

YOU DECORATED MY LIFE*

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MUSIC: "You Decorated My Life" (Number Ones, track 9, 2006) by Kenny Rogers
Even out volume w/ software or decrease manually in Part B (speed slightly if desired)
(available as a download from Napster or Amazon)

RHYTHM: Bolero

PHASE IV+2 (riff turn and sweethearts) +1 UNPH (switch) above average difficulty

FOOTWORK: Opposite

SEQUENCE: INTRO A B INTER A B ENDING Released Oct., 2010

INTRODUCTION

1-4 R/R HANDS TRAIL FT FREE WAIT; SHADOW NEW YORKERS;; HIP ROCKS TO STACKED HANDS;

- 1 {wait} In handshake trail foot free;
- 2-3 {shad NY's} Sd R w/ rise, -, thru L to fc RLOD, bk R to fc; Sd L w/ rise, -, thru R to fc LOD, bk L to fc to BFLY;
- 4 {hip rks to stacked hnds} Sd R joining L hnds underneath, -, rec L, rec R;

PART A**

1-2 X HAND UNDERARM TURN; OPEN BREAK TO TANDEM RLOD IN VARS POS;

- 1 {X hnd und arm trn} Sd L raise R hnds, -, XRIB lead W to trn RF und ld hnds, rec L (trng RF sd & fwd R, -, fwd L cont RF trn, rec R to fc);
- 2 {op brk to tandem in Vars} Sd R, -, apt L, fwd R trng ¼ RF to fc RLOD (Sd L, -, apt R, fwd L trng ¼ LF to momentary Vars);

3-6 SWEETHEARTS;; SWIVEL LADY TO CROSS BODY; X HAND REVERSE UNDERARM TRN;

- 3-4 {sweethearts} Sd L, -, fwd R w/ slight RF body trn [R hnds high], rec L (sd R, -, bk L w/ slight LF body trn, rec R); Sd R, -, fwd L w/ slight LF trn [L hnds high], rec R (sd L, -, bk R w/ slight RF trn, rec L);
- 5 {swivel lady to cross body} Sd L lowering L hnds in front of W's leading her to swivel RF, -, slip bk R, fwd L (fwd R swiveling RF ½ to fc M & DLW, -, fwd L to Wall, sd R to fc ptr & COH):
- 6 {x hnd rev undarm trn} Keeping hnds joined sd R, -, XLif, rec R to fc (sd L, -, XRif, rec L to fc ptr);

7-8 X HAND UNDERARM TURN; BREAK BK W/M'S HEADLOOP TO ½ OP;

- 7 {x hnd und arm trn} Sd L raise R hnds, -, XRIB lead W to trn RF joined hnds, rec L starting L hnds over M's head (trng RF sd & fwd R, -, fwd L cont RF trn, rec R to fc);
- 8 {brk bk w/ M's headloop to ½ OP} Sd R lowering L hnds to M's shoulder & release, -, brk bk L, rec R to ½ OP LOD;

9-12 SWITCH & WALK 2 RLOD; SWITCH & WALK 2 LOD; TURNING BASIC;;

- 9 {switch & walk 2 RLOD} Fwd L trng to L ½ OP, -, fwd R, fwd L;
- 10 {switch & walk 2 LOD} Fwd R trng to ½ OP, -, fwd L, fwd R;
- 11-12 {trng basic} Sd & fwd L w/ slight RF upper body trn, -, trng LF bk R w/ slip piv action, sd & fwd L to fc COH; Sd & fwd R, -, fwd L w/ contra ck action, rec R;

13-16 CROSS BODY; SHOULDER TO SHOULDER 2X;; HIP ROCKS TO LOW BFLY;

- 13 {x body} Sd & bk L trng LF, -, bk R w/slipping action, fwd L cont trn (Sd & fwd R, -, fwd L XIF of M trng LF, sm step sd R);
- 14 {sh to sh} Blending to BFLY sd R, -, XLif, rec R (Sd L, -, XRif, rec L);
- 15 {sh to sh} Sd L, -, XRif, rec L (Sd R, XLib, rec R);
- 16 {hip rks} Sd R roll hip sd & bk, -, rec L w/ hip roll, rec R w/ hip roll to low BFLY;

**both hands remained joined throughout meas 1-7

PART B

1-4 START FAN; INTO HOCKEY STICK;; FORWARD BREAK;

- 1 {fan} Sd & bk L, -, bk R, rec sd L fcg WALL (sd & fwd R, -, fwd L, bk R trng LF);
- 2 {start hockey stk} Sd R, -, fwd L, bk R (sm bk L to fan pos, -, cl R, fwd L);
- 3 {fin hockey stk} Sd L & slightly bk, -, sd & fwd R w/slight RF trn, fwd L DRW (fwd R, -, fwd L, fwd R trng LF ½ und jnd hnds);
- 4 {fwd brk} Sd & fwd R, -, fwd L, bk R;

5-8 RIGHT PASS; OPEN BREAK; FENCELINE W/ ARMS 2X;;

- 5 {R pass} Fwd L w/slight RF trn raise ld hnds to create window, -, XRib of L trn RF fwd L to fc COH (fwd R look at ptr thru window, -, fwd L trn LF, bk R trng LF und jnd hnds);
- 6 {op brk} Sd R, -, apt L, rec R;
- 7-8 {fenceline w/ arms 2x} Sd L sweeping trailing arms up & over, -, XRif hnds toward LOD (2ND time RLOD), bk L returning to BFLY; Sd R sweeping arms up & over, -, XLif hnds toward RLOD (2nd time LOD), bk L to low BFLY;

9-16 REPEAT B MEAS 1-8 (STARTING COH AND ENDING WALL)

INTERLUDE

1-4 RIFF TURN; LUNGE SIDE & TWIRL RLOD; NEW YORKER; 2 SLOW ROCKS TO STACKED HANDS;

- 1 {riff turn} Sd L raising ld hnds start W RF spin, cl R to L as W completes spin, sd L keeping ld hnds high, cl R (W sd & fwd R commence RF spin, cl L to R spinning RF one trn, fwd R commence RF spin, cl L to R spinning RF one trn, completing 2nd full spin under ld hnds);
- 2 {lunge sd & twrl RLOD} Lunge sd L ckg Lady w/ R hnd on her R hip, -, raising ld hnds rec R leading W to twrl LF, XLif (W lunge sd R ckg, -, twrl LF L, R,);
- 3 {new yorker} Sd R w/ rise, -, thru L to fc RLOD, bk R to fc;
- SS 4 {2 sl rks} Low BFLY Sd L w/ hip roll joining R hnds, -, sd R w/ hip roll joining L hnds underneath, -;

REPEAT A

REPEAT B

ENDING

1-5 RIFF TURN; LUNGE SIDE & TWIRL RLOD; NEW YORKER; HIP ROCKS TO CP; RIGHT LUNGE & HOLD;

- 1 {riff turn} Sd L raising ld hnds start W RF spin, cl R to L as W completes spin, sd L keeping ld hnds high, cl R (W sd & fwd R commence RF spin, cl L to R spinning RF one trn, fwd R commence RF spin, cl L to R spinning RF one trn, completeing 2nd full spin under ld hnds);
- 2 {lunge sd & twrl RLOD} Lunge sd L ckg Lady w/ R hnd on her R hip, -, raising ld hnds rec R leading W to twrl LF, XLif (W lunge sd R ckg, -, twrl LF L, R,);
- 3 {new yorker} Sd R w/ rise, -, thru L to fc RLOD, bk R to fc;
- 4 {hip rks} Sd L w/ hip roll blending to CP, -, rec R w/ hip roll to CP, rec L w/ hip roll;
- 5 {right lunge & hold} With slight rolling action sd & fwd R on soft knee look R (W look well to L), -, hold, -;

***dedicated to my patient, loving, supportive, and talented husband**