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PUSTAL HNNEX

# Whisper

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As I Lay Me Down (Flip of The Trolley Song) REXL Records

Sequence:

Wait A B C B D B A (3-6) C D (1-6) (See note at end of cuesheet)

Phase: 5 ish

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## Introduction

1 Wait

Wait in a Closed Position: facing WALL with the Man's L and Lady's R feet free; for the TICs.

### PART A

- 1-8 Alternative Basic: Lazy Samba Turns: Progressive Whisks: -. Natural Roll: -. Progressive Whisk: Progressive Whisks to SCP: Samba Walk, Side Samba Walk: Shadow Bota Fogo and Pick UD:
- [Alternative Basic (1-3-)] Forward L, tch R to L, back R, tch L to R;
- 2 [Lazy Samba Turns (1a23a4)] Forward L turn LF 1/8 / close R to L, close L to R, back R turn LF 1/8 to face LOD / close L to R, close R to L;
- 3+ [Progressive Whisks (1a23a4; 1a2)] Forward L turning body LF / side R, recover L, forward R between partner's feet turning body RF / side L, recover R; Forward L turning body LF / side R, recover L,
  - [W: Side and back R turning LF / turning to RSCP whisk L XIB of R, recover across and slightly foward R, turning RF side and slightly back L / turning to SCPI whisk R XIB of L, recover across and slightly forward L; Turning LF side and back R / turning to RSCP whisk L XIB of R, recover across and slightly foward R,]
- [Natural Roll (3a4; 1a2)] Turning to CP foward R between partner's feet commence RF turn / side L, close R to L to face RLOD; Back L commence RF turn side R, close L to R to face nearly LOD. NOTE: sway may be added to the turn to give it a rolling feeling.
- 5-6 [Progressive Whisks (3a4; 1a23a4)] Repeat the previous whisking action R, L then R to end in SCP facing LOD;;
- [Samba Walk, Side Samba Walk (la23a4)] Forward L in SCP / back R, pull L back slightly toward R placing weight on L, thru R / side L, pull R back slightly toward L placing weight on R and preparing to release R arm from partner;
- [Bota Fogo & Progressive Whisk (1a23a4)] Forward L allowing W to pass in front under joined lead hands / side R, recover L in LOP nearly facing partner, forward R down LOD / turning RF side L, recover R in SCP facing LOD;
  - [W: Forward R stepping across in front of Man under joined lead hands / side L, recover R turning RF to LOP nearly facing partner, continuous RF turn side L passing in front of Man / turning to SCP whisk R XIB of L, recover L;]

### PART B

- 1-4 Reverse Turn to face WALL: Corta Jaca and Bota Fogo to SCP; Slow Volta and Travelling Volta; -. Bota Fogo Change Sides to Left Open:
- [Reverse Turn (1a23a4)] Picking up partner forward L commence LF turn / side L, R XIF of L now backing LOD in CP, back R commence LF turn / side L, close R to L to end in CP facing WALL;
- [Corta Jaca & Bota Fogo to SCP (1a2a3a4)] Progressing slighly down LOD throughout foward and sightly side L on heel / recover sliding R toward L, back and slightly side L toe / recover sliding R toward L / side R, turning to SCP recover forward L;
- [Slow Volta & Travelling Volta (1-a3a4h; la2)] Rising over L and loosening the hold draw R thru slowly taking weight and lowering into R knee, -/side L small step toe, cross R in front of L/side L small step toe, cross R in front of L/side L small step toe, cross R in front of L/side L small step toe,
- [Bota Fogo Change Sides (324)] Forward L allowing W to pass in front under joined lead hands / side R, recover L in LOP nearly facing partner;

60 L

# Samba Walks Away and Together: Cruzados Walks and Locks: Slow Volta and Travelling Volta: . Progressive Whisk:

- [Samba Away and Together (1a23a4)] Turning slightly away from partner and bringing joined lead hands through forward R / back L with the feeling of L crossed slightly behind R, recover slightly back R, turning to slightly face partner and bringing joined lead hands back (almost in BFLY) forward L / back R with the feeling of R crossed slightly behind L, recover slightly back L;
- [Cruzados Walks and Locks (123a4)] Walk foward R (1) then L (2) with a slight swiveling feeling, -, forward R / lock L XIB of R, foward E lead hands still joined;
- 7+ [Slow Volta & Travelling Volta (1-a3a4a;1a2)] Turning to BFLY Man facing COH rise over R and draw L thru slowly taking weight and lowering into L knee, -/side R small step toe, cross L in front of R
- Progressive Whisk (3a4)] Forward R down LOD / turning RF side I., recover R in SCP facing LOD;
  - [W: Turning RF side L passing in front of Man / turning to SCP whisk R XIB of L, recover L;]

### PART C

- 1-8 Reverse Rolls to face WALL; Bota Fogo to SCP and Bota Fogo (May Transition Corta Jaca); Contra Bota Fogo; Circular Volta with Bota Fogo Ending: Contra Bota Fogo: -. Bota Fogo (Man Transition Corta Jaca); Pick Up and Corta Jaca;
- [Reverse Rolls (1a23a4; 1a23a4)] Picking up partner forward L commence LF turn / side L, R XIF of L now backing LOD in CP, back R commence LF turn / side L, close R to L [W: L XIF of R] to end in CP facing LOD; Forward L commence LF turn / side L, R XIF of L now backing LOD in CP, back R commence LF turn / side L, close R to L [W: close L to R] to end in CP facing WALL.
- [Bota Fogo to SCP & Corta Jaca Transition (1a23a4a)] Forward L / side R, turning to SCP recover forward L, thru R heel / recover L, back R toe, recover L turning to loose BJO;
  - [W: (1a23a4) Back R / side L, turning to \$CP recover foward R, thru L / side R, turning LF recover L ending in BJO;]
- 4 [Contra Bota Fogos (1a23a4)] Using identical footwork forward R in BJO / side L, turning RF recover R to SCAR, forward L in SCAR / side R, turning LF necover L in BJO;
- [Circular Volta (1a2a3a4)] Across R / side L small step toe turning RF, across R / side L small step toe turning RF, across R / side L small step toe turning RF, turning RF to SCAR recover R having made nearly 1 full turn to the R over the measure;
- 6+ [Contra Bota Fogos (1a23a4;1a2)] Repeat the Contra Bota Fogo action first L, R then L to end in BJO; -, -,
- 7. [Corta Jaca Transition (3a4a)] Across R in BJO heel / recover L, back R toe, recover L turning to loose SCP;
  - [W: Contra Bota Fogo to SCP (3a4) Forward R in BJO / side L, turning RF recover R to SCP;]
- [Pickup & Corta Jaca (1a23a4a)] Thru R / picking up partner side L small step, close R to L to end in CP facing LOD, foward and sightly side L on heel / recover sliding R toward L, back and slightly side L toe / recover sliding R toward L;

#### PART D

- Step. Lady Knee Up. Progressive Whisk: Lady Roll LF to LOP in Two. -. Both Knee Up. Step: Lady Roll Back with a Progressive Whisk. Step. Lady Knee Up: Progressive Whisk. -. Lady Roll LF to LOP in Two. -: Both Knee Up. Step. Both Roll Across in Two to BFLY: Travelling Volta: Maypole Yolta to CP facing DC:
  - [Step & Knee, Progressive Whisk (123a4)] Step forward L turning body LF and taking partner in a loose cuddle hold, point R to side, forward R between partner's feet turning body RF / side L, recover R;
  - [W: Back R turning LF to a loose cuddle hold, raise L knee up with L foot pointing down towards the floor, turning RF side and slightly back L / turning to SCP whisk R XIB of L, recover across and slightly forward L;]

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- [Lady Roll Across, Knee, Step (1234)] Close L to R leading Woman across in front of Man and starting a LF roll for her, side R allowing Woman to turn to LDP facing LOD, raise L knee up and slightly across R leg, side L starting to turn Woman RF;
  - [W: Commence LF roll across Man R, L to end in LOP facing LOD, raise R knce up and slightly across L leg, recover side R commencing RF turn;]
- 3 [Progressive Whisk (1a2)] Forward R between partner's feet turning body RF / side L, recover R;
  - W: Turning RF side and slightly back L Aturning to SCP whish R XIB of L, recover across and slightly forward L;]
- 3+-5 Repeat Measures 1 2 from Part D with timing as: 34; 1a2 34; 12
- 5+ [Both Roll Across (34)] On the step after the Knee Up commence a LF roll, continue LF roll to BFLY with Man passing to RLOD of Woman and wrapping briefly into Man's L and Woman's R arm while facing RLOD stepping R, side L to end in BFLY with Man facing WALL; [W: Rolls RF stepping L, R;]
- 6 [Travelling Volta (1a2a3a4a)] Travelling down the LOD step across R / side L small step toe, across R / si
- Maypole Volta (1a2a3a4)] Turning RF around partner one or two full turns (depends on you and partner but you must end facing DC) volta across R / side L small step toe, across R / side L small step toe, across R preparing to blend to CP facing DC;
  - [W: Turning LF on the spot (one or two full turns) under joined lead hands across L / side R small step toe, across L / side R small step toe, across L proparing to blend to CP for Left Turns;]

### END NOTE

As PART A (3 - 6) is repeating the ending position of measure 6 will be preparing to blend to CP for the Reverse Rolls instead of remaining in SCP for the Samba Walk.

As the music fades and PART D is repeating the final Volta should be danced drifting apart to end in OP facing LOD with the Man's Right and Lady's Left foot free and pointed as in an Apart, Point.