WITH ONE LOOK

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Music: 'With One Look' (From 'Sunset Boulevard')
Album: Musicals II, Orchester Werner Tauber - Available from Casa musica
Rhythm/Phase: Rumba, Phase VI Speed – 43.5 rpm or to suit
Sequence: Intro A, B, A mod, C, A 1-6, Ending Released: September 2023

INTRO

1-4 FACING PARTNER & WALL; SUNBURST; OPEN HIP TWIST; FAN;

1 Fcg ptr & WALL – ld ft free no hnds jnd;
2 **{Sunburst}** Both arms up, -, sweep arms out and down, join ld hnds;
3 **{Op hip twst}** Chk fwd L, rec R, cl L to R, - (Bk R, rec L, fwd R twd M then swvl ¼ RF on '&' ct, -);
4 **{Fan}** Rk bk R, rec L, sd R, - (Fwd L, fwd R trng 1/2 LF, bk L leave R ft extended fwd, -);

PART A

1-2 PREPARE ALEMANA; WOMEN BACK ROLL RIGHT MAN BACK BASIC fc DRW;

1-2 **{Prepare Alemana; W bk roll R M bk basic fc DRW}** Fwd L, rec R, sd and slightly fwd L to fc DRW leadg W to trn RF, - (Cl R, fwd L, fwd R comm RF swvl to fc ptr keep L ft ptd bk twd DRW L palm on M's chest, -); Rk bk R, rec fwd L, fwd R jn ld hnds, - (Trng RF 1/2 rec L, fwd R to DRW trng 1/2 RF, bk L, -);

3-6 FORWARD BASIC to; CONTINUOUS NATURAL TOP;;;

3-6 **{Fwd basic to Cont nat top}** Rk fwd L, rec bk R blendg to CP, starting RF trn sd & fwd L, -; XRib, sd L, XRib, - (Sd L, XRif, sd L, -); Sd L w/L sd stretch to ld W's underarm swvl, XRib, sd L, - (Fwd R spiral LF to BJO, fwd L, fwd R, -); XRib, sd L w/L sd stretch to ld W's underarm swvl, cl R, - (Fwd L, fwd R spiral LF to fc ptr, sd L, -) fc WALL;

7-8 ADVANCED HIP TWIST; FAN;

7 **{Adv hip twst}** Fwd L on ball of ft w/slight body trn to R, rec R, XLib w/push action, - (Swvlg 1/2 RF on L ft bk R, rec L swvl 5/8 LF, fwd R outside ptr swvl 1/4 RF, -);
8 **{Fan}** Rk bk R, rec L, sd R, - (Fwd L, fwd R trng 1/2 LF, bk L leave R ft extended fwd, -);

9-14 ALEMANA;; START THREE-THREES;; to low BFLY; BACK HALF BASIC to FAN;

9-10 **{Alemana}** Fwd L, rec R, cl L leadg W to trn RF, - (Cl R, fwd L, fwd R comm RF swvl to fc ptr, -);
Bk R, rec L, sd R, - (Cont RF trn under jnd ld hnds fwd L, cont RF trn fwd R, sd L, -);
11-13 **{Start 3-3s}** Fwd L, rec R, cl L, - (Bk R, fwd L, fwd R swl 1/2 RF, -); Bk R, rec L, cl R, - (In place L, in place R, in place L spn LF 1 full trn, -); Sd & fwd L, rec R, cl L, - (Sd & bk R, rec L, fwd R swvl 1/2 RF, -);
14 **{Bk 1/2 basic to fan}** Low BFLY Rk bk R, rec L, sd R, - (Fwd L, sd & bk R, bk L leave R ptd fwd, -);

15-16 STOP AND GO HOCKEY STICK;;

15-16 **{Stp & go hky stk}** Chk fwd L, rec R raising L arm to ld W to LF undrm trn, cl L to R, - (Cl R, fwd L, fwd R trng LF under ld hnds to M's R sd, -); Ck fwd R w/L sd stretch shaping to ptr place R hd on W's L shoulder to chk her movement, rec L raising L arm to lead W to RF undrm turn, cl R, - (Ck bk L, rec R, fwd L trng 1/2 RF under ld hnds to fan position, -);

PART B

1-4 HOCKEY STICK 3 TO SKATERS; WHEEL 3 fc COH; ADVANCED SLIDING DOOR;;

1 **{Hky stk 3 to SKATERS}** Chk fwd L, rec R raising L arm to ld W to trn LF blend to SKATERS, sd L, - (Cl R, fwd L trng LF to SKATERS, sd R, -);
2 **{Wheel 3 fc COH}** Trng RF fwd R, fwd L, fwd R, - fc COH;
3-4 **{Adv sldg dr}** Fwd L on ball of ft pressure into floor with 1/8 body trn to R, rec R w 1/8 body trn to L, XLib trng 1/8 LF, - (Bk R keeping pressure into floor with ball of L ft body trn 1/8 RF, rec L with 1/8 body trn to L, fwd and across R in line with the supporting ft with 1/8 body trn LF, -); Compress into L knee allowing ptd R ft to slide to sd no wgt chg, rise trng body 1/8 RF, cl R, - (Sd & fwd L compressing into knee with L sd stretch, rec R, bk and across L in line with the supporting ft with 1/8 body trn RF, -);

5-8 START ADVANCED SLIDING DOOR WOMAN SPIRAL to; HOCKEY STICK ENDING to COH; OPEN HIP TWIST; FAN;

5 **{Start adv sldg door W sprl}** Fwd L on ball of ft pressure into floor with 1/8 body trn to R, rec R w 1/8 body trn to L, cl L and release W, - (Bk R keeping pressure into floor with ball of L ft body trn 1/8 RF, rec L with 1/8 body trn to L, to COH fwd R spiraling LF, -);
6 **{Hcky stk endg}** Bk R, rec L, fwd R, - (to COH fwd L, fwd R trng 1/2 LF, bk L, -) join ld hnds;
7-8 **{Op hip twst; Fan}** Repeat meas 3-4 of Intro

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PART A - Modified

1-2 Fcg COH PREPARE ALEMANA; WOMEN BACK ROLL R MAN BACK BASIC fc DLC;
3-8 FORWARD BASIC to; CONTINUOUS NATURAL TOP;;; ADVANCED HIP TWIST; FAN;
9-14 ALEMANA;; START THREE-THREES;;; BACK BASIC;
15-16 ADVANCED ALEMANA;;

15-16 **{Adv Alemana}** Fcg COH fwd L, rec R, trng 1/8 RF small sd L, - (Bk R, rec L, small sd R trng 1/8 RF and swvlg an additional 1/8 RF, -); XRib of L cont trng RF, sd L, cl R, - (Cont RF trn under jnd ld hnds fwd L swvlg 1/2, cont RF trn fwd R swvlg 1/2, complete RF trn fwd L swvlg 1/4 to fc ptr, -);

PART C

1-4 CUDDLE to a; REVERSE TOP 3 fc RLOD; HALF BASIC to; FACING FAN to face WALL;

1-2 **{Cuddle to a rev top 3}** Sd L trng upper body RF to ld W, rec R ld W to fc, startg LF rotation and blendg to CP XLif, - (Swvl 1/2 RF on L ft and w/R sd stretch stp sd R to half open, rec L w/L sd stretch startg LF trn, contg trn sd & bk R, -); Fwd & sd R trng LF, swvl on ball of L ft cont LF trn taking wt on L to end L crossed in front of R, fwd and sd R trng LF fc RLOD, - (XLib of R w/LF trn, cont trn bk and sd R, small sd L w/LF trn, -);

3-4 **{Half basic to fcg fan – fc WALL}** Fwd L, rec R, sd L, -; Trng LF to fc WALL bk R, rec fwd L blendg to LOP/fcg, cl R, - (Trng LF fwd L, bk R twd WALL, bk L leaving R extended fwd, -) fc WALL;

5-8 EXPLODE APART; SPOT TURN shake hands; BREAK BACK TO OPEN WOMAN SPIRAL; MAN SPOT TURN CHANGE HANDS BEHIND THE BACK TO FAN;

5 **{Explode apt}** Rk apt L w/both arms sweeping up and out, rec R, sd L, - (Rk apt R w/both arms sweeping up and out, rec L, sd R, -);

6 **{Spt trn shk hnds}** Swvlg LF to fc LOD fwd R trng 1/2 LF, fwd L trng 1/4 LF to fc, sd R shk hnds, - (Swvlg RF to fc LOD fwd L trng 1/2 RF, fwd R trng 1/4 RF to fc, sd L, -);

7-8 **{Brk bk to OP W sprl; M spt trn chg hnds beh bk to fan}** Trng to fc LOD brk bk L, rec R, fwd L (Trng to fc LOD brk bk R w/L arm extended behind M's bk, rec L, fwd R spiral LF under jnd R hnds, -); Fwd R trn LF, chg hnds beh bk fwd L RLOD trn L, sd R to fan position (Fwd L, fwd R trng 1/2 LF, bk L leave R extended fwd, -);

PART A (1-6)

1-2 PREPARE ALEMANA; WOMEN BACK ROLL RF MAN BACK BASIC fc DRW;
3-6 FORWARD BASIC to; CONTINUOUS NATURAL TOP;;;

ENDING

1-3 CHECK FORWARD RECOVER BK CORTE; HIP ROCK 4; FALLAWAY RONDE & SLIP;

1 **{Chk fwd rec bk corte}** Rk fwd L, rec bk R, sd & bk L, -;

QQQQ 2 **{Hip rk 4}** On the diagonal rec fwd R, rec bk L, rec fwd R, rec bk L;

SQQ 3 **{Fallaway ronde & slp}** Stp R & ronde L counterclockwise & Xib no wgt to SCP/LOD, -, bk L and rise trng LF, slp bk small R stp (Stp L & ronde R clockwise & Xib no wgt to SCP/LOD, -, bk R start LF trn, fwd L slp contg LF trn placg L ft near M's R ft) CP/DLC;

4-9 *DOUBLE TELESPIN;; to HIGH LINE; WOMAN SLOW SPIRAL; WOMAN ROLL OUT to LUNGE APART and ARM SWEEP;;

4-6 **{*Dble telespn to High Line}** Fwd L comm LF trn, fwd & sd R around W cont LF trn, sd & bk L partial wgt keeping L sd of body twd W fcg DRW/LF body trn to lead W fwd, fwd L cont LF trn to CP (Bk R comm LF trn, cont LF trn cl L to R heel turn, fwd R/fwd L moving around the M, fwd & sd R trng LF square to M);

12-4 (123&4) 1-34 (12&34) 1--- Cont LF trn sd & fwd R around W, sd & bk L partial wgt keeping L sd of body twd W fcg DRW/LF body trn to lead W fwd, fwd L cont LF trn to CP, cont LF trn sd & fwd R around W, (Cl L to R toe spin LF, fwd R/fwd L moving around the M, fwd & sd R trng LF square to M, cl L to R toe spin LF); Cont LF trn sd & fwd L to High Line SCP/LOD, -, -, - (Cont LF trn sd & fwd R to High Line, -, -, -);

---- 7 **{W slo spiral}** Gradually rotating frame LF bring jnd ld hnds thru between ptrs leadg W to spiral LF, -, -, - (Standing on R ft slo spiral LF to fc WALL, -, -, -);

--S (QQS) 8-9 **{W roll out ~ lunge apt & arm sweep}** Ld W to roll out LOD, hold, stp sd R twd RLOD, - (trng LF fwd L LOD, cont trn on R, sd L twd LOD, -); Sweep M's R and W's L arm up and out until music ends;

Dble telespn to High Line – Dance this combination with 'waltz' timing: 12- (123&); 12- (123&); 123; [slowing with the music]

WITH ONE LOOK

INTRO
Facing Partner & WALL; Sunburst; Open Hip Twist; Fan;

PART A
Prepare Alemana; Woman Back Roll Right ~ Man Back Basic fc DRW; Forward Basic to; Continuous Natural Top;;; Advanced Hip Twist; Fan; Alemana;; Start Three-threes;; to low BFLY; Back 1/2 Basic to Fan; Stop & Go Hockey Stick;;

PART B
Hockey Stick 3 to SKATERS/WALL; Wheel 3 fc COH; Advanced Sliding Door;; Start Sliding Door W spiral to COH; Hockey Stick Ending; Open Hip Twist; Fan;

PART A – fcg COH - modified
Prepare Alemana; Woman Back Roll Right ~ Man Back Basic fc DLC; Forward Basic to; Continuous Natural Top;;; Advanced Hip Twist; Fan; Alemana;; Start Three-threes;;; Back Basic; Advanced Alemana;;

PART C
Cuddle to a; Reverse Top 3 fc RLOD; Half basic to; Facing Fan [fc WALL]; Explode Apart; Spot Turn shk hands; Break Back to Open Woman Spiral; Man Spot Turn w/Hand Change Behind the Back to Fan;

PART A
Prepare Alemana; Woman Back Roll Right ~ Man Back Basic fc DRW; Forward Basic to; Continuous Natural Top;;;

ENDING
Check Forward Recover Back Corte; Hip Rock 4; Fallaway Ronde & Slip; Double Telespin;; to High Line; Woman Slow Spiral; Woman Roll Out to Lunge Apart and Arm Sweep;