

That's What You Are

Choreographers: Pamela & Jeff Johnson
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Music: Unforgettable **Artist:** Michael Buble' Album Love (Deluxe Edition)
Available: Amazon 3:08 as downloaded
Slowed down from 128 BPM to 116 BPM (43.5 rpm in Dance Master)
Cut from 243.6 to 2.45.1
(Need help cutting & setting speed of your music? Purchase your music, then contact Pamela for the altered version.)
Footwork: Opposite except where noted (Women's footwork)
Rhythm/Phase: Slow Two Step V+1+1 (Fallaway Ronde & Slip)(Traveling Right Turn)
Released: June, 2021
Sequence: Intro, A, B, A, B, C, End

INTRO

- 1-6 **LOP WALL LEAD HANDS JOINED TRAIL FEET FREE WAIT PICKUP NOTES ; & ONE MEASURE ; REVERSE UNDERARM TURN ; UNDERARM TURN TO HANDSHAKE ; ½ MOON ; KEEP RIGHT HANDS ;**
- 1-2 **Wait pickup notes (about 1 measure) & 1 measure ; ;**
- 3 **{Reverse underarm turn}** Sd R raising L hnds for her inside trn, -, XLIF, Rec R (Sd L comm LF trn, -, Fwd and acrs R trng 1/2 LF, rec L trng to fc) WALL ;
- 4 **{Underarm turn}** Sd L raise R hnds, -, XRIB of L ld W to trn RF, rec L to HNDSHK (Sd R trng RF, -, fwd & acrs L trng RF undr jnd R hnds trng 1/2, fwd R comp trn) HNDSHK WALL ;
- 5-6 **{Half Moon}** In HNDSHK sd & fwd R,-, trng RF fwd L RLOD, bk R trng LF ; Trng body slightly LF sd & bk L,-, bk R trng LF ld W acrs, cont LF trn fwd L (Fwd & sd R,-, fwd L outsd ptr, fwd R chg sides trng LF) HNDSHK COH ;

PART A (COH)

- 1-8 **CONTRA BREAK ; SLOW HIP ROCKS JOIN LEAD HANDS ; UNDERARM TURN ; OPEN BREAK TO CHANGE SIDES WITH INSIDE TURN AND ROLL TO CP ;; BASIC ENDING ; TWISTY VINE 6 ; ;**
- 1 **{Contra break}** In HNDSHK fwd and sd R,-, with R sd ld fwd L (Look well to L), bk R ;
- 2 **{Slow hip rocks}** Blending to ld hnds Rk L, -, rk R, -;
- 3 **{Underarm turn}** Sd L raise R hnds, -, XRIB of L ld W to trn RF, rec L (Sd R trng RF, -, fwd & acrs L trng RF undr jnd R hnds trng 1/2, fwd R comp trn) COH ;
- 4 **{Open break}** Sd & fwd R, -, apt L extend trl arms out to sd, XRIF of L ;
- 5 **{Change sides with inside turn & roll to CP}** Fwd L twd COH trng ½ RF ld W undr jnd ld hnds,-, sd R RLOD, XLIF of R ld W undr (Fwd R twd WALL trng ½ LF

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- undr jnd ld hnds,-, trng LF fwd L RLOD, fwd R trng LF undr ld hnds again) WALL ;
- 6 **{Basic ending}** Sd R blending to CP WALL,-, XLIB of R, rec R in CP WALL ;
- 7-8 **{Twisty vine 6}** Trng RF sd L to SCAR DRW,-, XRIB of L, trng LF sd L to BJO
DLW ; XRIF of L,-, trng RF sd L, trng RF XRIB L SCAR DRW ;
- 9-16 **OPEN BASIC ; TWICE ; SWITCHES 2ND ONE ; LADY TO SHADOW MEN IN 2 ;
RIGHT FOOT FORWARD 3 FACE WALL ; SHADOW LUNGE BASIC TWICE ; LADY
FACE IN 2 MEN CLOSE ; UNDERARM TURN ;**
- 9 **{Open basic}** Trng RF sd L release ptr from trl arm & scooping ptr up w/ld arm to
V-shape ½ OPEN POS FCING RLOD,-, XRIB of L, rec L comm LF trn ;
- 10 **{Open basic}** Trng LF sd R release ptr from ld arm & scooping ptr up w/trl arm to
V-shape ½ OPEN POS FCING LOD,-, XLIB of R, rec R comm RF trn ;
- 11 **{Switches}** Fwd L chg sides sharply trng RF place left arm arnd W rel right
arm, -, fwd & sd R, fwd XLIF (Fwd R, -, fwd & sd L, fwd XRIF) to end in V-shape
½ OP LOD ;
- 12 **{Lady to shadow men in 2}** Fwd R ld W to cross in front of M and place right
hnd on W back rel left arm and jn left hnds,-, fwd L,-, blending to SHDW LOD (Fwd L
crossing in front of M and sharply trng RF, -, fwd R, fwd L) SHDW LOD ;
NOTE: Now same footwork
- 13 **{Right foot fwd 3 }** Fwd R LOD,-, fwd L, fwd R comm LF trn to WALL ;
- 14-15 **{Shadow Lunge basic twice Lady fc in 2 men cl}** Sd L, -, rec R, XLIF ; Sd R, -, rec L,
cl R (Sd R, -, sd L trng LF ½, -) to BFLY WALL ;
NOTE: Now back to opposite footwork
- 16 **{Underarm turn}** Sd L,-, XRIB of L, rec L ld W to start to go twds
M's R sd (Sd R,-, XLIF trn RF, fwd R trng to fc ptr twds his R sd) ;

PART B (WALL)

- 1-8 **LARIAT 3 MEN FACE LINE ; BOTH ROLL IN ; OPEN BASIC ; TRAVELING
RIGHT TURN ; WITH ZIG ZAG ; TRIPLE TRAVELER ; ; ;**
- 1 **{Lariat 3 Men fc LOD}** Cl R,-, sd L comm trn LF, rec R cont trn to fc LOD (Sd L to
M's R sd,-, fwd R bhd M, fwd L to fc LOD) ;
- 2 **{Both roll in}** Trng LF fwd L LOD,-, fwd R trng LF rel ld hnd hold, cont LF
trn fwd L (fwd R LOD,-, fwd L trng RF, cont RF trn fwd R) to fc ptr COH ;
- 3 **{Open basic}** Trng LF sd R rel ptr from ld arm & scooping ptr up
w/trl arm to V-shape ½ OPEN POS FCING RLOD,-, XLIB of R, rec R comm RF trn ;
- 4 **{Traveling right turn}** Cont RF trn crossing in front of W sd & bk L to CP LOD,-,
XRIB of L pressure wgt, twst trn 5/8 RF on both feet to fc DRC & shift full wgt bk to L
(Fwd R LOD between M's feet,-, cont RF trn arnd M fwd L twd WALL, fwd R twd
RLOD ckng) to end CONTRA BJO M FCING DRC ;
- 5 **{With zigzag}** Fwd R twd RLOD outsd ptr trng RF,-, cont RF trn sd L, bk
R to SDCR M FCING DLC ;
- 6-8 **{Triple traveler}** Trav RLOD fwd L trng slightly LF,-, sd & fwd R, fwd
L (Crossing line of progression fwd & sd R trng LF, -,sd & fwd L trng LF undr jnd ld
hnds, fwd & sd R cont trng LF) to end LOP both fcg RLOD ; Fwd R sprl LF undr
jnd hnds, -, fwd L, fwd R (Keep jnd hnds high fwd L,-, fwd R, fwd L) lower hnds in

front of ptrs at shoulder level ; Fwd L begin to bring jnd hnds down,-, fwd & sd R bringing jnd hnds up over W's head, XLIF to end fcg WALL (Trng RF fwd R,-, sd L cont trn, fwd R to fc ptr) BFLY WALL ;

9-16 BASIC ENDING ; UNDERARM TURN ; OPEN BREAK; FOR A STOP AND GO ; WITH OPEN BREAK ENDING ; CHANGE SIDES WITH INSIDE TURN AND ROLL JOIN RIGHT HANDS ; HALF MOON ; KEEP RIGHT HANDS ;

9 {Basic ending} Sd R blending to CP WALL,-, XLIB of R, rec R in CP WALL ;

10 {Underarm turn} Sd L raise ld hnds, -, XRIB of L ld W to trn RF, rec L (Sd R trng RF, -, fwd & acrs L trng RF undr jnd ld hnds trng 1/2, fwd R comp trn) WALL ;

11 {Open break for a} Sd & fwd R,-, Bk L ld W to dance apt from M, RIF of L ld W to M's R sd (Sd & fwd L,-, Bk R, Rec fwd L) ;

12-13 {Stop and go with open break ending} Cl L raising the jnd hds ld W fwd under the hds,-, Chk fwd R lowering the jnd hds placing R hd on W's shoulder blade chkg her trn, rec bk L (Fwd R undr the jnd hds trng 1/2 LF,-, Bk L raising the L arm straight up, rec fwd R) ; Cl R raising the jnd hds ld W bk undr the hds,-, Bk L, rec R (Fwd L undr the jnd hds trng 1/2 RF to fc M,-, Bk R, rec L) LOP WALL ;

14 {Change sides with inside turn and roll} Fwd L trng 1/2 RF ld W undr jnd ld hnds,-, sd R, XLIF of R ld W undr (Fwd R trng 1/2 LF undr jnd hnds,-, trng LF fwd L, fwd R trng LF undr ld hnds again) HNDSHK COH ;

15-16 {Half moon} In HNDSHK sd & fwd R,-, trng RF fwd L, bk R trng LF; Trng body slightly LF sd & bk L,-, bk R trng LF ld W acrs, cont LF trn fwd L (Fwd & sd R,-, fwd L outsd ptr, fwd R chg sd trng LF) HNDSHK WALL ;

REPEAT PART A (WALL)

1-16 Repeat measures 1-16 in opposite direction

REPEAT PART B (COH)

1-14 Repeat measures 1-14 in opposite direction

PART C

1-11 REVERSE UNDERARM TURN TO A LEFT LARIAT ; ; TO REVERSE PICK UP WITH STACKED HANDS ; TRAVELING CROSS CHASSE ; 3 MEASURES ; KEEP RIGHT HANDS & FACE WALL ; REVERSE UNDERARM TURN TO A LEFT LARIAT ; ; FACE WALL JOIN LEAD HANDS ; UNDERARM TURN TO CLOSED ; FALLAWAY RONDE AND SLIP TO LOD ;

1 {Reverse underarm turn} Keeping right hnds jnd sd R raising right hnds for her insd trn, -, XLIB, rec R trn to fc with W slightly to M's L side (Side L comm LF turn, fwd and acrs R trn 1/2 LF, rec L trn to fc) COH ;

2-3 {To a left lariat to reverse pick up} Keeping R hnds cl L to R shaping slightly LF twd W ld her to circle arnd M, -, sm sd R, rec L (Fwd R beginning LF progression arnd M's L sd, -, fwd L, fwd R) ; Cl R to L shaping slightly RF twd W, -, sm sd L, rec R ld W to pick up to RLOD with stacked hnds R over L (Fwd L cont LF progression arnd to

- front of M to fc LOD, -, fwd R, fwd L) stacked hnds RLOD ;
- 4-6 **{Traveling X chasse 3 measures FC WALL}** With stacked hnds R over L fwd L trng slight LF, -, sd & fwd R, XLIF (Bk R slight LF trn, -, bk & sd L, XRIF) ; Trng RF fwd R, -, sd & fwd L, XRIF (Bk L trng RF, - bk & sd R, XLIF) ; Trng LF fwd L, -, sd & fwd R, XLIF keep right hnds jnd (Bk R slight LF trn, -, bk & sd L, XRIF) HNDSHK WALL ;
- 7 **{Reverse underarm turn}** Keeping right hnds jnd sd R raising right hnds for her insd trn, -, XLIB, rec R trn to fc with W slightly to M's L sd (Sd L comm LF trn, fwd and acrs R trn 1/2 LF, rec L trn to fc) WALL ;
- 8-9 **{Left lariat FC WALL}** Keeping right hnds jnd cl L to R shaping slightly LF twd W ld her to circ arnd M, -, sm sd R, rec L (Fwd R beginning LF progression arnd M's L sd, -, fwd L, fwd R) ; Cl R to L shaping slightly RF twd W, -, sm sd L, rec R ld W to fc jn ld hnds (Fwd L cont LF progression arnd to front of M, -, fwd R, fwd L) WALL ;
- 10 **{Underarm turn to CP}** Sd L raise ld hnds, -, XRIB of L ld W to trn RF, rec L (Sd R trng RF, -, fwd & acs L trng RF undr jnd R hnds trng 1/2, fwd R comp trn) CP WALL ;
- 11 **{Fallaway ronde and slip}** Sd R & ronde L ft CCW,-, XLIB of R well udr the body trng LF to CP, sm bk R to CP/LOD ;

END

- 1-9 **SLOW FORWARD & RIGHT LUNGE ; SLOW ROLL AND SLIP DLC ; TELEMAR TO SEMI ; THRU TO A LEFT WISK ; UNWIND IN 2 FACE COH ; SLOW HIP ROCKS ; UNDERARM TURN CLOSING UP ; SLOW CONTRA CHECK ; EXTEND LEFT ARMS ;**
- 1 **{Sl fwd & R lunge}** Fwd L ,-, flexing L-knee sd & fwd R twd WALL sway R looking at W (W look well L) ;
- 2 **{Sl roll & slip}** Rec L rotating body RF,-, swiveling LF on L slip R bk undr body end CP/DLC ,-;
- 3 **{Telemark to SEMI}** Fwd L comm LF trn, -, fwd & sd R cont LF trn (Cl heel trn), sd & fwd L to SCP DLW ;
- 4 **{Thru to a L whisk}** Thru R,-, sd & fwd L DLW, sharp trn LF sway right XRIB of L soft knees fc DRW (thru L to cp,-, sd & fwd R, sharp trn LF XLIB of R) ;
- 5 **{Unwind in 2 fc COH}** Twist RF on ball of R heel of L,-, trnsfr wght to R to CP COH (fwd RF arnd M sm steps R,-,L) ;
- 6 **{Sl hip rocks}** Rk L, -, rk R ;
- 7 **{Underarm turn to CP}** Sd L raise R hnds, -, XRIB of L ld W to trn RF, rec L (Sd R trng RF, -, fwd & acrs L trng RF undr jnd R hnds trng 1/2, fwd R comp trn) CP COH ;
- 8-9 **{Sl contra check & Extend}** Sd R to fc COH,-, keep hips up to ptr fwd L w/CBM R sd ld ,-; cont to bring R sd thru and extend the line,-, M place W R hd on his L shoulder,-, both extend L arms ;

HEAD CUES

INTRO

LOP WALL LEAD HANDS JOINED TRAIL FEET FREE WAIT PICKUP NOTES ;

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& ONE MEASURE ; REVERSE UNDERARM TURN ; UNDERARM TURN TO HANDSHAKE ; ½ MOON ; KEEP RIGHT HANDS ;

PART A (COH)

CONTRA BREAK ; SLOW HIP ROCKS JOIN LEAD HANDS ; UNDERARM TURN ; OPEN BREAK TO CHANGE SIDES WITH INSIDE TURN AND ROLL TO CP ;; BASIC ENDING ; TWISTY VINE 6 ; ; OPEN BASIC ; TWICE ; SWITCHES 2ND ONE ; LADY TO SHADOW MEN IN 2 ; RIGHT FOOT FORWARD 3 FACE WALL ; SHADOW LUNGE BASIC TWICE ; LADY FACE IN 2 MEN CLOSE ; UNDERARM TURN ;

PART B (WALL)

LARIAT 3 MEN FACE LINE ; BOTH ROLL IN ; OPEN BASIC ; TRAVELING RIGHT TURN ; WITH ZIG ZAG ; TRIPLE TRAVELER ; ; ; BASIC ENDING ; UNDERARM TURN ; OPEN BREAK FOR A STOP AND GO ; WITH OPEN BREAK ENDING ; CHANGE SIDES ; WITH INSIDE TURN AND ROLL JOIN RIGHT HANDS ; HALF MOON ; KEEP RIGHT HANDS ;

PART A (WALL)

CONTRA BREAK ; SLOW HIP ROCKS JOIN LEAD HANDS ; UNDERARM TURN ; OPEN BREAK TO CHANGE SIDES WITH INSIDE TURN AND ROLL TO CP ;; BASIC ENDING ; TWISTY VINE 6 ; ; OPEN BASIC ; TWICE ; SWITCHES 2ND ONE ; LADY TO SHADOW MEN IN 2 ; RIGHT FOOT FORWARD 3 FACE COH ; SHADOW LUNGE BASIC TWICE ; LADY FACE IN 2 MEN CLOSE ; UNDERARM TURN ;

PART B (COH)

LARIAT 3 MEN FACE RLOD ; BOTH ROLL IN ; OPEN BASIC ; TRAVELING RIGHT TURN ; WITH ZIG ZAG ; TRIPLE TRAVELER ; ; ; BASIC ENDING ; UNDERARM TURN ; OPEN BREAK FOR A STOP AND GO ; WITH OPEN BREAK ENDING ; CHANGE SIDES ; WITH INSIDE TURN AND ROLL JOIN RIGHT HANDS ; HALF MOON ; KEEP RIGHT HANDS ;

PART C

REVERSE UNDERARM TURN TO A LEFT LARIAT ; ; TO REVERSE PICK UP WITH STACKED HANDS ; TRAVELING CROSS CHASSE ; 3 MEASURES ; KEEP RIGHT HANDS & FACE WALL ; REVERSE UNDERARM TURN TO A LEFT LARIAT ; ; FACE WALL JOIN LEAD HANDS ; UNDERARM TURN TO CLOSED ; FALLAWAY RONDE AND SLIP TO LOD ;

END

SLOW FORWARD & RIGHT LUNGE ; SLOW ROLL AND SLIP DLC ; TELEMAR TO SEMI ; THRU TO A LEFT WISK ; UNWIND IN 2 FACE COH ; SLOW HIP ROCKS ; UNDERARM TURN CLOSING UP ; SLOW CONTRA CHECK ; EXTEND LEFT ARMS ;