

## PART B

| 1-4 |  | TRAVELING RIGHT TURN; WITH OUTSIDE ROLL; LUNGE BASIC WITH INSIDE |
| :---: | :---: | :---: |
|  |  | ROLL; OPEN BASIC; |
|  | 1 | \{TRAV R TRN\} Cont trng RF crossing in front of W sd \& bk L to fc RLOD, -, XRib, twist trn RF $5 / 8$ on both feet to fc DLW \& shift weight to L (W Fwd R between M's feet, -, fwd L, R around M RF) end CP M fcg DLW ; |
|  | 2 | \{WITH OUTSD ROLL\} Fwd R slightly trng RF to fc WALL raising jnd lead hnd to lead W to trn RF, -, sd L, XRif LOP fcg wall (W Sd \& bk L commence RF trn under jnd lead hnds, $-, R, L$ to fc $\operatorname{ptr} \& \mathrm{COH}$ ) end in LOP fcg w/ Mfcg wall ; |
|  | 3 | \{LUN BAS W/ INSD ROLL\} Lun sd L ckg W w/ R hnd bhd W's bk on W's R sd, -, rec sd R lead W LF undrm roll, XLif RLOD (W Lun sd R ckg, -, rec fwd L RLOD LF undrm roll, bk R to fc M \& COH ) ; |
|  | 4 | \{OP BAS\} Stp sd R \& open bdy to $1 / 2$ OP LOD, -, XL bhd R, rec R (W Stp sd L \& open bdy to $1 / 2$ OP LOD, -, XR bhd L, rec L) ; |
| 5-8 |  | SWITCHES;; OPEN BASIC 2X PICKING UP;; |
|  |  | \{SWCHS\} Xif of W sd L to half OP, -, fwd R, fwd L (W Fwd R, -, fwd L, fwd R) ; |
|  | 6 | Fwd R, -, fwd L, fwd R (W Xif of M sd L to half OP, -, fwd R, fwd L) ; |
|  | 7 | \{OP BAS\} Sd L \& open bdy to left half OP RLOD, -, XR bhd L, rec L (W Sd R \& op bdy to left half OP RLOD, -, XL bhd R, rec R) ; |
|  | 8 | \{OP BAS PU\} Sd R \& op bdy to half OP LOD, - , XL bhd R, rec R PU to LOD (W Sd L \& op bdy to half OP LOD, -, XR bhd $L$, rec $L$ trng to fc RLOD) ; |
| 9-12 |  | TRIPLE TRAVELER;; BASIC ENDING PICKING UP TO RLOD; |
|  | 9 | \{TRPL TRAV\} Fwd L commence LF upper bdy trn to lead W to M's L sd raising lead hnds to start W into L trn, -, fwd R, fwd L (W Bk R trn 1/4 LF, -, cont trn sd \& fwd L trng $1 / 2$ undr jnd lead hnds, sd \& fwd R cont trn to fc LOD) ; |
|  | 10 | Fwd R spiral LF undr jnd lead hnds, -, fwd L, fwd R; (W Fwd L, -, R, L) ; |
|  | 11 | Fwd $L$ bring jnd hnds dwn \& bk in a continuous circular motion to lead $W$ into a RF trn, -, fwd \& sd R to fc ptr, XLif of R (W Fwd R commence RF trn, -, sd L cont RF trn undr lead hnds, fwd R to fc ptr) ; |
|  | 12 | \{BAS ENDG PU TO RLOD\} Same as Part A meas 8 ; |
| 13-16 |  | TRIPLE TRAVELER;;; BASIC ENDING PICKING UP; |
|  | 13-15 | \{TRPL TRAV\} Same as Part B meas 9-11 except progression is to RLOD end fcg wall ;;; |
|  | 16 | \{BAS ENDG\} Sd R, -, XLib of R, rec R PU to LOD (W Sd L, -, XRib of L, rec L PU to fc RLOD) ; |
| 17-20 |  | LEFT TURN WITH INSIDE ROLL; BASIC ENDING; FORWARD MANEUVER; |
|  |  | PIVOT 2 TO RLOD; |
|  | 17 | \{L TRN W/ INSD ROLL $\}$ Same as Part A meas 3 ; |
|  | 18 | \{BAS ENDG\} Sd R, -, XLib of R, rec R SCP (W Sd L, -, XRib of L, rec L to SCP) ; |
|  | 19 | \{FWD MANUV \} Sd \& fwd L SCP, -, fwd R, starting RF trn CP LOD (W sd \& fwd L SCP, -, fwd L, to fc CP RLOD) ; |
|  | 20 | \{PVT 2 TO RLOD\} Fcg LOD start RF upper bdy trn bk L trng RF 1/4, -, fwd R between W's feet cont RF trn to fc RLOD (W Fcg RLOD start RF upper bdy trn fwd R between M's feet cont RF trn to fc LOD) ; |
| PART B MODIFIED |  |  |
| 1-4 |  | TRAVELING RIGHT TURN; WITH OUTSIDE ROLL; LUNGE BASIC WITH INSIDE |
|  |  | ROLL; OPEN BASIC; |
|  | 1-4 | Same as Part B meas 1-4 ;;; |
| 5-8 |  | SWITCHES; OPEN BASIC 2X PICKING UP; |
|  | 5-8 | Same as Part B meas 5-8 ;;; |
| 9-12 |  | TRIPLE TRAVELER;:; BASIC ENDING PICKING UP TO RLOD; |
|  | 9-12 | Same as Part B meas 9-12 ;;; |
| 13-16 |  | TRIPLE TRAVELER;; BASIC ENDING MANEUVERING; |
|  | 13-15 | Same as Part B meas 13-15;;; |
|  | 16 | \{BAS ENDG MANUVG\} Sd R, -, XLib of R, rec R (W sd L, -, XRib of L, rec L) ; |
| 17-18 |  | RIGHT TURN WITH OUTSIDE ROLL OVERTURNED LOD; FORWARD WITH ARM |
|  |  | SWEEP TO LOW BFLY; |
|  | 17 | \{R TRN W/ OUTSD ROLL OVRTRND TO LOD $\}$ Crossing in front of W sd \& bk L end fcg |

CP RLOD, -, sd \& bk R almost crossing in back trng 3/8 RF leading W undr jnd lead hnds, XLif of R ovrtrnd to fc ptr \& LOD (W Fwd R commence RF twrl undr lead hnds, -, fwd L, fwd \& sd R ovrtrnd to fc ptr \& RLOD) ;
\{FWD W/ ARM SWEEP TO LOW BFLY\} Fwd R w/ R arm sweep circ dwn up \& out to low BFLY LOD, -, -, - (W Bk L w/ L arm sweep circ L arm down up \& out to end in low BFLY, -, -, -) ;

## PART C

TRAVELING CROSS CHASSES;; TRAVELING CROSS CHASSES 1/2; PASSING CROSS CHASSE;
\{TRAV X CHASSES 1/2\} Same as Part C meas 1 ;
\{PASSING X CHASSE\} Fwd R commence passing ptr [R shldr to R shldr], trn $1 / 4$ RF to fc ptr sd L, cont trng RF XRif of L end fcg RLOD (W bk L,-, commence RF trn, sd \& fwd R DLC, XLif of R comp RF trn to fc LOD) ;

## BACK TRAVELING CROSS CHASSES;; 2X; FACE WALL CP;

\{BK TRAV X CHASSES\} Bk L trn RF to R shldr lead dbl hnd hold at hip level,-, sd \& bk R DLC, XLif of R (W fwd R,-, sd \& fwd L, XRif of L) ;
Bk R trn LF blend to $L$ shldr lead,-, sd \& bk, XRif of $L$ (W Fwd L,-, sd \& fwd R, XLif of R) ; \{BK TRAV X CHASSES\} Same as Part C meas 5 ; Bk R commence LF trn to fc wall,-, sd \& bk L to fc wall, XRif of $L$ blending to $C P$ fcg wall (W fwd L commence LF trn to fc COH,-, sd \& fwd R to fc COH, XLif of R) ;
REPEAT PART A meas 1-16

## PART D

TRAVELING RIGHT TURN; WITH OUTSIDE ROLL; LUNGE BASIC WITH INSIDE ROLL; BASIC ENDING PICKING UP;
-2 \{TRAV R TRN W/ OUTSD ROLL\} Same as Part B meas 1-2 ;; \{LUN BAS W/ INSD ROLL\} Same as Part B meas 3 ; \{BAS ENDG PU\} Same as Part A meas 4 ; UNDERARM TURN TO STACKED HANDS; OPEN BREAK;
\{L TRN TO BFLY\} Fwd L commence $1 / 4 \mathrm{LF}$ trn, - , sd R, XLif of $R$ fc COH blending to BFLY COH (W Fwd R commence LF trn, -, sd L, XRif of L blending to BFLY WALL) ; \{BRK BK \& WRP W/ LADY'S HEAD LOOP\} Sd R trng to fc RLOD loop M's R \& W's L hnds ovr W's head placing hnds on W's R shldr, -, bk L, rec fwd R RLOD (W sd L trng to fc RLOD loop M's R \& W's L hnds ovr W's head, -, bk R, rec fwd L RLOD) ; \{UNDRM TRN TO STACKED HNDS\} Sd L, -, XRib lead ptr undr dbl hnd hold, rec fwd L stacked $L$ hnds ovr R hnds fc COH (W fwd R, --, fwd L RF trn undr dbl hnd hold, fwd R stacked hnds L ovr R fc ptr \& WALL) ;
\{OP BRK\} Keeping hnds jnd sd R, -, apt L, rec fwd R (W sd L, -, apt R, rec fwd L ) ;
CHANGE SIDES UNDER STACKED HANDS; LUNGE BASIC; OPEN BREAK WITH ARM EXPLOSION; RECOVER TOUCH BFLY; \{CHG SDS UNDR STACKED HNDS\} Fwd L COH to chg sds trng RF leading W to trn LF under stacked hnds, -, sd R, XLif dbl hnd hold fc WALL BFLY (W fwd R WALL LF trn under stacked hnds chg sds, -, sd L XRif to fc COH BFLY) ; \{LUN BAS\} Lunge sd R, -, rec L, XRif (W lun sd L, -, rec R, XLif); \{OP BRK W/ ARM EXPLOSION\} Bk L raise both arms in front of bdy to ceiling, -, lower arms out to sd, jn lead hnds (W Bk R raise both arms in front of bdy to ceiling, -, lower arms out to sd, jn lead hnds) ; [Note: Explosion takes the full meas] \{REC TCH BFLY\} Rec R, -, tch L to R, - (W Rec L, -, tch R to L, -) ;
UNDERARM TURN; OPEN BREAK; WRAP THE MAN TO SKATERS FACE WALL; WHEEL TO FACE WALL;
13 \{UNDRM TRN\} Sd L jn lead hnds palm to palm, -, XRib of $L$, rec L (W Sd R commence

RF trn undr jnd ld hnds, -, XL ovr R to LOD cont RF trn $1 / 2$, rec fwd R comp trn to fc M) ;

5 \{UNDRM TRN TO LOW BFLY\} Sd L, -, XRib, rec L (W Sd R, -, XLif trng RF, sd R) low -) ;
\{STP SD\} Sd L, -, -, - (W Sd L, -, -, --) ;
$8 \quad\{$ SLO X CK\} XRIF looking L slowly extend $L$ arms awy from ptr, -, -, - (XRIF looking L slowly extend $L$ arms awy from ptr, -, -, --) ;
9-11
SLOW EXTEND; AND HOLD; HOLD;
9 \{SLO EXTEND\} Both raising L arms up \& twd ptr \& slowly trng head to look at ptr -, -, -, - ;
10 \{\& HOLD\} -, -, -, - ;
11 \{HOLD\} -, -, -, - ; OP BRK\} Sd R lowering jnd Id hnds to waist level, -, rk apt L twd COH, leaving Id hnds jnd \& extending free arms sd twd RLOD, rec R (W sd L, -, apt R twd wall, rec fwd L) ; \{WRP M TO SKATERS FCG WALL\} Fwd L DLW swinging M's R arm straight up to allow W to pass M's R sd while keeping lead hnds low so that M's $L$ arm is folded in front of his waist, -, fwd $R$ stepping alongside $L$ bringing $R$ arm down in front of M's face then release all hnds, bk L trng slightly RF to fc wall taking M's L hnd out to sd \& M's R hnd to his R hip (W Fwd R COH passing M's R sd, -, fwd L arnd M, R to M's Skater's position) blending to M's Skaters pos both fc wall w/ M's $L$ arm in front of $W \& L$ hnds jnd and W's R arm bhd M w/ R hnds jnd at M's R hip ;
\{WHL TO FC WALL\} While trng RF stp bk R , -, L, R (W while trng RF stp fwd L, -, R, L) to end in M's Skater's pos fcg wall ;
LADY SPIN TO FACE MAN; BASIC ENDING TO 4 CROSS SWIVELS; ; WRAPPING LADY TO RLOD;
17 \{LADY SPN TO CP WALL\} Sd \& bk L releasing $R$ hnds leading $W$ w/ his $L$ hand to stp in front of $M,-$, small XRib of $L$, small XLif of $R$ (W stp fwd LOD R stepping in front of $M$ commencing to trn RF, -, sd L releasing jnd hnds while spinning RF, cl R cont RF spn to fc ptr) blending to CP wall ;
18 \{BAS ENDG TO BFLY\} Sd R, -, XLib of R, rec R (W Sd L, -, XRib of L, rec L) BFLY ; \{LADY X SWVL 2X\} BFLY Lun sd L LOD lead W RFswvl fc DRW, -, lun sd R RLOD lead W LF swvl fc DLW, - (W BFLY Fwd R to RLOD RF swvl fc DLC, -, fwd L to LOD swvl LF fc DRC, -) ;
20 \{LADY X SWVL 2X WRAPPING LADY RLOD\} BFLY Lun sd L LOD lead W RF swvl fc DRW, -, rec sd R to fc RLOD bring lead hnds between ptrs leading $W$ to trn LF undr jnd lead hnds wrapping W to fc RLOD, - (W BFLY Fwd R to RLOD RF swvl fc DLC, -, fwd L to LOD swvl LF under jnd lead hnds wrapping to fc RLOD, -) ;
RAISE ARMS; EMBRACE; UNWRAP 2 SLOW TO CP RLOD;
\{RAISE ARMS\} With hnds on bk of W's hnds slowly raise arms to SHDW BFLY, -, -, - ; \{EMBRACE\} Slowly encircle \& fold jnd hnds in front of \& arnd W to embrace, -, -, - ; \{UNWRP 2 SLO TO CP RLOD\} Rk sd L raising jnd hnds \& arms to lead W to unwrap trng RF, -, rec R, leading $W$ to fc $M$ while trng to fc \& blending to CP RLOD (W Slo fwd R raising jnd hnds \& arms to unwrap trng RF, -- rec R, blending to CP W fcg LOD) ;

## END

TRAVELING RIGHT TURN; WITH OUTSIDE ROLL; LUNGE BASIC WITH INSIDE ROLL BFLY; LUNGE BASIC;
\{TRAV R TRN W/ OUTSD ROLL\} Same as Part B meas 1-2 ;; \{LUN BAS W/ INSD ROLL TO BFLY\} Same as Part B meas 3 except blend to BFLY ; \{LUN BAS\} Sd R w/ slight lun action, -, rec L, XRif (W Sd L w/ slight lun action, -, rec R, XLif) ;
5-8 UNDERARM TURN TO LOW BFLY; SIDE DRAW TOUCH TO HANDSHAKE AND HOLD SHE CLOSES; STEP SIDE; SLOW CROSS CHECK;

```
BFLY wall ; \{SD DRAW TCH \& HOLD SHE CL\} Sd R, draw \(L\) to R, tch \(L\), - (W Sd \(L\), draw \(R\) to \(L\), cl R,
    6 {SD DRAW TCH & HOLD SHE CL} Sd R, draw L to R, tch L, - (W Sd L, draw R to L, cl R,
``` .```

