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# SLOW DRUMS

COMPOSER: BEA ADAMS. 1676 CHATSWORTH BLVD. SAN DIEGO, CA. 92107 (619 -222 8374)  
RECORD: RCA GOLD STADARD. #447-0785 (Distant Drums)  
RHYTHM SLOW TWO-STEP PHASE IV  
FOOTWORK: OPPOSITE UNLESS NOTED. (WOMAN'S FOOTWORK IN PARENTHESES)  
SEQUENCE: INTRO, A, B, A, B(MOD), ENDING SPEED 45 RPM

## INTRO

1 -2 (BFLYFC WALL) WAIT 9 DRUM BEATS AND THE WORDS "I HEAR THE";  
DANCE STARTS ON THE WORD "SOUND"

## PART A

1 - 8 2 LUNGE BASICS;; 2 SIDE BASICS;; LEFT TURN INSIDE ROLL; BASIC ENDING;  
LEFT TURN INSIDE ROLL; OPEN BASIC;

Lunge sd L,-,rec R, XIF L; Lunge sd R,-,Rec L, XIF R; Blend to fc wall & ptrn sd L,-,XRIB, rec L; sd R,-,XLIB,rec R; fwd L trng lf to fc COH,-,side R,XLIF of R (lady back R trng lf 1/2,-,sd L trng LF under lead hands,cont tm to fc on R); sd R,-,XLIB of R,rec R; fwd L trng lf to fc wall,-, side R,XLIF of R (lady back R trng lf 1/2,-,sd L trng LF under lead hands,cont tm to fc on R); Sd R opening body to catching W 1/2 OP with R arm,-,rk bk L,rec R to fc LOD;

9 -16 2 SWITCHES;; 2 SIDE BASICS;; RIGHT TURN OUTSIDE ROLL; BASIC ENDING;  
RIGHT TURN OUTSIDE ROLL; BASIC ENDING;

Fwd L cross in front of lady trng RF to LOD to left 1/2 open,-,fwd R,fwd L (lady small step fwd R,-,fwd L,fwd R toeing RF to prepare to do her switch); fwd R,-,fwd L,fwd R (lady fwd L cross in front of M trng RF to LOD & 1/2 open,-,fwd R,fwd L); repeat meas 3-4;; XIF of W sd & bk L stay fc RLOD,-,sd & bk R almost XB trng RF to fc COH while leading W under joined hands,XLIF of R fc COH (W fwd R LOD comm RF turn under lead hands,-,twirl L,R fc wall); sd R,-,XLIB of R ,rec R (W sd L,-,XRIB of L,rec L); Repeat meas 13 -14 twd RLOD;;

## PART B

1 -8 TRIPLE TRAVELER;::: 2 OPEN BASICS;; UNDERARM TURN; SIDE BASIC;

Fwd L tm 1/2 LF,-,sd,& fwd R,fwd XLIF (Lady bk R tm 1/2 LF,-,sd L tm LF,sd R tm LF); Fwd R spiral LF under join hands,-,fwd L,fwd R with jnd hands extended out in front (Lady - fwd L,-,fwd R,fwd L); Bring jnd hands down and bk between prts fwd L,-,sd R,XLIF of R (Lady fwd R start RF tm,-,fwd L tm RF, fwd R tm RF all under jnd hands); side R,-,XLIB,rec R; Sd L opening body to LOD catching W to L 1/2 OP with L arm,-,rk bk R,rec L to fc ptr; Sd R opening body to RLOD catching 1/2 OP with R arm,-,rk bk L,rec R to fc ptr; Bfly sd L,-,XRIB & bk,rec L, (Lady - sd R still fcg ptr,-,XLIF trng RF sharply to RLOD, fwd R blend to fc M); CP to fc COH & ptr sd R,-,XLIB, rec R;

9 -16 TRIPLE TRAVELER RLOD;::: 2 OPEN BASICS;; UNDERARM TURN; SIDE BASIC;

Repeat meas 1-8 RLOD  
LAST TIME THRU PART B OMIT MEAS 16, ADD

## ENDING

SIDE LUNGE,HOLD; SLO TWIST & HOLD AS MUSIC FADES;;

Blend to CP fc wall - Sd R,-,-; Lower on R extend L LOD slowly rotate upper body L hold thru drum beats;; (W sd L lower on L extend R LOD slowly rotate upper body)