## TO YOU SWEETHEART, ALOHA

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| MUSIC: | Song: To You Sweetheart Aloha | Music Media Source: Ray Conniff's Hawaiian Album |
|  | Artist: Ray Conniff | Download available from amazon.com |
|  | Music Modified: +6\% | BPM/MPM: 116/29 TIME@BPM: 2:45 @116 BPM |

FOOTWORK: Opposite unless indicated (Woman's footwork in parentheses)
RHYTHM: Foxtrot RAL Phase: IV
SEQUENCE: A B A B END

## PART A

1-4 DIAMOND TURN;;;;
$1 \quad$ \{DIAM TRN\} CP M fcg DLC wait on word "To" start diam trn on word "You" Fwd L trng LF on the diag, -, cont LF trn sd R, bk L w/ ptr outsd M in CBMP (W Bk R trng LF on the diag, -, cont LF trn sd L, fwd R outsd ptr) ;
2 Staying in CBMP and trng LF bk R, -, sd L, fwd R outsd ptr in CBMP (W Fwd L trng LF, -, sd R, bk L) ;
3 Fwd L trng L face on the diag, -, sd R, bk L w/ ptr outsd M in CBMP (W Bk R trng LF, -, sd L, fwd R outsd ptr) ;
4 Bk R cont LF trn, -, sd L, fwd R (W Fwd L trng LF, --, sd R, back L) ;
5-6 $\quad$ \{REV WAV\} Fwd L starting LF bdy trn up to $3 / 8$, -, sd R LOD, bk L diagonally (W Bk R starting LF bdy trn up to $3 / 8$, -, cl L to R [heel turn], fwd R diagonally) ; Bk R LOD, -, bk L, bk R curving LF to end fcg RLOD (W Fwd L, -, fwd R, fwd L curving to end fcg LOD) ;
$7 \quad\{B K$ FTHR $\}$ Bk $L,-$, bk R w/ R shoulder leading, bk $L$ to CBMP (W Fwd R, -, fwd L w/ L shoulder leading, fwd $R$ to CBMP) ;
$8 \quad$ \{FTHR FIN\} Bk R trng LF, -, sd \& fwd L, fwd R outsd W crossing R leg in front of $L$ at thighs to CBMP (W Fwd L trng LF, -, sd \& bk R, back L crossing leg in bk of right at thighs) ;
9-12
3 STEP; 1/2 NATURAL; IMPETUS TO SCP; IN \& OUT RUNS;
$9 \quad\{3$ STP\} Fwd L w/ heel lead blend to CP, -, fwd R w/ heel lead, fwd L on toe DLW M has right sd lead on stps 2 \& 3 (W Bk R, -, bk L, bk R) ;
$10 \quad\{1 / 2 \mathrm{NAT}\}$ Commence RF upper bdy trn fwd R heel to toe, -, sd $L$ across LOD, bk R (W Commence RF upper bdy trn bk L, -, cl R [heel trn] cont trn, fwd L) ;
11 \{IMP TO SCP\} Commence RF upper bdy trn bk L, -, cl R to L [heel trn] cont trng RF, comp trn fwd $L$ in tight SCP (W Commence RF upper bdy trn fwd R between M's feet heel to toe pvt 1/2 RF, -, sd and fwd L cont RF trn brush R to L, comp trn fwd R) ;
12 \{I/O RUNS\} Fwd R starting RF trn, --, sd \& bk L DLW to CP, bk R to BJO (W Fwd L, -, fwd R between M's feet, fwd L outsd M in BJO) ;
13-16
CONTINUE IN \& OUT RUNS; FEATHER; HOVER TELEMARK; CHAIR \& SLIP;
13 \{CONT I/O RUNS\} Using CBM bk L trng RF, -, sd \& fwd R between W's feet cont RF trn, fwd L to SCP (W Using CBM fwd R starting RF trn, -, fwd \& sd L cont RF trn, fwd R to SCP) ;
14 \{FTHR\} Thru R, -, fwd L, fwd R outsd W in CBMP DLC (W Thru L trn LF twd ptr, -, sd and bk $R$, bk L in CBMP) ;
15 \{HVR TELE\} Fwd L, -, diag sd \& fwd R rising slightly [hovering] w/ bdy trng $1 / 8$ to $1 / 4 \mathrm{RF}$, fwd L small stp on toes to SCP DLC (W Bk Rt, -, diag sd \& bk L w/ hovering action \& bdy trng 1/8 to $1 / 4$ RF, fwd R small stp on toes to SCP DLC) ;
16 \{CHR \& SLP\} Check thru R w/ lun action as for Chair, -, rec L [no rise], w/ slight LF upper bdy trn slp R bhd $L$ cont trn $1 / 8$ to $L$ to CP end fcg DLC (W Check thru $L$ w/ lun action as for Chair, rec $R$ [no rise], swvl LF on R \& stp fwd L outsd M's R foot to CP) ;

## PART B

1-4 TELEMARK TO SCP; OPEN NATURAL; IMPETUS TO SCP; THRU SEMI CHASSE;
$1 \quad$ \{TELE TO SCP\} Fwd L starting LF trn, -, cont LF trn sd R, cont LF trn sd \& fwd L DLW to end in tight SCP (W Bk R starting LF trn, bring L beside R w/ no wgt, trn LF on R heel [heel trn], chg wgt to L, cont LF trn sd \& slightly fwd R DLW in tight SCP) ;

## END

1-2 \{REV TRN\} Fwd L start LF body trn, -, sd R cont trn DRC, bk L to CP LOD (W Bk R start LF trn, -, cl L to R [heel trn] cont trn, fwd R to CP LOD) ; Bk R cont LF trn, -, sd \& slightly fwd L to DLW, fwd R to CBMP BJO DLW (W Fwd L cont LF trn, -, sd R DRC, bk L to CBMP) ;
3 \{HVR\} Fwd L to CP DLW, -, fwd \& sd R rising to ball of foot, rec L to tight SCP DLC (W Bk R to CP DRC, -, bk \& sd L trng to SCP rising to ball of foot, rec R to tight SCP DLC) ;
4 \{SLO SD LK\} Thru R, -, sd \& fwd L to CP, XRib of L trng slightly LF DLW (W Thru L commencing LF trn, -, sd \& bk R cont LF trn to CP DRC, XLif of R) ;
5-6
FORWARD TO RIGHT LUNGE \& HOLD; -,,,-- QUICK CHANGE SWAY;
$5 \quad\{$ FWD $\}$ Fwd L, - (W Bk R, -), \{R LUN \& HOLD\} Flex L knee mv sd \& slightly fwd R keeping L sd in twd ptr \& as wgt is taken on $R$ flex $R$ knee \& make slight LF bdy trn \& look at ptr, - (W Flex $R$ knee move sd \& slightly bk L keeping $R$ sd in twd ptr \& as wgt is taken on $L$ flex $L$ knee \& make slight LF bdy trn, -) ;
\{OP NAT\} Commence RF upper bdy trn fwd $R$ heel to toe, -, sd $L$ in CP, cont RF trn bk R leading ptr to stp outsd M to BJO fcg DRC (W Commence RF upper bdy trn fwd L DLW, -, trn RF fwd R to CP, fwd L outsd M to BJO) ;
\{IMP TO SCP\} Commence RF upper bdy trn bk L, -, cl R to L [heel trn] cont trng RF, comp trn fwd $L$ in tight SCP (W Commence RF upper bdy trn fwd $R$ outsd $M$ heel to toe pvt $1 / 2$ RF, -, sd and fwd $L$ cont trn around man brush $R$ to $L$, comp trn fwd $R$ );
\{THRU SEMI CHASSE\} Thru R in SCP, -, fwd L/cl R, fwd L to SCP (W Thru L commence trn to fc, -, sd R/cl L, sd R to SCP) ;

FEATHER:
\{PROM WEV\} Forward R, -, fwd L commence LF trn, sd \& slightly bk R to BJO DLC (W Fwd L, - , sd \& slightly bk R commence LF trn to BJO RLOD \& wall) ;
位 outsd ptr to CBMP DLW (W Fwd R to CBMP, fwd L DLC commence LF trn, cont LF trn sd \& slightly bk R fcg COH, bk L to CBMP to end bkg DLW) ;
\{3 STP\} Same as Part A meas 9.
\{FTHR\} Fwd R, -, fwd L, fwd R outsd W in CBMP (W Bk L, -, sd \& bk R, bk L in CBMP) ;
QUICK DIAMOND 4 RLOD; DIP BACK RECOVER; QUICK DIAMOND 4 LOD; DIP BACK RECOVER;
\{QK DIAM 4\} Fwd L on the diag commence LF trn, cont LF trn sd R, bk L, bk R to CP RLOD (W Bk R on the diagonal commence LF trn, cont LF trn sd L, fwd R, fwd LCP LOD) ;
\{DP BK REC\} Bk L taking full weight w/ knee relaxed or slightly bent \& R leg extended w/ R knee \& ankle forming a straight line from the hip \& toe on floor, -, rec R, - (W Fwd R taking full weight $\mathrm{w} /$ knee relaxed or slightly bent \& L leg extended w/ L knee \& ankle forming a straight line from the hip \& toe on floor, -, rec L, - ;
\{QK DIAM 4\} Fwd L on the diag commence LF trn, cont LF trn sd R, bk L, bk R to CP LOD (W Bk R on the diagonal commence LF trn, cont LF trn sd L, fwd R, fwd L CP RLOD) ;
\{DP BK REC\} Same as Part B meas 10.
3 STEP; 1/2 NATURAL; CLOSED IMPETUS; FEATHER FINISH;
\{3 STP\} Same as Part A meas 9.
\{1/2 NAT\} Same as Part A meas 10.
\{CL IMP\} Commence RF upper body trn bk L, -, cl R to L [heel trn] cont trn, sd \& bk L to CP (W Commence RF upper bdy trn fwd R between M's ft heel to toe trng 1/2 RF, sd \& fwd L cont RF trn arnd M \& brush R to L, fwd R between M's ft to CP) ;

## REPEAT PART B

\{QK CHG SWAY\} -, -, -, Leading from L hip chg sway trng slightly RF stretching R sd to open head to L (W -, -, -, chg sway trng slightly RF stretching L sd to open head to R) ;

