOD Bk L, -, bk R trn LF keep L leg extended, fwd L to BJO DLC (W bk R stg LF pvt on ball of ft w/ thighs locked L leg extended, -, fwd L cont trn plc L near M's R ft, bk R);
- 12 {**Cross Hover to SCAR**} BJO DLC XRif (W XLib), -, sd L w/ slight rise trn RF, rec R to SCAR DLW;

13-16 CROSS HOVER TO SCP; PICKUP SIDE CLOSE; 2 LEFT TURNS FC WALL;;

- 13 {**Cross Hover to SCP**} SCAR DLW XLif (W XRib), -, sd R w/ slight rise, rec L to SCP DLC;
- 14 {**Pickup Side Close**} SCP DLC Sm fwd R to CP DLC, -, sd L, cl R (W fwd L in front of M trn LF to CP, -, sd R, cl L);
- 15-16 {**2 Left Turns fc WALL**} CP DLC Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP RLOD (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);

PART B

1-4 WHISK; WING; TURN LEFT & RIGHT CHASSE TO BJO; BACK BACK LOCK BACK;

- 1 {**Whisk**} CP WALLW Fwd L, -, fwd & sd R stg rise to ball of ft, XLib cont to full rise to ball of ft to tight SCP LOD (W bk R, -, bk & sd L stg to rise to ball of ft, XRib cont to full rise to ball of ft);
- 2 {**Wing**} SCP LOD Fwd R, -, draw L twd R, tch L to R trn upper bdy LF w/ L sd stretch to SCAR DLC (W fwd L begin to X in frnt of M trn slightly LF, -, fwd R arnd M cont trn slightly LF, fwd L arnd M cont trn slightly LF to tight SCAR);
- 3 {**Turn Left & Right Chasse to BJO**} SCAR DLC Fwd L trn LF, -, sd R/cl L, sd & slightly bk R to BJO RLOD (W bk R trn LF, -, sd L/cl R, sd & slightly fwd L);
- 4 {**Back Back Lock Back**} BJO RLOD Bk L, -, bk R/lk Lif (W lk Rib), bk R;

PART B(cont.)

5-8 IMPETUS TO SCP; THRU CHASSE TO BJO; FWD FWD LOCK FWD, FWD FACE CLOSE

- 5 {**Impetus to SCP**} BJO RLOD Stg RF upper bdy trn bk L, -, cl R heel trn, fwd L to tight SCP DLC (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R);
- 6 {**Thru Chasse to BJO**} SCP DLC Fwd R trn to fc, -, sd L/cl R, sd L to BJO DLW;
- 7 {**Fwd Fwd Lock Fwd**} BJO DLW Fwd R, -, fwd L/lk Rib, fwd L (W bk L, -, bk R/lk Lif, bk R);
- 8 {**Forward Face Close**} BJO DLW Fwd R (W bk L), -, sd L, cl R to CP WALL;

PART C

1-4 BACK HOVER TO CP; MANEUVER; SPIN TURN; BOX FINISH FC LOD;

- 1 {**Back Hover to CP**} CP WALL Stay in CP bk L, -, sd & bk R w/ slight rise, rec L (W fwd R, -, sd & fwd L w/ slight rise & brush R to L, rec R);
- 2 {**Maneuver**} CP WALL Stg RF trn fwd R, -, cont trn sd L, cl R to CP RLOD (W stg RF trn bk L, -, cont trn sd R, cl L);
- 3 {**Spin Turn**} CP RLOD Stg RF upper bdy trn bk L toe pvt 1/2 RF to fc LOD, -, fwd R between W's ft heel to toe cont trn leave L leg extended bk & sd, rec sd & bk L to CP DLW (W stg RF upper bdy trn fwd R between M's ft heel to toe pvt 1/2 RF, -, bk L toe cont trn brush R to L, fwd R);
- 4 {**Box Finish fc LOD**} CP DLW Bk R trn 1/8 LF, -, sd L, cl R to CP LOD;

5-8 PROGRESSIVE BOX;; 2 LEFT TURNS FC WALL;;

- 5-6 {**Progressive Box**} CP LOD Fwd L, -, sd R, cl L; Fwd R, -, sd L, cl R;
- 7-8 {**2 Left Turns fc WALL**} CP LOD Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP DRC (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);

ENDING

1-4 BOX;; WHISK: THRU HOVER TO BJO;

- 1-2 {**Box**} CP WALL Fwd L, -, sd R, cl L; Bk R, -, sd L, cl R;
- 3 {**Whisk**} CP WALLW Fwd L, -, fwd & sd R stg rise to ball of ft, XLib cont to full rise to ball of ft to tight SCP LOD (W bk R, -, bk & sd L stg to rise to ball of ft, XRib cont to full rise to ball of ft);
- 4 {**Thru Hover to BJO**} SCP LOD Thru R, -, fwd L w/ slight rise, rec R to BJO LOD (W thru L, -, fwd R w/ slight rise trn LF & brush L to R, rec L to fc RLOD);

5-6 BACK HOVER TO SCP; CHAIR & HOLD;

- 5 {**Back Hover to SCP**} BJO LOD Bk L, -, sd & bk R w/ slight rise, rec L to SCP LOD (W fwd R, -, sd & fwd L w/ slight rise trn RF & brush R to L, rec R);
- 6 {**Chair & Hold**} SCP LOD Fwd R lun stp (W fwd L lun stp), -, -, -;

AB A(1-8)C BC A

WAIT	WAIT
APART POINT	PICKUP TOUCH
FWD & RUN 2 TWICE	----
2 LEFT TURNS FC WALL	---

A	LEFT TURNING BOX	----
	----	----
	DIP BACK & HOLD	MANEUVER
	2 RIGHT TURN FC WALL	----

HOVER TO SCP	HOVER FALLAWAY
SLIP PIVOT	CROSS HOVER TO SCAR
CROSS HOVER TO SCP	PICKUP SIDE CLOSE
2 LEFT TURNS FC WALL	----

B	WHISK	WING
	TURN LEFT & RIGHT CHASSE TO BJO	BACK BACK LOCK BACK
	IMPETUS TO SCP	THRU CHASSE TO BJO
	FWD FWD LOCK FWD	FWD FACE CLOSE

C	BACK HOVER TO CP	MANEUVER
	SPIN TURN	BOX FINISH FC LOD
	PROGRESSIVE BOX	----
	2 LEFT TURN TURNS FC WALL	----

END BOX	----
WHISK	THRU HOVER TO BJO
BACK HOVER TO SCP	CHAIR & HOLD

R3-7 SHOO FLY PIE (ROSS)
(STANDARD INTRO TO CP LOD)
(SLOW TO 95%)