

“Slow Hands”

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Music: “Slow Hands” by Niall Horan Time: 3:08 Download: Amazon Speed: As Downloaded

YouTube: https://www.youtube.com/watch?v=Ry_NURpgAUE

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Phase: IV+2+2 (Sweethearts, Whip Turn) (Whip w/Slide & Rocks, Sugar Push w/Inside Turn)

Rhythm: West Coast Swing

Sequence: Intro, A, B, A¹⁻¹⁰, B, Int, A¹¹⁻¹⁶, B, End

Intro

1 ---4

Snap to Face;

Man fc DRW, Lady fc DLW wide V Bk-to-Bk, Lead foot free pt bk Hold, Hold, Hold, Snap to Fc;

Part A

1-8.5

Whip Turn [LOD];; Underarm Turn [Shadow Wall] with 2 Sweethearts & Out to Fc [RLOD];;; Tuck & Spin [RLOD];,,

123&4 **{Whip Turn}** Bk L, XRIF of L move to ptr R sd to loose CP, swivel RF on R foot sd L [partial
123&4 weight]/rec R turn RF, fwd L to CP COH; XRIB of L start RF turn, sd & fwd L to fc ptr LOP,
anchor R/L, R; (*Fwd R, fwd L turn RF fc LOD, bk R/cl L, fwd R to CP; Swivel sharply RF on
supporting foot bk L, bk R, anchor L/R, L;*)

123&4 **{Underarm Turn [Shadow Wall]} with 2 Sweethearts & Out to Fc [RLOD]}** Bk L raise joined
123&4 hands & lead ptr to R sd, XRIF of L start RF turn to fc Wall, sd L/cl R, sd L fc Wall; Check fwd R
123&4 with L sd lead look at ptr, rec L, sd R/cl L, sd R pass behind ptr; Check fwd L with R sd lead look
123&4 at ptr, rec R, sd L/cl R, sd L pass behind ptr; XRIB of L, rec L turn to fc RLOD & ptr, anchor R/L, R;
(*Fwd R, fwd L start LF turn under raised joined hands to fc Wall, sd R/cl L, sd R fc Wall; Check
bk L look at ptr, rec R, sd L/cl R, sd L pass in front of ptr; Check bk R look at ptr, rec L, sd L/cl R,
sd L pass in front of ptr; XLIB of R fc ptr, bk R, anchor L/R, L;*)

1234 **{Tuck & Spin}** Bk L, bk R, tch L to R, fwd L raise joined lead hands lead ptr spin RF;
Anchor R/L, R; (*Fwd R, fwd L, tch R to L, fwd R spin RF to fc ptr; Anchor L/R, L;*)

8.5-16

Left Side Pass [LOD];,, 2 Slow Chickens; Left Side Pass - Man Fc Wall [Handshake];,, Right Side Pass [LOD];,, Sugar Push with Inside Turn & Kick,Ball,Chg;; Slow Side Breaks [LOD];

123&4 **{Left Side Pass}** Bk L turn LF, cl R turn LF lead ptr to L sd, fwd L/cl R, fwd L fc LOD;
1&2 Anchor R/L, R; (*Fwd R, fwd L pass ptr L sd, fwd R/L, R turn LF; Anchor L/R, L;*)

1-3- **{2 Slow Chicken Walk}** Bk L, -, R, -; (*Fwd R, -, L,-;*)

123&4 **{Left Side Pass ~ Man Fc Wall ~ Handshake}** Bk L start LF turn, bk R lead ptr to pass R sd,
1&2 sd L/cl R, fwd L to fc RLOD; Turn to fc WALL in place R/L, R to handshake, (*Fwd R, fwd L pass on
ptr L sd, fwd R/L, R turn LF to handshake; Anchor L/R, L;*)

123&4 **{Right Side Pass}** Lunge sd L to LOD lead ptr fwd, rec bk R, in place L/R, L join lead hands
1&2 fc LOD; Anchor R/L, R, (*Fwd R, fwd L, fwd R turn LF/XLIF of R, bk R to fc ptr; Anchor L/R, L;*)

1234 **{Sugar Push with Inside Turn}** Bk L, bk R, with slight RF turn raise joined lead hands lead ptr to
1&2 R sd, tch L to R, fwd L lead ptr to turn under join hands; Anchor R/L, R; (*Fwd R, fwd L to ptr R
sd, tch R to L, snap turn LF on L toe to fc ptr bk R twd LOD; Anchor L/R, L;*)

1&2 **{Kick Ball Change}** Kick L fwd/take weight on ball of L, replace weight on R foot,
(*Kick R fwd/take weight on ball of R, replace weight on L;*)

&1-&3- **{Slow Side Breaks}** Push step L/push step R, -, cl L/cl R, -; (*Step R/step L, -, cl R/cl L, -;*)

Part B

1-8

Start a Whip Turn with Slide & Rock 2 to a Throw Out [RLOD];;; Sugar Push with Rock 2;; Start a Whip Turn with Slide & Rock 2 to a Throw Out [LOD];;;

123&4 **{Start Whip with Slide & Rock 2 ~ Throwaway out [RLOD]};;;** Bk L, XRIF of L slight RF turn to ptr
 1-34 R sd to loose CP, sd L fc WALL [partial weight]/rec R fc RLOD, fwd L to CP COH; Sd R, draw L to
 1&2 R, sd L with sway, sd R with sway; CP COH fwd L to RLOD lead ptr to RLOD/in place R, in place L,
 3&4 anchor R/L,/R; (*Fwd R, fwd L turn RF fc LOD, bk R/cl L, fwd R to CP; Sd L, draw R to L, sway R, sway L; Turn to SCP RLOD fwd R/cl L, sd R turn to fc ptr & LOD, anchor R/L,/R;*)

1234 **{Sugar Push with Rock 2 [RLOD]}** Bk L, bk R, tch L to R, fwd L; Rock bk R, rock fwd L, anchor
 123&4 R/L, R; (*Fwd R, fwd L, tap R in bk, bk R; Rock fwd L, rock bk R, anchor L/R, L;*)

123&4 **{Start Whip with Slide & Rock 2 ~ Throwaway out [LOD]};;;** Bk L, XRIF of L slight RF turn to ptr
 1-34 R sd to loose CP, sd L fc COH [partial weight]/rec R fc LOD, fwd L to CP WALL; Sd R, draw L to R,
 1&2 sd L with sway, sd R with sway; CP WALL fwd L to LOD lead ptr to LOD/in place R, in place L,
 3&4 anchor R/L,/R; (*Fwd R, fwd L turn RF fc RLOD, bk R/cl L, fwd R to CP; Sd L, draw R to L, sway R, sway L; Turn to SCP LOD fwd R/cl L, sd R turn to fc ptr & RLOD, anchor R/L,/R;*)

Part A ¹⁻¹⁰

1-10 **Whip Turn [LOD];; Underarm Turn [Shadow Wall] with 2 Sweethearts & Out to Fc [RLOD];;;; Tuck & Spin [RLOD];,, Left Side Pass;,, 2 Slow Chickens;**
 Repeat Part A Meas 1-10

Part B

1-8 **Start a Whip Turn with Slide & Rock 2 ~ to a Throw Out;,,; Sugar Push with Rock 2; Start a Whip Turn with Slide & Rock 2 ~ to a Throw Out;,,;**
 Repeat Part B Meas 1-8

Int

1-6 **[LOD] Wrapped Whip with 2 Sweetheart [LOD];;;; Sugar Push;,, Kick, Ball, Chg,,**
 123&4 **{Wrapped Whip with 2 Sweethearts}** Bk L double handhold, rec R turn RF, [bring lead hand
 123&4 in & over ptr head] continue RF turn sd L/cl R, sd & fwd L in wrap pos fc RLOD; Release
 123&4 handhold check fwd R look at ptr, rec L, sd R/cl L, sd R; Check fwd L, rec R, sd L/cl R, sd L;
 123&4 XRIB of L, rec L join lead hands fc LOD, anchor R/L,R; (*Fwd R, fwd L, fwd R/cl L, bk R; Sd R/cl L, (Check bk L look at ptr, rec R, sd L/cl R, sd L pass in front of ptr; Check bk R look at ptr, rec L, sd R pass in front of ptr fc RLOD; Bk L, bk R, anchor L/R, L;*)
 1234 **{Sugar Push}** Bk L, bk R, tch L to R, fwd L; Anchor R/L, R; (*Fwd R, fwd L, tch R to L, bk R;*
 1&2 *Anchor L/R, L,*)
 1&2 **{Kick Ball Change}** Kick L fwd/take weight on ball of L, replace weight on R foot,
 (*Kick R fwd/take weight on ball of R, replace weight on L,*)

Part A ¹¹⁻¹⁶

11-16 **Left Side Pass ~ Handshake ~ Man Fc Wall;,, Right Side Pass;,, Sugar Push with Inside Turn & Kick, Ball, Change;; Slow Side Breaks;**
 Repeat Part A Meas 11-16

Part B

1-8 **Start a Whip Turn with Slide & Rock 2 ~ to a Throw Out;,,; Sugar Push with Rock 2; Start a Whip Turn with Slide & Rock 2 ~ to a Throw Out;,,;**
 Repeat Part B Meas 1-8

End

1-4 **4 Slow Chicken Walks;; Start a Wrapped Whip with 1 Sweetheart ~ Lunge;;**
 SS SS **{4 Slow Chicken Walks}** Bk L, -, R, -; L, -; R, -; (*Fwd R, -, L, -; R, -, L, -;*)
 123&4 **{Start a Wrapped Whip with 1 Sweetheart ~ Lunge [RLOD]}** Bk L double handhold, rec R turn
 123&4 RF [bring lead hand in & over ptr head] continue RF turn sd L/cl R, sd & fwd L in wrap fc RLOD;
 1 Release handhold check fwd R look at ptr, rec L, sd R/cl L, sd R; XLIB of R hold, (*Fwd R, fwd L, Fwd R/cl L, bk R; Check bk L look at ptr, rec R, sd L/cl R, sd L; XRIB of L hold,*)

Quick Cues – Slow Hands

Intro

1 ---4 Snap to Face;

Part A

1-8.5 Whip Turn [LOD];; Underarm Turn [Shadow Wall] with 2 Sweethearts & Out to Fc [RLOD];;;
Tuck & Spin [RLOD];,,

8.5-16 Left Side Pass [LOD];,, 2 Slow Chickens; Left Side Pass - Man Fc Wall [Handshake];,,
Right Side Pass [LOD];,, Sugar Push with Inside Turn & Kick,Ball,Chg;; Slow Side Breaks [LOD];

Part B

1-8 Start a Whip Turn with Slide & Rock 2 to a Throw Out [RLOD];;; Sugar Push with Rock 2;;
Start a Whip Turn with Slide & Rock 2 to a Throw Out [LOD];;;

Part A ¹⁻¹⁰

1-10 Whip Turn [LOD];; Underarm Turn [Shadow Wall] with 2 Sweethearts & Out to Fc [RLOD];;;
Tuck & Spin [RLOD];,, Left Side Pass [LOD];,, 2 Slow Chickens;
Repeat Meas 1-10 Part A

Part B

1-8 Start a Whip Turn with Slide & Rock 2 to a Throw Out [RLOD];;; Sugar Push with Rock 2;;
Start a Whip Turn with Slide & Rock 2 to a Throw Out [LOD];;;

Int

1-6 [LOD] Wrapped Whip with 2 Sweetheart [LOD];;;; Sugar Push;,, Kick, Ball, Chg,,

Part A ¹¹⁻¹⁶

11-16 Left Side Pass ~ Handshake ~ Man Fc Wall;,, Right Side Pass;,, Sugar Push with Inside Turn &
Kick, Ball, Change;; Slow Side Breaks;

Part B

1-8 Start a Whip Turn with Slide & Rock 2 to a Throw Out [RLOD];;; Sugar Push with Rock 2;;
Start a Whip Turn with Slide & Rock 2 to a Throw Out [LOD];;;

End

1-4 4 Slow Chicken Walks;; Start a Wrapped Whip with 1 Sweetheart ~ Lunge;;